

ON THE BALLOT

Meet the candidates for 2021 elections

The WSNA Nominations / Search Committee and the Economic and General Welfare (E&GW) Nominating / Search Committee thank all of the nurses who have chosen to run for elected office this year. WSNA is a member-driven organization; YOU are WSNA, and volunteer, elected leaders like you are essential to keeping members' voices at the forefront.

All members featured in these pages have consented to run for WSNA elected offices (as of February 2021) and will be included on the ballot. Elections will take place by secret mail ballot shortly following the conclusion of the 2021 Washington State Nurses Convention.

It's not too late to self-declare or be nominated!

Members who want to self-declare their candidacy for an elected office, or express interest in appointed positions, may still do so by submitting a Consent to Serve form by 5 p.m. on April 28 (the day of General Assembly). Consent to Serve forms may be submitted electronically or via postal mail. For more information and to submit a form, visit wsna.org/serve. Nominations will also be accepted during our virtual General Assembly. Those nominated during General Assembly will also appear on the mailed ballot.

All WSNA members in good standing, whether or not you are represented for collective bargaining by WSNA, have the right to run for and/or be appointed to the WSNA Board of Directors, Councils and Committees and as a WSNA delegate to the 2021-2023 American Nurses Association (ANA) Membership Assembly. Only WSNA members represented for collective bargaining (union members) have the right to run for the WSNA Cabinet on Economic and General Welfare and the E&GW Nominating / Search Committee, as well as a delegate to the 2022 American Federation of Teachers (AFT) Convention.

BOARD OF DIRECTORS

PRESIDENT

Lynnette Vehrs, MN, RN
Inland Empire Nurses Association
Spokane

Education: Baccalaureate, Washington State University; Master's, Washington State University. **Position:** Retired; volunteering at homeless medical clinic. **Present office:** WSNA President. **Past office:** Legislative and Health Policy Council — eight years total with four of the years as the chairwoman; Inland Empire Nurses Association Board of Directors and President. **Certifications, honors and awards:** Lifetime Achievement Award for IENA. **Professional memberships:** ANA/WSNA/IENA, League of Women Voters, Health Care for All-WA.

"I envision Washington State Nurses Association as an organization of power and influence. This was well demonstrated at the beginning and during the COVID pandemic. It is amazing how much has changed in a year. Every step of the way, WSNA has been there working closely with the Governor's Office, the Department of Health, Washington State Public Health along with multiple hospitals and clinics. The entire focus was advocating for our nurses and the patients they care for. We have opened our minds and hearts to the discrimination of people of color. We are listening and building new pathways to be diverse, inclusive and equitable with our population of nurses and the public we take care of. WSNA has Hope! We have Hope for our future. We have Hope for better and safer working conditions. We have Hope for the citizens of Washington state for patient safety laws and practice. I wish to continue on this pathway as your WSNA President. I started in Tacoma as a psychiatric nurse, cardiac intensive care, and then a skilled home care nurse for 18 years. I retired from teaching at Washington State University College of Nursing. I have worked at all of my patient care facilities under a WSNA contract. I am a very strong supporter of our collective bargaining agreements and the union branch of WSNA. I am passionate about quality health care. I want constructive changes to our health

care system, and this can also be done through the legislative process. I have been a member of the Washington State Universal Health Care Work Group from September 2019 to present. I am a strong advocate for nurses and patients. I am asking for your vote to elect me to a second term as your WSNA President."

VICE PRESIDENT

Justin Gill, DNP, NP
Northwest Regional Nurses Association
Bothell

Education: ADN, Whatcom Community College; DNP, Yale University. **Position:** Nurse Practitioner, Providence Medical Group. **Prior positions:** Nurse Practitioner, CHI Franciscan; Nurse Practitioner, Skagit Regional health; Registered Nurse, PeaceHealth & Skagit Valley Hospital PCU/Cardiac. **Present office:** Chair, Legislative and Health Policy Council. **Past office:** Council Member, Legislative and Health Policy Council; ANA-PAC Board of Trustees; ANA Presidential Endorsement Advisory Taskforce Certifications. **Certifications, honors and awards:** ANA Nurse Advocate Award 2014; Whatcom Community College Foundation Board (2021). **Professional memberships:** ANA, WSNA, ARNPs United of Washington State.

"As a member of WSNA since becoming a registered nurse, I feel that WSNA has been a major piece of my professional identity. I have had the opportunity to serve as a member and chair of the Legislative and Health Policy Council. I believe that nursing needs to be present at every policy discussion at the state, national and international level. I am committed to promoting the role of nurses at every level of health care delivery. I look forward to the opportunity to serving WSNA further through continued membership on the Board of Directors."

HOW TO VOTE FOR ELECTED OFFICES

The 2021 WSNA Elections will occur by mail ballot following the 2021 WSNA General Assembly meeting on April 28. All eligible WSNA members* will receive a ballot via the mailing address we have on file. To update your mailing address, visit wsna.org/membership/update-info.

Be sure to carefully follow the voting instructions enclosed with your ballot and use the enclosed voting envelopes. For each position listed on the ballot, do NOT vote for more candidates than the total number eligible to be elected. If you vote for more candidates

than are eligible to be elected, that portion of your ballot will be invalidated and will not be counted. Write-in candidates on the ballot are allowed.

To be counted, all mail ballots must be returned no later than 4:30 p.m. June 7, 2021. Please mail your ballot early to ensure it arrives at Integrity Voting Systems prior to June 7. Ballots will be counted by Integrity Voting Systems and official election results declared on June 8, 2021.

*In order to receive a ballot and be eligible to vote, you must be a duly accredited member of WSNA on or before March 28, 2021.

Voting procedure for elected offices

The process for voting by mail ballot shall be in compliance with the WSNA bylaws and procedures established by the WSNA Board of Directors.

All WSNA members are eligible to vote for elected WSNA officers, members of the Board of Directors, councils and the WSNA Nominations/Search Committee. All members who are registered nurses may also vote for delegates to the ANA Membership Assembly.

Only members who are represented for collective bargaining (union members) may vote for members of the

Cabinet on Economic and General Welfare — including the Economic and General Welfare Nominating/Search Committee and delegates to the 2022 AFT Convention.

An up-to-date list of members running for election and their candidate profiles, including self-declared candidates, can be found at www.wsna.org/news/2021/2021-wsna-elections. Attendees of the virtual 2021 Washington State Nurses Convention may also view the slate of candidates during the convention via the online event platform.

SECRETARY TREASURER

Martha Marie Goodall, ADN, RN
Inland Empire Nurses Association
Mead

Education: ADN, Spokane Community College. **Employer:** Providence Holy Family Hospital. Current **Offices:** Board of Directors Secretary/Treasurer, ANA Delegate, Providence Holy Family Hospital Local Unit Chair, Conference/Staffing Committees, Inland Empire Nurses Association. **Certifications, honors and awards:** WSNA outstanding Local Unit Chair, Habitat for Humanity Build. **Professional memberships:** WSNA, AFT, ANA, IENA.

"I have been active in WSNA since I became a registered nurse. Currently I serve on the Cabinet as Secretary/Treasurer and as Providence Holy Family Hospital Local Unit Chair. By being involved, I hope to help mold the future of nursing."

DIRECTOR AT-LARGE (3 POSITIONS)

Phoebe Dang Lim-Vuong, MSN, DNP-FNP
King County Nurses Association
Kent

Education: MSN, Rush University; DNP-FNP candidate 2023, Johns Hopkins University; BS, Biochemistry, University of Washington. **Employer:** Zoom+Care **Prior position:** Charge Nurse, DaVita Dialysis. **Honors and Awards:** Clinical Nurse Leader, member of the Sigma Theta Tau honor society. **Professional memberships:** ANA, ANNA, AANP.

John J. Gustafson, RN
Rainier Olympic Nurses Association
Poulsbo

Education: AAS, ADN Nursing Tacoma Community College. **Position:** Registered Nurse, Certified Medical-Surgical Registered Nurse, CHI St. Michael Medical Center. **Prior positions:** Certified Nurse Tech and Certified Nursing Assistant, St Joseph Medical Center; 30-year professional management experience including dietary manager experience at Valley Medical Center and San Joaquin General Hospital and at large food service operations at Boeing, Microsoft and Federal Aviation Administration. **Past office:** Cabinet member Economic, and General Welfare 2017-2019; Bargaining Team Member 2018-2019 St. Joseph Medical Center; appointed PAC Board of Trustees 2017-Present. St. Joseph Medical Center elected Grievance Officer 2016-2019, Co-Chair of Nurse Staffing Committee, Conference

Committee Member 2016, WSNA Delegate to WSLC 2017, AFT Delegate 2017-2018, elected Delegate to the ANA 2020 Membership Assembly. Appointed Attendee to the 2018 ANA Quality and Innovation Conference Orlando, Florida. **Certifications, honors and awards:** Daisy Award at St. Joseph Medical Center 2018, CMSRN, Food Service Director of Year. **Professional memberships:** WSNA, UFCW21, ANA, ONS member, Puget Sound ONS member, AMSN Academy of Medical Surgical Nurses.

"I have been a registered nurse for 11 years after a 30-year career managing large food service operations at Boeing, Microsoft and the FAA and Hospitals and Restaurants. I knew it was the right profession for me because I saw how much nurses helped my mom who had cancer for 18 months and her last 18 days of life. The nurses helped make things better for my mom. After becoming a nurse, I decided to lean in and learn all I could about the profession and I simply fell in love with WSNA. The history and the people are mind blowing... My eyes are wide open. There is a phrase that AFT has that I heard for the first time when I was a WSNA Nurse delegate in Pittsburgh (Stand up, Speak up, Show up.) I realized I did that, always have. I also know I will continue to do it for as long as I live. The nursing profession means everything to me because as a bedside nurse I get a unique opportunity every day to do whatever I can to make things better for the patients. At the same time, I also can advocate for the profession by listening and observing and helping to make things

better on a wider scale for the Nurses and many others. During the pandemic, our hospital and my floor had two outbreaks and I advocated for safer PPE and PAPRs with success. I also reached out to my co-workers if there were things I could do to help them. I appreciate what UFCW21, SEIU and WSNA did together for us. There are future opportunities working together. Safe Nurse Staffing Matters and Nursing Complaints are Gifts and opportunities to improve and as Co-Chair of the Staffing Committee at my hospital I can reach out to nurses and ask them what they need to resolve a complaint. Resolutions matter. As a Trustee for the PAC Board, I have a say and have influence to advocate for issues and legislation most important for nurses. I have passion, empathy and compassion in my soul. I will work hard during my term to make improvements and serve the profession and organization I love to the best of my ability. I would appreciate your support and vote. I will never sit on the sidelines.”

Heather Stephen-Selby, MSN, FNP
King County Nurses Association
Renton

Education: ADN, Vancouver General Hospital School of Nursing; MSN, Seattle University College of Nursing; AAS Business, Kwa University. **Position:** Director Clinical Services, HealthPoint Community Health. **Prior positions:** WSNA Assistant Executive Director of Nursing Practice and Education; Spokane Community College Student Health Director and FNP; Spokane Community College, Dean of Nursing; Rotary Club Provider FNP; Renton Technical College, Dean of Nursing and Allied Health; Group Health Family Nurse Practitioner. **Certifications, honors and awards:** Faculty of the Year Renton Technical College, Ethics and Human Rights WSNA, Governor’s Award for Innovation IBEST, Heart of HealthPoint multiple occasions.

“I have been an active member with WSNA for several years as an educator, leader, innovator, clinician and a former employee. I strongly believe the work of WSNA carries the voice of all nurses whether with the legislature, policies, advocacy or with the media. Remaining engaged is still exciting and an honor to be part of an organization that continues to lead the nation on workplace safety, scope of practice, and policy development that impacts health care for those who live in our communities. I am a passionate voice for those who are underserved and underrepresented in our communities. My most recent work as an FNP and Director with community health has

allowed me to leverage my experiences to share and engage WSNA by bringing another voice to the table for the community/public health challenges. I have a strong background as an educator and policy maker that continues to be a priority for me to remain informed and engaged. As an active clinician addressing the social determinants of health and health disparities the opportunity to engage, dialogue, get the job done so we can get health care to all. The changes in delivery of health care have moved well beyond the hospital as we engage in telehealth and virtual care for those most vulnerable with a lens of diversity, equity and inclusiveness. The work of WSNA is never done and it takes the membership to drive our future and get safe, quality and innovative care to all.”

DIRECTOR AT-LARGE, STAFF NURSE (2 POSITIONS)

Sara Morgan Bergeholtz, RN
North Central Washington Region Nurses Association
Wenatchee

Education: AST, Wenatchee Valley College; BSN, WGU. **Position:** Staff Nurse, Confluence Health; Central Washington Hospital, Medical-Behavioral Health. **Prior positions:** LPN, Midvalley Hospital, Omak WA. **Certifications, honors and awards:** COVID Vaccine Clinic (Education and administration of vaccines), volunteering at the Humane Society. **Professional memberships:** WSNA, ANA.

“I am passionate about increasing equal access to quality health care and education and supporting healthcare workers’ rights and wellbeing in Washington state. In pursuit of this, I have worked to develop and implement a Shared Governance model at my hospital and am currently the elected Chair of the Nurse Practice Committee. Each of these endeavors presents the chance to empower nurses to take ownership of their practice and to promote decisions that put their patients first. I have a talent for consensus building, and as a former political science major, I bring a well-developed understanding of the legislative process to the table. I feel that now more than ever, it is important to raise our voices and use our unique abilities and understanding of healthcare to effect change. If elected, I will advocate for those laws and policies directly

supported by WSNA and its membership to meet the needs of Washington state nurses and the people we serve with both passion and dedication.”

Martha Galvez, RNC
Southeast Region Nurses Association
Pasco

Education: Associate Degree in Nursing. **Position:** Staff Nurse, Kadlec Medical Center. **Current office:** Kadlec Medical Center Local Unit Chair, WSNA-PAC Trustee. **Certifications, honors and awards:** Certification in Perinatal Nursing ANCC. **Professional memberships:** ANA.

“Stay involved and informed in current labor and nursing policies.”

WSNA NOMINATIONS / SEARCH COMMITTEE

MEMBER (4 POSITIONS)

Susan Baek, RN
King County Nurses Association
Federal Way

Education: Kyoungki University, Incheon, Korea. **Position:** Staff Nurse, Virginia Mason Medical Center. **Prior positions:** Nurse manager at St. Joseph Medical Center, Tacoma; House Supervisor at St. Francis Hospital, Federal Way. **Current office:** Virginia Mason Local unit secretary and treasurer. **Professional memberships:** ANA.

Susan Glass, MS, RN
Inland Empire Nurses Association
Spokane

Education: BSN, Washington State University; MS (Nursing) Arizona State University. **Position:** Retired. **Prior positions:** VA 15 years, nurse coordinator; WSU clinical faculty seven years. **Present offices:** BOD, WSNF Board President, Bylaws Committee; IENA treasurer and Investment Committee. **Professional memberships:** ANA, Sigma Theta Tau.

Evette Runyan, RN
Central Washington Region Nurses Association
Yakima

Education: Yakima Valley Community College. **Position:** Behavior Health Charge RN, Astria Toppenish Hospital. **Prior position:** Astria Regional Hospital ACU Charge RN, Preceptor. **Present office:** Astria Toppenish – Local Unit Secretary/Treasurer. **Past office:** Secretary/Treasurer at Astria Regional, Negotiation Committee, Nurse Practice Committee. **Certifications, honors and awards:** Daisy Award Winner 2018. **Professional memberships:** ANA, AFT.

Brenda Shaw, BSN, MSN-Ed., RN
Inland Empire Nurses Association
Spokane

Education: RN, Christ Hospital School of Nursing, Cincinnati, OH; MSNEd, Western Governors University; EdD, Liberty University. **Position:** Retired **Prior positions:** Sacred Heart Medical Center – Staff Nurse, Charge Nurse, Assistant Mgr. Student Mentor. (Med-Surg, ICU, Oncology, Outpatient, Cardiac Step-down.)

“Motivation comes from the willingness to stay involved with WSNA, allowing me to stay up on current nursing trends, etc.”

PROFESSIONAL NURSING AND HEALTH CARE COUNCIL

CHAIR

Charles C. Cumiskey, MBA, BSN, RN
Rainier Olympic Nurses Association
Olympia

Education: Good Samaritan School of Nursing, Portland, OR; BSN, Saint Martin University, Lacey, WA; MBA, University of Washington Tacoma. **Position:** Chief, Patient Logistics Center, Madigan Army Hospital Center. **Prior positions:** Nursing Care Quality Assurance Commission (NCQAC) 2001 – 2012 Practice Manager Commission; GroupHealth; Sisters of Providence. **Present office:** Chair, Professional Nursing and Health Care Council. **Past office:** Professional Nursing and Health Care Council, 2017-2019 appointed, delegate at ANA Membership Assembly 2017-2019 and 2019-2021.

“It is our professional responsibly as nurses to be involved in our professional organization. These are challenging times in health care and in our democracy. We need to be shapers of our future. I’m a strong advocate for safe staffing and patient safety. I’ve had the fortune to be a trainer facilitator for Team STEPPS, Crucial Conversations and Arbinger Outward Mindset, which all promote and advocate quality and evidenced-based communication which is key to evidence-based leadership. It would be an honor and privilege to serve the WSNA in any way I can to serve to strengthen our profession.”

ADMINISTRATION

Rachel Wang, MHA, BSN, RN
King County Nurses Association
Seattle

Education: BSN, Seattle University; MHA, University of Washington. **Position:** NeighborCare Health, Director of Nursing District: King County. **Present office:** PNHCC member 2017-2021. **Certifications, honors and awards:** Ambulatory care board certification.

Suzanne Scott, RN, MSN, NEA-BC
Rainier Olympic Nurses Association
Lacey

Education: Virginia Commonwealth University, Medical College of Virginia and University of Colorado Health Sciences Center. **Position:** Chief Nursing Officer, Southwest Service Area, Providence St Joseph Health. **Prior position:** U.S. Army Nurse Corps. **Certifications, honors and awards:** Inductee, Order of Military Medical Merit 9A proficiency designation (Army certified expert in nursing), ANCC Nurse Executive, Advanced Board Certification.

ETHICS AND HUMAN RIGHTS

Rosa Dell Young, MSN, MPA, BSN
King County Nurses Association
Seattle

Education: BSN, Seattle University; MSN, Seattle University; MPA, Seattle University. **Position:** Substitute Nurse, Seattle Public Schools. **Prior position:** Nursing Supervisor, VA Puget Sound Healthcare System. **Certifications, honors and awards:** Sigma Theta Tau; Served in USAFR (20+ years) Retired LTC; mentoring other young nurses. **Present offices:** WSNA Board Member (2 Terms), KCNA Board, Alternate and Delegate to ANA Membership Assembly.

Vesna Javanovich, BS, RN
King County Nurses Association
Renton

Education: Lake Washington Institute Of Technology School Of Nursing; Bachelor’s In Business Education, Nadezda Petrovic Alfa Bk University. **Position:** Clinical Manager / Quality Assurance Specialist, Harvard Partners Health. **Prior positions:** KBC Zemun Medical Center, CRNA, ICU RN. **Present office:** PNHCC.

RESEARCH

Anne Hirsch, PhD, BSN
King County Nurses Association
Seattle

Education: BSN, Washington State University; PhD, Indiana University. **Position:** Associate Dean for Academic Affairs, University of Washington School of Nursing. **Prior positions:** Seattle University Associate Dean; Washington State University Senior Associate Dean/Interim Dean; Pacific Lutheran University Associate and Interim Dean. **Certifications, honors and awards:** KCNA Shining Star Award, AAN and FAANP.

PRACTICE

Angelica Joy Schmidt, MSN PH, BSN
King County Nurses Association
Seattle

Education: BSN, Grand Canyon University; MSN Public Health, Grand Canyon University. **Position:** Evening Care Nurse (PACU), Seattle Children’s Hospital. **Prior positions:** Travel Nurse – pediatric ER and PACU; RN, Phoenix Children’s Hospital ER. **Present office:** Local Unit PACU – charge nurse; housewide Healthy Work Environment Committee Chair. **Certifications, honors and awards:** CPEN (expired), CPN (expired). **Professional memberships:** WSNA, ANA.

EDUCATION

Antwinett Lee, EdD, MSN-CNS, BSN, RN
King County Nurses Association
Lynnwood

Education: BSN, Michigan State University; MSN, Seattle University; EdD, Seattle University. **Position:** Interim Dean, School of Health Sciences, Seattle Pacific University. **Prior positions:** Personal Health Services Supervisor with Public Health-Seattle & King County; Clinical Performance Lab Director at Seattle University; Nursing Director at Lake Washington Institute of Technology. **Certifications, Honors and Awards:** Washington State Nurses Association (WSNA) Ethics and Human Rights Award Recipient; Honored as a Nurse Influencer by the University of Washington at the 100th year Centennial Celebration; Student Nursing Organization Leadership Award; For exemplary leadership and selfless acts of time and dedication to the nursing program at LWTech; King County Nurses Association Shining Star Award; Outstanding Nurse; Mary Mahoney Professional Nurses Organization Outstanding Service Award; Service in the role of President; Nomination for the Dr. Martin Luther King Jr. Humanitarian Award, Seattle King County Department of Public Health.

“I have loved serving on the Professional Nursing and Health Care Council and want to continue to serve on the PNHCC Council. I believe in promoting healthy communities through education, advocacy and outreach. As a nurse leader, I desire to empower nurses and nursing students to elevate the profession of nursing through evidence-based practice, equity, inclusion and compassion for one another.”

Mikey O’Sullivan, MSN, BSN, RN
Inland Empire Nurses Association
Spokane

Education: BSN, Morningside College; MSN, Purdue University Global. **Position:** Nursing Professor, Spokane Community College. **Prior positions:** Unify Community Health, RN; Siouxford Community Health Center, RN, Prenatal Services Manager; Crittenton Center, RN, Prenatal Services Director. **Current Offices:** Professional Nurses and Health Care Council, OEHSC; IENA Board Secretary. **Professional memberships:** IENA, WSNA, ANA, WAHMSS, WEA, AHE, AWHONN, SSH. **Community involvement:** Board Secretary for Spokane Ballet Ensemble.

“I have been a board member of Inland Empire Nurses Association since moving to Washington state. For the past year, I have served on the PNHCC and OEHSC committees. I enjoy representing the East side of the state and working closely with nurse leaders on these committees. I want to continue my work with PNHCC because the committee

is working hard towards making positive changes towards improving diversity and equity within our committee commitments and WSNA. If elected, I will work to continue this important work along with the other duties of the committee I am selected for.”

AT LARGE

Pamela Pasquale, MN, RN
North Central Nurses Association
Wenatchee

Education: Baccalaureate, Everett CC; Master’s in Nursing, University of Washington; Shoreline CC Labor Management AA. **Position:** Foot Care RN. **Prior positions:** home health, home care, nursing home charge nurse, nurse delegation, RN faculty, Assisted Living RN, Home Care Aide certification developer, CNA instructor, Foot care RN. **Past office:** WSNA Board of Directors: 1995-1997, 2011 – 2013; PNHCC Council Chair, 2017-2019, Member PNHCC multiple four-year terms since 1993. **Certifications, honors and awards:** ANA Board Certified, Gerontology.

“WSNA will come out of this pandemic stronger and even more important as the leader and advocate for the public, nurses and for the ever-evolving areas where nurses provide health care. There has been overdue recognition of the importance of nurses in the front line of acute care, but also those who work in schools, long-term care communities, outpatient settings, research, education and more. In the last four years, PNHCC has expanded its own oversight to support nurses in these specialized practice settings with the new LTC Nurse Practice Committee. WSNA will also emerge with new leadership as our current guiding force, Sally Watkins, retires. It will be a great benefit for the new executive director to have members with extensive prior experience and involvement to help with the current work to maintain our goals and vision and to help us grow. After a two-year hiatus, I would like to again lend my strengths and experience to PNHCC to especially include our new LTC Committee within the ever-evolving role of ‘nurse practice.’”

Joan Owens, PhD, RN
Inland Empire Nurses Association
Spokane

Education: ADN, Spokane Community College; PhD, University of Northern Colorado. **Position:** Associate Dean Undergraduate Nursing, Assistant Professor, Gonzaga University. **Prior positions:** Spokane Community College, Spokane, Co-Nursing Department Chair, Instructor; Washington State University, Spokane, Instructor; Gonzaga University, Spokane, Clinical instructor; Sacred Heart Medical Center, Spokane, RN, Birthplace and Peds After Hours; RJO Painting, Spokane, RN, Wellness Consultant; Healthteam Northwest, Spokane, RN, Pediatric Homecare; SJI Corp/NEC Business Network Solutions, Spokane, Telco Operations Manager; Valley Hospital And Medical Center, Spokane, RN, Charge, Pediatrics and Mother/Baby Children’s Hospital And Medical Center, Seattle, RN Charge, Acute Care Float Pool, & Infant Medical Unit; Deaconess Medical Center, Spokane, RN Charge, Pediatrics. **Present office:** IENA Director at Large. **Certifications, honors and awards:** Maternal Newborn Nursing, National Certification Corporation, Sigma Theta Tau, Delta Chi-at-Large Chapter May, Golden Key International Honor Society, **Professional memberships:** AACN Organizational Leadership Network, National Consortium for Building Healthy Academic Communities, Association of Women’s Health, Obstetric and Neonatal Nurses.

LEGISLATIVE AND HEALTH POLICY COUNCIL

CHAIR

Erin Allison, BSN, RN, CEN
Northwest Region Nurses Association
Bellingham

Education: ADN, Whatcom Community College; BSN, Western Governor’s University. **Position:** Emergency Dept RN, PeaceHealth St. Joseph Medical Center. **Prior positions:** Private Home Care CNA; Caregiver for Adults with Developmental Disabilities; Non-nursing: Mechanical Engineer for Nebraska State Energy Office, Undergraduate and Graduate Research Assistant for Midwest Roadside Safety Facility. **Present office:** LHPC Councilmember 2017-Present. **Certifications, honors and awards:** Certified Emergency Nurse, ANAI Fellow; Mt. Baker, ED Practice Council, Search and Rescue. **Professional memberships:** ENA, Mt. Baker, ED Practice Council, Search and Rescue

“The COVID-19 pandemic has given light to the resource gaps and socioeconomic disparities in the U.S. health care system. Nurses are an essential and irreplaceable part of the interdisciplinary healthcare team and have worked tirelessly throughout this pandemic despite being faced with some

of the toughest challenges of their careers. Nurses are also historically the fiercest advocates for their patients — and now, more than ever, it is time for us to advocate for ourselves. As a Legislative and Health Policy Council Member for the past four years, I have enjoyed building relationships with our legislators. I also had the honor of being a Fellow in the American Nurses Advocacy Institute — a year-long program which focused specifically on advocacy by nurses, for nurses. I have never been one to sit quietly when there is work to be done. As Chair, I will continue to foster these relationships to bring real-time nursing concerns and issues to the forefront of our legislator’s minds and agendas.”

AT LARGE (3 POSITIONS)

Stephanie Wahlgren, BSN, RN
Northwest Region Nurses Association
Sedro-Woolley

Education: Associates in Nursing, Skagit Valley College; BSN, University of Washington. **Position:** Emergency Nurse, Saint Joseph Medical Center. **Prior position:** Skagit Valley Hospital staff nurse in PCU, ER. **Certification, Honors and Awards:** SANE-A, SANE-P, Kathleen Marshall Award 2019, Nurse of the Year innovator 2019. **Professional memberships:** WSNA, IAFN, Forensic Nurse Academy, Mount Baker Nurse Practitioner Association.

“Working with sexual assault survivors is an honor that I do not take lightly. Their strength and courage to come forward about a vulnerable time in their life and the willingness to trust me with their history and their evidence increase my courage and strength and motivates me to work for them through better legislation. Giving voice to a very hard topic and to advocate for their safe, trauma-informed, patient-centered, quality care motivates me to work at the state level.

I have expertise in my knowledge and skills for serving sexual assault survivors, intimate partner violence survivors, nonfatal strangulation survivors and those affected by child sexual and physical abuse.”

Joni Hensley, BSN, RN
Central Washington Region Nurses Association
Everson

Education: BSN, Washington State University; BS Environmental Science, Western Washington University. **Position:** Retired. **Prior professional experience:** I was a public health nurse for Whatcom County Health Department for 31 years serving in many capacities in public health throughout my career. Last professional work experience was with the WA State Dept of Health during start of pandemic. **Past office:** Served on PAC board, Legislative Committee and was Local Unit Chair for many years. **Certifications, honors and awards:** Currently certified in Infection Control and as a Faith Community Nurse; past certification as Community Health Nurse and Environmental Health Specialist Luminary project; Currently assisting in the re-write of Scope and Standards of Public Health Nursing (national group). **Professional memberships:** WSNA, NWRNA, APIC

“Since retiring from public health last year, I feel called to continue to serve my community outside of governmental public health. I have always appreciated the efforts of WSNA and made many nursing friends during my past involvement with the Association. I was so pleased to see the development of new committees and am excited to share my energy and free time to help. I currently hold a certification in Infection Control and was very involved in working with my nursing colleagues in Long-Term Care in my public health role. I also participated in developing healthcare guidelines and making visits to nursing homes during outbreaks when I worked at the State early in the pandemic. I believe that nurses will continue to be called on for IP advice and feel that we should be at every table where healthcare is discussed. I recently became certified as a Faith Community Nurse but haven’t become established because of the COVID outbreak. So, I have reached out to a very impoverished area in Whatcom County and am helping to deliver food to homebound individuals and to get to know other community members. There has also been the opportunity to participate in committee work in this community and my goal is to help with access to healthcare when plans are more developed. There is a possible interest by Northwest Center for PH Practice to help with data collection and I am hoping to work with them at some point. WSNA involvement in home health and policy development would be wonderful!”

Jessica Lewellen, RN
Inland Empire Nurses Association
Spokane

Education: Associate Degree, Blue Mountain Community College, **Position:** Psychiatric Nurse, Providence Sacred Heart. **Prior positions:** 2007-2009 Montana State Hospital, 2010 Franklin Hills Rehabilitation, 2009-present DSHS individual respite caregiver. **Offices:** Participated and volunteered during last negotiations (contacting local businesses, communicating with other local unions, passing out pamphlets to union members, texting members about upcoming local unit meetings, taking pictures of local businesses in support, helping out at rally, being a member of group tasked to prep for possible strike). Shop steward for my unit. Delegate for the Spokane Regional Labor Council, currently on the executive board. Delegate at Spokane Alliance. Participated as a voting member at WSLC Convention 2019, 2020 as a delegate for the Spokane Regional Labor Council

“I wanted to start being more involved at the state level after our 2019 negotiations at Sacred Heart. Participating in my union and being a voice for my local has been truly rewarding. Seeing union members working together as one opened my eyes to the strength we have when we fight together. Now with COVID-19 changing everything, I want to keep fighting for our members’ rights during this pandemic. Over the last two years I have been a delegate and an executive board member for the Spokane Regional Labor Council, where a group of us re-started our local YELL (Young Emerging Labor Leaders) group. As the YELL Secretary-Treasurer I now have experience in developing and reviewing policies. I have also been a voting delegate at the Washington State Labor Council for two years, and currently participate in the SRLC PAC.”

Gemma Aranda, MS, BSN, RN
King County Nurses Association
Bellevue

Education: Bachelor of Science in Nursing. **Position:** Registered Nurse, Overlake Medical Center and Evergreen Health Care. **Certifications, honors and awards:** Third Academic Honors BSN 1992-1995 **Present offices:** Overlake PACU Unit Rep and Overlake Hospital Grievance Officer. **Past office:** Overlake Hospital Contract Negotiation Team 2017.

Karin E. Banks, BSN, RN

Central Washington Region Nurses Association
Selah

Education: BSN, Lewis & Clark State College BA Kinesiology/Physical Therapy. **Position:** Behavior Health RN, Astria Toppenish Hospital. **Prior positions:** Nursing Supervisor, Acute Care, PEDS Clinic, Orthopedic, Nursing Clinical Instructor in past 20 years. **Professional memberships:** WSNA, ANA, American Psychiatric Nurses Association.

“Political aspects in regards to healthcare (interest), Education, Global nurse via medical missions, Interested in advocating for mental health, nurses’ workload, human rights.”

Ingrid Anderson, BSN, RN

King County Nurses Association
Snoqualmie

Education: ADN, Bellevue College; BSN, University of Washington. **Position:** Registered Nurse, Overlake Hospital Medical Center. **Present office:** Member of Policy Council; delegate to 2020 ANA Membership Assembly. **Prior Office:** Vice Chair, WSNA-PAC Board. **Certifications, honors and awards:** CEN, SANE, TNCC, ACLS, PALS. **Professional memberships:** WSNA, ANA, KCNA, AAPPN, PSR.

“As a nurse with a background in Emergency nursing, sexual assault and forensic curing, as well as psychiatric nursing, I have a unique perspective and understanding of how our health care system is and isn’t working. I have advocated for changes in legislation and helped secure passage of bills, including the rest break bill in 2019. I hope to have the privilege of continuing to serve as a nurse and patient advocate with WSNA.”

CABINET ON ECONOMIC AND GENERAL WELFARE

CHAIR

Julia R. Barcott, RN

Central Washington Region Nurses Association
Yakima

Education: RN, Yakima Valley Community College. **Position:** RN, ICU Med Surg, Astria Toppenish Hospital. **Prior positions:** ICU/Critical Care Unit Care RN at Yakima Regional Hospital; Dialysis RN, COVID RN. **Offices:** State and National: Current & previous Cabinet Chair, AFT Delegate, WSIC Delegate, NFN, WSLC Women’s Rights Committee, ANA Delegate (past/present), AFT Women’s Rights Committee, AFT, NHP, PPC Speaker, present AFT Civil Women’s Human Rights Conferences; Local unit: Astria Toppenish Hospital Co Chair, (past) Astria Toppenish Hospital Co Chair, Sec/Treas, Negotiating Committee, Staffing Committee. District: Yakima District Board Member, Founding Member – Central WA Region Nurses Association. **Certifications, honors and awards:** Dial Scholarship, WSNA Rising Star and Outstanding Negotiation, 2018 AFT Hero Award. **Professional memberships:** WSNA, ANA, AFT, WSLC

“Through WSNA, we have united during this pandemic to support each other. This is what we are best at! We know what is broken in our health care system and we also know how to fix it. Standing together, we can continue to rise up and advocate for safe working conditions, patient safety, better staffing, and fighting for social justice. My passion is to continue this fight with you! In solidarity we have achieved much and improved our profession and our communities. Let’s march forward together.”

VICE CHAIR

Edna P. Cortez, RN

King County Nurses Association
Edmonds

Education: Rockford Memorial School of Nursing. **Position:** PACU Nurse, Seattle Children’s Hospital. **Prior positions:** 30 years nursing experience at various areas in the hospital. Critical care nursing – pediatric ICU, cardiac ICU, neonatal ICU, ECMO specialist, ground infant transport team, Flight nursing, Emergency department, Urgent care. **Present office:** Vice Chair, WSNA Cabinet on Economic and General Welfare. **Past office:** King County Nurses Association – Board of Directors. **Certifications, honors and awards:** Daisy award recipient (Seattle Children’s Hospital).

SECRETARY/TREASURER

David Jacob Garcia, MSN, RN

Southeast Region Nurses Association
Pasco

Education: BSN, Washington State University; MSN, Western Governors University. **Position:** Floor Nurse Observation Unit, Kadlec Regional Medical Center. **Present offices:** Cabinet on Economic and General Welfare member; Local unit vice-chair of local unit; Kadlec co-chair of the staffing committee, representative for Nurse Practice Council in my hospital. **Certifications, honors and awards:** PCCN.

“I want to continue to support our members and help with crafting creative solutions that we need to address the concerns of our members. What I bring is my perspective and experience with being co-chair in my local unit, in the negotiating team, a co-chair in staffing committee, and member at large for the cabinet of E&GW.”

AT LARGE (7 POSITIONS)

Kathryn Ennis, ADN

Rainier Olympic Nurses Association
Puyallup

Education: Associate Degree in Nursing, Tacoma Community College. **Position:** Registered Nurse St. Clare Hospital. **Present office:** E&GW Cabinet Member.

“1. I want to have a voice in keeping nurses safe across the state of Washington. I started volunteering with the WSNA during the initiation of the Workplace Violence Act. I joined other members in Olympia to speak with lawmakers about this bill and it later became a law. I’ve enjoyed my first year volunteering as a cabinet member, and I would enjoy a second year.

2. I’m not afraid to speak up for myself and for others. If something is wrong, I’m great at communication and problem solving. I’m also great at acknowledging achievements when things are right.”

Susan E. Jacobson, RN

Central Washington Region Nurses Association
Yakima

Education: South Puget Sound Community College School of Nursing; RN-BSN in progress, Chamberlain University. **Position:** Critical Care staff nurse, Kittitas Valley Healthcare. **Prior positions:** Critical Care Charge Nurse; ACLS Instructor; Critical Care Residency Instructor; Critical Care Residency Preceptor/Nursing Student Mentor; Rapid Response Team program co-creator; Safe Lifting Instructor; Annual Nursing Skills House-wide Education Instructor; Float Pool – Astria Regional Medical Ctr (aka Yakima Regional, Providence Yakima Med Ctr, Providence St. Elizabeth Hospital), Yakima, 1991 – 2018. Critical Care Charge Nurse – St. Peter’s Hospital, Olympia, WA., 1987 – 1991. Critical Care Charge Nurse; House Supervisor; Medical/Surgical Charge Nurse – Mason General Hospital, Shelton, Wash., 1984 – 1987.

Sean Dumas, BSN, RN

King County Nurses Association
Shoreline

Education: BSN, University of Washington. **Position:** Nursing Supervisor Public Health – Seattle & King County. **Prior positions:** Nursing-UWMC, GroupHealth, Shoreline School District. **Present office:** Cabinet on Economic and General Welfare member at large.

“It will be a privilege to represent my nursing colleagues as a WSNA Cabinet member. The work of many nurses throughout the state and in the greater Seattle area needs continued representation and advocacy. Support that will continue to ensure safe, fair, appropriate working conditions and leadership during this COVID epidemic. Our patients and families deserve the best possible care. It will be an honor to represent the brave women and men that care for our patients courageously. Thank you for considering me for a WSNA Cabinet position.”

Darryl Johnson, BSN, RN

Inland Empire Nurses Association
Spokane

Education: BSN, Washington State University. **Position:** Staff Nurse, Providence Sacred Heart Medical Center. **Present office:** Local Unit officer. **Past office:** SHMC Negotiation team member. **Certifications, honors and awards:** CCRN, TNCC, Most outstanding WSNA negotiation team.

“What motivates me to increase my involvement in WSNA is that relevance of public engagement to present-day problem solving in nursing that is extremely important to me and is much needed in today’s world. There is a big difference between input and participation. It is easy to like or dislike on Facebook. People are quick to give input through social media and during comment periods, which are essentially opportunities to sound off with their opinions, but effective solutions emerge only when people participate in decision-making through forums where they engage in listening, collaborating and weighing the trade-offs, especially when they have an invested interest. As a local officer I am constantly pursuing efforts to collaborate and help build community, because building community and working together make the work of local advocacy more likely to be successful. I have learned through my experience during negotiations that building community is the fabric of a successful campaign that has well-engaged nurses that are informed about city and community



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issues and have greater trust and confidence in decision-making they elected me and trusted me to make. The challenge now is not simply to have more civic engagement by local nursing staff but to solicit and use the ideas and knowledge in ways that are helpful to WSNA. I believe I can be that voice.”

Ruby Crisostomo Tan BSN, RN
King County Nurses Association
Maple Valley

Education: BSN, University of Washington. **Position:** Inpatient Acute Hemodialysis Nurse, Fresenius Medical Care. **Prior positions:** Catholic Health Initiatives, Telemetry Neuro Med – Surg.

Jon Olson, RN
Southwest Region Nurses Association
Kelso

Education: Associate Degree in Nursing. **Position:** Charge Nurse in Emergency Department, Peace-Health St. John Medical Center. **Prior position:** Firefighter/EMT Chehalis Fire. Previous **Offices:** Unit Vice President/President Pro Tem – 90s, Political affairs PAC late 90s, National delegate for WA mid/early 2000s, ANA National delegate for Washington mid/early 2000s. **Professional memberships:** CEN over 20 years

“I would like to be placed as a delegate for 21-22. I have been very involved in my ENA on the state level and delegate on the national level for many years. I had previously done the national WSNA as state rep in the past, the last year when multiple people from each state went, I believe the year Obama spoke at the event. I will be slowly pulling back some from the ENA side and felt it time to be involved in WSNA more, once again. Many Day on the Hill events nationally with ENA as well as with WSNA.”

E&GW NOMINATING / SEARCH COMMITTEE

MEMBER (3 POSITIONS)

Lisa Bullek, RN
Central Washington Region Nurses Association
Yakima

Education: ADN. **Position:** RN Behavioral Health, Charge, Astria Toppenish Hospital. **Prior positions:** Same Day Surgery, Ortho Neuro / Astria Regional 2001-2020.

Anjanette Bryant, RN
Central Washington Region Nurses Association
Ellensburg

Education: ADN, Yakima Valley Community College. **Position:** Staff RN in Surgical Outpatient, Kittitas Valley Healthcare. **Prior positions:** Yakima Memorial Surgical Outpatient and PACU; Yakima Regional ACU, PACU, Float pool, Admission RN; Lahey Clinic Hospital Open heart stepdown, Vascular; Swedish Medical Center Open heart stepdown, Cardiology; Baptist Memorial Desoto Medical/Surgical; Hearstone assisted living; Family healthcare of Ellensburg; Royal vista nursing home. **Prior office:** Local Unit: Co-chair at Yakima Regional Hospital. **Professional memberships:** ANA.

“Working for different organizations with and without unions and see what a dramatic difference [sic]. We need to continue to push for better health care for out-patients and better work environments for us and our future nurses.”

ANA MEMBERSHIP ASSEMBLY (2021-2023)

DELEGATES/ALTERNATES (13 POSITIONS)

- Anita A. Stull
- Antwinett Lee
- Charles C. Cumiskey
- Clara Martinez
- David Jacob Garcia
- Edna P. Cortez
- Erin Allison
- Heather Stephen-Selby
- Ingrid Anderson
- Jan Bussert
- Janet Stewart
- Jessica Lewellen
- John J. Gustafson
- Jon S. Olson
- Judith (Judy) Huntington

- Julia Rose Barcott
- Justin Gill
- Lynnette Vehrs
- Martha Galvez
- Martha Marie Goodall
- Mikey Anne O’Sullivan
- Phoebe Dang Lim-Vuong
- Rosa Dell Young
- Sara Morgan Bergenholtz
- Susan E. Jacobson
- Susan K Glass

2022 AFT CONVENTION

DELEGATES (20 POSITIONS)

- Anjanette Bryant
- Clara Bucio-Martinez
- Darryl Johnson
- David Jacob Garcia
- Diane Cantu
- Edna Cortez
- Evette F. Runyon
- Janie Patterson
- Jessica Lewellen
- Jon S. Olson
- Julia Barcott
- Karen Ennis
- Karin Banks
- Lisa Bullek
- Martha Galvez
- Martha Goodall
- Ruby Tan
- Sean Dumas
- Susan E. Jacobson
- Susie Cervantes
- Tristan Twohig

CALL FOR APPOINTMENTS

Join a WSNA council or committee

The WSNA Nominations / Search Committee will be meeting this summer to prepare recommendations for appointments to the WSNA Councils and Committees. Appointments are for two years, beginning Aug. 1, 2021, through Aug. 31, 2023.

The recommendations prepared by the WSNA Nominations / Search Committee will go to the WSNA Board of Directors at its August 2021 meeting, at which time the Board will make the appointments to the WSNA Councils and Committees.

If you or your colleagues are interested in serving on any of these councils or committees, you can access the WSNA “Consent to Serve” form at the WSNA website at www.wsna.org/serve. The form must be completed and submitted no later than June 1, 2021. If you have any questions, please contact Mary Mainville, WSNA executive assistant, at mmainville@wsna.org or 206-575-7979, ext. 3030.

Appointments will be made to these WSNA Councils and Committees:

Professional Nursing and Health Care Council

Responsibilities of the council are defined by the WSNA Board of Directors, but may include forecasting workforce and work environment trends, and promoting nursing continuing education, research and evidence-based nursing practice.

4 appointments

Legislative and Health Policy Council

Based on WSNA’s identified priorities, the council recommends to the Board of Directors a state legislative agenda, reviews proposed legislation and makes recommendations for WSNA’s response and activity level. The council also educates the WSNA membership in understanding the legislative priorities and presents the annual Legislative Day in Olympia.

3 appointments

Bylaws Committee

The committee proposes changes to the WSNA bylaws, including amendments and/or revisions. The committee also edits and prepares resolutions for presentation to the General Assembly.

At least 3 and not more than 7 appointments

WSNA Nominations / Search Committee

The committee prepares the ballot for election of WSNA officers, directors, councils and delegates to ANA Membership Assembly. Committee members also prepare a list of candidates for appointment to WSNA councils and committees (excluding Economic and General Welfare positions).

2 appointments

Finance Committee

Responsibilities of the committee include presenting the annual WSNA budget to the Board of Directors for approval; monitoring the budget throughout the year; recommending changes in finance policies and dues structure; and serving as the audit committee.

At least 3 appointments and not more than 7, including the WSNA secretary / treasurer, vice president, and 1 board member.

Occupational and Environmental Health and Safety Committee

The committee identifies workplace and environmental health and safety concerns of the nursing profession and develops strategies to effectively address them.

1 member each from Board of Directors, Cabinet on Economic and General Welfare, Legislative and Health Policy Council, Professional Nursing and Health Care Council, and 2 at-large.

WSNA Political Action Committee (WSNA-PAC) Board of Trustees

The committee plans and implements endorsements, fundraising, candidate-support activities and political education. The committee also oversees the Health IQ survey of candidates for state offices.

11 trustees. Every effort shall be made to appoint trustees to represent each congressional district and 1 representative of the state at-large.

Washington State Nurses Foundation (WSNF) Board of Trustees

WSNF helps to advance the nursing profession and facilitate nursing’s contribution to the health of the community by distributing funds for nursing educational scholarships and grants for special projects. The Board of Trustees also supports fundraising for the Foundation.

Not fewer than 5 nor more than 9, a majority of whom shall be members of the WSNA Board of Directors at time of election.

NEW APPOINTED POSITIONS

The WSNA Board of Directors has added new appointed positions this year. If you’re looking for additional ways to serve, please indicate your interest in the positions below on the Consent to Serve form.

Washington Center for Nursing (WCN) Staff RN Board position

The WCN is a nonprofit, statewide nursing organization that addresses nursing shortages and builds a robust and diverse nursing workforce to support a healthier Washington. The Board meets quarterly, at minimum, in addition to an offsite strategic planning session. Board members are encouraged to participate on various committees or subcommittees.

Community and Long-Term Care Committee

The Community and Long-Term Care Committee identifies and addresses issues of importance to nurses working in community and long-term care settings; increases awareness within WSNA and the broader nursing community about viable employment opportunities in these settings; and strengthens transitional care processes between these settings and acute care.

Three one-day meetings per year; additional work outside of meetings.

Seven members (including one Chair)

- Four (4) members must either work or have recent experience in community and/or long-term care
- Three (3) members will have a demonstrated interest in supporting community and long-term care nurses, as well as improving care transitions between acute and long-term care