

THE WASHINGTON NURSE

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23rd Annual Nurse Legislative Day:

Monday, February 7th, 2005

Early Registration Deadline: January 15th

(Registration Form on page 9)

WSNA Biennial Convention/Summit:

May 5th-6th, 2005

(Registration Form on page 15)

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THE WASHINGTON NURSE

Volume 34, No. 4
Winter 2004

WASHINGTON STATE NURSES ASSOCIATION
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The information in this newsmagazine is for the benefit of WSNA members. WSNA is a multi-purpose, multi-faceted organization. *The Washington Nurse* provides a forum for members of all specialties and interests to express their opinions. Opinions expressed are the responsibilities of the authors and do not necessarily reflect the opinions of the officers or membership of WSNA, unless so stated. Copyright 2004, WSNA. No part of this publication may be reproduced without permission.

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CONTRIBUTOR GUIDELINES—Article ideas and unsolicited manuscripts are welcome from WSNA members (300 word maximum). Please submit a typed copy and diskette (Word Perfect 6.0/Windows 98), and include identified relevant photos, a biographical statement, your name, address and credentials. It is not the policy of WSNA to pay for articles or artwork.

ARTICLE SUBMISSION DEADLINES

Winter November 15
Spring February 15
Summer May 15
Fall August 15

Calendar of Events

January

- 10 Washington State Legislature Begins
- 15 Bylaws/Resolutions Committee
- 17 Martin Luther King Jr. Day - Office Closed
- 25 Health Workforce Diversity Network

February

- 5 CEARP Committee
- 4 Joint meeting of WSNA-PAC and Legislative & Health Policy Council
- 7 **Nurse Legislative Day - Olympia WA**
- 8 Leadership Series Workshop - Olympia WA
- TBD Occupational & Environmental Health and Safety Committee
- 18 Finance Committee
- 18 Board Executive Committee
- 21 Presidents' Day - Office Closed
- 25 WSNF Board of Trustees
- 26 Professional Nursing and Health Care Council

March

- 4 Deadline for Self-Declared WSNA Candidates for Elected Offices
- 8 Washington Nursing Leadership Council
- 14-15 Council of Nurse Educators (CNEWS) - Spokane
- 15 UAN Action Day - Washington, DC
- 16-17 UAN National Labor Assembly Meetings - Washington, DC
- 31 WSNF Board of Trustees

April

- 1 WSNA Board of Directors
- 14-15 CNEWS - Spokane WA
- 28-30 National Centers of Nursing Conference - Portland, OR

May

- 4 Early Bird Reception and Pre-Conference meeting - WSNA Convention
- 5-6 **WSNA Convention - Southcenter DoubleTree Suites**
- 20-24 ANCC Site Visit
- 30 Memorial Day Observed - Office Closed

June

- 17-19 ANA House of Delegates - Washington, DC

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<http://wsna.org>

Well once again it's the beginning of a new year and time for us to start the legislative season. It seems that the election process has been all consuming and never-ending, but the real work is just beginning, now that we know what and with whom we must work.

Although elections were not what everybody expected (or necessarily wanted) – to wit: the crazy Governor's race! – we did come through with mostly wins and only few losses. 90% of the WSNA-PAC endorsed candidates were elected and Washington State now has eight nurses in the Legislature (see related article on page 7) one more than last year and the most of any state in the nation – We should certainly celebrate that!

We have in the works our 23rd Annual Nurse Legislative Day, which is always a big event and a chance to get fully acquainted with the issues, talk with our Legislators and of course, interact with the many student nurses who attend. This session promises to be an even busier one than last session with many health care, labor and nursing bills of interest. Be sure to review the WSNA 2005 Legislative Platform and Agenda elsewhere in this issue of the Washington Nurse for all the details.

WSNA is also making some other interesting moves. One of

which is resuming our joint meetings with the executive committees of WSNA and WSMA. We had done this in past years, but had since lost that contact for a while. It is a good feeling to be able to do this again and talk with our physician counterparts about some of our joint concerns for health care.

While this is happening, we continue to monitor the deliberations and activities of the Nursing Commission, including proposed rules changes and other proposals affecting the scope of nursing practice. In addition to these issues, we are actively monitoring proposed changes to other licensing laws and the Nurse Practice Act to be sure that we maintain the high standards of nursing education and practice for future nurses and to assure that the public receives safe, high quality nursing care.

We are continuing to work closely and collaborate with the many specialty nursing organizations to be sure that we are all headed in the same direction and that it is nurses who speak for nursing and that we speak with a unified voice.

We have also been deeply engaged in a process of organizational revue and strategic planning with the future of WSNA in mind so that as we continue to move forward, we strengthen our associa-

tion in ways that meets the needs and values of our members and future members better than ever.

As always our labor program is a busy and vital part of everything we do and our participation with the UAN and ANA at the national level is helping all states coordinate and respond to outside threats and the needs of each other in meaningful ways. Considerable effort is going into this whole program both locally and nationally to assure that together it is us – WSNA, UAN and ANA – who will represent the Economic and General Welfare needs of nurses.

I look forward to seeing as many of you as can make it to the 2005 Nurse Legislative Day in Olympia on February 7th and I will continue to do my best to represent you all in the coming New Year.

Joanna Boatman, RN
WSNA President



DON'T FORGET!!!

23rd Annual Nurse Legislative Day

February 7th, 2005
Olympia, WA

Biennial WSNA Convention/Summit

May 5th -6th, 2005
Seattle, WA

16th Annual Leadership Development Conference

September 25th-27th, 2005
Lake Chelan, WA

❖ You Were Represented ...

WSNAs staff and elected and appointed leaders represent your interests in a wide variety of meetings, coalitions, conferences and work groups throughout the year, anticipating and responding to the issues the membership has identified as priorities. In addition to many meetings with legislators, policy makers, other health care and nursing organizations and unions, the following represents a partial listing of the many places and meetings where you were represented during the months of October through December, 2004.

- Meetings of the Washington State Nursing Care Quality Assurance Commission and its practice, education, continued competency and interstate compact work groups
- WTECB Health Care Personnel Shortage Task Force
- Local and regional Workforce Development Council (WDC) Health Care skills panels
- Meetings of the Public Health Funding Roundtable
- Meetings of the Mental Health Parity Coalition
- Meetings of the Affordable Prescription Drugs Coalition
- Meetings of the Working for Health Coalition (access to care issues for children)
- Meetings of the Washington State Labor Council "Fair Share" work group on access
- Semi-annual meeting of the Council of Nurse Educators of WA State (CNEWS)
- Health Care Workforce Diversity Network
- ANA Healthy Blood Pressure Awareness Public Education Campaign
- Planning meeting with the SEARCHN on needs of Public Health nurses
- "Nursing Recognition Night" with the Seattle Storm
- WSNF annual members meeting
- Health Care Without Harm and CHE-NW on environmental health issues
- ARNP Coalition (ARNPs United, AAPPN, WANA and WSNA) to work on issues of common concern and coalition building for the profession
- Washington State Labor Council (WSLC)
- Planning meeting with the Ebony Nurses of Tacoma
- ANA Constituent Assembly meetings in Washington DC
- SNA Labor Coalition leadership meeting of UAN states, ANA and UAN
- Legislative planning meeting with newly elected WA Legislative Nurse Caucus
- Joint meeting of Executive Committees of WSNA and WA State Medical Association (WSMA)
- United American Nurses (UAN) Program Directors' meeting
- UW Annual Legislative Conference
- Washington State Board of Health
- Washington Nursing Leadership Council (WNLC)
- Washington Center for Nursing (WCN) Board Meetings

TARUTIS & BARRON, P.S.

Northgate Office Building
9750 Third Ave NE, Suite 375
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(206) 223-1515

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BEFORE
you talk to a Nursing Commission Investigator**

- Over 20 years experience representing Health Professionals in licensing and disciplinary actions.
- We offer special terms and payment plans for Nurses.

Gerald R. Tarutis

Kathryn R. Barron

At its November 19th, 2004 meeting the following actions were taken by the WSNA Board of Directors:

- Received and approved the finance and budget reports.
- Approved the 2005 Legislative and Regulatory Agenda and the 2005 Legislative and Health Policy Platform.
- Approved the registration fees for the 2005 Nurse Legislative Day.
- Approved revisions to the CEARP Fee Schedule.
- Approved the Convention Schedule and fees for the 2005 WSNA Convention.
- Directed that in order to vote in the 2005 WSNA elections, a member must be in good standing (paid-up dues) by April 1, 2005 (at least 30 days prior to the mailing of the ballot.)
- Approved changing the name of the WSNA Health and Safety Committee to the “WSNA Occupational and Environmental Health and Safety Committee.”
- Established the date of April 1, 2005 for the next WSNA Board of Directors meeting.
- Established WSNA Policy on “Apparent Authority,” clarifying how official positions of WSNA are communicated:

Any communication on behalf of the association shall be official at the direction of the President, Board of Directors or Executive Director. No statements shall be made, either verbal or written, that conflicts with the position or policy of the Association. Elected and staff leaders should understand that by virtue of their position, statements may be perceived by the public as official and on behalf of the association.

WSNA staff will prepare letters sent on behalf of the organization with a copy remaining in the files. If a letter is going out over the signature of an elected official, a copy is sent for review prior to dissemination. Exceptions may be made to the policy as long as the purpose of the letter is made known and approved by the President or Executive Director in advance. If the exception is approved, a copy of the outgoing letter shall be sent to the Executive Director at WSNA headquarters for permanent file retention within 24 hours of dissemination.



The Cardiovascular Center



St. Joseph Hospital
PeaceHealth

"The Beat Goes On"

a multidisciplinary cardiac education conference

Join us



Barbara Drew,
RN, PhD, FAAN

Thursday, March 17 and Friday, March 18, 2005

St. Luke's Community Health Education Center
3333 Squalicum Parkway, Bellingham, Washington

Thursday, March 17, 2005 (8:00 a.m.- 4:00 p.m.)

Spend a day with Barbara Drew, RN, PhD, FAAN. Her keynote presentation will be: "Arrhythmia, Ischemia, and QT Interval Monitoring. Best Practices for the 21st Century."

Dr. Drew is the founder and director of the Electrocardiographic Monitoring Research Lab in the School of Nursing at the University of California at San Francisco. She is a leading expert in the field of cardiac monitoring and oversees multiple cardiovascular studies in her research lab.

Friday, March 18 (8:00 a.m.- 5:00 p.m.)

"Newer Therapy in Stroke Management"- David Jessup, MD, Cardiologist, North Cascade Cardiology and The Cardiovascular Center at St. Joseph Hospital, Bellingham

"Understanding Cardiovascular Medications"- Spencer Hinds, MD, Cardiologist, Madrona Medical Group, and The Cardiovascular Center at St. Joseph Hospital, Bellingham

"Sleep Apnea: The Heart of the Matter"- Elon Fleming, MD, Medical Director, Sleep Disorders Center, Madrona Medical Group, Bellingham

"Hormone Therapy"- Susanna Cunningham, RN, PhD, FAAN, Professor, Biobehavioral Nursing and Health Systems, University of Washington, Seattle

"Prevention and Treatment of Cardiovascular Disease with Food Supplements"- Cindy Brinn, MPH, RD, CDE, Diabetes Program Coordinator, Diabetes and Nutrition Educator, St Joseph Hospital Nutrition and Diabetes Clinic, Bellingham

"What Do We Really Know About Heart Failure?" - Bernice Budz, MSN, CCRN, ARNP, Clinical Nurse Specialist, Cardiovascular Services, The Cardiovascular Center at St. Joseph Hospital, Bellingham

"Informed Consent: Observations from a Seasoned Risk Manager"- LeAna Osterman, RN, MHA, Risk Manager, retired from the University of Washington, Health Sciences and Medical Center, Seattle

Who Should Attend?

Education program designed for cardiovascular, critical care, cath lab, emergency, medical/surgical nurses; cardiac rehab techs; nurse practitioners; physician assistants; pharmacists; physical therapists, and other multidisciplinary professionals involved in cardiovascular disease management.

Continuing Education Credits applied for through the Washington State Nurses Association

Registration/Fees

Before Feb. 16, 2005.....one day-\$100 (US).....both days-\$150 (US)
After Feb. 16, 2005.....one day-\$175 (US).....both days-\$225 (US)

Refreshments and lunch included in registration fees for both days

Register now! This event will sell out.

Advance registration with payment required. To register and for more information:

Tel: 360-738-6720 or 1-800-675-1544

Web: www.cardiovascularcenter.net and click on The Beat Goes On

Platinum Sponsor

PHILIPS

Nurses Victorious in 2004 Elections!

While we will hopefully have a Governor in place when this issue reaches your hands, one thing we know for sure is that nurses are amongst the greatest victors in this past election. Washington State now proudly has eight registered nurses in the Legislature, *the most of any state in this country!* In fact, more than 90% of candidates endorsed by WSNA-PAC were elected to office.

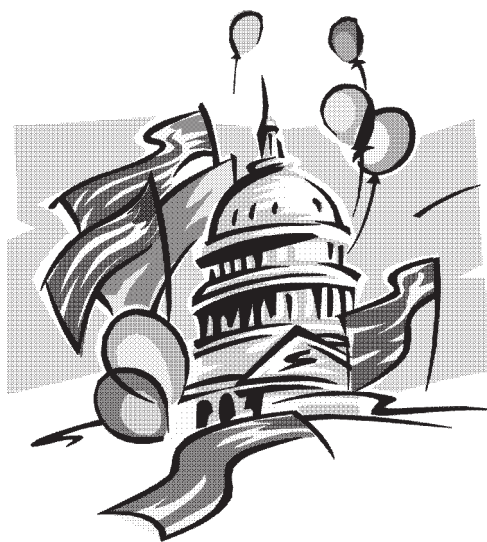
The RNs in our State Legislature hold key leadership roles including Senator Margarita Prentice as Chair of the Senate Ways and Means Committee, Senator Rosa Franklin as the President Pro-tem of the Senate, Senator Rosemary McAuliffe as the Chair of the Senate Early Learning, K-12, and Higher Education Committee, Representative Eileen Cody as Chair and Representative Dawn Morrell as Vice-chair of the House Health Care Committee.

Here is a complete list of RNs in the Legislature:

- **Senator Margarita Prentice**, RN – Democrat in the 11th Legislative District representing parts of South Seattle, Burien, Sea-Tac, Tukwila and the southern part of Renton.
- **Senator Rosa Franklin**, RN – Democrat in the 29th Legislative District representing South Tacoma, Manitou, Parkland, McChord AFB, and McKinley Hill.
- **Senator Rosemary McAuliffe**, RN – Democrat in 1st Legislative District representing portions of northeast King County and south Snohomish County, including areas of Bothell, Woodinville, Mountlake Terrace, and Brier.
- **Senator Cheryl Pflug**, RN – Republican in 5th Legislative District representing East King County, including North Bend, Snoqualmie, Issaquah, and portions of unincorporated King County.
- **Representative Eileen Cody**, RN – Democrat in 34th Legislative District representing West Seattle, Burien and Vashon and Maury Islands
- **Representative Dawn Morrell**, RN – Democrat in 25th Legislative District representing the cities of Puyallup, Milton, and portions of Fife and Edgewood, and the communities of Midland and Summit/South Hill.
- **Representative Judy Clibborn**, RN – Democrat in 41st Legislative District representing Bellevue, Mercer Island, Newcastle, west Issaquah and northeast Renton.
- **Representative Tami Green**, RN – Democrat in 28th Legislative District representing Fircrest, University Place, Lakewood, Steilacoom, Tillicum, and West Tacoma; Anderson, Ketron, and McNeil Islands.

Mark your Calendars!!

**23rd Annual
Nurse
Legislative Day**



**Monday, February 7th, 2005
Washington Center for the Performing Arts
Olympia, WA**

Join hundreds of nurses, nursing students and friends from around the state in an energizing, educational, fun-filled day.

This is your opportunity to:

- ✓ **Learn about critical nursing and health care legislation to be considered during the 2005 Legislative Session.**
- ✓ **Obtain the skills needed to become a citizen lobbyist. Learn how to communicate effectively with your elected officials.**
- ✓ **Meet with hundreds of nurses and nursing students throughout Washington state.**
- ✓ **Visit with your state representatives and let them know which issues are important to you.**
- ✓ **Unite with other nurses and educated lawmakers on nursing and health care issues.**

Washington State Nurses Association

575 Andover Park West, Suite 101, Seattle, WA 98188 (206) 575-7979 www.wsna.org

The Washington Nurse—Winter 2004



23rd Annual Nurse Legislative Day

Monday
February 7th, 2005
in Downtown
Olympia

Education
Workshop

Meet Your
Legislators

23rd Nurse Legislative Day Registration Form

To pre-register and receive advance materials, please return this registration form by **January 15th, 2005** to: WSNA, 575 Andover Park West, Suite 101, Seattle, WA 98188, or fax 206/575-1908.

Event Location: Washington Center for the Performing Arts
512 Washington St. SE, Olympia

Registration Fees: (pre-registration – prior to January 15th)

- ☐ \$20 Students* who pre-register
- ☐ \$30 Students* who register late/at the door
- ☐ \$50 Pre-registered WSNA, ARNP United, AAPN, WANA, AORN and SNOW members
- ☐ \$55 Pre-registered non-members
- ☐ \$70 Late registrants

* student is a non-RN nursing student working towards becoming an RN. RNs in school to complete a bachelor's degree or higher do not qualify for student rate.

! The Ramada Inn Governor House is holding 30 rooms at a special rate for us on the night of February 6th. Please call the hotel at (360) 352-7700 for reservations by January 15th for the special rate.

Schedule:

- 7:30 to 8:30 am **Registration/Check-in**
- 8:30 to 8:40 am **Welcome & Introductions**
- 8:40 to 9:40 am **Current Legislative and Regulatory Nursing Issues**
- 9:40 to 10:40 am **Keynote Address on Medical Liability/Tort Reform – Myth vs. Facts by Michael McCann - noted author and professor from University of Washington**
- 10:40 to 11:00 am **Break**
- 11:00 to 12:00 pm **Concurrent breakout sessions (choose one):**
 - ☐ *Grassroots Political Action*—Basics of Legislative Advocacy
 - ☐ *Prescriptive Authority and other Nurse Practitioner Issues*
 - ☐ *Mental Health Parity/Public Health Funding*
- 12:30 to 1:30 pm **Luncheon at the Capitol with Governor (invited)**
Sponsored by WSNA, ARNPs United and Washington Association of Nurse Anesthetists
- 1:30 to 4:30 pm **Attend hearings and visit with your legislators**
- 5:30 to 7:30 pm **Legislative Reception at Columbian Room in the Capitol**
Hosted by Washington Association of Nurse Anesthetists and ARNPs United

Registrant Information

Each registrant must complete his or her own form; photo copy as needed

\$ _____ Registration Fee (pre-registration rates apply through January 15th, 2005)
\$ _____ PAC contribution (suggested donation \$25) **Total Payment Due \$ _____**

Name: _____ Credentials: _____

Street Address: _____

City: _____ State: _____ Zip: _____

Member ID/SS#: _____

Daytime Phone: ____ / ____ - _____ E-Mail Address: _____

Legislative District or name of one of your state representatives: _____

Payment

- ☐ Check payable to WSNA-PAC
- ☐ Visa/Mastercard Card #: _____ - _____ - _____ - _____
- Expiration Date: ____ / ____ Cardholder's Name: _____
- Cardholder's Signature: _____

WSNA 575 Andover Park West, Suite 101, Seattle, WA 98188 Ph: 206-575-7979 Fax: 206-575-1908

The Washington Nurse—Winter 2004

WSNA 2005 Legislative & Health Policy Platform

The Washington State Nurses Association provides leadership for the nursing profession and promotes quality health care for consumers through education, advocacy, and influencing health care policy in the State of Washington

NURSING PRACTICE

- Support the implementation of Washington Nursing Leadership Council's Washington State Strategic Plan for Nursing to address the nursing shortage.
- Support nursing's unique role in the delivery of comprehensive and cost-effective quality care.
- Support the completion of an approved RN education program and the principle of individual licensure as mandatory for the practice of registered nursing.
- Encourage specialty certification and advanced practice of nursing.
- Support nursing education funding for:
 - 1) Nursing programs within institutions of higher education and for nursing faculty salaries.
 - 2) Nursing education, including specialty certification and advance practice preparation.
- Support funding for:
 - 1) Grants and loans to encourage recruitment and retention in nursing including increasing the diversity of the nursing workforce.
 - 2) Nursing research to maximize nursing's contribution to health.
 - 3) Data collection and analysis on the nursing workforce and current and future of health care needs.
- Protect the public by promoting the role and practice of registered nurses.

ACCESS TO QUALITY CARE

- Support full access to health care for all.
- Support health promotion and disease prevention as major focus of health care system.
- Support comprehensive services delivered in familiar, convenient sites such as schools, workplaces and homes, as well as traditional health care settings.
- Ensure access to nursing services that emphasize the role of registered nurses as qualified providers of health care in all practice settings.
- Enhance patient safety through a systems approach for the prevention of medical errors and injuries.
- Support and promote advanced registered nurse practitioners as primary care providers.

FINANCING HEALTH & SOCIAL SERVICES

- Support an equitable tax base, which will provide adequate funding for needed social and health services and state agency oversight.

- Ensure funding for state health plans, public health, and public health nursing services.
- Support cost containment incentives in the health care delivery system that do not compromise quality of care and that:
 - ▶ apply to all providers, payers and vendors.
 - ▶ are based on continued review of the appropriateness of health care services,
 - ▶ serve to eliminate significant waste and inefficiency.
- Protect dedicated health funding and ensure it is used solely for health services.

HUMAN RIGHTS

- Support the basic right of all people for equity under the law regardless of race, creed, color, gender, age, disability, lifestyle, religion, health status, nationality, or sexual orientation.
- Promote a health care system that recognizes, values and accommodates differences among people.
- Increase the awareness of nurses, other healthcare providers and the general public about the problems of violence, sexual assault and harassment.

ECONOMIC and GENERAL WELFARE

- Promote RN staffing standards to ensure quality patient care and safety for health care providers.
- Endorse and actively support the rights of all employees to participate in the collective bargaining process.
- Support measures, including comparable worth, which promote the economic welfare of all nurses.
- Promote and seek enactment of legislation that protects the economic and employment rights of nurses, including their right to advocate for patients.
- Support measures that create a work environment where nurses are respected, valued, and included in the decision making process.

OCCUPATIONAL AND ENVIRONMENTAL HEALTH

- Support research for the prevention and treatment of occupational and environmental health problems.
- Support efforts to assure adequate prevention, preparedness, and response to natural, biological, and chemical disasters, and acts of terrorism.
- Support legislation and regulation that assures workplace safety and promotes environmental health.
- Support a precautionary approach towards occupational and environmental health.

WSNA 2005 Legislative & Regulatory Agenda

Please note that the Legislative and Regulatory Agenda is a fluid list. As the state legislative session begins in January and throughout its duration, there will be hundreds of health care related bills introduced. WSNA will examine legislation and regulatory proposals that pertain to nursing and health care and revise the agenda as needed. Please check our website (<http://www.wsna.org>) for updated legislative information throughout the session.

Below is a brief definition of the various categories for our Legislative Agenda:

ACTIVE PRIMARY SUPPORT—Legislation that WSNA is initiating, researching, drafting and working actively on during the legislative session.

ACTIVE SUPPORT—Issues not initiated, but are strongly supported by WSNA. These are issues that WSNA is working on in collaboration with other associations and coalitions.

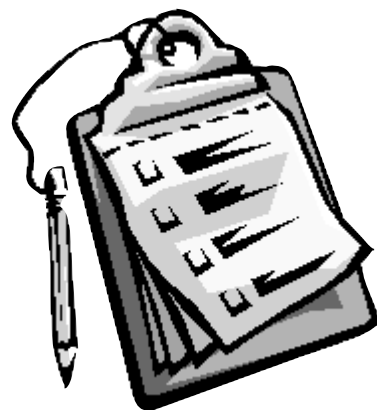
ACTIVE MONITOR—Issues that WSNA has not taken a formal position on but is monitoring very closely. WSNA will decide whether to support or oppose depending on the exact language of the legislation.

REVIEW—Issues that have been identified as having a potential impact on nursing and quality health care. WSNA is not likely to work actively on these issues, but will monitor them.

REGULATORY MONITORING—Issues that pertain to the various state regulatory agencies such as Departments of Health and Labor & Industries. WSNA monitors and provides input to these issues as rulemaking and agency oversight occurs.

ACTIVE PRIMARY SUPPORT

- Expansion and reorganization of Nursing Commission with designated slots
- Patient Safety Act – safe RN staffing standards
- Funding for nursing workforce data collection and analysis and the Center for Nursing
- Funding for RN faculty salaries
- Funding for nursing enrollments
- Funding for scholarships and loan repayments
- Funding for public health and public health nursing
- Prohibiting mandatory overtime for RNs
- Safe Patient Handling



ACTIVE SUPPORT

- Ergonomic standards
- Protect services and funding for state health plans including CHIP and BHP
- Legislative and regulatory issues of WSNA affiliates and other specialty nursing organizations
- Prevention of workplace violence
- Mental health parity
- Access to affordable prescription drugs
- Elimination of persistent environmental toxics
- Ban indoor smoking

ACTIVE MONITOR

- Access to affordable liability insurance
- Tort Reform
- Regulatory Reform
- Criminal background checks
- Individual & small group Insurance market reform
- Changes to the Uniform Disciplinary Act
- Medical/medication errors
- Budget
- Medicaid changes/reforms
- Long-term care issues
- Nurse Practice Act & educational standards
- Medication Assistants
- Scope of Practice Issues

REVIEW

- Age of consent for mental health services
- Reimbursement for any category of provider
- End of life issues
- Access to family planning services
- Nurse delegation

❖ 2005 Legislative & Regulatory Agenda (cont.)

REGULATORY MONITOR

- Prescription drugs
- Eliminating mercury use in health care settings
- Nursing assistant education
- 3rd party reimbursement parity for ARNPs
- Nurse delegation
- Latex allergy
- Long-term care
- Mandatory overtime
- State employees right to bargain for wages
- Medicaid changes/reforms
- Mandated coverage of contraceptives
- Indoor air quality
- DOH/Nursing Commission
- Patient and provider confidentiality issues
- Blood borne pathogens
- Nurse technicians
- Tobacco settlement implementation

Approved by the Legislative and Health Policy Council, September 2004
Approved by WSNA Board of Directors, November 19th, 2004

Ebony Nurses Association of Tacoma (ENAOT)

The Ebony Nurses Association of Tacoma was established in 1971 under the leadership of Christine W. Miller, RN. Christine invited 20 Black nurses to her home to get to know them, see how many were in the area, and to exchange ideas and experiences. From this meeting Christine found that Black nurses had few leadership roles in Tacoma hospitals and lacked a sense of power and cohesiveness. With this information it was decided that a professional organization would be formed to dissolve these issues.



The goals of the ENAOT is to:

- I. Provide scholarships and promote recruitment, retention, and graduation of African American students in nursing;
- II. Foster personal and professional career development of ENAOT members;
- III. Augment the physical, educational, and psychosocial well-being of the underserved African American populations through community outreach;
- IV. Encourage non-partisan political activity that is designated to positively impact the above goals.

The tradition established by Christine of meeting in ENAOT member's homes continues. Monthly meetings are every fourth Sunday of the month – September through June. Membership is open to any registered nurse, licensed practical nurse, and nursing students.

Please contact Cheri Singleton, RN, MSN 253-471-1217 for further information.

2005 SEATTLE STORM SEASON TICKETS AVAILABLE NOW!



Celebrate the Championship all season long in 2005!
Secure your seats with a \$50 per seat deposit.
For more information, contact
Amy Burdick at 206-272-2606.

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❖ 2005 WSNA Convention/Summit Schedule

Make your plans now to attend the WSNA biennial convention/summit on May 5–6, 2005

The two-day event will be held at the Doubtree Guest Suites, Southcenter, Seattle, WA. Don't miss out on this important opportunity to join your nurse colleagues from all across the state. Learn about the important issues facing nurses today and what's being done to address them. Enter into the dialog and help shape the direction of WSNA's priorities for the coming biennium. The summit will feature many nationally recognized speakers and presenters, poster sessions, exhibits, CE sessions, association recognition awards, as well as fun-filled events, good food, and lots of opportunity for net-working and renewing friendships! Be sure to register early and invite your nurse-friends and nursing students to do the same.

Below is the Convention/Summit Schedule followed by the Convention Registration Form and 2005 Ticket of Nominees for Elective Office. The proposed Resolutions and Bylaws Amendments, WSNA biennial reports, candidate statements and the final ticket of nominees will be printed in the Spring issue of the Washington Nurse.

Convention Summit Schedule

Wednesday–May 4th, 2005

Afternoon Pre-Convention Meetings
Bylaws/Resolutions Committee (prn)
Local Unit Council Meeting (tentative)

7:00 pm - 9:00 pm

Wine and Cheese Networking Session with Early Bird
Registration for Early Arrivals

Thursday–May 5th, 2005

8:00 am to 10:00 am

Finding Your Way at Convention – A Brief Orientation for
Students and New Attendees
Registration, Continental Breakfast, Networking, Vendor
Exhibit and Poster Sessions
WSNF Silent Auction Begins

10:00 am to Noon

- 1st Session WSNA General Assembly
- ANA President's Remarks–Barbara Blakeney (invited)
 - WSNA President's Remarks
 - Report of Progress on Priorities

Noon to 1:00 pm

Councils Awards Lunch
Closing of WSNF Silent Auction Group 1 items

1:00 pm to 2:30 pm

- 2nd Session WSNA General Assembly
- Bylaws and Resolutions

2:30 pm to 3:30 pm

Break: Refreshments and Networking in the Vendor Exhibit
and Poster Sessions and closing of WSNF Silent Auction
Group 2 items

3:30 pm to 5:00 pm

Keynote Speaker: Working Hours of Hospital Staff Nurses
and Patient Safety – Anne Rogers (invited)

5:00 pm to 7:00 pm

Light hors d'oeuvres Reception and WSNA Member and
Community Partners Awards Session and Closing of WSNF
Silent Auction Group 3 items

7:00 pm

"Free" Time for Dinner and Optional Fun Events

Friday–May 6th, 2005

7:30 am to 8:30 am

Continental Breakfast and Networking with the Vendor Exhibit
and Poster Sessions

8:30 am to 9:45 am

Plenary Session: Safe Lifting and Ergonomics at Nursing
Stations – Audrey Nelson (invited)

10:00 am to 11:15 am

Roundtable Dialogue Sessions: Nurses in Facilitated Small
Groups will identify key issues and strategies to help guide
WSNA priority-setting for the next two years.

11:15 am to 12:30 pm

Lunch Break and Networking in the Vendor Exhibits and Poster
Sessions

12:30 am to 1:45 pm

Concurrent CE Sessions:

1. Patient Safeties and Environmental Health
2. Emerging Illnesses (Flu, SARS, Communicable Diseases)
3. Preventing Medical Errors
4. Preventing Violence and Conflict in the Workplace

1:45 pm to 2:15 pm

Break and Networking in the Vendor Exhibits and Poster
Sessions

2:15 pm to 3:30 pm

Repeat of Concurrent CE Sessions

1. Patient Safeties and Environmental Health
2. Emerging Illnesses (Flu, SARS, Communicable Diseases)
3. Preventing Medical Errors
4. Preventing Violence and Conflict in the Workplace

One-Time Only Sessions

5. Achieving Magnet Status–ANCC speaker
6. Health Policy and Nursing Shortage Panel Presentation

3:30 pm to 4:00 pm

Wrap Up and Summit Adjournment:
"Future Directions: Where We Go from Here"

2005 WSNA CONVENTION/SUMMIT

May 5th–6th, 2005

Doubletree Guest Suites, Seattle, WA

Nurse/Patient Safety

Stop And Focus Every Time:
Your task, Your patient, Your practice

First Name: _____ M.I. _____

Preferred Name: _____

Last Name _____

Nursing Credentials _____

Street Address: _____

City: _____

State: _____ Zip Code: _____

Daytime Phone: _____ / _____ - _____

E-mail: _____

Employer: _____

LOCATION OF SUMMIT:

Doubletree Guest Suites
Southcenter, Seattle, WA 98188

MAIL OR FAX THIS FORM

Mail or fax this form to: the
WSNA, 575 Andover Park
West, Suite #101, Seattle, WA
98188 or FAX to (207) 575-1908.

DEADLINE & FEES

The *Early Bird Registration*
deadline is **April 1st, 2005**.

CANCELLATION POLICY

Cancellations are subject to a \$25
processing fee. No cancellation
refunds after April 15th, 2005.

HOTEL INFORMATION

This information will be available
at the first to the year. Please
contact Deb Weston for this in-
formation at (206) 575-7979 Ext.
3003 or e-mail request to
dweston@WSNA.org.

DIETARY NEEDS OR ASSISTANCE

If you have special dietary needs
or require special assistance con-
tact Business Agent Deb
Weston (206) 575-7979, ext. 3003.

Presented by:



REGISTRATION CATEGORIES — check only one

Registration for all events includes:

Early Bird Registration (WSNA members only/registration must be received NLT April 1st, 2005)

- ☐ WSNA Member \$150 All events on Thursday & Friday
☐ *Yes! I plan to attend the Early Bird Reception on Wednesday May 4th, 2005 from 7–9 pm!*

Regular Registration—Two Days

- ☐ WSNA Member (after April 1st, 2005) \$175 All events on Friday & Saturday
☐ Retired Members \$90 One day or both
☐ Non-member \$225 All events on Friday & Saturday

Regular Registration—One Day (choose one)

- ☐ WSNA Member \$100 Events on ☐ Thursday Only or ☐ Friday Only
☐ Non-member \$150 Events on ☐ Thursday Only or ☐ Friday Only
☐ Student Nurse* \$25 Events on ☐ Thursday Only or ☐ Friday Only

**A non-RN nursing student working toward becoming a registered nurse. RNs in school to complete a higher educational degree do not qualify for the "student nurse" rate.*

PAYMENT METHOD — check one only

- ☐ Check/Money Order, made payable to **WSNA**
☐ VISA/MasterCard

Fee Total: \$ _____

BankCard #: _____ - _____ - _____ - _____ Exp. ____ / ____

Cardholder's

Name: _____ Signature: _____

CONVENTION CE SESSION

To help plan meeting room space, please select one (1) from each time listed.

Time

12:30 2:15

- | | | |
|--------------------------|--------------------------|---|
| ☐ | ☐ | Patient Safety & Environmental Health |
| ☐ | ☐ | Emerging Illnesses (Flu, SARS, Communicable Diseases) |
| ☐ | ☐ | Preventing Medical Errors |
| ☐ | ☐ | Preventing Violence & Conflict in the Work Place |
| | ☐ | Magnet Status – ANCC |
| | ☐ | Health Policy & Nursing Shortage Panel Presentation |

The Washington State Nurses Association Continuing Education provider program (OH-231) is approved as a provider of continuing education by the Ohio Nurses Association, which is accredited as an approver of continuing education in nursing by the American Nurses Credentialing Center's Commission on Accreditation.

2005 Ticket of Nominees for Elective Office

The WSNA Nominations/Search Committees wish to thank all those who submitted consent-to-serve forms for elective office and to remind others that it is still not too late to become a candidate. Members who want to self-declare their candidacy for an elected office may still do so by sending a letter and completing a consent-to-serve form to WSNA Headquarters. These materials must be received at WSNA by no later than March 4, 2005, sixty days prior to the first meeting of the WSNA General Assembly. Nominations will also be taken from the floor of the General Assembly, and elections will take place by secret mail ballot shortly after the conclusion of the WSNA Convention/Summit. The following WSNA members, identified by District number and hometown, have consented to run for WSNA elected offices.

President

(1 to be elected)

Kim Armstrong, District 3, Olalla

Vice President

(1 to be elected)

Mary K. Walker, District 2, Bellevue

Secretary/Treasurer

(1 to be elected)

Jean Pfeifer, District 2, Kirkland

Directors At-Large

(3 to be elected)

Sally Herman, District 16, Mt. Vernon

Verlee "Vee" Sutherlin, District 4, Nine Mile Falls

Judith Turner, District 3, Fox Island

Stasia Warren, District 4, Spokane

Directors At-Large Staff Nurse

(2 to be elected)

Harriet Colwell, District 15, Pasco

Maggie Flanagan, District 3, Fox Island

WSNA Nominations/Search Committee

(4 to be elected)

Christine Henshaw, District 2, Burien

Aaron Lebovitz, District 1, Bellingham

Elizabeth Thomas, District 2, Seattle

C. J. Weller, District 3, Belfair

Beatrice Wolf, District 4, Spokane

Cabinet on Economic and General Welfare (6 at-large and 1 Chairholder)

Chair

Tim Davis, District 6, Mt. Vernon

At-Large

Jeanne Avey, District 11, Longview

Debra (Debi) Brogan, District 8, Montesano

Becky Dawson, District 3, Tacoma

Martha Goodall, District 4, Spokane

Judi M. Lyons, District 18, Ellensburg

Pamela Newsom, District 2, Seattle

Julia Weinberg, District 16, Bow

Vicki Wornath, District 11, Vancouver

E&GW Nominating/Search Committee (3 to be elected)

Susan M. Jacobsen, District #3, Tacoma

Pat Lombard, District 1, Bellingham

Sonya Miller, District 3, Puyallup

Legislative and Health Policy Council (3 at-large and 1 chairholder)

Chair

Susan Jacobsen, District 7, Yakima

At-Large

Ed Dolle, District 17, Port Orchard

Joyce Johnson, District 2, Kent

Antwinette Owens Lee, District 2, Lynnwood

Carol J. Leppa, District 2, Seattle

Pamela O. Rimel, District 6, Yakima

Patricia (Trish) D. Tobis, District 2, Bellevue

**Professional Nursing and Health Care Council
(7 to be elected with representation as follows;
1 Research; 1 Education; 1 Practice;
1 Administration; 1 Ethics and Human Rights;
1 At-Large; and 1 Chair)**

Chair

Joan M. Caley, District 11, Vancouver

Administration

Nikki Behner, District 9, Arlington

Sharon L. "Sheri" Bradley, District 4, Spokane

At-Large

Claudia Kroll, District 4, Spokane

Janet O. Toone, District 4, Spokane

Education

Mary A. Baroni, District 2, Seattle

Ethics and Human Rights

Muriel Softli, District 2, Seattle

Practice

Sonja M. Kvamme, District 2, Seattle

Debra L. Sullivan, District 16, Burlington

Research

Sharon Hooey, District 16, Mt. Vernon

Judith A. Cullinane, District 18, Ellensburg
Tim Davis, District 16, Mt. Vernon
Vicki Everett, District 10, Kelso
Wendy D. Feddema, District 18, Ellensburg
Maggie Flanagan, District 3, Fox Island
Kathy Honeysett, District 18, Ellensburg
Susan M. Jacobson, District 3, Tacoma
Larry Jones, District 3, McKenna
Mike Krashin, District 3, Lakewood
Sonja M. Kvamme, District 2, Seattle
Judi M. Lyons, District 18, Ellensburg
Sonya Miller, District 3, Puyallup
Deborah K. Neiman, District 10, Clatskanie OR
Pamela Newsom, District 2, Seattle
Pamela O. Rimel, District 6, Yakima
Seaneen Rispens, District 3, Puyallup
Muriel Softli, District 2, Seattle
Debra L. Sullivan, District 16, Burlington
Vee Sutherlin, District 4, Nine Mile Falls
Dennis Tiffany, District 2, Seattle
Judith Turner, District 3, Fox Island
Julia Weinberg, District 16, Bow
Vicki Wornath, District 11, Vancouver

**At-Large Delegates to 2006 and 2007 ANA
House of Delegates
(approximately 3 to be elected)**

Office of the President

Joanna Boatman, District 10, Kalama

Joan M. Caley, District 11, Vancouver

Sally Herman, District 16, Mt. Vernon

Sharon Hooey, District 16, Mt. Vernon

Joyce A. Johnson, District 2, Kent

Sheila G. Malmberg, District 7, Chelan

Dennis Tiffany, District 2, Seattle

Patricia (Trish) D. Tobis, District 2, Bellevue

Mary K. Walker, District 2, Bellevue

**Staff Nurse Delegates to 2006 and 2007 ANA
House of Delegates
(approximately 21 to be elected)**

Kim Armstrong, District 2, Olalla

Jeanne Avey, District 10, Longview

Marty Avey, District 4, Spokane

Sally A. Baque, District 3, Olalla

Julia Rose Barcott, District 6, Yakima

Debra (Debi) Brogan, District 8, Montesano

Edna P. Cortez, District 2, Kirkland

**Delegates to 2006 AND 2007 UNITED
AMERICAN NURSES (UAN) National Labor
Assembly (8 to be elected)**

Kim Armstrong, District 3, Olalla
Jeanne Avey, District 10, Longview
Marty Avey, District 4, Spokane
Sally A. Baque, District 3, Olalla
Julia Rose Barcott, District 6, Yakima
Debra (Debi) Brogan, District 8, Montesano
Edna P. Cortez, District 2, Seattle
Tim Davis, District 16, Mt. Vernon
Vicki Everette, District 10, Longview
Maggie Flanagan, District 3, Fox Island
Sonja M. Kvamme, District 2, Seattle
Judi M. Lyons, District 18, Ellensburg
Larry Jones, District 3, Tacoma
Sonya Miller, District 3, Tacoma
Deborah K. Neiman, District 10, Longview
Pamela Newsom, District 2, Seattle
Seaneen Rispens, District 3, Puyallup
Debra L. Sullivan, District 16, Burlington
Julia Weinberg, District 16, Bow
Vicki Wornath, District 11, Vancouver

E&GW Wraps Up a Very Successful 2004!

As the year rolls to a close it is a good time to reflect back. This has been a year of accomplishments and achievements. Its been a year of growing awareness of the importance of partnership with elected leaders and staff; the value of teamwork among staff and members. There is a renewed commitment of members and staff to build on our strong and proud history to make this association an even stronger, more powerful and relevant organization. Our accomplishments this year are many! Here are a few:

- | | | |
|---|--|---|
| <ul style="list-style-type: none">• 19 contracts have been ratified this year and all except one were settled before the expiration date.• Settlements have raised the standard in the industry as we have achieved significant salary and benefits gains, held the line on health care benefits and made significant gains in many other areas.• Recently enacted legislation made negotiations for wages and benefits possible for the first time for University of Washington Medical Center and State Department of Veterans Affairs facilities. Significant gains were achieved in wages, job security and retention of benefits.• We achieved membership language in five additional units requiring all new nurses to become members. | <ul style="list-style-type: none">• Contracts are being printed and distributed in record time, in some cases within a week.• Arbitrations are being settled in a timely fashion with positive results in record numbers. Fewer are waiting to be processed than ever before.• Staff have handled hundreds of grievances, and fielded thousands of phone calls and emails from members in a professional and timely manner.• The 15th Annual Leadership Development Conference in Lake Chelan was the largest yet. Over half the attendees were first time attendees.• On-site training programs for members continues to grow in record numbers.• Local Units have had elections and updated their local unit rules and are in compliance with policy and law. | <ul style="list-style-type: none">• A new role, “Senior Nurse Rep,” has been created to provide critically needed assistance to Local Units in crisis.• All Local Units have a web page on the WSNA web site. This allows nurses to access their contract, local unit rules, newsletters, and announcements on line.• Local Units officers have new reports accurately showing new members and nurses who have left the unit.• Membership records have been updated and we are ensuring employers are sending us rosters as required by contract. Nurses who are required to be members by contract are being contacted in a timely manner and assisted to meet their obligation. Back dues are being collected.• Membership has grown by over 500 members this year. |
|---|--|---|

These are only a sampling of the achievements 2004. Remember, not included in this list is the outstanding work on done on your behalf in the legislative, regulatory and practice arenas, and the many coalitions, meetings and places where WSNA speaks out for nurses every month.

Improving the quality of occupational and environmental health information: Today's actions provide the foundation for tomorrow's answers

Patricia Butterfield, PhD, RN, FAAN
Associate Professor and Director, Occupational & Environmental Health Nursing Program
University of Washington School of Nursing

Imagine a health system where almost no information is kept about something that most people do everyday. Imagine a health system that provides care for millions of people with chronic disease, but does not collect easily accessible information about the potential causes of those diseases. Finally—imagine a health system where nurses could easily collect environmental health information from their clients, but are not given the tools to do so. You are imagining the U.S. health system and the missed opportunities to capture critical information about our clients' occupational and environment exposure histories.

The U.S. health care system consists of many inter-related parts, ranging from diagnostic and treatment information (e.g., ICD and CPT codes) to data addressing population-based risks. Together these data and their requisite information systems ensure that health providers and payers have the information they need to provide quality and comprehensive care. Over the past 10 years, there has been a revolution in the creation and use of electronic health information systems that can be easily retrieved by providers anywhere within the health system. However, despite these technologic advances, information gaps remain in both acute care and public health systems. One of the largest gaps is the lack of information addressing clients' work experiences and environmental exposures.

Occupational and environmental health data: Why?

All of us – citizens, clients, and health providers alike – pay a continuing price for the absence of comprehensive and reliable information addressing occupational and environmental health risks. We pay this price in the continuing loss of life from conditions associated with occupational and environmental exposures. Such conditions include, but are not limited to,

Parkinson's and Alzheimer's disease as well as a number of immune and neurodevelopmental disorders. For each of these conditions, there is compelling evidence that occupational and environmental exposures play a significant role in disease etiology and/or progression. However, the occupational and environmental exposure data that we collect from clients is so in-

complete, so cursory, and probably so biased that this information is of little use in providing clues that will lead to discoveries about the causes of disease. Two recent Washington studies exemplify the costs of inadequate occupational and environmental health data. They include:

- Scientists from the Washington State Department of Health ex-



Dr. Butterfield standing by the ASARCO lead smelter in East Helena, Montana

amined citizens' response to questions addressing water quality, radon, and perceptions of environmental risk using Behavioral Risk Factor Surveillance System (BRFSS) data (Laflamme & VanDerslice, 2004). These data revealed that in 2000, an estimated 77% of Washington state residents received their water from a city water system (versus a private well). The majority of residents using private wells had their water tested at least once; however many were unable to recall the names of contaminants that were tested. Between 1990 and 1997 the percentage of residents that had their homes tested for radon increased from 7 to 9%. In regard to perceptions of environmental health risks, residents were most likely to state concerns about outdoor air quality, drinking water quality, and hazards "in your workplace." The authors concluded that BRFSS data provided valuable insights into both local environmental health risk as well as citizens' perceptions of risk. They also noted that because they were optional, many states failed to include environmental health questions in their annual BRFSS survey. Because of this data gap, it was not possible to compare Washington residents' responses with those from other states. The authors concluded, "While knowing that such knowledge gaps exist, most questions addressing knowledge and attitude were generally too

broad to provide sufficient detail from which to base modifications of existing educational materials."(p1432)

- Hypothesized links between cardiac disease and air quality were examined by University of Washington researchers, who examined associations between particulate levels and out of hospital cardiac arrests in 1,206 Washington state residents. Because previous scientists have observed a 1 to 2 day lag between air pollutant levels and cardiac events, particulate levels (averaged over a 24 hour period) were compared with cardiac arrest levels over different time periods. The researchers observed no increased risk of cardiac arrest among all persons with pre-existing cardiac disease. However, cigarette smokers with previous heart disease were significantly more likely to have a cardiac arrest 2 days after a poor air quality day. Considered in total, the investigators did not observe a consistent association between particulate levels and cardiac arrest. Despite many strengths in this study design, the investigators noted that they were unable to examine the relationship between peak exposures (versus a 24-hour average) and other contaminants (e.g., nitrogen dioxide) on cardiac deaths.

Creating the foundation for tomorrow's answers

These studies, as well as many others not described here, demon-

strate the importance of establishing linkages between occupational and environmental exposures and the subsequent occurrence of disease or injury. Nurses play a pivotal role in both directing and assisting with this type of research. Nurses are in a key position of improving the quality of occupational and environmental health history data by improving the quality of information on health history forms (Paranzino, Butterfield, Nastoff, & Ranger, in press; Butterfield, 2002). Updated forms should include specific occupational and environmental health history items including:

- What is the title of your current job?
- What does the company you work for do or make?
- What is title of the longest job you have held?
- What types of industries, agriculture, and activities occur in the neighborhood by your home?
- List your current hobbies.
- What is the age of your current residence?
- Does your drinking water come: a) from city water, b) from a private well, or c) from another source?
- Do you have a health problem that you believe is associated with an occupational or environmental health exposure?

These questions, albeit very superficial, begin to build a more complete network of occupational and environmental health data. These data, combined with others, will help to fill gaps in occupational

and environmental health science, and provide answers to critical health questions for the next generation of U.S. citizens. Our children deserve no less.

References:

- Butterfield, P. G. (2002). Upstream reflections on environmental health: An abbreviated history and framework for action. *Advances in Nursing Science*, 25(1), 32-50.
- Laflamme, D.M., & VanDerslice, J.A. (2004). Using the Behavioral Risk Factor Surveillance System (BRFSS) for exposure tracking: Experiences from Washington State. *Environmental Health Perspectives*, 112(14), 1428-1433.
- Paranzino, G., Butterfield, P., Nastoff, T., & Ranger, C. (in press). Development and clinical utility of the "I PREPARE" environmental exposure history mnemonic. *AAOHN Journal*.
- Sullivan, J., Ishikawa, N., Sheppard, L., Siscovick, D., Checkoway, H., & Kaufman, J. (2003). Exposure to ambient fine particulate matter and primary cardiac arrest among persons with and without clinically recognized heart disease. *American Journal of Epidemiology*, 157, 501-509.

If you are interested in graduate education in Occupational & Environmental Health Nursing, feel free to contact the University of Washington School of Nursing at (206) 685-0813 or visit our program web site at <http://www.son.washington.edu/eo/occupational/>

Applications for entry into the September 2005 class are due January 15, 2005.

Environmental Health Lecture Series

"Our Health, Our Environment: Making the Link"

Enduring Legacies: How Pollutants Shape Brain Development

January 19, 2005, 7:00 to 8:30 pm

Learning and developmental disabilities (LDD) appear to be on the rise, with one child in six now estimated to have some kind of LDD. Lead, a known neurotoxicant that can lower I.Q. and increase behavioral problems, has recently been found in the drinking water in Seattle schools. Research on lead and other heavy metals, pesticides, industrial by-products and even food additives suggests that these may contribute to the apparent increase in learning and developmental disabilities. Bernard Weiss, PhD, a nationally renowned researcher who has been exploring the neurobehavioral toxicology of lead and other contaminants for over 30 years, will discuss the current science. Dr. Weiss is Professor of Environmental Medicine and Pediatrics at the University of Roch-

ester School of Medicine and Dentistry, editor or coeditor of seven books and monographs and author of over 200 articles.

Herbicides and Human Health: Are Frogs Our Canaries in the Coal Mine?

February 8, 2005, 7:00 to 8:30 pm

Provocative new studies from the laboratory and the field are showing that very low levels of the herbicide atrazine are having profound effects on the sexual development of frogs, resulting in retarded gonadal development and hermaphroditism. What does this mean for humans, given that atrazine is the most widely used herbicide in the US and is found not only in our air and food, but in our groundwater as well? How might it impact both our reproductive and neurological systems? Tyrone Hayes, PhD, Professor of Developmental Endocrinology at the

University of California, Berkeley, will discuss his groundbreaking work on atrazine's effects on frogs and the implications for human health.

Air Pollution and Children: Not Breathing Easy

March 16, 2005, 7:00 to 8:30 pm

Pick up almost any newspaper or magazine these days, and you'll see reports about the hazards of air pollution. Increasingly, children are breathing a "chemical soup" with effects on a variety of developing systems. Ruth A. Etzel, MD, PhD, will discuss the mounting evidence demonstrating the need to take further action to prevent children's exposure to indoor and outdoor air pollution. Dr. Etzel is Adjunct Professor at the George Washington University School of Public Health and Health Services and editor of *Pediatric Environmental Health*, the first "Green Handbook" published

❖ Nursing Practice Update

for physicians. Dr. Etzel also founded and served as the first Chief of the Air Pollution and Respiratory Health Branch at the Centers for Disease Control and Prevention and has conducted epidemiologic research on air pollution for the past 20 years.

Registration – Register early and save! Registration for the 3-lecture series is \$25. Advance registration for individual lectures is \$10, while the price at the door is \$12. A printable registration form to mail or fax is available at www.iceh.org/CHENWlectures.html

Location and Transportation – All lectures are being held at the Seattle Art Museum, 100 University Street, downtown Seattle, from 7:00 to 8:30 p.m. Check-in starts at 6:15 p.m. Parking is available free at the curb after 6:00 p.m. or for reduced evening fees at the parking garage at the southwest corner of First and Union. Public transportation information can be obtained at: <http://tripplanner.metrokc.gov/>

Continuing Education Credits – CME Category 2 credit will be offered. The application for Nursing Contact Hours is in process. For more information please see www.iceh.org

A reception with the speaker will immediately follow each lecture.

The Professional Nursing & Health Care Council (PN&HCC) is one of the Washington State Nurses Association's (WSNA) organizational units. The Council is made up of eleven members, seven are elected and four are appointed. Five of the seven elected positions are designated for research, education, practice, administration, and ethics and human rights, one at large, and one is elected as the chair who also serves on the WSNA Board of Directors (BOD).

The Council has been working on issues and priorities, which were identified by the membership at the 2003 Summit/Convention and assigned by the BOD to the Council. You can find the names of the members of the Council on the WSNA web site at www.wsna.org and then click on "Nursing Practice." The priorities issues that were assigned to the PN&HCC include:

- Monitoring the deliberations and actions of the Nursing Care Quality Assurance Commission,
- Multi-state Licensure/Interstate Compact,
- Continued Competency,
- Scope of Practice/Encroachment,
- Erosion of Public Health Nursing,
- Medical Errors/Systems Safety,

- Bioterrorism & Disaster Preparedness.

The Council meets three times a year, usually on a Saturday from 10:00 AM – 3:30 PM. The Council has written four position papers within the last four years. They are:

1. Administration of Medication approved by the WSNA BOD in November, 2004
2. Continuing Competency
3. Multi-state Licensure
4. Recruitment of Foreign Nurses, and Workforce Issues.

If you are interested in any of these position papers please contact Joan Garner. If you have issues or concerns that you wish the PN&HCC to address please send information for the Council to Joan Garner, staff to this Council at 206-575-7979 ext 3007 or jgarner@wsna.org

Washington Association of Nurse Anesthetists (WANA)

President's Message from Kate Jansky, ARNP, CRNA – Happy Holidays to all! This past year the American Association of Nurse Anesthetists annual meeting was held in Seattle, providing a wonderful opportunity for CRNAs to network while updating their anesthesia knowledge. Together we launched an annual lecture series in honor of our former national president, Seattleite Jan Stewart. The series features experts in stress management and drug addiction speaking on alternatives for dealing with life stresses. Anesthesia is a high stress job and drugs are readily available. Addiction is recognized as a job-related danger and cannot be ignored. We thank our booth organizer Kimmerle Miller-Leonard, and our executive secretary JoAnn Kaiser, for holding us together and making it all work.

As I write this, Washington may have a new governor. What we do know, is if 42 votes decide a race for state office, we cannot afford to be apathetic in any election of importance to our lives. This applies to selecting officers to shape and protect our professions, both at the state and the national level. To ensure your ability to practice nursing as you currently do, you must choose professional representatives who understand both the professional and the political pressures that mold your practice and be willing to protect your practice rights. In addition to supporting your association when they make a

plea for action, I encourage your personal involvement by running for a board position or serving on a committee.

Legislative Day is February 7th 2005. WANA's state government relations chair Lisa Grayson and our lobbyist Gail McGaffick monitor legislation affecting CRNAs. WANA, WSNA and ARNP United will be co-hosting the legislator award luncheon in the newly renovated capitol building and a Legislative Reception at 4:30 p.m.

A major issue for nurse anesthetists is malpractice liability reform. Reform is essential to continue to provide quality services to the community. Without reform, malpractice insurance is increasingly difficult to afford or even obtain. The two initiatives slated for the 2005 voter ballot represent firmly entrenched opposing views. I-330 demands limits on non-economic damages and I-336 proposes a "3-strikes you're out" penalty for doctors and requires providers and health-care facilities to promptly release to patients records relating to adverse medical incidents. The stalemate has prompted increasing support to seek some middle ground – beginning with less contentious issues, including alternative dispute resolution, reduction of medical errors through identification of systems errors and perhaps a positive reward for implementation of system changes, reduction of frivolous lawsuits, and fiscal transparency in the insurance industry. Those in obstetrics would like to include a lowering of the statute of limitations.

The Medical Quality Assurance Commission's (MQAC) open hearings and meetings to consider the feasibility of office surgery guidelines led the Commission to decide its jurisdiction was too narrow to enforce anything meaningful. MQAC encourages all professions to follow its own standard of practice, and plans to seek statutory change requiring registration and incident reporting of office procedures including number of cases, address of facility, anesthesia provider on site, scope of practice of the facility. This non-punitive data collection will be used to document need for changes in office surgery regulation to support 2006 legislative action. Office surgery remains in the news nationwide as states attempt to improve patient outcomes and protect business interests.

Again, WANA thanks all the individuals and organizations that wrote letters to the Governor in support of his October 2003 signing to remove the supervision requirement for Medicare and Medicaid reimbursement. Todd Herzog continues to liaison with the Dental Quality Assurance Commission in an attempt to align practice requirements for dentists utilizing with CRNAs services with those of other state regulations.

The Nursing Care Quality Assurance Committee frequently gets questions on scope of practice issues such as conscious sedation and Propofol administration. What is an appropriate task, and what can be delegated? All nurses need to be familiar with current hospital

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policies and scope of practice in order to make appropriate decisions.

How do you guarantee to the public that the license a professional holds assures competence to perform the work? This question is being asked nationally and will not go away anytime soon. WANA is represented on the Nursing Care Quality Assurance Commission (NCQAC) Continuing Compe-

tency task force, which is researching methods to assure competency while protecting legally sensitive information. To date the preferred method is a simple portfolio maintained as a professional responsibility; to include education records, licensing, experience, letters of recommendation, continuing education etc. Any bad outcome would trigger the Nursing Commission to request the portfolio. Failure to pro-

duce an up-to-date file could result in a hefty fine. Ideally, as professionals, our documents would be up to date and show evidence of staying professionally current. Another alternative is periodic written examination.

I welcome further questions about nurse anesthesia. Please visit the WANA website <http://wana-crna.org> or our national website www.aana.com

ARNPs United

President's message from Susan Caverly, PhD, ARNP – As the 2004 year comes to a close and 2005 prepares to open, it seems worthwhile to ponder the state of the role of nurse practitioner and on behalf of the organization, to wonder what ARNPs United is doing to improve the reality of the role. There have been as always conflicting messages. In some ways, the role of nurse practitioner has become more and more understood and accepted by the public. It is less often that patients refer to their nurse practitioner as a doctor by “mistake” – nurse practitioner or ARNP is becoming more visible in the healthcare system and among the public and while this is great news for ARNPs, and becoming visible creates opportunity, it also creates responsibility. It demands that this voice we have been striving for be used, and that it be used wisely.

This is critical throughout the year, but more so during the legislative session.

Nurse practitioners have the credibility of nursing and the recognition of an advanced education. What we say individually and collectively will be heard and quite likely believed. Things we might say publicly as an individual may be understood to be the position of the group as a whole. This becomes more complicated when we might not all truly agree on a specific issue! Nurse practitioners are an activist independent cluster of nursing and tend to have strong opinions as well as a willingness to share these. While in the past, we have been relatively invisible; this invisibility has been less likely to create controversy and confusion. However, more and more we are in the position of needing to take on accountability for our opinions and to assure that our public voice has a consistency to it.

And that is where our nursing organizations come into play. We need to work with them to assure that the public voice of nurse practitioners is consistent with our own. When there is a discrepancy, we need to find ways to work from within to resolve the differences rather than confuse the public, who are just coming to know and value us for who we are and what we offer. Likewise, we need to press for our nursing organizations to continue to do the same. It is so wonderful to finally be visible! We now have opportunity to act powerfully for health policy that reflects our professional values! But, to maintain the substance we have attained, we can't fade into disarray or melt into a confused voice. We are so much stronger when we work together and speak with one voice for nursing and our patients! That's why as ARNPs we are working together – individually and in our organizations – to create new partnerships and coalitions to achieve our common goals.

CDC Eases Restrictions for Inactivated Influenza Vaccination to Include Adults aged 50-64

On December 17, 2004, the Center for Disease Control and Prevention (CDC) Advisory Committee on Immunization Practices (ACIP) expanded the list of priority groups recommended to receive inactivated influenza vaccine this flu season, depending on the availability of influenza vaccine in state or local health jurisdictions. Adults aged 50-64 and close contacts of persons in high-risk groups will be now eligible for influenza vaccination in areas where vaccine supply is sufficient to meet demand. At Press time, the WA Department of Health has indicated that Washington State will now allow adults over 50 to be immunized with the vaccine.

Effective January 3rd, in locations where state and local health authorities judge vaccine supply to be adequate to meet demand, the priority groups for inactivated influenza vaccine will include adults age 50-64 and out-of-home caregivers and household contacts of persons in high-risk groups. People in the high-risk groups for serious complications from influenza include persons aged 65 years or older, children aged less than 2 years, pregnant women, and people of any age who have certain underlying health conditions such as heart or lung disease, transplant recipients, or persons with AIDS

“In most communities we're still targeting vaccine to the people in the highest priority groups,” said Dr. Julie Gerberding, Director of the CDC. “The challenge is that in some places, health departments and private providers currently do not have enough demand from people in those priority groups. We don't want those doses to go to waste, so some states are expanding to make good use of those doses. The ACIP's recommendation is consistent with this approach.”

In response to this season's vaccine shortage, the ACIP previously recommended inactivated influenza vaccine for all children aged 6-23 months, adults aged 65 years and older, persons aged 2-64 years with underlying chronic medical conditions, all women who will be pregnant during the influenza season, residents of nursing homes and long-term care facilities, children aged 6 months-18 years on chronic aspirin therapy, health-care workers involved in direct patient care, and out-of-home caregivers and household contacts of children aged <6 months.

The ACIP suggested that health departments and health care providers implement the expanded recommendations on January 3, 2005, to provide more time for unvaccinated persons in current priority groups to seek vaccination. In addition, for those who need it, this date will also enable health officials to plan for expanded efforts to reach the new priority groups.

“Mid-season estimates of vaccination rates are below rates from last season for adults in priority groups. We urge persons in priority groups to continue to seek vacci-

nation” said Dr. Gerberding. “If you're 65 or older or you have any kind of chronic condition or you're a health care worker who takes care of patients directly or if you're pregnant you really should get a flu shot this year and we're working hard to make sure it's available in your community.”

The Committee also passed a resolution for the Vaccines for Children (VFC) program that expands the groups of eligible children to receive VFC influenza vaccine to include VFC-eligible children who are household contacts of persons in high-risk groups. This expansion of VFC is effective immediately.

Influenza activity has been low so far this season. However, it is still early and the timing and level of influenza activity is unpredictable. The level of reported influenza activity can change at any time. For more information about influenza and influenza vaccination visit www.cdc.gov/flu

State Health Officer encourages health care workers to consider FluMist

Maxine Hayes, MD, MPH, Washington State Health Officer

Due to a serious shortage of inactivated influenza vaccine this year, many healthcare workers have asked about the safety of using the live, attenuated nasal-spray influenza vaccine, **FluMist™**. For many health care providers, **FluMist™** is perfectly safe, and I would like to encourage you to consider this option.

FluMist™ is approved by the Food and Drug Administration for use in most healthy children and adults 5–49 years old. Those eligible for the nasal-spray vaccine include healthcare workers, caregivers or household members who have close contact with people at risk for serious complications from influenza.

However, it is important to note that **FluMist™** is not a good choice for close contacts (healthcare workers, caregivers or household members) of patients with serious immune dysfunction (such as hematopoietic stem cell/bone marrow transplant recipients, patients in reverse isolation, or those with neutropenia, AIDS, or symptomatic HIV infection).

Healthcare workers, caring for patients with serious immune dysfunction should refrain from contact with patients for seven days after receiving **FluMist™**. Hospital visitors who have received **FluMist™** should be restricted from visiting patients with serious immune dysfunction for seven days after vaccination.

With these restrictions in mind, most healthcare workers should certainly consider the nasal vaccine. There is quite a bit available, and using it will leave the limited number of flu shots for people who

are at highest risk for serious health problems from the flu. Healthcare workers who receive the nasal spray vaccine only need to be excluded from contact with those patients who have serious immune dysfunction.

It is true that adults and children who receive **FluMist™** can shed vaccine viruses for several days after vaccination. However, much less virus is shed than would occur during infection with influenza. Studies have shown only a small percentage of children in close contact with **FluMist™** users acquire the vaccine virus, and those that do did not show symptoms of influenza.

FluMist™ may be used for eligible healthcare workers or others who have close contact with individuals with lesser degrees of immunosuppression (e.g., diabetes, steroid dependent asthma, asymptomatic persons infected with HIV, or others in the high-risk groups for complications from influenza).

While the nasal spray vaccine is a good option for many, there are definitely some who should not use it. Please carefully read the list below.

The following individuals should not be vaccinated with **FluMist™**:

- Pregnant women;
- Anyone with asthma, reactive

airways disease or other chronic disorders of the pulmonary or cardiovascular systems;

- Anyone with other underlying chronic medical conditions, including such metabolic diseases as diabetes, renal dysfunction, or hemoglobinopathies;
- Anyone with known or suspected immunodeficiency diseases or who are receiving immunosuppressive therapies;
- Children or adolescents receiving aspirin or other salicylates (because of the association of Reye syndrome with wild-type influenza infection);
- Anyone with a history of Guillain-Barre syndrome;
- Anyone with a history of hypersensitivity, including anaphylaxis, to any of the components of **FluMist™** or to eggs.

There are more details about **FluMist™** on the Centers for Disease Control and Prevention Web site <http://www.cdc.gov/flu/professionals/vaccination/live.htm>

I hope this information has been helpful and cleared up any misconceptions about who should receive FluMist. Thank you for all of your assistance as we work to manage the flu vaccine situation in the best way possible for the people of our state.

Two UW School of Nursing Faculty Inducted into American Heart Association Council

Two University of Washington School of Nursing faculty members were elected to fellowships on the Council on Cardiovascular Nursing of the American Heart Association (AHA) Nov. 9. An induction ceremony took place at the AHA Scientific Sessions, Council on Cardiovascular Nursing Dinner, in New Orleans.

The honor recognizes Cynthia Dougherty, research associate professor in the Department of Biobehavioral Nursing and Health Systems (BNHS), and Jill Jesurum, research assistant professor of BNHS, for their individual national leadership and contributions to cardiovascular nursing and cardiovascular health, according to the AHA.

Dougherty's area of research focuses on nursing care programs following sudden cardiac arrest and cardiac surgery. Jesurum's research includes the impact of heart defect repairs.

As fellows, Dougherty and Jesurum join a knowledgeable group of cardiovascular nurse leaders with specialized expertise whom the AHA council may call upon to develop scientific and position papers, and to address issues beyond the scope of the council.

Deb Lester Wins March of Dimes "Nurse of the Year" Honors

Deb Lester, RN, who works at Children's Hospital & Medical

Center's Infant Intensive Care Unit, was one of nine Western Washington nurses named Nurses of the Year by the March of Dimes in November. The winners were honored for their achievements in nursing practices and excellence among Western Washington's maternal and infant nurses, pediatric nurses and nurse midwives.

Winners were selected by a volunteer committee of peer nurses. They evaluated nominations and made selections based on leadership abilities and contributions to the profession of nursing. Also nominated from Children's were Dawn Cotter, RN, Alison Jones, RN and Dee Townsend-McCall.

Deb was honored in the Neonatal Nursing category. In her nomination, she was noted for her achievements in a variety of areas, both locally and abroad. She is a member of the ground transport team, an educator and trainer. Her care extends internationally to Kiwoko Hospital in Uganda where she has been a major organizer and driving force in developing their NICU, which began with one adult resuscitation bag and mask, one thermometer, and no infant beds.

UW Website for First Steps Program Wins National Award

Stepping Up: for Prevention Strategies for Pregnancy, Parenting and Infancy was created by the University of Washington School of Nursing in cooperation with the First Steps program funded by the Washington State Department of

Social and Health Services, Medical Assistance Administration. The website was selected by the American Academy of Nursing (AAN) for an Honorable Mention Award in their 2004 National Media Awards competition. The website is located at:

<http://steppingup.washington.edu>

Stepping Up: Prevention Strategies for Pregnancy, Parenting and Infancy was developed as a free public resource under the supervision of Spence Endowed Professor of Nursing Kathryn E. Barnard. Although the information contained on this website will be of benefit to all parents, the primary mission of Stepping Up is to help diverse populations of low-income mothers and their first children begin their lives together on a healthy developmental course.

Since being implemented by the state of Washington in 1989, First Steps has provided medical care, support services and targeted case management to several hundred thousand low-income pregnant and parenting women. Stepping Up: Prevention Strategies for Pregnancy, Parenting and Infancy is now providing First Steps and others interested in maternal-child health with an information highway to the latest scientific information on prenatal care, health education, unstable family situations and newborn care from the top-ranked UW School of Nursing. The Stepping Up team has also created best practice suggestions for health care providers and state agencies in their work with clients, including effective intervention strategies.

❖ Nursing and Other News Briefs

New ANA Ergonomics Brochure Outlines How to Adopt a Successful Safe-Patient-Handling Program

As part of the ongoing ANA *Handle With Care* campaign, ANA is excited to offer a new *Handle With Care* brochure in an online PDF file format as a resource guide and teaching tool to assist nurses as well as hospital managers and administrators in preventing work-related musculoskeletal disorders (MSDs).
<http://nursingworld.org/handlewithcare/brochure.htm>

ANA Solicits Nursing Schools for Pilot Test of Safe Patient-Handling Curriculum Module

The ANA, in coordination with the Tampa Veterans Health Administration Patient Safety Center, is accepting submissions to participate in a pilot project to evaluate a safe patient handling curriculum module. With grant funding from the National Institute for Occupational Safety and Health, this curriculum module will provide a select number of nursing schools with a way to teach nursing students how to lift, transfer and reposition patients using mechanical lifts rather than manual lifting techniques. For more information or to apply, go to
www.nursingworld.org/handlewithcare/niosh.htm

Contact: Butch de Castro at 301-628-5138 or via email at bdecastro@ana.org

ANA President Blakeney Speaks Out on Workplace Violence at NIOSH Conference

On Nov. 17, ANA President Barbara Blakeney represented nursing during the National Institute for Occupational Safety and Health (NIOSH) conference, titled “Partnering in Workplace Violence Prevention: Translating Research to Practice,” in Baltimore, MD. The goal of the conference was to identify successful workplace violence prevention strategies, barriers to program implementation, research and information dissemination gaps and roles for national agencies and organizations. Among the topics discussed were assessing situation-specific risk within health care worksites, using staffing as a means of preventing violent incidents, considering dangers associated with community and home-care nursing, highlighting factors related to cultural differences among staff and patients and advocating for a federal regulation that addresses workplace violence. NIOSH information is available at
www.cdc.gov/niosh/injury/traumaviolence.html

Contact: Butch de Castro at 301-628-5138 or via email at bdecastro@ana.org

‘Green Guide for Health Care™’ Pilot Launched

The Version 2.0 Pilot of the Green Guide for Health Care™ (GGHC), the health care sector’s first quantifiable sustainable design

toolkit integrating enhanced environmental and health principles and practices into the planning, design, construction, operations and maintenance of their facilities, is available for download. ANA was involved in the planning and review of this work, which not only includes criteria for broad environmental protection as a whole but also factors related to the work environment and worker health and safety, including issues of indoor air quality.

The Version 2.0 release launches the Green Guide for Health Care™ pilot phase. Design and facility management teams in any stage of design, construction or operations will be invited to register their projects and participate in the pilot program. Registered participants will be able to engage in the GGHC Forum – a dedicated e-mail discussion list that allows teams to discuss issues related to other projects and exchange ideas as they work to achieve credits.

To download the new Green Guide for Health Care™ pilot release, see www.gghc.org. And, start planning now to register your project and design team to participate in the pilot. Registration for the pilot phase will begin shortly.

For more information on the GGHC, see <http://www.gghc.org>. Contact: Susan Wilburn at 301-628-5130 or swilburn@ana.org.

ICN's 23rd Quadrennial Congress scheduled for May 21-27, 2005, in Taipei, Taiwan

The main objectives of the ICN Congress are:

- to support informed and sustainable improvement in policy and nursing practice;
- to advance nursing's contribution to health care;
- to facilitate the dissemination of evidence highlighting effective nursing interventions; and,
- to encourage innovation

Prominent guest speakers will give plenary sessions on nursing knowledge and innovation, focusing on the most pressing and timely topics of interest for nursing and health care. Deadline for receipt of abstracts is 15 September 2004. Additional information can be found at <http://icn.ch/congress2005/info.htm>

Membership Reminder

Membership Information and Employment Status Changes: It is the responsibility of each nurse to notify the Washington State Nurses Association of any change in work status, name, address, phone number, FTE increase or decrease, leave of absence, medical leave, maternity leave, or leaving or joining a bargaining unit. *This change must be done in writing* either by using a change of information card or sending an email to wsna@wsna.org. If your work status changes or you are on a unpaid leave of absence for any reason, you may be eligible for reduced dues. Contact Darlene Delgado at WSNA, 206/575-7979 ext. 3030 or via email at ddelgado@wsna.org so we can assist you.



Advanced Practice Community Health Systems Nursing

The University of Washington School of Nursing at Seattle proudly presents a Master of Nursing Degree Program designed for eLearning. This combination of online study, Saturday classes and video conferencing offers a unique opportunity to specialize in:

- Communities for Youth
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www.son.washington.edu/eo/apchs

Washington State Nurses Foundation Update

Washington State Nurses Foundation's (WSNF) has had another successful year of acquiring and distributing its funds in support of nurses and nursing students. As stewards of the WSNF funds, the Trustees' goals are to have a diversified and balanced portfolio, to make prudent investment decisions, and to award grants that support the nursing profession. For 2003-2004 our investments are up 19%. In addition to investments and donations, WSNF raised \$650 during the auction at the Hall of Fame celebration. This year the emphasis is raising monies for the Dolores Little Scholarship Fund, which needs \$16,000 more for endowment.

WSNF supports students and nurses in education, practice, and research activities throughout Washington. The Dolores Little Scholarship was awarded to Caitlyn Tang, Seattle University BSN student. Other scholarships were given to Sandi Anderson, Lower Columbia College ADN student; Joy Bergquist, Teresa Davis, Danae Kaemingk, Fiona Savard, and Annika Sojak who are BSN or MSN students at Seattle Pacific University. WSNF also donated to two organizations that award scholarships: Mary Mahoney Professional Nurses Organization and Dollars for Scholars, which doubled WSNF's donation to award two high school student scholarships for nursing.

In addition to scholarships, WSNF awarded two mini grants. These grants assisted nurses with community service projects. One nurse used her grant to address bicycle helmet safety in a local school. The other project provided funding for students and an educator for "Toy Safety and Health Promotion" in a low-income clinic.

Feedback from WSNF scholarship and mini grant recipients indicates that the awards made a difference in the lives of these nurses and the community. A recent letter from a WSNF recipient has posi-

tive messages for all nurses. In 2002, Regina Nailon was awarded funds to partially support her dissertation on the nursing care of Latinos in the emergency department setting. She commented that the "grant enabled me to hire a bilingual, bicultural research assistant to assist with data collection. Without this individual's assistance I would not have been able to acquire a sample of Latino patients and I would not have been able to conduct interviews with them about their nursing care." Below are excerpts from her letter.

Dr. Nailon, who is a new nurse educator and researcher, stated: "I realize how critically important it is for nurses to support each other ... Nurses in each practice area need to realize the pivotal role they play; not only in the lives of the individuals and families that they care for, but in the lives of fellow nurses and nursing students. I will remain an active supporter of WSNF so that other nurses might benefit from grants and awards the foundation offers. The nursing profession cannot advance in the clinical arenas, nor can it advance in scientific and scholarly endeavors without the support of its nurse members. Every nurse counts! Every nurse matters! And in the face of the national nursing shortage, let me suggest

that we, as nurses, get the word out that nursing is a profession that supports its own, rather than 'eats it young.' ... every nurse has the capacity and potential to influence in a positive way every other nurse ... How do you support your nursing colleagues ...? My story is just one example of how nurses supported one of their own and promoted a colleague's pursuit of her career goals."

On behalf of the recipients of WSNF funds and the WSNF Board of Trustees, a sincere thanks for your support. We hope you will continue to support WSNF financially and by publicizing the needs and activities. You can be a positive force for nursing by providing funds, and by encouraging students to apply for scholarships and nurses to apply for mini grants. Several opportunities are available for your financial contributions: You can send a check or use Visa/Master Card, or designate WSNF as the charity in your United Way contribution. Gifts can be a one-time gift; a pledge over several years, planned giving; and gifts of stock. Another option is to obtain a donation from a local corporation. Approaching a corporation is a way to obtain resources and to educate the public about nursing. Your contribution can be designed

for the WSNF general grant and scholarship fund, for specific fund, as a memorial, or to honor someone special in your life.

The next due date for scholarship applications is **February 11**,

2004. *Scholarship applications are available on the WSNA web site or by calling WSNA at 206-575-7979.* Mini grants are awarded throughout the year.

Donations to the Washington State Nurses Foundation can be sent to:
Washington State Nurses Foundation
575 Andover Park W., Suite 101
Seattle, WA 98188

Washington State Nurses Foundation 2005 Nursing Student Scholarship Available from WSNA *Scholarship Deadline—Postmarked by February 11th, 2005*

Washington State Nurses Foundation (WSNF) will award a minimum of four (4) annual \$1,000 scholarships to qualified students preparing for a career as registered nurses in Washington State.

Applicants must be currently enrolled in any program within the State of Washington leading to a nursing degree, generic, RNB or higher degree, and must have completed at least 12–15 nursing credits with a minimum of 3.0 GPA.

Application Deadline & Scholarship Award

Application materials must be postmarked by **February 11th, 2005**.

Scholarship Award Announcements will be made by **May 15th, 2005**.

Eligibility

The applicant must be currently enrolled in a program leading to an associate, baccalaureate, or higher nursing degree, and **must have completed at least 12–15 nursing credits**. The applicant must also be a resident of Washington State or enrolled in a RN nursing program in Washington State.

Scholarships will be awarded on the basis of academic performance, nursing leadership, school and community involvement, professional activities, and commitment to the Washington State Nursing Association (WSNA).

Nurse Scholarship Applicant Criteria

In preparing your application, you will be asked to respond to the following criteria to demonstrate to the scholarship selection committee a complete picture of your abilities in, and commitment to nursing.

1. **Nursing Leadership** – Describe your participation in school and volunteer activities, including offices and positions of leadership held in the past and in the present.
2. **Honors and Awards** – List honors and awards you have received, stating the nature of the honor/award and date. Explain the relevance of the honor/award to nursing.
3. **Background and Experience** – Describe special or unusual life experiences or activities that have made an impact on your nursing career, or that assisted you to decide on nursing as a profession.
4. **Goals for Nursing** – Briefly describe your long and short term goals for your nursing career. Include academic as well as service plans.
5. **Role of WSNA/ANA** – Describe what you anticipate your role in the professional organization (Washington State Nurses Association/American Nurses Association) will be, and why it is important to

❖ Washington State Nurses Foundation Update

you. If you are already an RN, explain your involvement in the professional organization and reasons for participation. If you are a student, explain your involvement in your student nursing association or similar group, if applicable.

6. **Work Experience** – Describe your past work experience (both paid and volunteer), and explain why this may or may not impact your career in nursing.

Applicant Package

To be considered for a scholarship award, applicants must:

- have a minimum 3.0 GPA on a 4.0 grade scale in all nursing courses.
- submit an application package, including:
 - a. copy(s) of official transcript(s).
 - b. two (2) completed **Applicant Recommendation Forms** from two (2) current nursing instructors. *(Each Applicant Recommendation will speak to the student's ability to meet the scholarship criteria. A WSNF District Scholarship Application is attached to each Applicant Recommendation form.)*

Applications may be obtained by contacting the WSNA at (206) 575-7979, or downloading from the WSNA website at: <http://wsna.org/snas/wa/wsnf/index.htm>

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- Unit Supervisor, Family Maternity – F/T

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Megan Jabusch
Martha Juhle
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Jackson Nung
Richard Plott
Brigette Quinn
Kathryn Rayes
Amy Rogers
Teri Schols
Kathryn Steinberg
Brenda Stotts

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Anne Anderson
Jilinda Aron
Richard Ater
Kevin Babbitt
Ana Baker
Jacquelynn Baker
Andrea Bakke
Pamela Balazic
Erlinda Bautista
Elizabeth Bayley
Patricia Beatty
Debra Beckman
Jenifer Bendemire
Barbara Bodine
Helen Bodkin
Laura Caldwell
Stephanie Callisto
Jaehu Campiche
Lyndon Capon
Linda Carter
Eric Cartner
Shannon Chappon
Erin Craig
Ann Daaga
Carola Dean
Mary Dechesnay
Luciana Donaca
Meghan Fiore
John Foster
Nancy Foster

Linda Galasso
Michelle Green
Jamie Gross
Sherrie Hancock
Jesse Hinds
Leslie Hook
Hanna Ilarios
Lesley Johnson
Ashu Kanwar
Jamey Kennedy
Tatyana Khochay
Jessica Kikuta
Laura Kirk
Debora Klibanoff
Julie Ann Koehlinger
koehlinger, julie ann
Keith Koll
Melody Korsmo
Corinne Lezchuk
A. Wayne Lilly
Aileen Maclaren-Loranger
Elaine Mahony
Jacqueline Matuska
Kelly McCann
Terra McLain
Jennie Melmed
Jennifer Menhennett
Susan Metzger
Rachelle Michelin
Ann Moll
Justine Mueller
Shuana Muendel
Immacualte Mukasa
Terri Nakamura
Julie Nugent-Carney
Donnianne Ocampo
Cynthia E. Olofson
Maree Osullivan-Wardlow
Rebecca Peck
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Terry Porter
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Sarah Stepans
Kelsey Stevens
Deborah Terrill
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Rosemarie Tiboyan-Hickey
April Torrey
Malia Torrone
Kathryn Veranth
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Elizabeth Wainright
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Juvy Flores
Virginia Garcia
Helen Gillit
Karynn Graham
Mary Ellen Gulsrud
Gayle Halmo
Cecilia Hogarth
Michelle Hulen
Janelle Huse
Janet Husted
Kathleen Hyett
Douglas Isotalo
Jeremy Jacobs
Yolanda Jacobs
Carrie Johnson
Cynthia Johnson
Jill Johnson
Rachel Johnson
Paula Kainz (McClary)
Deborah King
Jan King
Clairissa Korrell
Irene Korth
Ma. Patricia Lagahit
Carrie Lane
Jennifer Lankford
Camilla Lawson
Juanita Lea
Denise Lewis
Jada Lynn
Anna Mackey
Susan Marston
Pamela Mayberry
Lisa Mayer
Laura McHenry
Johnna Meyers
Kathryn Miller
Lynn Montgomery
Lisa Morgenthaler
Rebecca Mourouzis

Kelly Napier
Elizabeth Nelson
Annaliza Pajarillaga
Maria Paraja
Carla Parlova
Carol Penwell
Erin Philipsen
Debra Pitron
Timothy Plante
Mary Plummer
Anna Pruett
Paul Purdy
Nicole Raasina
Many Lu Ream
Anne Retailliau
Tyree Romero
Yuni Rose
Michelle Ross
Rachel Routt
Tonia Ruzyla
Usua Sanz
Kristin Schliesman
Heidi Scott
Carrie Sines
Colleen Sipes
Mary Siring
Stephany Smith
Leonard Smithingell
Kandi Spicer
Tracy St Onge
Michelle Stokes
Rachel Stum
Bethany Suetta
Astra Tenborg
Phil Tevlin
Richard Thorp
Celeste Tufts
Victoria Tyson
Michelle Vanoverbeke
Norma Vicente
Miriam Wade
Michelle Walker
Valinda Walter
Dana Ward
Anna Marie Weeks
Trisha Wheatley
Geraldine White
Sara Whitley-Tudor
Tatiana Wilken
Shontel Wilson
Juanity Wolf

Trisha Wren
Anita Wright

DISTRICT 4

Spokane/Adams/Lincoln

Rhonda Alexander
Jennipher Ama
Gretchen Anderberg
Jennifer Anderies
Jaylynn Bassett
Kathleen Bender
S. Jayne Bowen-Heuett
William Bozlee
Colleen Brock
Andrea Carlson
Charlene Carpenter
Julie Cerge
Katherine Conrath
Susan Correll
Shirley Coyle
Scott Crowe
Leah Davis
Katie Day
Kittie Dietrich
Teresa Dugger
Lisa Dunham
Michelle Dunham
Karen Eakin
Jennifer Evans
Sarah Fahey
Sean Feters
Claudia Flores
Vicki Gamble
Scarlett Giles
Aerin Gloor
Tracy Goldrick
Rebecca Greiner
Jill Hodgson
Katherine Holliday
Patricia Huffman
Donna Hughes
Judi Isaac
Shelley Kochel
Audrey Krahn
Carrie Kralicek
Wendy Krotzer
Shawn Lockman
Julie Lyons
Amy Mark
Blythe Marney
Mary Martin

Karolyn Mathieson
Fawn Mattson
Susannah McVay Ries
Brian Meadows
Aleksandr Mikhailenko
Lacie Nelson
Jennifer Paulsen
Mary Peterson
Daryl Reames
Amber Semenza
Bethany Siemers
Crystal Stevens
Stacey Tetherow
Claude Weadon
Brooke Weatherly
Laurie Wright
Lois Yearous

DISTRICT 6

Yakima
Judy Hellums
Lori Kruger
Erika Sandoval

DISTRICT 7

Chelan/Douglas/Grant
Secrett Adamek
Victoria Davies
Robin Fawcett-Arnold
Alica Kelso
Mari Miller
Rachel Miller
Deborah Phelps
Jennifer Robinson
Susan Sloan

DISTRICT 8

Grays Harbor
Carmen Drahos
Cindy Edwards
Judy Ekman
Beatrice Gerber
Susan Krigbaum
Ester Pavletich
Michelle Toepelt

DISTRICT 9

Snhomish County
Timothy King
Kristen Moberg
Deborah Riehl
Ronald Young

DISTRICT 10

Wakiakum/Cowlitz
Heather Fistolera
Lynnette Gallagher
Timothy Gunnip
Malissa Hurula
Holly Keese
Tasha Muzhik
Melanie Quigley
Anthony Robertson
Barbara Scroggins

DISTRICT 11

Clark/Skamania
Devon Bentley
Carmen Carmargo
Kirstin Curtis
Denise Mason
Teri Morgan
Yona Maria Wenick

DISTRICT 14

Whitman County
Hawa Al-Hassan
Holly Brandt
Mary Brawdy
Ariel Garl
Brenda Getz
Durwood Hulbert
Rachel Silva-Bischoff

DISTRICT 15

Benton/Franklin
Robin Baugh
Mary Ann Fitzgerald
Ronda Hedge
Laci Hickman
Katherine Hill
Raquel Johnson
Melanie Koon
Laura Lemon
Andrea McLaughlin
Mariah Ney
Carolyn Pope
Laura Reardon
Pamela Shadle
Tamera Stalberger
Stephanie Stevens
Rose Thompson
Carrie Ward
A. Wees

DISTRICT 16

Skagit-Island-San Juan
Jeanette Benfit
Lisa Brenton
Leanne Carlson
Maureen Constantine-Lett
Julie Crow
Sherry Crow
Albert Hansen
Belinda Hawkins
Mary Jackson
Alissa Jones
Elaina Kiel
Brenda King
Deborah Lee-Hillman
Diane Marsh
Gregory Marshall
Sandra Marshall
Dianna Maxwell
Marcia Morgenthaler
Barbara Morrow
Orr Stacy
Patti Pettepiece
Susan Sanderson
Roberta Shaw
Donald Small
Linda Spencer
Charlene Tsosie
Aniceta Villafior
Cathy Warren
Allyson Watts
Mariana Wright

DISTRICT 17

Kitsap County
Jocelyn Dela Rosa

DISTRICT 18

Kittitas County
Laura Hunt
Judy Kelly
Michelle Thiemens

DISTRICT 98

Other Counties
Janet Gonzalez
Michele Guelfi
Mikal Kulhavy
Diana Silva
Jennifer Staudenraus

District 2, King County Nurses Association Update

Attend the District Meeting February 10, 2005

Political Activism among RNs in Washington State is the featured presentation at the KCNA District Meeting on Thursday, February 10, 6 – 10 p.m. at the KCNA office building. There is no charge for this event, a light buffet will be served. To attend, please contact King County Nurses Association, by phone at 206/545-0603 or by e-mail at kcnurses@kcnurses.org

Nancy Farley, MSN, RN will present the results of her thesis, "Political Activism of Registered Nurses in the State of Washington: Pathways and Roadblocks," completed at Gonzaga University in 2004. The thesis explores nurses' political activity in terms of affiliation with a political party, politically active groups and membership in nursing organizations.

Farley, a registered nurse since 1990, holds a BSN from Seattle Pacific University and an MSN from Gonzaga. She is a staff nurse at Providence Everett Medical Center and a clinical instructor at Everett Community College.

Also on the District Meeting agenda is the finalization of a slate of candidates for the KCNA Nominating Committee and Board of Directors.

"Spread your (nursing) wings": Be a Legal Consultant

Did you know that KCNA has a Nurse Legal Consultant Clearing-

house (NLCC) designed to put nurses in touch with attorneys who need assistance with medical malpractice and personal injury cases? NLCC member nurses are typically hired to review charts, act as expert liability/damage witnesses or attend Independent Medical Examinations. KCNA markets the service to attorneys throughout the county. Annual fees for membership are: \$20/KCNA District 2 member and \$65/all others.

Find out more about nurse consulting on Thursday, February 17, at a (free) meeting of the Nurse Legal Consultant Special Interest Group (SIG). To register for either the NLCC or the SIG meeting, please contact KCNA at 206-545-0603.

Nursing School Scholarships Available

Do you know a nurse or nursing student who could use a little help financing his or her education? KCNA is offering twelve \$1,250 scholarships for the academic year 2005-06; **applications are due by March 1, 2005.**

KCNA offers scholarships for: students preparing for a career as a registered nurse; registered nurses in a program leading to a Bachelor's degree in nursing (RNB), or RNs pursuing advanced degrees in nursing or related fields.

More information and application forms are available on-line at www.kcnurses.org or phone KCNA at 206-545-0603.

Quality CE Conferences in Seattle

- **Nursing Care of the Hospitalized Child**
April 12-15, 2005
- **Obstetric Nursing**
April 13-16, 2005
- **Brain Injuries**
May 11-13, 2005
- **Psychiatric Nursing**
May 11-14, 2005
- **Neonatal Pharmacology**
June 15-18, 2005
- **Oncology: Clinical Issues and Trends**
October 9-12, 2005



For information, a brochure or to register:
www.contemporaryforums.com
800-377-7707
info@cforums.com

Note: WSNA's CEARP (Continuing Education Approval & Recognition Program) is accredited as an approver by the American Nurses Credentialing Center's (ANCC) Commission on Accreditation until August 31, 2005. If you wish to apply for WSNA/ANCC approved contact hours for your educational activities, please request the latest CEARP Guidelines Packet (\$30) from WSNA's Practice and Education Specialist at 206/575-7979 Ext. 3005.

January, 2005:

Introduction to Perioperative Nursing; Pacific Lutheran University; January 3-28; Time and Sites to be announced; Contact: A

Enduring Legacies: How Pollutants Shape Brain Development, Institute for Children's Environmental Health, January 19, Freeland, WA, Fee: Various; Contact: Elise Miller (360) 331-7904

End of Life Care; Pacific Lutheran University; January 26; Tacoma, WA; Fee: \$89; Contact Hours: 7.5; Contact: A

Making A Difference: Evaluation and Testing in Nursing Education; Pacific Lutheran University; January 27; Tacoma, WA; Fee: \$89; Contact Hours: 7.5; Contact: A

Pharmacotherapeutics for ARNPs; Pacific Lutheran University; January 28; Tacoma, WA; Fee: \$119; Contact Hours: 7.5; Contact: A

Pediatric Nursing Care Fundamentals, United General Hospital, January 18; Sedro-Woolley, WA; Contact Hours: 9.1; Contact: Diane Bobko - (360) 856-7134

RN Refresher; Bellevue Community College; Spring Sessions; Bellevue, WA; Contact: B

February, 2005:

Working with Central Venous Access Lines; Bellevue Community College; Bellevue, WA; February 9; Contact Hours: 3.0; Fee: \$35; Contact: B

Cultural Competence Through Clear Communication; Bellevue Community College; Bellevue, WA; February 10 & 24; Contact Hours: 6.0; Fee: \$69; Contact: B

CPR for Health Care Providers; Bellevue Community College; Bellevue, WA; February 12; Fee: \$55; Contact: B

Advanced Cardiac Life Support, United General Hospital, February 25-26; Sedro-Woolley, WA; Fee: \$100/\$150; Contact Hours: 10.5; Contact: Diane Bobko (360) 856-7134

March, 2005:

Gracious Assertiveness, Bellevue Community College; Bellevue, WA; March 1; Contact Hours: 3.0; Fee: \$35; Contact: B

Advanced Communication Series, Bellevue Community College; Bellevue, WA; March 1-15; Contact Hours: 9.0; Fee: \$95; Contact: B

Breath Sound Fundamentals, United General Hospital, March 5; Sedro-Woolley, WA; Contact Hours: 6.4; Contact: Diane Bobko (360) 856-7134

Conflict Transformation: Beyond Blame; Bellevue Community College; Bellevue, WA; March 8; Contact Hours: 3.0; Fee: \$35; Contact: B

IV Skills for Nurses, Bellevue Community College; Bellevue, WA; March 12; Contact Hours: 7.6; Fee: \$160; Contact: B

Wound Management Education Program; University of Washington School of Nursing; March 14-May 5; Seattle, WA; Contact Hours: 130.0; Contact: C

Working As A Team: Form Family Teamwork to Work Teams at Work; Bellevue Community College; Bellevue, WA; March 15; Contact Hours: 3.0; Fee: \$35; Contact: B

Compassionate Listening & Dialogue; Bellevue Community College; Bellevue, WA; March 19; Contact Hours: 7.2; Fee: \$95; Contact: B

CPR for Health Care Providers; Bellevue Community College; Bellevue, WA; March 19; Fee: \$55; Contact: B

Independent Self Study Courses:

RN Refresher Course; Contact Hours: None; Fees: Theory: \$500; Health Assessment and Skills Review: \$500; Clinical Placement for Precepted Clinical Experience: \$400; Contact: D.

Ethics Related to Nursing Practice; Contact Hours: 9; Fees: \$200; Contact: D.

Legal Issues in Nursing; Contact Hours: 4.0; Fees: \$120; Contact: D.

Animal Assisted Therapy; Bellevue Community College; October 20; Fee: \$49; Contact: B

AIDS: Essential Information for the Health Care Professional; Contact Hours: 7.0; Fees: \$55; Contact: D.

Health Assessment and Documentation; Contact Hours: 20; Fees: \$150; Contact: D.

Indoor Air Quality's Impact; Contact Hours: 7.0; Fees: \$34.95; Contact: American Institute of Respiratory Education (209) 572-4172

Asthma Management; Contact Hours: 8.0; Fee: \$30; Contact: E

Congestive Heart Failure-Diagnosis & Treatment; Contact Hours: 6.0; Fee: \$25; Contact: E

Clinical Assessment Pulmonary Patient; Contact Hours: 4.0; Fee: \$20; Contact: E

Assessing Lung Sounds; Contact Hours: 2.0; Fee \$10; Contact: E

Smoking Cessation: Contact Hours: 12.0; Fee \$35; Contact E

Pulmonary Hygiene Techniques: Contact Hours: 6.0; Fee: \$25; Contact E

Lung Volume Reduction Surgery: Contact Hours: 2.0; Fee: \$10; Contact E

Metered Dose Inhaler Use: Contact Hours: 3.0; Fee: \$15; Contact E

Sleep Disorders: Contact Hours: 8.0; Fee: \$30; Contact E

HIV/AIDS Basic Education: Fee: Various; Contact B

Frequent Heartburn; Contact Hours: 1.0; Fee: No Fee; Contact: FNP Associates

Treating the Common Cold; Contact Hours: 1.8; Fee: No Fee; Contact: FNP Associates

Contact the following Independent Study provider for specific course offerings:

Wild Iris Medical Education

PO Box 527
Comptche, CA 95427
707/937-0518
nurses@nursesceu.com
www.nursingceu.com

FNP Associates

Fiona Shannon
21140 President Point Rd. NE
Kingston, WA 98346
(425) 861-0911
fiona@fnpassociates.com

Contacts:

A. Pacific Lutheran University School of Nursing

Continuing Nursing Education

Terry Bennett, Program Specialist
Tacoma, WA 98447
253-535-7683
www.plu.edu/~ccnl/

B. Bellevue Community College

Continuing Nursing Education

Health Sciences Education & Wellness Institute
3000 Landerholm Circle SE
Bellevue, WA 98007
(425) 564-2012
www.bcc.ctc.edu

C. University of Washington School of Nursing

Continuing Nursing Education

Box 358738
Seattle, WA 98195-8738
206-543-1047
206-543-6953 FAX
www.uwcne.org

D. Intercollegiate College of Nursing

Washington State University College of Nursing
Professional Development
2917 W. Fort George Wright Drive
Spokane, WA 99224-5291
509-324-7321 or 800-281-2589
www.icne.wsu.edu

E. AdvanceMed Educational Services

2777 Yulupa Ave., #213
Santa Rosa, CA 95405
1-800-526-7046
www.advancemed.com

F. Virginia Mason Medical Center

Lin Portscheller, Registrar
Continuing Education Program Coordinator
Education Resources, G2-ED
1100 9th Avenue
Seattle, WA 98111
(206) 223-6898
(206) 625-7279 fax
linda.portscheller@vmmc.org

WSNA Washington State Nurses Association
575 Andover Park West Suite 101
Seattle, WA 98188

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