

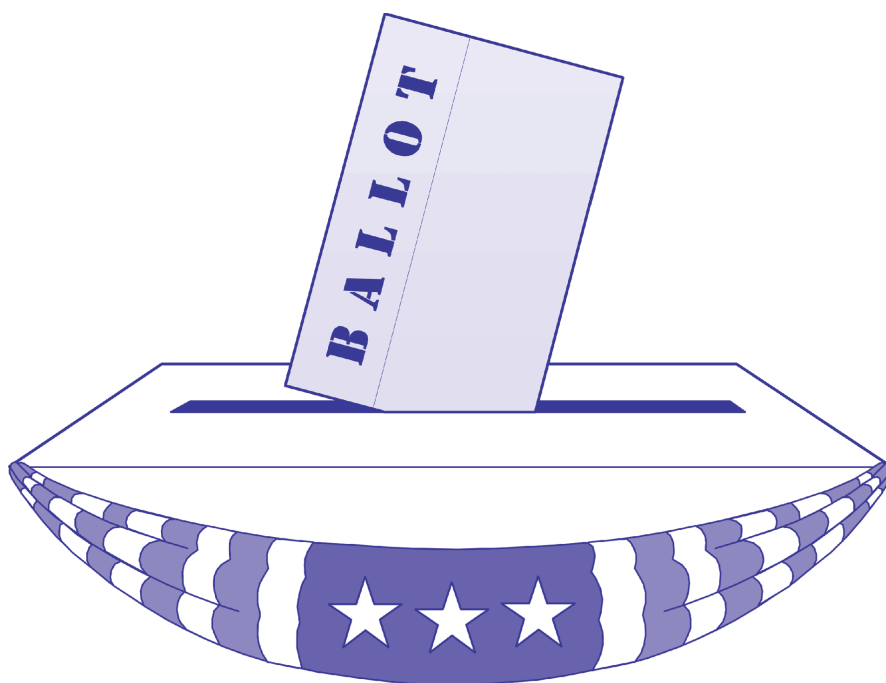
THE WASHINGTON NURSE

FALL 2004
VOLUME 34 NO. 3

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✓OTE



November 2nd

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THE WASHINGTON NURSE

Volume 34, No. 3
Fall 2004

WASHINGTON STATE NURSES ASSOCIATION
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ARTICLE SUBMISSION DEADLINES

Winter November 15
Spring February 15
Summer May 15
Fall August 15

Calendar of Events

October

- 14-15 CNEWS – Seattle
- 29 WSNA Finance Committee
- 29 WSNA Board Executive Committee
- 30 PN & HC Council

November

- 2 **NATIONAL ELECTION DAY – Remember to Vote!!!**
- 5-7 ANA Constituent Assembly—Maryland
- 10 ARNP Coalition Meeting
- 19 WSNA Board of Directors
- 25-26 Office Closed – Thanksgiving Holiday

December

- 2 WSNF Board of Trustees Conference Call - tentative
- 20 Washington Nursing Leadership Council
- 24-31 Office Closed – Christmas Holiday

Important Dates in 2005 Mark your Calendar

February 7, 2005

Nurse Legislative Day
Olympia, WA

May 5-6, 2005

Biennial WSNA Convention/Summit
Seattle, WA

September 25-27, 2005

16th Annual Leadership Development Conference
Lake Chelan, WA

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**INFORMATION RESOURCES AVAILABLE
WSNA WEBSITE:
[HTTP://WSNA.ORG](http://wsna.org)**



The WSNA staff and elected and appointed leaders represent your interests in a wide variety of meetings, coalitions, conferences and work groups throughout the year, anticipating and responding to the issues the membership has identified as priorities. In addition to many meetings with legislators, policy makers, other health care and nursing organizations and unions, the following represents a partial listing of the many places and meetings where you were represented during the months of August and September 2004.

- Washington State Nursing Care Quality Assurance Commission and its work groups
- WTECB Health Care Personnel Shortage Task Force and its Education Subcommittees
- Local and regional Workforce Development Council (WDC) Health Care skills panels
- Public Health Funding Roundtable
- WA Department of Health's Public Health & Hospital Emergency Preparedness and Response Joint Advisory Committee
- WA State Board of Health's Health Care Workforce Diversity Network
- American Association of Nurse Anesthetists Annual meeting
- WA State Medical Association on medical malpractice liability Initiatives
- WA State Trial Lawyers Association on medical malpractice liability Initiatives
- Meeting of WSNA, WSHA, 1199, NW-ONE and WCN on nurse retention issues
- Washington Nursing Leadership Council (WNLC)
- Washington Center for Nursing (WCN) Board Meetings
- Working for Health Coalition on access to care issues for children
- Washington State Labor Council (WSLC) work group on access to care
- Washington Rural Health Action Committee
- ANA State Association Lobbyists' Meeting and Workshop in Washington DC
- Health Care Without Harm and CHE-NW on environmental health issues
- ARNP Coalition (ARNPs United, AAPPN, WANA and WSNA) to work on issues of common concern and coalition building for the profession
- Washington State Labor Council (WSLC)
- 27th annual National Advanced Practice in Primary and Acute Care Conference
- United American Nurses National Labor Leader Institute
- 2004 Governor's Health and Safety Conference
- Council of Nurse Educators of Washington State (CNEWS)

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Gerald R. Tarutis

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In Focus

In my 50-plus years of membership in WSNA I have had many dreams for the future of nursing.

One of those dreams was that we would be seen as a powerful voice and a significant political force in Washington State. It's always nice to see your dreams come true, but the realization of those dreams brings new challenges and responsibilities. Ours today is to be politically active and out front with our ideas and our support for candidates for elective office who support the things we believe will be best for ourselves and those we care for.

Advocacy is a great part of what we do and we do this by initiating and supporting legislation that reaches that end and by supporting the election of capable, like-minded individuals to lead and legislate in our great state.

I encourage you to take a careful look at the candidate endorsements and know that they were selected

for their stand on our priority issues and their ability to improve the health system in our state.

Many of you know it, but let me remind you of an old statistic that remains essentially true today – ***1 in every 44 registered voters is a Registered Nurse!***

Also, be sure to take note of Bonnie Sandahl's Letter to the Editor and the accompanying internet message. We all – both men and women – have a responsibility to vote, but as nurses, ours is special responsibility as we have asked for and worked very hard to get to this place in our state and we simply must meet our responsibility to vote.

See you at the polls!

**Joanna Boatman, RN
WSNA President**



Editor's Note: Below is a message that has been floating around the internet for the past several weeks. It seems quite timely and important in light of the coming elections ... take the message to heart and remember to VOTE on November 2nd!

A short history lesson on the privilege of voting ...

The women were innocent and defenseless. And by the end of the night, they were barely alive. Forty prison guards wielding clubs and their warden's blessing went on a rampage against the 33 women wrongly convicted of "obstructing sidewalk traffic."

They beat Lucy Burn, chained her hands to the cell bars above her head and left her hanging for the night, bleeding and gasping for air. They hurled Dora Lewis into a dark cell, smashed her head against an iron bed and knocked her out cold. Her cellmate, Alice Cosu, thought Lewis was dead and suffered a heart attack. Additional affidavits describe the guards grabbing, dragging, beating, choking, slamming, pinching, twisting and kicking the women.

Thus unfolded the "***Night of Terror***" on Nov. 15, 1917, when the warden at the Occoquan Workhouse in Virginia ordered his guards to teach a lesson to the suffragists imprisoned there because they dared to picket Woodrow Wilson's White House for the right to vote.

For weeks, the women's only water came from an open pail. Their food – all of it colorless slop – was infested with worms. When one of the leaders, Alice Paul, embarked on a hunger strike, they tied her to a

chair, forced a tube down her throat and poured liquid into her until she vomited. She was tortured like this for weeks until word was smuggled out to the press.

So, refresh my memory. Some women won't vote this year because – why, exactly? We have carpool duties? We have to get to work? Our vote doesn't matter? It's raining?

Last week, I went to a sparsely attended screening of HBO's new movie "***Iron Jawed Angels***." It is a graphic depiction of the battle these women waged so that I could pull the curtain at the polling booth and have my say. I am ashamed to say I needed the reminder.

All these years later, voter registration is still my passion. But the actual act of voting had become less personal for me, more rote. Frankly, voting often felt more like an obligation than a privilege. Sometimes it was inconvenient.

My friend Wendy, who is my age and studied women's history, saw the HBO movie, too. When she stopped by my desk to talk about it, she looked angry. She was – with herself. "One thought kept coming back to me as I watched that movie," she said. "What would those women think of the way I use – or don't use – my right to vote? All of us take it for granted now, not just younger women, but those of us who did seek to learn." The right to vote, she said, had become valuable to her "all over again."

HBO will run the movie periodically before releasing it on video and DVD. I wish all history, social studies and government teachers would include the

movie in their curriculum. I want it shown on Bunco night, too, and anywhere else women gather. I realize this isn't our usual idea of socializing, but we are not voting in the numbers that we should be, and I think a little shock therapy is in order.

It is jarring to watch Woodrow Wilson and his cronies try to persuade a psychiatrist to declare Alice Paul insane so that she could be permanently institutional-

ized. And it is inspiring to watch the doctor refuse. Alice Paul was strong, he said, and brave. That didn't make her crazy.

The doctor admonished the men: "Courage in women is often mistaken for insanity."

This is one to pass on to all the women you know.

We need to get out and vote and use this right that was fought so hard for by these very courageous women!

Dear Editor:

My grandmother was a suffragette. She lived in Washington, D.C. (where I was born). It was her to job to invite the wives of the congressional delegation to her home for tea and a hefty dose of lobbying. The family story is that there were many, many teas and much celebration when the women's vote came to pass.

I was the only girl born into my family in my generation. Though my grandmother had several grandsons, the family story continues that she danced around my mother's bed the evening that I was born proclaiming, "It's a girl! She's a girl! She can vote!"

For my grandmother, the victory of the women's right to vote was enormous. Her contribution to making a better life for all women became a part of her soul. The night before I turned 21 she called me in Seattle, from Washington, D.C., to remind me to register to vote the very next day. (That was when 21 was the voting age.) She never failed to vote, even after her 90th year of life. She counseled me to always choose my friends carefully and to make sure that they were women of substance ... who would always vote.

Bonnie Sandahl, ARNP
WSNA-PAC Board Member
Alderwood Manor

Dear Fellow Nurses of Washington:

As I was driving home from WSNA's 15th Annual Leadership Conference in Lake Chelan, I marveled at the beauty of this great state. I feel tremendously blessed! I also feel uniquely privileged to be part of a professional organization which actively promotes education and leadership skills among its members. Thank you, WSNA, for building leadership skills in me and my fellow WSNA RN leaders!

I wanted to thank you, my fellow working nurses of the state of Washington, for choosing me to represent you as a delegate to UAN and ANA convention in

Minneapolis from June 26-29th, 2004. History unfolded before my eyes as I participated in the passing of the Founding Constitution of the United American Nurses. As Cheryl Johnson, President of the UAN stated, no other constitution came together so quickly or seamlessly as ours. The progress of the UAN constitution from seminal form to maturity was truly amazing. There has been no better time than now to be a nurse!

You may wonder, how does my state nursing association fit into the ANA, the UAN and the AFL-CIO? Cheryl explained the benefits and relationship to us in the closing session of the WSNA Leadership Conference at Lake Chelan. "Consider the AFL-CIO a giant umbrella covering the UAN and all the state nursing associations. Now we have representation among the most powerful unions in the nation. Now we have protection against other unions raiding ours." By virtue of your membership in your state nursing association, you are also a member of the UAN. Together, we can promote and protect our profession much more effectively.

If you haven't become involved before in your local WSNA unit, I encourage you to look for that next meeting notice and attend. Opportunities exist for continuing education, networking with other like-minded nurses, learning about the issues affecting us today, sharing the joy of scholarships given to deserving nursing students, having a voice with your legislators, serving on WSNA committees forming critical policies to protect the working nurse, need to say more? You will grow as a nurse and as a person!

God Bless,

Sincerely,

Debra Sullivan, RN, BSN

Professional Nursing and Health Care Council
WSNA

Burlington, WA (September 29, 2004)

Letters to the Editor ❖

15th Annual Lake Chelan Leadership Conference

The advent of fall has come to mean the annual WSNA Leadership Conference for WSNA nurses around the state. As usual, the sun was out and the group took full advantage of warm days to enjoy breaks on the lake and the cool nights made the hot tub “the place to be” after a busy day of classes. More than 100 nurses were in attendance, including nurses from as far away as our sister state of Alaska.



15th Annual Leadership Development Conference Attendees

The conference began with the Fall meeting of the WSNA Local Unit Council. Leaders from more than 25 local units heard updates about ANA, UAN and WSNA activities. Darlene Delgado, the new WSNA Membership Coordinator (thanks to the dues restructure last year) provided an overview of important changes including: new reports to help officers track membership in their units, faster processing of applications, better collection of dues – all of which mean more support for officers and the local units.

WSNA staff, Jessie Kesler and Hanna Wealander, presented a preview of the exciting new improvements to the WSNA web site. Each local unit will now have its own link on the WSNA web site. Members will be able to go to the WSNA web site and find local unit officers contact information, the current contract, local unit rules, and notices and minutes posted on their own local unit link.

A new tradition was begun as each Local Unit officer was officially installed and pledged to: “uphold the WSNA bylaws, Local Unit rules, and the ANA code of ethics, and perform the duties of the office to which I was elected to the best of my ability ...” Each officer was presented with a specially designed blue, white and gold WSNA Local Unit Officer pin by Kim Armstrong, E&GW Cabinet Chair. From now on, all newly elected officers will be inducted twice a year at the Spring and Fall Local Unit Council meetings. Congratulations to all of Local Unit Officers who participated.

The Chelan Conference was officially kicked off on Monday

morning by a presentation and discussion of seminal events in Washington State labor history entitled, “The Centralia Massacre” presented by Barbara Frye, WSNA Labor Relations Director. Later that morning, Phil Comstock, founder of the Wilson Group, a highly regarded union-owned research firm based in Washington DC, got us all thinking about our roles as activists and how we interact with potential members (formerly referred to as “non-members”). Phil regaled the group with stories and antidotes from his 30 years as a union activist, and helped the group look at how we view potential members and how that affects our ability to recruit and inspire new members.



Alaska nurses attend Leadership Conference

Passionate and energetic describes Maggie Flanagan's presentation on "Overexertion and Workplace Injuries" which was full of easy and practical methods for preventing work place injuries. People left energized and enthused about applying this new information back home in their workplaces and safety committees.

Reflecting WSNA's renewed commitment to mentor and support seasoned and emerging leaders, the inaugural meeting of the WSNA Leadership Intensive was launched this year at Chelan. Invited leaders, along with members of the WSNA Board and the E&GW Cabinet, attended the first of a series of sessions focused on Association Leadership. Linda Shinn, a well-known national speaker and facilitator in association circles, facilitated the workshop. The group will be completing assignments and reconvening two more times in the upcoming year. This will be the first of more Leadership Intensives that WSNA will be providing. The number of nurses wanting to participate in this Intensive was double the number of slots available! So it's clear that WSNA leaders are ready and anxious to sharpen and develop their leadership skills!

Other classes presented by WSNA staff included: Dealing with Conflict, Labor Law, Grievance handling, and Political Action.

The special presentation by Jean Sullivan, from the Washington Department of Health,

**Attendees
participating in the
Education Sessions**



Congratulations to 2004 E&GW Award Winners

Outstanding Local Unit Chair:

Judy Scott, St Joseph, Tacoma

Outstanding Grievance Officer:

Deborah Neiman, Peace Health, Longview

Adversity Award:

Skagit and United Hospital Local Unit nurses

Outstanding Negotiating Team:

Northwest Hospital 2004 Team

Rising Stars:

Morton-Lewis County Hospital Local Unit Nurses, Carolyn McAllister, Teresa Moore and Paige Anstead



2005 Leadership Awards Recipients

helped the nurses understand not only the causes of chemical dependency among nurses, but also some concrete strategies for helping colleagues who are dealing with this insidious disease.

The traditional Monday evening E&GW banquet entertainment was provided by Jill Schumacher RN, MS, from Oregon Nurses Association, who sang her original composition "Return of the Nightingales" a tribute to nurses. The highlight of the evening was the Second

Annual E&GW Awards Ceremony, ably hosted by the E&GW Cabinet members: Kim Armstrong, Jeanne Avey, Vicki Wornath, Tim Davis, Judi Lyons and Marty Avey. Tears and cheers were the order of the night as awardees heard the praises of those who nominated them and accepted their awards to thunderous applause.

Leadership 2004 ended at noon on Tuesday with a humorous and energetic address by United American Nurses Presi-

dent, Cheryl Johnson. Cheryl, a 30+ year practicing ICU nurse at the University of Michigan, is a Vice President of the AFL/CIO. She is also the only registered nurse on the AFL-CIO Executive Council and is a vocal advocate for nurses. The story of her rise from a local unit non-member to E&GW Chair, to President of the largest union of registered nurses in America – the UAN – is both inspiring and a reminder that capable and committed nurses can and do speak for ourselves!



Tim Davis presents Outstanding Negotiating Team Award to Northwest Hospital LU Officers



Morton Officers receive Rising Star Award



Kim Armstrong presenting Skagit and United Hospital Local Unit nurses with LU Adversity Award



Yakima nurses listen intently



The Moment the Seattle Storm Wins the Western Conference Semi-Finals!!



Nurses Outraged by VMHC's Mandatory Flu Vaccination Policy

WSNA Files Petition in Federal Court to Stop It

The Washington State Nurses Association (WSNA), representing more than 600 registered nurses at Virginia Mason Medical Center (VMMC), filed a petition in Federal Court on October 1st seeking an injunction to stop the implementation of the VMMC's policy requiring mandatory flu vaccination for all RNs. According to an internal VMMC memo dated September 21st, all Hospital staff (including volunteers) must be vaccinated against influenza or take anti-viral flu medications. Those who decide not to comply with the mandatory vaccination policy will face termination.

"WSNA does not oppose flu vaccinations, in fact we strongly encourage all people (including nurses) to get one. However, we do vehemently oppose any health care facility threatening to fire people if they do not submit to compulsory vaccinations, especially in the absence of a declared public health emergency and a recommendation for mandatory vaccination by the CDC," said Judy Huntington, Executive Director.

Barbara Frye, RN, Director of Labor Relations at WSNA stated, "This unilaterally implemented policy violates the terms and the very purpose of the collective bargaining agreement between WSNA and VMMC. We believe that the receipt of a flu vaccination should be an individual choice and that education – not brute force – is the best way to encourage nurses to comply. We are appalled that the hospital would threaten nurses with termination as its first approach and not involve us in the formulation of a sound voluntary policy. Forcing nurses to receive the flu vaccination is simply wrong. Since the Hospital has

refused to cease the implementation of this policy and is unwilling to negotiate with WSNA about other approaches, we are left with no choice but to seek an injunction from Federal Court."

Commenting on the mandatory nature of the VM policy, LauraLee Mayorkinos, RN, WSNA Local Unit Chair at VMMC, said, "The registered nurses at VMMC will not tolerate an employer who threatens to fire nurses who do not comply with their mandatory flu policy. We are asking the court to intervene on the nurses' behalf in order to stop the implementation of this policy, pending arbitration between the hospital and WSNA to negotiate this important issue.

I am shocked that the hospital is threatening to fire anyone who does not comply. Registered nurses understand better than anyone both the benefits as well as the side effects of the flu vaccine and must have the personal choice to decide whether or not to receive the vaccination. Educating nurses and other staff about the importance of the vaccination and allowing each individual to make a decision with regards to the vaccination is what we support."

At press time, hundreds of e-mails and phone calls were pouring into WSNA from nurses all across the state strongly supporting the WSNA's actions on behalf of the VM nurses.

Nurse

Legislative Day

February 7th, 2005

Olympia, WA

	7	February	2005		
S	M	T	W	T	F

Mark Your Calendar!

FLU Vaccine Shortage Alert: CDC Issues Interim Influenza Vaccination for 2004-05 – October 5th, 2004

On October 5, 2004, CDC was notified by Chiron Corporation that none of its influenza vaccine (Fluvirin®) would be available for distribution in the United States for the 2004-05 influenza season. The company indicated that the Medicines and Healthcare products Regulatory Agency (MHRA) in the United Kingdom, where Chiron's Fluvirin vaccine is produced, has suspended the company's license to manufacture Fluvirin vaccine in its Liverpool facility for 3 months, preventing any release of this vaccine for this influenza season. This will reduce by approximately one half the expected supply of trivalent inactivated vaccine (flu shot) available in the United States for the 2004-05 influenza season.

The remaining supply of influenza vaccine that is expected to be available in the United States this season is about 54 million doses of Fluzone®, manufactured Aventis Pasteur. Of these doses, approximately 30 million doses already have been distributed by Aventis Pasteur. In addition, approximately 1.1 million doses of live attenuated influenza vaccine (LAIV/Flumist®) manufactured by MedImmune will be available this season.

Because of this urgent situation, CDC, in coordination with its Advisory Committee for Immunization Practices (ACIP), is issuing interim recommendations for influenza vaccination during the 2004-05 season. These interim recommendations were formally recommended by ACIP on October 5, 2004 and take precedence over earlier recommendations.

Who Should Be Vaccinated With the Flu Shot This Season

Priority groups for vaccination with inactivated influenza vaccine this season are:

- all children aged 6–23 months;
- adults aged equal to or greater than 65 years;
- persons aged equal to or greater than 2–64 years with

underlying chronic medical conditions;

- all women who will be pregnant during influenza season;
- residents of nursing homes and long-term care facilities;
- children 6 months–18 years of age on chronic aspirin therapy;
- health-care workers with direct patient care; and,
- out-of-home caregivers and household contacts of children aged <6 months.

Other Vaccination Recommendations

- Healthy persons who are 5–49 years of age and not pregnant, including health-care workers (except those who care for severely immunocompromised patients in special care units) and persons caring for children aged <6 months should be encouraged to be vaccinated with intranasally administered live, attenuated influenza vaccine.
- Persons in priority groups identified above should be encouraged to search locally for vaccine if their usual health-care provider does not have vaccine available.
- Many children aged <9 years require two doses of vaccine if they have not previously

been vaccinated. All children at high risk of complications from influenza, including those aged 6–23 months, who present for vaccination should be vaccinated with a first or second dose, depending on vaccination status. However, doses should not be held in reserve to ensure that two doses will be available. Rather, available vaccine should be used to vaccinate persons in priority groups on a first come first serve basis.

Vaccination of Persons in Non Priority Groups

- Persons who are not included in one of the priority groups above should be informed about the urgent vaccine supply situation and asked to forego or defer vaccination.

Who Should Not Get Flu Vaccine

People in the following groups should not get flu vaccine before talking with their doctor:

- People who have a severe allergy (i.e. anaphylactic allergic reaction) to hens' eggs;
- It is prudent to avoid vaccination in people who previously developed Guillain-Barré syndrome (GBS) the 6 weeks after getting a flu shot.

Cough and fever during “cold and flu season” might get you a mask

During the cough, cold and “flu” season, there are some simple tips that will keep respiratory infections from spreading. Respiratory infections affect the nose, throat and lungs; they include influenza (the “flu”), colds, pertussis (whooping cough) and severe acute respiratory syndrome (SARS). The germs (viruses and bacteria) that cause these infections are spread from person-to-person in droplets from the nose, throat and lungs of someone who is sick.

Year-round, you can help stop the spread of these germs by practicing “respiratory etiquette” — good health manners — by covering your nose and mouth every time you sneeze, cough or blow your nose, putting used tissues in the trash, and washing your hands well and often whenever you or someone you are close to is sick. Clinics and hospitals may also give you a face-mask to wear in waiting areas and exam rooms if you have a fever and cough or rash, so be prepared!

Here are some tips to keep from spreading your germs to others, and to keep from catching someone else’s germs.

Keep your germs to yourself:

- Cover your nose and mouth with a tissue when sneezing, coughing, or blowing your nose.
- Throw out used tissues in the trash as soon as you can.
- Always wash your hands after sneezing, blowing your nose, or coughing, or after touching used tissues or handkerchiefs. Wash hands often if you are sick.
- Use warm water and soap or alcohol-based hand sanitizers to wash your hands.
- Try to stay home if you have a cough and fever.
- See your doctor as soon as you can if you have a cough and fever, and follow their instructions, including taking medicine as prescribed and getting lots of rest.
- If asked to, use face-masks provided in your doctor’s or clinic waiting room and follow their instructions to help stop the spread of germs.

Keep the germs away:

- Wash your hands before eating, or touching your eyes, nose, or mouth.
- Wash your hands after touching anyone else who is sneezing, coughing, blowing their nose, or whose nose is running.
- Don’t share things like cigarettes, towels, lipstick, toys, or anything else that might be contaminated with respiratory germs.
- Don’t share food, utensils or beverage containers with others.

The Washington State Department of Health Web site (www.doh.wa.gov) also has more information.



Candidate Evaluation Process and Election Issues

Washington State Nurses Association–Political Action Committee (WSNA-PAC) has completed its 2004 Health I.Q. Candidate Evaluation Process. This is a critical election year including all 98 of our state representatives up for election as well as 24 out of the 48 state senate members.

State candidates were sent a questionnaire summarizing key legislative issues for WSNA. For those who returned the survey within the deadline, most were interviewed by one of several teams of nurses across the state. Interviewers included staff nurses, home health nurses, school nurses, ARNPs, nurse administrators, nurse educators, and public health nurses.

Endorsements by WSNA PAC were based on interviews and questionnaires surrounding key legislative issues for WSNA such as safe RN staffing, health and safety, nursing education & faculty funding, and public health funding.

The WSNA-PAC is committed to its mission as a non-partisan organization representing the interests of nurses concerned with promoting quality patient care through the political process. WSNA PAC does not endorse candidates for Federal offices; those endorsements are made by the ANA-PAC, the political action committee of the American Nurses Association.

The candidates listed have received endorsement from WSNA-PAC or ANA-PAC for 2004. WSNA-PAC prides itself on using its limited resources efficiently and wisely to assist candidates who have demonstrated strong support for WSNA's legislative issues and those who are prominent leaders on health care issues.

* RN Candidate names appear in bold.

ANA PAC Endorsements at Federal Level:

President: John Kerry

U.S. Senate – WA: Patty Murray

WSNA PAC Endorsed Washington State Legislative Races:

Governor: Christine Gregoire

Attorney General: Deborah Senn

Insurance Commissioner: Mike Kreidler

1st Legislative District

Rosemary McAuliffe, RN – Senate, Democrat

Al O'Brien – House, Pos. 1, Democrat

Mark Ericks – House, Pos. 2, Democrat

2nd Legislative District

Marilyn Rasmussen – Senate, Democrat

Tom Campbell – House, Pos. 2, Republican

3rd Legislative District

Lisa Brown – Senate, Democrat

Alex Wood – House, Pos. 1, Democrat

Timm Ormsby – House Pos. 2, Democrat

4th Legislative District

Larry Crouse – House, Pos. 1, Republican

5th Legislative District

Kathleen Huckabay – Senate, Democrat

6th Legislative District

Laurie Dolan – Senate, Democrat

9th Legislative District

Mark Schoesler – Senate, Republican

Don Cox – House, Pos. 2, Republican

10th Legislative District

Mary Margaret Haugen – Senate, Democrat

11th Legislative District

Margarita Prentice, RN – Senate, Democrat

Zach Hudgins – House, Pos. 2, Democrat

12th Legislative District

Linda Evans Parlette – Senate, Republican

Mike Armstrong – House, Pos. 2, Republican

13th Legislative District

Jane'a Holmquist – House, Pos. 1, Republican

14th Legislative District

Alex Deccio – Senate, Republican

16th Legislative District

Bill Grant – House, Pos. 2, Democrat

17th Legislative District

Don Benton – Senate, Republican

Deb Wallace – House, Pos. 2, Democrat

18th Legislative District

Joseph Zarelli – Senate, Republican

19th Legislative District

Mark Doumit – Senate, Democrat

Brian Hatfield – House, Pos. 1, Democrat

Brian Blake – House, Pos. 2, Democrat

20th Legislative District

Richard DeBolt – House, Pos. 1, Republican

Gary Alexander – House, Pos. 2, Republican

21st Legislative District

Mary Helen Roberts – House, Pos. 1, Democrat

Brian Sullivan – House, Pos. 2, Democrat

22nd Legislative District

Karen Fraser – Senate, Democrat

Brendan Williams – House, Pos. 1, Democrat

Sam Hunt -- House, Pos. 2, Democrat

23rd Legislative District

Phil Rockefeller – Senate, Democrat

Sherry Appleton, House, Pos. 1, Democrat

Beverly Woods – House, Pos. 2, Republican



2004 Health IQ

24th Legislative District

Lynn Kessler – House, Pos. 2, Democrat

25th Legislative District

Jim Kastama – Senate, Democrat

Dawn Morrell, RN – House, Pos. 2, Democrat

26th Legislative District

Patricia Lantz – House, Pos. 1, Democrat

Derek Kilmer – House, Pos. 2, Democrat

27th Legislative District

Debbie Ragala – Senate, Democrat

Dennis Flannigan – House, Pos. 1, Democrat

Jeannie Darnielle – House, Pos. 2, Democrat

28th Legislative District

Tami Green, RN – House, Pos. 2, Democrat

29th Legislative District

Steve Conray – House, Pos. 1, Democrat

Steve Kirby – House Pos. 2, Democrat

30th Legislative District

Mark Miloscia – House, Pos. 1, Democrat

32nd Legislative District

Maralyn Chase – House, Pos. 1, Democrat

Ruth Kagi – House, Pos. 2, Democrat

33rd Legislative District

Shay Schual-Berke – House, Pos. 1, Democrat

34th Legislative District

Eileen Cody, RN – House, Pos. 1, Democrat

35th Legislative District

Kathy Haigh - House, Pos. 1, Democrat

Bill Eickmeyer – House, Pos. 2, Democrat

36th Legislative District

Helen Sommers – House, Pos. 1, Democrat

37th Legislative District

Sharon Tomiko Santos – House, Pos. 1, Democrat

38th Legislative District

Jean Berkey – Senate, Democrat

Mike Sells – House, Pos. 2, Democrat

39th Legislative District

Joel Selling – House, Pos. 1, Democrat

40th Legislative District

Harriet Spanel – Senate, Democrat

Dave Quall – House, Pos. 1, Democrat

Jeff Morris – House, Pos. 2, Democrat

41st Legislative District

Judy Clibborn, RN – House, Pos. 2, Democrat

42nd Legislative District

Kelli Linville – House, Pos. 2, Democrat

43rd Legislative District

Ed Murray – House, Pos. 1, Democrat

Frank Chopp – House, Pos. 2, Democrat

44th Legislative District

Hans Dunshee – House Pos. 1, Democrat

John Lovick – House, Pos. 2, Democrat

45th Legislative District

Toby Nixon – House, Pos. 1, Republican

Larry Springer – House, Pos. 2, Democrat

46th Legislative District

Phyllis Kenney – House, Pos. 2, Democrat

47th Legislative District

Geoff Simpson – House, Pos. 1, Democrat,

Patrick Sullivan – House, Pos. 2, Democrat

48th Legislative District

Ross Hunter – House, Pos. 1, Democrat

Debi Golden – House, Pos. 2, Democrat

49th Legislative District

Craig Pridemore – Senate, Democrat

Bill Fromhold - House, Pos. 1, Democrat

Jim Moeller – House, Pos. 2, Democrat

Mark your Calendars!!

**23rd Annual
Nurse
Legislative Day**



**Monday, February 7th, 2005
Washington Center for the Performing Arts
Olympia, WA**

Join hundreds of nurses, nursing students and friends from around the state in an energizing, educational, fun-filled day.

This is your opportunity to:

- ✓ **Learn about critical nursing and health care legislation to be considered during the 2005 Legislative Session.**
- ✓ **Obtain the skills needed to become a citizen lobbyist. Learn how to communicate effectively with your elected officials.**
- ✓ **Meet with hundreds of nurses and nursing students throughout Washington state.**
- ✓ **Visit with your state representatives and let them know which issues are important to you.**
- ✓ **Unite with other nurses and educated lawmakers on nursing and health care issues.**

Washington State Nurses Association
575 Andover Park West, Suite 101, Seattle, WA 98188 (206) 575-7979 www.wsna.org

Call to the 2005 Biennial WSNA Convention/Summit May 5–6, 2005

Convention Theme to Focus on Patient Safety

Make your plans now to attend the WSNA Biennial Convention/Summit on **May 5-6, 2005**. This action-packed two-day event will be held at the Doubttree Guest Suites, Southcenter, Seattle, WA and will be preceded by a special Early-Arrival Wine and Cheese Networking Reception on the evening of May 4th.

Don't miss out on this important opportunity to join your nurse colleagues from all across the state. Learn about the important issues facing nurses today and what's being done to address them. Enter into the dialog and help shape the direction of WSNA's priorities for the coming biennium.

Something for Everyone! The convention/summit will feature many nationally recognized speakers and presenters. The General Assembly business meeting of WSNA will be held along with poster sessions, exhibits, CE sessions, the WSNA awards reception and many fun-filled events, good food, and lots of opportunity for networking and renewing and making new friendships!

Keynotes/Plenaries and CE Sessions include:

- Working Hours of Hospital Staff Nurses and Their Effect on Patient Safety
- Safe-Patient Handling and Ergonomics
- Patient Safety and Environmental Health
- Emerging Illnesses (Flu, SARS, Communicable Diseases)
- Preventing Medical Errors - Sharon Shamon with Laurie Wild as Alternate
- Preventing Violence and Conflict in the Workplace
- The How-to's for Achieving Magnet Status
- Health Policy and Nursing Shortage

Register early and become eligible for a very door special prize! Convention Registration forms will be available by calling Deb Weston at WSNA at 206-575-7979 ext 3003 or online at www.wsna.org after November 19, 2004.

For information on Exhibiting or Submitting a Poster Session, please contact Deb Weston at WSNA at 206-575-7979 ext 3003

Also, don't miss the **WSNF SILENT AUCTION, Thursday, May 5, 2005** on the first day of the WSNA Convention/Summit. Auction items are already rolling in and details will be posted on the WSNA website. (www.wsna.org) in early March. To make a donation to the WSNF auction, call WSNA 206-575-7979 ext 3024.

Fill out a Consent to Serve Form Now and Run for WSNA Office

The WSNA Nominations/Search Committees are seeking candidates for elected and appointed offices for the 2005-2006 Biennium. The WSNA Nominations/Search Committees will be meeting in November 2004 to develop the ticket for the WSNA elections that will be held in May 2005. To be considered for nomination to a specific elected office, and so that your name will appear on the ticket of nominees that will be printed in the Winter issue of The Washington Nurse, you must be a member of WSNA and submit a completed Consent to Serve form. Take advantage of this opportunity to be nominated and complete the form below and mail it to WSNA for arrival before November 1, 2004.

Although members may declare their own candidacy by submitting a consent to serve form to the WSNA Secretary no later than sixty (60) days prior to the first meeting of the General Assembly (by March 4, 2005) or by being nominated from the floor at the General Assembly (May 5, 2005), this will be too late for printing in the Winter issue of The Washington Nurse. The names of all candidates, regardless of method of nomination, will appear on the mailed election ballot and write-in candidates are allowed. Mail completed Consent to Serve forms to: **Washington State Nurses Association, 575 Andover Park West Suite 101, Seattle, WA 98188. For additional forms, call 206/575-7979**

WSNA CONSENT TO SERVE FORM WSNA Elected Offices and Cabinet, Councils and Committee Appointments

PLEASE COMPLETE SECTIONS 1 AND 2. IN ADDITION, IF YOU ARE SEEKING A CABINET, COUNCIL, OR COMMITTEE APPOINTMENT, COMPLETE SECTION 3. IF YOU ARE SEEKING AN ELECTED OFFICE, COMPLETE SECTION 4.

Please type or neatly print, and *return the completed form* to **WSNA, 575 Andover Park West, Suite 101, Seattle WA 98188**. If possible, please enclose an identified head and shoulders photograph if you do not have one currently on file at the office.

MEMBER INFORMATION (Sections 1 & 2)

I consent to be a nominee for position(s) specified in sections three and/or four of this form. _____ (initial)
 Name: _____ Current Member of District # _____
 Street Address: _____
 City: _____ State: _____ Zip: _____
 Home Telephone: ____/____-____, Work Telephone: ____/____-____, Birth Date (optional): _____
 E-mail Address: _____, Facsimile: ____/____-____
 To assist with legislative activities, please indicate your: Legislative District # _____ Congressional District # _____

NURSING PREPARATION

Please state your highest nursing degree and non-nursing education.

☐ Diploma	School: _____	☐ Associate Degree	School: _____
☐ Baccalaureate	School: _____	☐ Masters	School: _____
☐ Doctorate	School: _____	☐ Non-Nursing Education	School: _____

PROFESSIONAL EXPERIENCE

Present Position: _____
 Employer: _____ Dates: _____
If not presently employed in nursing, please list your present occupation: _____
 Employer: _____ Dates: _____

WSNA INVOLVEMENT

I have been a WSNA member since _____.

Present Offices:

WSNA Office: _____	Term: _____
Local Unit Office: _____	Term: _____
District Office: _____	Term: _____
National Office: _____	Term: _____

Previous Offices:

WSNA Office: _____	Term: _____
Local Unit Office: _____	Term: _____
District Office: _____	Term: _____
National Office: _____	Term: _____

PERSONAL INFORMATION

Honors and Awards: _____
 Professional Memberships: _____
 Professional Interests: _____
 Community Involvement: _____
 Personal Interests: _____
 Family Members Names and Ages (optional): _____
 Quote on Nursing (optional): _____

WSNA COUNCIL, COMMITTEE, FOUNDATION, PAC APPOINTMENTS (Section 3)

- ☐ **BYLAWS/RESOLUTIONS** (approximately two one-day meetings/biennially, one one-day meeting prior to convention, and as needed at convention): Responsible for developing proposed changes in WSNA Bylaws including amendments and/or revisions; edits and prepares resolutions for presentation to the General Assembly.
- ☐ **FINANCE** (three one-day meetings/year): Prepares and monitors the annual WSNA Budget for Board approval. Recommends changes in finance policies and dues structure.
- ☐ **NOMINATIONS/SEARCH** (two to three one-day meetings/year): Prepares the ticket for election of WSNA Officers, Directors,

Councils and Delegates to ANA Convention/House of Delegates; and prepares a list of candidates for appointment to WSNA councils and committees.

- ☐ **PROFESSIONAL NURSING AND HEALTH CARE COUNCIL** (three one-day meetings/year): The council shall fulfill the responsibilities as defined by the Board of Directors which are reviewed biennially and approved by the Board of Directors. Task Forces will be appointed by the council subject to approval and funding by the Board of Directors, and will meet to accomplish projects and then are disbanded.
- ☐ **LEGISLATIVE AND HEALTH POLICY COUNCIL** (three one-day meetings/year): The Council's responsibilities are defined by the Board of Directors and reviewed biennially.
- ☐ **CONVENTION PLANNING** (two to three one-day meetings biennially): Plans biennial WSNA Convention and recommends theme, speakers, and format to the WSNA Board of Directors for action.
- ☐ **CONTINUING EDUCATION APPROVAL AND RECOGNITION PROGRAM (CEARP) COMMITTEE** (two one-day meetings/year): Conducts and evaluates CEARP consistent with American Nurses Credentialing Center-Commission on Accreditation (ANCC-COA) Standards. Reports to the Professional Nursing and Health Care Council.
- ☐ **WSNA PAC BOARD OF TRUSTEES** (one to four meetings/year): Plans and implements endorsements, fundraising, candidate support activities and political education. Members of this board represent the nine congressional districts and one member-at-large.
- ☐ **WASHINGTON STATE NURSING FOUNDATION BOARD OF TRUSTEES** (four to eight meetings/year): Supports recruitment of individuals into nursing; assists in fund development and donor cultivation/funds seminars and workshops for nurses and the public; provides means for publication of books and other printed or audiovisual materials; encourages participation of the public in workshops or other programs on health issues. Board of Trustees consists of not less than five or more than nine, a majority of whom shall be members of the WSNA Board of Directors. Trustees shall be elected by the active members of the Foundation at the annual meeting.
- ☐ **FINANCIAL AID** (mostly conference calls): Reviews/acts upon requests for financial assistance within guidelines established by the WSNF Board of Trustees.

ELECTED OFFICES (Section 4)

I consent to have my name considered for nomination to the following elected WSNA Offices and/or as a Delegate to ANA Convention.

- | | |
|--|---|
| ☐ PRESIDENT, two years | ☐ DIRECTOR, two years |
| ☐ VICE PRESIDENT, two years | ☐ At-Large |
| ☐ SECRETARY/TREASURER, two years | ☐ At-Large Staff Nurse |
| ☐ WSNA NOMINATIONS/SEARCH COMMITTEE MEMBER, two years | |
| ☐ CEGW NOMINATING/SEARCH COMMITTEE MEMBER, two years | |

CABINET ON ECONOMIC AND GENERAL WELFARE, two years

- | | |
|---------------------------------|---|
| ☐ Member | ☐ Chair (also serves on WSNA Board of Directors) |
|---------------------------------|---|

PROFESSIONAL NURSING AND HEALTH CARE COUNCIL, two years

- | | | | | |
|-----------------------------------|---|-----------------------------------|---|--|
| ☐ Research | ☐ Education | ☐ Practice | ☐ Administration | ☐ Ethics and Human Rights |
| ☐ At-Large | ☐ Chair (also serves on WSNA Board of Directors) | | | |

LEGISLATIVE AND HEALTH POLICY COUNCIL, two years

- | | |
|-----------------------------------|---|
| ☐ At-Large | ☐ Chair (also serves on WSNA Board of Directors) |
|-----------------------------------|---|

- ☐ **STAFF NURSE DELEGATE TO ANA HOUSE OF DELEGATES** - a non-supervisory nurse who is a member of WSNA Bargaining Unit or is bargaining unit eligible.
- ☐ **AT-LARGE DELEGATE TO ANA HOUSE OF DELEGATES** - any member not covered under the Staff Nurse definition.
- ☐ **DELEGATE TO ANA UAN NATIONAL LABOR ASSEMBLY** - any member of a bargaining unit represented by WSNA and who must remain a bargaining unit member throughout the term of office as a UAN Delegate.

Print your name as it should appear on the ballot: _____

Candidate's Statement:

Information on this page will be used by the Nomination/Search Committee to prepare the ticket. Not all nominees are placed on the ticket. If your name does not appear on the ticket and you wish to be a candidate, you may be a self-declared candidate by notifying WSNA Headquarters prior to the stated deadline.

Information on the opposite page will be used by the Nominations/Search Committee, the Cabinet, Councils, and the WSNA Board of Directors in seeking cabinet/committee members and alternates. Appointments to WSNA committees are for two years. Please indicate by preference, "1" being the highest priority, the cabinet/councils/committees on which you would like to serve.

If elected or appointed to the WSNA Board of Directors, a Cabinet, Council or Committee, it is my obligation to attend meetings. If I am unable to fulfill this commitment, I will resign.

Signature: _____ Date: _____

2005 WSNA Awards: Call for Nominees

The WSNA Awards Committee and the Professional Nursing and Health Care Council are seeking outstanding WSNA members as nominees for the 2005 WSNA recognition awards. **Nominations must be received at WSNA no later than January 18, 2005.** The awardees will be notified in March 2005. The awards, given only every two years, will be presented at a special awards reception at the WSNA Convention/Summit to be held May 5-6, 2005 at the Doubletree Suites at Southcenter, Seattle.

All nominations must be accompanied with a narrative from the nominator, listing the nominee's credentials and achievements. A copy of the nominee's Curriculum Vitae/Resume must accompany the narrative. Nominating forms for some of the awards are available by calling Barbara Bergeron at WSNA at ext. 3024. The criteria for the awards are as follows:

WSNA AWARDS

WSNA Honorary Recognition Award

Criteria: Honorary Recognition may be conferred at any convention on persons who have rendered distinguished service or valuable assistance to the nursing profession, the name or names having been recommended by the Board of Directors. Honorary Recognition shall not be conferred on more than two persons at any convention.

Nurse Candidate

1. An actively contributing member of the WSNA by
 - a) having held elected state, district or local unit office.
 - b) served as appointed chairholder at the state, district, or local unit level.
2. Made significant contributions to:
 - a) the state or district association, or local unit.
 - b) the professional practice of nursing.

3. Has been a consumer advocate and/or interpreted the role of nursing to consumers.

A narrative from the nominator, listing the nominee's credentials and achievements, must be submitted.

Lay Candidate

Has demonstrated interest in professional nursing by

- a) contributing in a concrete way to its growth and development.
- b) promoting better understanding of professional nursing in the community.

A narrative from the nominator, listing the nominee's credentials and achievements, must be submitted.

Marguerite Cobb Public Health/Community Health Nurse Award

This award recognizes the outstanding professional contributions of one public health or community health nurse and calls this achievement to the attention of members of the profession as well as the general public.

Criteria:

1. The nominee must be a current WSNA member or have been a WSNA member during the years of service for which this award is given.
2. The nominee must have made a significant contribution to the field of public or commu-

nity health nursing.

3. The nominee must have expertise in professional and technical performance.
4. The nominee must have shown leadership in the field of public or community health nursing.
5. The nominee must have participated in the Washington State Nurses Association.

A narrative from the nominator, listing the nominee's credentials and achievements, must be submitted.

Joanna Boatman Staff Nurse Leadership Award

The Joanna Boatman Staff Nurse Leadership Award was established in 1995 in recognition of Joanna Boatman's significant contributions to the advancement of staff nurses and her achievements in the economic and general welfare area of nursing in the state of Washington.

Criteria:

1. The nominee must have a Washington State RN License.
2. The nominee must be a WSNA Member, for at least one year.
3. The nominee must currently be employed as a staff nurse.
4. The nominee must have made a significant contribution to the advancement of staff nurses or in the Economic and General Welfare area of nursing.

ing. Contributions may be at the local or state level.

A narrative from the nominator, listing the nominee's credentials and achievements, must be submitted, and a copy of the nominee's Curriculum Vitae/Resume must accompany the narrative.

ANA Honorary Membership Pin

The American Nurses Association Honorary Membership Pin is presented to a Washington State Nurses Association member or members in recognition of outstanding leadership, as well as participation in and contributions to the purposes of WSNA and ANA.

Criteria: The nominee(s) must

1. Hold current WSNA membership.
2. Have held elective state, national or district office.
3. Have served as an appointed chairperson of a state, district or national committee.
4. Have demonstrated outstanding leadership that contributed to the purposes of the WSNA, District, or ANA.

A narrative from the nominator, listing the nominee's credentials and achievements, must be submitted.

PROFESSIONAL NURSING AND HEALTH CARE COUNCIL AWARDS

Best Practice Award

This award is presented to an individual, to recognize best practice in the daily care of patients/clients.

1. The nominee must be a cur-

rent WSNA member.

2. The nominee must have identified a problem or issue and utilized strategies to solve the problem.
3. The nominee must have utilized resources (i.e. people, literature, equipment) to solve the problem.

Nurse Leadership and Management Award

This award is presented to an individual to recognize excellence in nursing leadership and management.

1. The nominee must be a current WSNA member.
2. The nominee must facilitate excellence in clinical practice, and promote the professional development of nurses.
3. The nominee must demonstrate progressive leadership and management practice.
4. The nominee must foster a care environment that promotes creativity and enhances quality of care for clients and/or communities.

Nurse Educator of the Year

This award is presented to an individual to recognize excellence in nursing education.

1. The nominee must be a current WSNA member.
2. The nominee must demonstrate excellence in nursing education.
3. The nominee must promote the professional education of nursing students and/or nurses.
4. The nominee must foster an educational environment that promotes learning.

Ethics and Human Rights Award

This award is presented to an individual to recognize excellence in ethics and human rights.

1. The nominee must be a current WSNA member.
2. The nominee must have demonstrated exceptional activities supporting major ethical and human rights issues in Washington State.
3. The nominee must have worked within the community to influence the community and must also have support from the people in the community.

Research Award

The purpose of this award is to recognize excellence in nursing research that addresses practice issues. Individuals and/or groups are eligible for the award. The awardee(s) may be asked to present the research in a poster or presentation at the WSNA Summit, and/or to write a brief summary of the work for The Washington Nurse.

1. The nominee must be a current WSNA member. If the nominee is a group or team, at least one member of the group must be a WSNA member.
2. The research conducted by the nominee must have taken place in a practice setting and must have direct practice implications.
3. The nominee must have demonstrated sound research procedures including the protection of human subjects.



Washington State Nursing Care Quality Assurance Commission (NCQAC)

The NCQAC is made up of 11 members appointed by the governor for a four year term. Members may be reappointed by the governor to serve a total of eight years. There are currently five RN's on the Commission, 3 RN's and 2 Advanced Registered Nurse Practitioners for a total of 5 RN's, 3 LPN's, 2 public members, and 1 licensed midwife who does not have to be a nurse.

At their July 2004 meeting, the Nursing Commission approved position descriptions for the Chair and Vice Chair along with the Chair of the Disciplinary subcommittee, Chair of the Education subcommittee and the Chair of the Practice subcommittee. With the acceptance of these position descriptions the Chair of the Nursing Commission does not have to be a Registered Nurse, but need only have served on the commission for one year. Traditionally, the chair of the nursing commission has been an RN and the vice chair has been an LPN.

As of July 1, 2004, there are 66,746 Registered Nurses, 14,136 Licensed Practical Nurses and 3,518 Advanced Registered Nurse Practitioners.

The Nursing commission meets six times a year – January, March, May, July, September and November. The May meeting is always held in Spokane and the September meeting is held at a different location every year. The rest of the meetings are

held at the nursing commission office in the Department of Health building in Tumwater, Wa. The next meeting will be held in Tumwater at the Department of Health for a ½ day on November 4th and a full day on November 5th. If you wish to get notice of these meetings along with the agenda go the Nursing Commission's web site. You can access this site by going to www.doh.wa.gov and go to a-z and scroll down to registered nurses.

If you have questions about whether the Commission considers something within your scope of practice, go to the nursing commission web site and find practice and look not only at the decision tree, but also at the Guide to Nursing Practice.

Update on Nursing Technicians Law

Governor Locke signed the Nursing Technician Bill into law on May 12, 2003. Nursing Technicians are now required to be registered by the Department of Health prior to working in a hospital or nursing home. These are the only two types of facilities that Nursing Technicians may now work as a nursing technician.

For the past six years, WSNA was actively involved in discussions with the Washington State Nursing Commission and the Washington State Legislature to determine and define the unique role of the student nurse in clinical settings when they are working as an employee and not as

part of a clinical requirement of their nursing programs.

WSNA had always held that the practice at a registered nurse level is limited to those who hold the license to practice registered nursing in Washington State. This new law allows nursing technicians (student nurses who have completed at least one quarter in a nursing program that has had a clinical component and who are registered as nursing technicians with the State) to perform limited clinical activities subject to the law and NCQAC Rules.

The Nursing Commission rules (WAC's) were finalized this summer, in 2004. Important issues to remember if you are working with nursing technicians are:

1. Nursing Technicians must be currently enrolled in a program of nursing (this does not count for holidays or vacation time during the program) or be a graduate of a nursing program within the past 30 days or within the past 60 days (with determination by the Department of Health that there is good cause for the additional 30 day extension).
2. Nurse Techs must be registered annually, through the DOH. The completed application for registration includes a signed statement from the applicant's nursing program verifying enrollment and /or graduation and a signed statement from the applicant's employer certifying that the employer understands the requirement of this act.



Nurse Practice Updates

3. Nurse Techs are only allowed to work only in Long Term Care (Nursing Homes) and Acute Care Facilities (hospitals).
4. Nursing Technicians may perform specific nursing functions based upon and limited to their education and which the student has demonstrated ability and is verified to safely perform these functions by the nursing program in which they are enrolled.
5. Nursing Technicians may not administer:
 - a) chemotherapy,
 - b) blood or blood products,
 - c) intravenous medications,
 - d) scheduled drugs,
 - e) nor carry out procedures on central lines.Nursing Technicians may not assume ongoing responsibility for patient/client assessment, planning, implementation, nor the evaluation of the care of a patient/client.
Nursing Technicians may not function independently, act as a supervisor, delegate tasks to LPN's, nursing assistants or unlicensed personnel.
6. The Nursing Technician may only function under the direct supervision of a registered nurse (RN). This RN must agree to act as the supervisor and must be immediately available to the nursing technician. The supervising RN must have an unrestricted license with 2 years of current clinical practice in the setting in which the nursing technician works.
7. The employer of the Nursing Technician must:
 - a) not require the nursing technician to work beyond his or her education and training.
 - b) verify that the nursing technician continues to qualify as a nursing technician.
 - c) maintain documentation of the specific nursing functions that the nursing technician is authorized to perform (as specified by the nursing program).
 - d) provide training to nursing technicians and the RN's supervising nursing technicians regarding nursing technician rules, including procedures for filing a complaint with the Department of Health (DOH) [for hospitals] or the Department of Social and Health Services (DSHS) [for nursing homes], concerning violations of these rules. This training must be documented and available for any inspection or survey that may occur.
8. The enforcement mechanisms are through the Department of Health (DOH) for hospitals and Department of Social and Health Services (DSHS) for nursing homes. These two agencies are responsible to investigate complaints of violations by an employer. Each department is required to maintain records of all employers who have violated this act.

Continuing Education Approval and Recognition Program

The WSNA Continuing Education Approval and Recognition Program (CEARP) is a committee that is responsible to the Professional Nursing & Health Care Council (PN& HCC). The co-chairs of the CEARP committee are Helen Behan and Nikki Behner. Other members include Rebecca Davis, Karen Moe, Marva Petty, Lea Poso, Kristina Stillsmoking, and Karen Wilkinson.

This committee reviews applications sent to WSNA for approval as providers of contact hours for continuing education for nurses. The applicants must meet the American Nurses Credentialing Center's (ANCC) criteria for continuing education along with the WSNA criteria for providing continuing education.

In 2003, this committee reviewed and approved 19 providers (much more rigorous than a single class), 46 faculty directed classes and 9 independent studies. January 1 through September 20th, 2004 the committee has reviewed and approved 4 providers and 68 faculty directed classes. The WSNA PN&HCC wishes to thank this hard working committee for volunteering their time so that nurses are able to have quality continuing education activities available to them.



AAPPN Annual Conference Scheduled for November 11th

AAPPN, the association of Advanced Practice Psychiatric Nurses, will hold their annual fall conference, "Managing Comorbid Axis I and Axis III Disorders," on Thursday, November 11, 2004 from 7:30 a.m. to 5:00 p.m. at the Radisson Hotel, SeaTac Airport.

Save \$50 by registering before October 15. Members pay \$135 Non-Members pay \$160. After October 15 members pay \$185 and Non-Members pay \$210.

7.8 ANCC psychopharmacology CEUs are pending.

Highlights of the Conference will include:

- Keynote address: Frederick Goodwin, M.D. "The Diagnosis and Management of Comorbid Conditions in Bipolar Disorder."
- Featured Speaker: Mary Ann Nihart, NA, ARNP, CS, BC, "Hunting Zebra: Accurate Diagnosis and Treatment of Chronic Fatigue, Fibromyalgia and other Controversial Diagnoses."
- Karen Hansen, PharmD. "What You Don't Know May Hurt You: Update on Drug Interactions."
- Paul Baker, MSN, ARNP, "Non-complicated Guide to Lab Tests in Psychiatry."
- Patricia Wuertzer, MSN, ARNP, "Hearts on Fire ... The Truth about Women, Heart Disease and Depression."

You can pre-register by calling 206-524-4090 or toll free 888-308-7446 or email Connie Huffine at conhfox@comcast.net For more details check the AAPPN website at www.aappn.org

ARNPs United of Washington State Update

by Susan Caverly, President, ARNPs United

September of 2004 marked the 12th Annual meeting of ARNPs United. This meeting took place at the Northwest Primary Care Conference sponsored by the University of Washington School of Nursing. The theme for this year's meeting was "ARNPs United – This Way To A Brand New Experience".

The format for this year's meeting was more crisp than in past years. It was the intention of the ARNPs United Board of Directors to convey a sense that we are coming of age, recognizing that as the professional association dedicated to representing the nurse practitioners in this state, it is essential that our public presentation is professional, empowered, and that we deliver a clear message of our accomplishments as well as our plans for the future. We tried to do that and members not only noticed – they expressed appreciation!

Nurse practitioners tend to be busy with practice issues and have limited time to devote to following organizational or policy concerns. As individuals, we are focused on making sure that our patients receive the care they need. We become interested

in policy or legislation when it creates a barrier to that care. However, we all also know that if our practice, our autonomy or our reimbursement is threatened, our ability to use our expertise will in fact be at risk. Therefore, we nurse practitioners need to know that we can trust the organizations representing us to track the important issues and assure that our interests and those of our patients receive adequate advocacy.

We showcased our new lobbying team of Nick Federici and Tamara Warnke and the role they will have in the coming legislative session. Nick provided the membership with a brief description of his past work with nursing and other health care professions, and his approach to government relations. Nick and Tammy will collaborate to assure that legislative issues important to us are well tracked and managed.

The accomplishments of ARNPs United in 2004 included the successful passage of the L&I bill including nurse practitioners as full providers. Other advocacy issues in 2004 were attaining ARNP signatory status for the new handicapped parking forms, monitoring DSHS formulary restrictions, and addressing POLST forms related to end of life issues. The agenda for 2005 is to end the joint practice agreement for controlled substance prescriptive authority, working with the ARNP coalition to bring rational thinking to the health care liability debate, and to monitor legislation and policy



impacting ARNP practice. ARNPs United will be participating on the task force convened by the Nursing Care Quality Assurance Commission's Continuing Competency Task Force.

Louise Kaplan ARNP, PhD, presented information about her work to intervene legally to promote equity in remuneration for nurse practitioner provided care from Regence health insurance. Marty Couret, ARNP, reported on his work in developing a tip sheet for nurse practitioners to better understand how to become L& I providers and to be reimbursed for the care they provide.

Ann Darlington, ARNP, CNM and Heather Bradford, ARNP, CNM were honored. They received the "President's Silver Wedge Award" for their exemplary work in the development of the nursing position on health care liability reform and the amazing ability they have had to convey these ideas in a variety of venues. Finally, the membership who provide time or monetary support and the board or committee members were acknowledged for making ARNPs United the organization it is today!

Members were encouraged to recruit more ARNPs to join and to volunteer to participate more fully. And – ***It isn't too late!***

Nurse practitioners are needed for committee work, legislative work, and for creative thinking! So if you are a nurse practitioner and haven't yet participated as fully as you would like here is your chance!

Urgent Care: A Creative and Challenging Setting for Nurse Practitioners

As promised, ARNPs United will highlight one practice specialty in each edition of the Washington Nurse. This month, the specialty is primary care nurse practitioner practice in the urgent care setting. This practice is significant. Many nurse practitioners work collaboratively with MDs in urgent care settings, others work in primary care clinics staffed entirely by nurse practitioners, but some are breaking new ground by autonomously providing care in nurse run urgent care clinics. The success of such practices clearly belies the necessity of MDs for all but the most chronic and stable health care conditions. Urgent care requires a wide range of skills and independence. It also requires a realistic understanding of one's personal skill level and boundaries. This care setting demands that a nurse practitioner be experienced, have good judgment and knowledge of how to efficiently seek consultation when it is needed. This is a practice that is not for every nurse practitioner, but, for those who are comfortable with the unexpected it can be the best possible practice!

There are a number of variations on how this setting is structured. In the past most clinics were walk-in only. Some entrepreneurial nurse practitioners began to recognize that there might be more efficient use of time and space. This led to the hybridization of some clinics such that staff each have one day a week when patients can schedule follow-up appointments allowing them to predict which nurse practitioner they will see and what time it will be. Patients were more satisfied with their care and the nurse practitioners were able to have a more predictable patient load and the experience of having a non-emergent relationship with a group of patients. In addition, this permitted more back up for each practitioner in the event of an exceptionally busy day at the clinic. Clinic managers were also happy because the revenues were more consistent and predictable.

Now, a new variation is being developed by Ron Young, ARNP. He is working to institute the "10 minute clinic" in Washington State pharmacies. These clinics will not treat complicated health problems, but will be perhaps the best alternative for patients who have relatively straight forward health care needs. For example, the person who has just moved to Washington and is out of his routine medication, or the person who has an ear ache and doesn't want to go to the emergency room on a Saturday afternoon. The clinics will operate on a cash only basis. If you are an experienced and adventurous primary care nurse practitioner and you are tired of being on call or doing pelvic exams – but are interested in breaking new ground for the profession, consider contacting Ron at the Lake Serene Clinic!



Data from the May 2004 Washington State Workforce Survey: RN Jobs in Most Demand

According to the WA Employment Security Department, registered nurses ranked second in number of job vacancies in May 2004 (3,318), but had the most vacancies of any detailed occupation (2,963) in the October 2003 survey. Excluding seasonal occupations, registered nurses had the most vacancies. In May 2003, there were 2,511 RN vacancies reported statewide. 38% of all nursing vacancies were found in King County followed by 14% in Pierce and 11% in the Southwest Workforce area. Other health care jobs with high numbers of vacancies included nursing aides, orderlies, and attendants (845 vacancies) and licensed practical and vocational nurses (518 vacancies).

LPN vacancies (518), while still high, showed a decline from October 2003 (780) and May 2003 (711) respectively. Vacancies for Nursing Aides, orderlies and attendants (845) also showed a slight decline from 1,145 in October 2003 and 980 in May of 2003. Survey report can be viewed at www.workforceexplorer.com (Click on economy).

DOL Seeks Applicants for \$10 Million in Health Care Training Grants

The Department of Labor is offering \$10 million in demonstration grants to address labor shortages, innovative training strategies and other workforce

challenges in the health care and biotechnology fields. Health care applicants are encouraged to submit projects that address shortages of qualified faculty to teach nursing and other health care-related skills in community colleges, focus on new and untapped labor pools, or competency models and career ladders for specialty nursing and allied health fields. The department's Employment and Training Administration plans to award about 10–12 grants of \$750,000 to \$1 million to projects involving strategic partnerships between the public workforce system, employers and education providers. Eligible applicants include private non-profit, and public and private for-profit organizations. **Applications are due by Nov. 2.** For more, see the Sept. 17 announcement at www.doleta.gov/BRG/JobTrainInitiative/RecentNews.cfm

Families USA Finds ... Washington Health Cost Crisis Growing

A major new study of health care costs finds that in the last four years, workers are paying much more and getting much less coverage. The findings show that premium increases have far outstripped pay increases. In Washington State, premium costs increased twice as fast as wages. Some additional findings are:

- The average premium paid by workers has increased 20.4% since 2000, while the change in average earnings of work-

ers has increased just 10.8% in the same four-year period.

- Sixty thousand more Washingtonians have suffered catastrophic health care costs in 2004, with some 314,000 individuals facing health care bills totaling more than 25% of their earnings in our state.
- While Texas had the highest percentage of uninsured individuals (46.4%), the number of people uninsured in Washington State for at least one month in the past two years increased by nearly 200,000. The percent of non-elderly individuals without any health insurance in our state has increased to 29.9%, up from 27.7% in 2000.
- Uninsurance is now the sixth leading cause of death, responsible for 18,000 deaths a year among people between 25 and 64.
- Nearly four out of five individuals without insurance are employed. 78% have employment, another 5.7% are actively seeking jobs.

The full report can be found at www.familiesusa.org. Printed copies are available in Seattle from Dr. Bob Crittenden, Professor, UW School of Medicine, Harborview Medical Center chief of Family Medicine Service, (206) 744-9192.

WSU Intercollegiate College of Nursing Alumna Wins National RN Award

Washington State University Intercollegiate College of Nursing alumna Susan Fleming has

won the grand prize in the 2004 Cherokee Inspired Comfort Award presented by Cherokee Uniforms. A registered nurse, Fleming is a 2004 graduate of the WSU Intercollegiate College of Nursing RN to BSN program.

The national recognition program honors nurses and non-physician health care professionals who have touched the lives of others through exceptional service, sacrifice and innovation. The award acknowledges the dedication of these health care professionals and expresses admiration for their intelligence, skill, compassion and devotion.

Born with only one hand, Fleming was selected as the Grand Prize Winner in the Registered Nurse category from among the nearly 1,700 other nominations submitted in four health care categories. Fleming recently was a teaching assistant at the WSU Intercollegiate College of Nursing, teaching undergraduate students during their clinical rotations at Deaconess Medical Center in Spokane.

In addition to her role as a practicing OB-GYN nurse, Fleming spends time advocating for nurses with disabilities and serves as a board member for www.exceptionalnurse.com a non-profit resource network dedicated to individuals with disabilities in the nursing profession.

Anna Gilmore-Hall Selected as Co Executive Director of HCWH

Health Care Without Harm (HCWH) recently announced

that they have chosen Anna Gilmore Hall, RN, long-time staff member of the American Nurses Association, to be the next co-Executive Director of HCWH. Before joining the ANA, where she worked as Director of Labor Relations and later as Director of in Constituent Affairs, Anna served as Executive Director of the Maine Nurses Association. Health Care Without Harm is an international coalition of 429 organizations (including hospitals and health care systems, medical professionals, community groups, health-affected constituencies, labor unions, environmental and environmental health organizations and religious groups) in 52 countries working to transform the health care industry so it is no longer a source of harm to people and the environment. For more information about HCWH go to <http://www.hcwh.org/>

ICN's 23rd Quadrennial Congress scheduled for May 21-27, 2005, in Taipei, Taiwan

The main objectives of the ICN Congress are:

- to support informed and sustainable improvement in policy and nursing practice;
- to advance nursing's contribution to health care;
- to facilitate the dissemination of evidence highlighting effective nursing interventions; and,
- to encourage innovation

Prominent guest speakers will give plenary sessions on nursing knowledge and innovation, focusing on the most pressing and timely topics of interest for nursing and health care. Deadline for receipt of abstracts is 15 September 2004. Additional information can be found at <http://icn.ch/congress2005/info.htm>

Membership Reminder

Membership Information and Employment Status

Changes: It is the responsibility of each nurse to notify the Washington State Nurses Association of any change in work status, name, address, phone number, FTE increase or decrease, leave of absence, medical leave, maternity leave, or leaving or joining a bargaining unit. *This change must be done in writing* either by using a change of information card or sending an email to wsna@wsna.org. If your work status changes or you are on a unpaid leave of absence for any reason, you may be eligible for reduced dues. Contact Darlene Delgado at WSNA, 206/575-7979 ext. 3030 or via email at ddelgado@wsna.org so we can assist you.



~ 'Tis (already!) the Season of Giving ~

by Sue Glass, RN, MS, CCRN
Trustee, Washington State Nurses Foundation

That time of year is coming up again soon. Yes, the holiday gift giving season. What to do for your friends, family, and colleagues? Let me make a suggestion that will be really easy, and help every one feel better. It also doesn't require going shopping at the mall!

How about making a gift to the Washington State Nurses Foundation (WSNF) in honor of a special friend, loved one, colleague, and/or mentor? You will receive a receipt for your tax-deductible gift, and an acknowledgment of your gift will be sent to the person you are honoring. (NOTE: Gift amounts are confidential.)

What? You've never heard of the WSNF? Neither had I until last summer (2003) when I was appointed to the Board of Trustees. The Foundation was established in 1982 to support professional nursing practice. We have a number of funds designated for specific purposes (e.g. scholarship funds, emergency assistance, health and public policy), as well as an unrestricted fund to be used for general purposes.

What does your gift to the WSNF do? Over the past two years, the Foundation has provided scholarships totaling \$15,000 to students enrolled in programs of study leading to licensure as a Registered Nurse and to RNs in BSN and graduate programs of study. In addition, two mini-grants were funded (\$500 each) to assist nurses in community service projects addressing bicycle safety and patient education. Also, an emergency grant was given to a seriously ill nurse who was facing mounting bills with nowhere to turn for help.

Now, just think about some of your family, friends, colleagues, and mentors. You may have

thought in the past about giving them a holiday gift, but never quite knew what would fit or what color to get. Well, the answer is to make a gift to the Washington State Nurses Foundation in their honor. You can send whatever amount fits for your budget. Think how much

time and hassle you will save by not fighting traffic and parking at the mall! For more information just call the WSNA office at 1-206-575-7979 or go on online at www.wsna.org, or send an email to wsnf@wsna.org. We will be happy to help answer your questions.

Opportunities to Contribute to Nursing's Future in Washington

YES, I want to assist the WSNF by contributing.

☐ **One time only gift of:**

- ☐ \$25 ☐ \$50 ☐ \$100
☐ \$250 ☐ \$500
☐ Other _____

☐ **Pledge:**

- ☐ \$500 ☐ \$1,000 ☐ \$3,000
☐ \$5,000 ☐ \$10,000
☐ Other _____

Contributions over:

- ☐ 1 yr. ☐ 2 yr. ☐ 3 yr. ☐ 5 yr.

Payment: Check or money order (payable to Washington State Nurses Foundation)

Visa/MC #: _____

Exp. Date: _____

Name: _____

Signature: _____

Bill me: ☐ Quarterly ☐ Semiannually

☐ Annually

Additional Options for Giving:

(potential tax advantages for the giver)

☐ **United Way Contribution**

☐ **Corporate Matching Gift**

Name: _____

☐ **Gift of Stock** (please contact me at):

☐ **Planned Giving:** (will, trust, insurance, etc.)

☐ I have included WSNF in my will;

☐ I am interested in finding out more about planned giving. Please contact me at: _____

Place my contribution in:

Undesignated contributions will be placed in the WSNF General Fund.

- ☐ Undesignated grant or scholarship fund
☐ *K. Evans Scholarship Fund* (active in campus student nurses associations)
☐ *N. Leer Scholarship Fund* (leadership & actively involved in WSNA)
☐ *D. Little Scholarship Fund* (BSN students)
☐ *M. S. Loomis Grant Fund* (educational advancement & professional excellence)
☐ *E. B. Cummings Service Fund* (emergency financial assistance)
☐ *Erin King Fund* (advance nurses knowledge of health & public policy)
☐ Memorial Gift Fund

Amount: \$ _____

In Memory of: _____

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Comments: _____

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575 Andover Park West, Suite 101
Seattle, WA 98188-9961

Volunteer Program Covers Malpractice Insurance Addresses Unmet Needs

At Christ Clinic in Spokane, nurse practitioner, Debbi Cavalieri serves a large clientele of working, uninsured patients, whose health problems would otherwise go untreated. Otis Burris of Vancouver, Washington is a doctor who provides urgent care to low-income patients, unable to pay for his services. Working out of a mobile unit with Northwest Medical Teams International, Seattle dentist, Alvin Amante, offers dental care to homeless youth. Rural and urban, employed and homeless, unattended health care needs continue to plague the people of Washington State.

In 1992, Washington State code was amended to declare that "... a program to alleviate the onerous costs of malpractice insurance for physicians providing uncompensated health care services to low-income patients will encourage philanthropy and augment state resources in providing for the health care needs of those who have no access to basic health care services." (RCW 43.70.460) From this legislation, the Volunteer/Retired Providers Program was developed. All three of the practitioners mentioned in the first paragraph are participants in the Volunteer/Retired Providers Program.

Doctors, dentists, physician assistants, nurse practitioners, pharmacists and dental hygienists volunteering to serve low-income patients are eligible for site-specific malpractice insurance, paid for by the Department of Health. Providers must have a valid Washington State professional license and be current in all applicable continuing education credits. Payment of the license renewal fee is additionally available for retired providers. All non-invasive, primary care services are covered through the malpractice insurance.

The Volunteer/Retired Providers Program is administered by the Western Washington Area Health Education Center. Although the program was originally developed to target retired professionals, any provider with site-specific malpractice insurance coverage is eligible to participate.

Funding for the Volunteer/Retired Providers Program has recently been increased, allowing accommodation of nearly 230 additional volunteers. If you are

a clinic or a practitioner interested in participating in the Volunteer/Retired Providers Program, please contact **Christine Lindquist**, Program Coordinator, at:

Western Washington Area Health
Education Center
2033 Sixth Avenue, Suite 310
Seattle, WA 98121-2526
Telephone: (206) 441-7137
Fax: (206) 441-7158
Email: christine@wwahec.org
Web: <http://www.wwahec.org>

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We offer a highly competitive compensation and benefit program along with a flexible and unique work schedule. For more information about MinuteClinic, please visit our website at www.minuteclinic.com.

Forward your resume to: Catherine L. Wisner, PhD, RN, CNP, Director of National Operations, MinuteClinic, Inc., 333 Washington Ave North Suite 5000, Minneapolis, MN 55401 or send by Fax 612.659.7101 or e-mail to cathyw@minuteclinic.com

ANA, WSNA and KCNA Partner in Healthy Blood Pressure Screening Initiative

The American Nurses Association (ANA) launched its *Healthy Blood Pressure* bus tour scheduled to visit 10 cities across the country on September 23, with coverage on the Today Show (NBC). Volunteers from the New York State Nurses Association helped with the launch by taking BPs out on the NBC Plaza. President Barbara Blakeney was interviewed by Al Roker.

WSNA and KCNA are working closely with ANA on this project and Seattle will be a site for the screening on October 15th and 16th at the Seattle Center. Screening will be done by registered nurse and student nurse volunteers. These events will likely take place early morning to mid afternoon Friday and mid-morning to late afternoon Saturday

Susanna Cunningham, PhD, RN and Christine Henshaw, EdD, RN, – both experts in hypertension and cardiovascular nursing – will be our local media spokespersons. A large bus, decorated with ANA and the Healthy BP promotional materials, will provide a site for all BP screenings. Nurses performing screenings will counsel the public on the dangers of even slightly elevated blood pressure and provide them with a brochure on hypertension. This campaign offers a rare opportunity to raise public awareness of the dangers of uncontrolled hypertension and encourage patients to take action for health blood pressure, and to promote the key role of registered nurses in patient advocacy and education

Today, one in every four adults has high blood pressure and the vast majority (70%) does not have it under control. Uncon-



ANA Healthy Blood Pressure tour bus

trolled high blood pressure can cause heart attack, stroke, kidney failure, blindness and ongoing damage to blood vessels leading to major organs in the body. Learn more about the new standards for blood pressure, and techniques and interventions to manage the growing crisis of uncontrolled high blood pressure.

ANA is also putting the final touches on a new Web site that includes information targeted to nurses, consumers and the media to help increase awareness of the new healthy blood pressure standards. For details on the new standards, see <http://www.healthybloodpressure.org>

WSNA

Convention/Summit

May 5th–6th, 2005

Seattle, WA

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directly to you for only
\$36.00

Or you may contact:

Deb Weston
206-575-7979 Ext. 3003
e-mail dweston@wsna.org

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District 2, King County Nurses Association

KCNA offers “Issues at the End of Life” event

This year’s fall event, focusing on end-of-life issues, is scheduled for **Saturday, October 30, 8 am – 1 pm** at Shoreline Conference Center in Shoreline. RNs may earn 3.8 CEARP credits. The keynote address will be “*Understanding and Discussing Palliative Care*,” by Darrell Owens, PhD, RN, CHPN, palliative care specialist and coordinator at Harborview Medical Center.

The concurrent break-out sessions will include: “*Pain and Pain Management*,” by Lyn Sullivan-Lee, RN, BSN, manager of the Swedish Pain Center; and “*Legal Issues Surrounding End-of-Life Decisions*,” by Janet Somers, BA, JD, a partner in the firm of Lybeck Murphy, LLP.

The registration fee (\$60/KCNA District 2 member, \$35/student, \$70/all others) includes continental breakfast and boxed lunch.

Come join your colleagues for networking and continuing education! To register, phone KCNA (Monday-Thursday) at 206/545-0603.

Looking to enhance your career? Consider legal consulting ...

King County Nurses Association maintains a Nurse Legal Consulting Clearinghouse (NLCC) designed to put nurses in touch with attorneys requesting assistance with medical malpractice, personal injury and related cases. Nurse legal consultants perform a variety of tasks, such as: act as expert liability witnesses, act as expert damage witnesses, and attend Independent Medical Examinations. Nurses from all disciplines and work settings are needed in the Clearinghouse.

KCNA markets the NLCC to attorneys through partnerships with the Washington State Trial Lawyers Association, and through direct mailings. A nominal service fee is charged to the attorney. All contract arrangements (fees, hours, and so on) are handled by the attorney and the consulting nurse.

Annual fees for membership in the NLCC are: \$20/KCNA (District 2) member and \$65/non-member. To register, or for more information, please contact King County Nurses Association at 206/545-0603.

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Wendy Risner
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Whitman
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Ariel Garl
Durwood Hulbert

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Jodi Pilot
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Susan Villarreal
Joann Vize
Cathy Warren
Allyson Watts
Mariana Wright

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Ginger Coble

DISTRICT 18

Kittitas County
Laura Hunt
Judy Kelly
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October, 2004:

Medical Coding: CPT Services and Procedures; Bellevue Community College; October 12 - December 7; Bellevue, WA; Fee: \$475; Contact: B

Computed Imaging for Diagnostic Radiology; Bellevue Community College; October 13 - November 17; Bellevue, WA; Fee: \$195; Contact: B

Pain Management Update; Pacific Lutheran University; October 13; Tacoma, WA; Fee: \$49; Contact Hours: 4.0; Contact: A

Wound and Skin Care; Pacific Lutheran University; October 13; Tacoma, WA; Fee: \$49; Contact Hours: 4.0; Contact: A

Communicating in the Health Care Environment – Gracious Assertiveness; Bellevue Community College; October 14; Bellevue, WA; Fee: \$35; Contact: B

Advanced Communication Series; Bellevue Community College; October 14, 21, 28; Bellevue, WA; Fee: \$35; Contact: B

National Caregiver Training Program; Bellevue Community College; October 15; Bellevue, WA; Fee: \$179; Contact: B

Insulin Management in the Acute Care Setting; Stevens Hospital; October 18th or October 22nd; Edmonds, WA; Contact Hours: 1.2; Fee: Free; Contact: (425) 640-4363

Nursing Assistant - Certified - Section B; Bellevue Community College; October 19-December 18; Bellevue, WA; Fee: \$675; Contact: B

Ancient Wisdom for Modern Times/Spiritual Care Department; Swedish Medical Center; October 20; Seattle, WA; Contact Hours: 6.0; Fee: \$65; Contact: Joan Wahlmeier 206-386-6000

Communicating in the Health Care Environment – Conflict Transformation: Beyond Blame; Bellevue Community College; October 21; Bellevue, WA; Fee: \$35; Contact: B

Diabetes For Nurses, Virginia Mason Medical Center, October 21, Seattle, WA, Contact: F

2nd Annual Medical Surgical Nursing; University of Washington School of Nursing; October 21-22; Seattle, WA; Contact Hours: 8-16.0; Contact: C

INS Annual Fall Conference; Infusion Nurses Society, Inland Northwest Chapter; October 22; Spokane, WA; Contact Hours: 5.0; Fee: \$75.00; Contact: Nancy Mortlock, (509) 993-5162

Cultural Competency Workshop for Nurses; October 22; Coupeville, WA; Contact Hours: 8.0; Fee: \$160; Contact: Christine Perkins (clperkins2001@yahoo.com)

Advanced Cardiac Life Support (ACLS); Virginia Mason Medical Center, October 22 & 23; Seattle, WA, Contact: F

Transitions Through Time, Part II, Shriners Hospitals for Children, October 23, Spokane, WA, Contact Hours: 7.8; Fee: \$10; Contact: Cheri Hollenback (509) 623-0445

Instructional Skills for the Clinical Setting; Bellevue Community College; October 23; Bellevue, WA; Fee: \$139; Contact: B

Classics in Psychopharmacology; Clinical Seminars in Psychiatric/Mental Health Practice; October 23; Seattle, WA; Contact Hours: 5.0; Fee: \$95 preregistration or \$105 onsite registration; Contact: (206) 364-9700

Spanish for Health Care Providers; Pacific Lutheran University; October 26; Tacoma, WA; Fee: \$169; Contact Hours: 15.0; Contact: A

Perinatal High Reliability; Swedish Medical Center; October 27, Seattle, WA; Contact Hours: 4.7; Fee: Free (Registration Required); Contact: (206) 215-2427

Communicating in the Health Care Environment – Working as a Team: From Family Teamwork to Work Teams at Work; Bellevue Community College; October 28; Bellevue, WA, Fee: \$35; Contact: B

Best Practices In Domestic Violence; Domestic Violence & Sexual Assault Services; October 29; Bellingham, WA; Contact Hours: 3.8; Fee: \$50; Contact: (360) 671-5714

Geriatric Mental Health: When “Sad” is Depression; Pacific Lutheran University; October 29; Tacoma, WA; Fee: \$94; Contact Hours: 7.5; Contact: A

Best Practices In Domestic Violence: Screening for Abuse in a Clinical Setting; Domestic Violence & Sexual Assault Services of Whatcom County; Bellingham, WA; October 29; Contact Hours: 3.8; Fee: \$50; Contact: Manca Valum, 360-671-5714, ext. 218.

November, 2004:

Caring for a Person with Alzheimer’s Disease or Related Dementias; Bellevue Community College; November 1; Bellevue, WA; Fee: \$45; Contact: B

Foundations in Chemotherapy Practice; University of Washington School of Nursing; November 1-2; Seattle, WA; Contact Hours: 16.5; Fee: \$275/\$260; Contact: C

Diabetes Update; Pacific Lutheran University; November 2; Tacoma, WA; Fee: \$89; Contact Hours: 7.5; Contact: A

Introduction to Bone Densitometry - Workshop 1; Bellevue Community College; November 5; Bellevue, WA, Fee: \$115; Contact: B

Introduction to Bone Densitometry - Workshop 2; Bellevue Community College; November 5; Bellevue, WA, Fee: \$115; Contact: B

Introduction to Bone Densitometry - Workshop 1; Bellevue Community College; November 6; Bellevue, WA, Fee: \$165; Contact: B

Compassionate Listening and Dialogue; Bellevue Community College; November 6; Bellevue, WA; Fee: \$95; Contact: B

Venipuncture Techniques for Nurses; Bellevue Community College; November 6; Bellevue, WA; Fee: \$149; Contact: B

Animal Assisted Therapy; Bellevue Community College; November 6; Bellevue, WA; Fee: \$89; Contact: B

Rapid Response: Essential Skills for Urgent Clinical Situation; University of Washington School of Nursing; November 8; Seattle, WA; Contact Hours: 8.0; Fee: \$195/\$175; Contact: C

Spanish for Health Care Providers; Pacific Lutheran University; November 11; Tacoma, WA; Fee: \$169; Contact Hours: 15.0; Contact: A

60 Second Survey: A Nurse's Guide to Physical Assessment/Education Resource Center; Education Resource Center; November 11; Wenatchee, WA; Contact Hours: 4.4; Fee: None; Contact: Stephanie Harrison (509) 662-1515, ext. 3151.

Geriatric Assessment; Pacific Lutheran University; November 12; Tacoma, WA; Fee: \$89; Contact Hours: 7.5; Contact: A

Annual Patient Safety Conference; Virginia Mason Medical Center; November 15; Seattle, WA; Contact: F

Wound Care Update 2004: The Puzzle of Complex Wounds; University of Washington School of Nursing; Contact Hours: 15.0; Fee: \$275/\$260 (Single Day: \$175/160); November 17-18, Seattle, WA; Contact: C

Exercise & Chronic Disease; Stevens Hospital; November 18, Edmonds, WA; Contact Hours: 1.2; Fee: Free; Contact: (425) 640-4396

Transitions Through Time, Part II, Shriners Hospitals for Children, November 20, Spokane, WA, Contact Hours: 7.8; Fee: \$10; Contact: Cheri Hollenback (509) 623-0445

December, 2004:

30th Annual Update in Gerontological Nursing; University of Washington School of Nursing; December 2; Seattle, WA; Contact Hours: 8.0; Fee: \$175/\$160; Contact: C

RN Refresher Program-Information Session; Bellevue Community College; December 2; Bellevue, Fee: \$2,400; Contact: B

IV Skills for Nurses; Bellevue Community College; December 4; Bellevue, WA; Fee: \$160; Contact: B

Diversity Conference; Virginia Mason Medical Center; December 13; Seattle, WA; Contact: F

January, 2005:

Introduction to Perioperative Nursing; Pacific Lutheran University; January 3-28; Time and Sites to be announced; Contact: A

End of Life Care; Pacific Lutheran University; January 26; Tacoma, WA; Fee: \$89; Contact Hours: 7.5; Contact: A

Making A Difference: Evaluation and Testing in Nursing Education; Pacific Lutheran University; January 27; Tacoma, WA; Fee: \$89; Contact Hours: 7.5; Contact: A

Pharmacotherapeutics for ARNPs; Pacific Lutheran University; January 28; Tacoma, WA; Fee: \$119; Contact Hours: 7.5; Contact: A

INDEPENDENT SELF STUDY COURSES:

RN Refresher Course; Contact Hours: None; Fees: Theory: \$500; Health Assessment and Skills Review: \$500; Clinical Placement for Precepted Clinical Experience: \$400; Contact: D.

Ethics Related to Nursing Practice; Contact Hours: 9; Fees: \$200; Contact: D.

Legal Issues in Nursing; Contact Hours: 4.0; Fees: \$120; Contact: D.

Animal Assisted Therapy; Bellevue Community College; October 20; Fee: \$49; Contact: B

AIDS: Essential Information for the Health Care Professional; Contact Hours: 7.0; Fees: \$55; Contact: D.

Health Assessment and Documentation; Contact Hours: 20; Fees: \$150; Contact: D.

Indoor Air Quality's Impact; Contact Hours: 7.0; Fees: \$34.95; Contact: American Institute of Respiratory Education (209) 572-4172

Asthma Management; Contact Hours: 8.0; Fee: \$30; Contact: E

Congestive Heart Failure-Diagnosis & Treatment; Contact Hours: 6.0; Fee: \$25; Contact: E

Clinical Assessment Pulmonary Patient; Contact Hours: 4.0; Fee: \$20; Contact: E

Assessing Lung Sounds; Contact Hours: 2.0; Fee \$10; Contact: E

Smoking Cessation; Contact Hours: 12.0; Fee \$35; Contact E

Pulmonary Hygiene Techniques; Contact Hours: 6.0; Fee: \$25; Contact E

Lung Volume Reduction Surgery; Contact Hours: 2.0; Fee: \$10; Contact E

Metered Dose Inhaler Use; Contact Hours: 3.0; Fee: \$15; Contact E

Sleep Disorders; Contact Hours: 8.0; Fee: \$30; Contact E

HIV/AIDS Basic Education; Fee: Various; Contact B

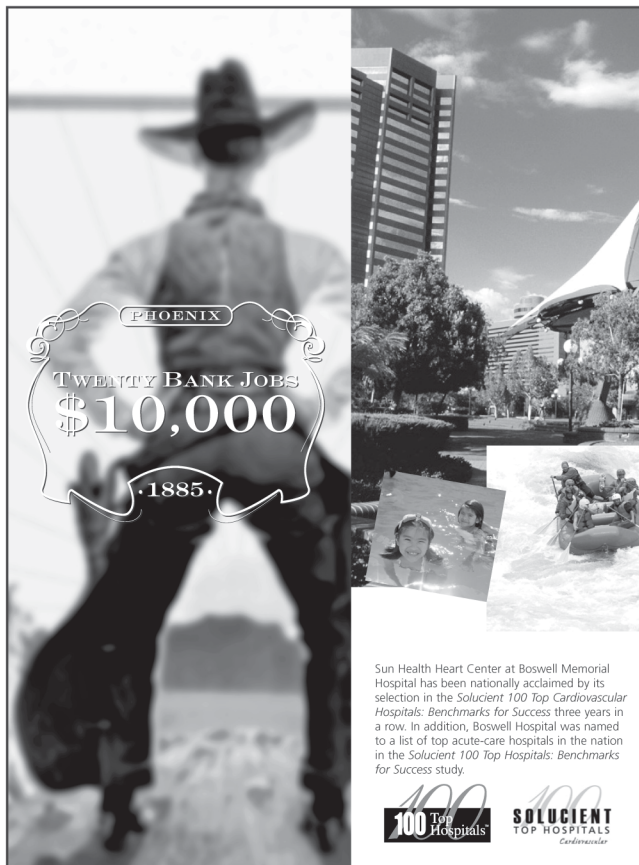
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- A. Pacific Lutheran University School of Nursing
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253-535-7683
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- B. Bellevue Community College
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- E. AdvanceMed Educational Services
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1-800-526-7046
www.advancemed.com
- F. Virginia Mason Medical Center
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