Current Health Insurance Plan for More Than 45,000,000 Americans:

One of These A Day.

Time for a new plan.
The information in this newsmagazine is for the benefit of WSNA members. WSNA is a multi-purpose, multi-faceted organization. The Washington Nurse provides a forum for members of all specialties and interests to express their opinions. Opinions expressed are the responsibilities of the authors and do not necessarily reflect the opinions of the officers or membership of WSNA, unless so stated. Copyright 2009, WSNA. No part of this publication may be reproduced without permission.

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### Contributor Guidelines

Article ideas and unsolicited manuscripts are welcome from WSNA members (300 word maximum). Please submit a typed copy and digital copy (Word 97/2003/2007), and include identified relevant photos, a biographical statement, your name, address and credentials. It is not the policy of WSNA to pay for articles or artwork.

### Article Submission Deadlines

- Spring .................................................. February 15
- Summer .................................................. May 15
- Fall ...................................................... August 15
- Winter ............................................... November 15
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Four short years ago, the membership of WSNA elected me to represent you as your President. It truly has been a challenging, time consuming, learning, inspirational honor. Being the spokesperson for the nurses of Washington has taught me many things. The most important lesson learned concerns the depth and breadth of the profession of nursing and WSNA’s role in the profession.

WSNA is the voice of nursing and nurses in Washington State. WSNA uses many tools to serve its members. Some of these tools include: collective bargaining, legislative activity, advocating for the advancement of nursing practice, and our influence which has grown within coalitions, fostered over the years. WSNA is truly representing nurses in every arena. Building coalitions and being at the tables whenever and wherever health care issues are discussed, WSNA has increased its influence and is now, more than ever, a major player in issues that affect the health of the population of Washington and the role which Washington’s nurses have in promoting that health. WSNA has been actively involved in promoting and protecting the health of the citizens of Washington as well as helping to assure access to health care. As frontline health care providers, registered nurses are acutely aware of the consequences when people do not have access or cannot afford quality health care. Those people have no choice except to delay care until they become so sick, they have no alternative but to go to emergency departments. Now, more than ever, is the time to strengthen the safety net so people have access to services and are not forced to wait until their health is in serious jeopardy and the cost of care increases exponentially.

In 2005, WSNA took positions on two initiatives, which in my mind, embodied the role of WSNA as a nurse and health care advocate. It was a courageous stand. You may remember I-330 and I-336. One promoted tort reform and was backed by the insurance companies, hospitals and physicians. The other opposed tort reform and was supported by some patient advocacy groups and trial lawyers. After much discussion by the elected leadership and staff, the decision was made to formally oppose both of the initiatives. With a coalition of other registered nurse groups, WSNA went on the record in a very public way, with press announcements, advertising and public relations campaigns, taking the stand of what was best for the people of Washington, not special interest groups. It was a risk and not without consequences, but both initiatives were defeated in the election. This was not the first time WSNA led the way, nor will it be the last. This example personifies the power and strength of WSNA and the organization shined brightly.

Since that time, WSNA’s star has become a constellation, shining even more brightly. WSNA is leading the way, as usual, with support for the Center for Nursing, nursing education, including faculty salary increases and funding for increased slots, success in the prohibition of mandatory overtime, the Campaign to Save Public Health, Safe Patient Handling in hospitals and more recently, landmark Safe Staffing legislation. WSNA continues to be the nurse’s presence and voice in partnership with others, looking for creative ways to fund health care in this economy while protecting those who are most vulnerable to the loss of that care. The list is almost infinite. All of us have many reasons to be proud of belonging and promoting the Washington State Nurses Association.

As frontline health care providers, registered nurses are acutely aware of the consequences when people do not have access or cannot afford quality health care.

Many things are on the horizon for the nurses of Washington and WSNA. WSNA will continue to work locally, at the state level and nationally on issues that impact nurses and the patients they care for everyday. Nationally, the announcement of the newly formed National Federation of Nurses was made just a few months ago. This is after uncountable hours of effort made on your behalf by your elected leaders and staff. This new national union, with its federated model, is committed to the support and advancement of the profession.
workplace issues of its member organizations, of which WSNA is one. WSNA also continues to be a strong voice in the American Nurses Association, and is now the second largest state association within ANA and still growing.

Many trials will come our way, but WSNA has never shied away from adversity or challenge. It has stood proud, ready to meet any opposition and has done so always meeting the core values of its purpose, vision, and mission. Each time a question comes before the various councils, cabinet and committees of WSNA, the action taken is always in concert with these values.

Now it is time for me to say farewell. I leave the WSNA Presidency changed forever. I would like to express my heartfelt thanks to the Board of Directors, the members of the Cabinet on Economic and General Welfare, the Legislative and Health Policy Council, the Professional Nursing and Health Care Council and the standing and special committees of WSNA. Without your leadership, wisdom and counsel, WSNA would not be what it is today. Thank you all for your dedication and service to WSNA and the nurses of Washington State. We who have served as elected leaders could not have done so without the exceptional and professional staff of WSNA. I wish to thank you for your support, your mentorship, and your responsiveness to the needs of the nurses you represent in all arenas. It truly has been an honor to work with all of you. I would like to say a special thank you to our Executive Director, Judy Huntington. Thank you for your teaching, inspiration, mentorship and friendship. You truly motivated me to go beyond my comfort zone to do more than I thought possible. And finally, and most importantly, thank you to the membership. I thank you for giving me the opportunity to be your President and spokesperson for the past four years and I thank you for your support – for without it, nothing is possible, but with your support, the future is infinite, bright and never ending.

My grandmother told me when I was very young that I was going to be a nurse. My great grandmother was an LVN after World War II and my grandmother worked in a retirement and long term care home as a CNA for 10 years. I believed that statement from my grandmother with all my heart. As a result, I pursued and achieved my dream and life goal – I am a nurse.

I have always enjoyed caring for others – seeking to hold a hand, give a hug when someone I may not even know needed it, putting a cool cloth on a fevered forehead, patching up cuts on my siblings and friends at school, helping an injured animal, or rescuing and finding a home for a lost dog or cat.

I love nursing and I enjoy being a part of my state nurses organization. I like helping us grow, keeping us strong, and moving nursing forward on the important issues we are facing today.

My journey really began when I first joined WSNA at my employment just about six months out of school. I graduated from Everett Community College in 1982, wrote my state board exams in Feb 1983, back when you sat for two days, eight hours each day with a monitor in the room. When it was all over, you waited for up to 6 – 8 weeks for the results to be mailed to your home. The waiting was the hardest part for me and for all of us who sat for nursing “boards” before the current NCLEX exam.

Did the envelope come yet? Did I pass? I checked every day, waiting for the envelope to arrive. Finally it came. Yes, I passed! Not only did I pass, I had scored the highest numbers needed in all categories, making me eligible for licensing and practice in any state without having to rewrite an exam.

I was ready now, with license in hand, and prepared to find that perfect first nursing job somewhere locally in Oak Harbor, Island County. I soon learned, however, that finding that first job would not be as easy as I had hoped. In the late 70’s early 80’s there had been a flood of new nurses graduating. The employers in my home area were very reluctant to hire new grad RNs. Locally, most of the employers were looking for experienced nurses, and they had the pick of them.
at that time. There were a lot of the military personnel coming and going in the area, and many of their spouses were experienced RNs who received job offers over me, a new grad.

**Membership is our key to keeping nursing practice relevant, updated, and preserved for the RN.**

I went to each of the hospitals in my area as far north to St. Joe’s in Bellingham and as far south as Cascade Hospital in Arlington. Having not heard from any hospitals for months, not one calling to offer me a start, I began to consider relocating so that I could find work as a nurse and get the experience the hospital employers were looking for.

I had been on the job hunt for well over six months when I got the call from Island Hospital for an interview for a full time night shift staff nurse position. They hired me. The rest is now a part of my work history and WSNA history.

So, my journey as a practicing RN began at the end of 1983. After my probation was completed, I signed the application to become a member of WSNA, my professional association at Island Hospital.

I was proud to be a member and remembered important words from one of my nursing instructors. She taught me in my very first class, Nursing 101, and shared with all of her nursing students on their first day, the importance of belonging and supporting your professional nursing association. She told us about the benefits of belonging, the rich history of the ANA, and the need for all nurses to keep moving forward and striving to do good work for the citizens of this country. Membership, she said, was our key to keeping nursing practice relevant, updated, and preserved for the RN.

I have been a practicing licensed registered nurse for over 26 years in Med/Surg, CCU, and currently in PACU at Skagit Valley Hospital (SVH). I have been a Local Unit Officer at SVH for the last 18 years. I just recently stepped down as the Co-Chair so that I could deepen my engagement with WSNA and take my leadership to the state level.

‘President of WSNA’ – I made this one of my life’s goals quite some time ago.

It seems like it was just yesterday to me, but it was 1995 when I asked a WSNA nurse colleague and friend, “What does it take to be president of our professional nurses association?”

She replied, “Passion for our profession, nursing and nurses; persistence; working hard and doing whatever is necessary to get the work done, whatever that work is and at anytime; working at all levels within our association, local, district, state and national; whatever you are called to do or you volunteer to do, always follow-through... and name recognition doesn’t hurt either.”

As the newly elected President of the Washington State Nurses Association, I pledge to work with passion, purpose, persistence and knowledge. I am proud to be representing and serving all nurses in Washington State.

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### Upcoming Events

**August**

- 7 Washington State Nurses Foundation Board of Trustees
- 29 Emergency & Disaster Preparedness Committee

**September**

- 7 Office Closed - Labor Day Observed
- 27 Statewide Local Unit Council Meeting - Chelan
- 28-29 WSNA Leadership Conference - Chelan
You Were Represented

The WSNA staff and elected and appointed leaders represent your interests in a wide variety of meetings, coalitions, conferences and work groups throughout the year, anticipating and responding to the issues the membership has identified as priorities. In addition to many meetings with legislators, regulators, policy makers, other health care and nursing organizations and unions, the following represents a partial listing of the many places and meetings where you were represented during the months of March through June 2009.

- Washington State Nursing Care Quality Assurance Commission (NCQAC) and its Practice, Education and other subcommittees
- 2009 Washington State Legislature
- Department of Health meetings
- Meetings with the Department of Labor and Industries
- Puget Sound Health Alliance Consumer Engagement meetings
- Puget Sound Health Alliance Aligning Forces for Quality meetings
- Healthy Washington Coalition
- Working Families Caucus
- United Labor Lobby
- Friends of Basic Health Coalition
- Health Coalition for Children and Youth
- “Health Care for All in 2009 – Mothers Leading the Way” Rally for Health Care
- Health Care for America Now (HCAN)
- Safe Patient Handling Steering Committee
- Public Health Funding Roundtable
- Washington State Budget Crisis Coalition
- Washington Health Foundation Board Meeting
- Foundation for Health Care Quality re: SCOAP Program (Surgical Care & Outcomes Assessment Program);
- Washington State DOH Adverse Event Committee
- Washington Patient Safety Coalition – Medication Safety Initiative meetings
- Washington Center for Nursing (WCN) Board Meetings
- Washington Center for Nursing Master Plan All-Chairs Meeting
- Washington Center for Nursing Curriculum Innovations Workgroup
- Transition to Practice workgroup for Master Plan for Education, WCN
- Faculty Compensation workgroup for Master Plan for Education, WCN
- Johnson and Johnson Promise of Nursing Steering Committee
- Washington State History Museum Nursing Centennial Planning Committee
- Opening of the Nursing Centennial Exhibit at Washington Museum of History
- Council on Nursing Education in Washington State (CNEWS) semi-annual meeting
- NWONE Nursing Practice Commission
- NWONE Spring Meeting
- AONE Practice Policy Committee
- Toxics Free Legacy Coalition Steering Committee
- Health Care Without Harm Nurses Work Group
- Alliance of Nurses for Healthy Environments Advocacy/Policy Group
- Ruckelshaus Steering Committee’s Nursing Quality Indicators webcasts
- Ruckelshaus Safe Staffing Steering Committee Meetings
- Ruckelshaus Immediate Staffing Alert Task Force
- Ruckelshaus Education Advisory Committee
- Official launch of the National Federation of Nurses (NFN)
- NFN National Executive Board meetings & National Advisory Board meetings
- ANA Nursing Practice Network conference calls
- ANA Board of Directors meeting
- ANA Business Arrangements Task Force
- ANA Contituent Assembly Executive Committee
- Nursing Students of Washington State Board Meeting & 2009 Convention
- 2009 WSNA Biennial Convention and General Assembly

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NACES Plus Foundation, Inc.
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RN Opportunities Available
For more information on Renown Health or to apply, visit www.renown.org

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EMERGENCY NURSES ASSOCIATION 2009 ANNUAL CONFERENCE TO BE HELD
October 8-10 in Baltimore, MD - The 2009 Annual Conference of the Emergency Nurses Association (ENA) with the theme STAT (Strengthen, Transform, and Transcend), will be held October 8-10, 2009 at the Baltimore Convention Center. Preconference sessions will be held October 7 and 8. The conference will offer presentations, lectures, workshops and interactive courses addressing violence in the emergency department, overcrowding, pediatric emergency patients, disaster management and other clinical education.

AGENDA / SESSIONS LISTING:

MONEY STILL AVAILABLE FOR GRADUATE STUDENTS INTENDING TO BECOME NURSING FACULTY
In addition to the funds raised at this year’s Johnson & Johnson Washington Promise of Nursing Gala, the National Student Nurses Association Foundation has notified the Washington Center for Nursing that $17,000 remains in the Faculty Fellowship fund from 2006. Graduate students who are intending to become nursing faculty are encouraged to go to the NSNA website for more information and to find out how to apply for these generous, multi-year fellowships.

GO TO:

CHARACTERISTICS OF ARNPs IN WASHINGTON STATE – RESULTS OF 2008 SURVEY RELEASED
In 2008, Washington State surveyed all of the licensed Advanced Registered Nurse Practitioners (ARNPs) in the state to obtain basic demographic, education, and practice information. This report presents findings from analyses of the survey that provide estimates of the number of ARNPs in active practice, their specialties, practice characteristics, educational background, and plans for retirement. This report describes ARNPs in Washington using the 2008 survey responses and state licensing records. Most of the descriptive statistics reflect ARNPs who live and practice in-state, and rural-urban analyses provided.

POLICY BRIEF:

REPORT OF THE SURVEY:

Obama Administration Calls on Nation to Begin Planning and Preparing for Fall Flu Season & The New H1N1 Virus
Administration officials have laid out specific ways that states and local governments can start their planning and preparation efforts and announced new programs and resources to help state and local governments, the medical community and every day America prepare for H1N1 and the fall flu season. First, HHS will make available preparedness grants worth a total of $350 million. These grants were funded by Congress in the latest supplemental appropriations bill and they will give state and local public health offices and health care systems valuable resources to step up their preparedness efforts.

Second, the federal government will centralize communications about H1N1 and seasonal flu on the federal government’s new Web site www.flu.gov. This one-stop comprehensive site brings together flu-related information from across HHS and other federal agencies. The expanded site builds on the pandemic planning information long presented on www.pandemicflu.gov, and incorporates information about the novel H1N1 flu as well as the seasonal flu.

Finally, HHS is launching a new PSA campaign contest to encourage more Americans to get involved in the nation’s flu preparedness efforts by making a 15-second or 30-second PSA. Officials at the summit stressed the idea of “shared responsibility” when it comes to combating the flu and the goal of the new HHS PSA campaign contest is to tap into the nation’s creativity to help educate Americans about how to plan for and prevent the spread of H1N1 influenza. Contest details as well as more information about the larger effort to plan and prepare for the flu season are available at www.flu.gov.

To help the public learn more about flu planning and prevention, and to help others begin planning, the government has created the H1N1 Resource Kit containing helpful information and resources. The Resource Kit will be regularly updated with new information and tools as we learn more about the H1N1 virus and the upcoming flu season.

MORE INFORMATION / RESOURCE KIT:
- http://www.flu.gov/h1n1resourcekit.html

Find out what WSNA has been up to over the last two years.
WSNA’S 2007 - 2009 BIENNAAL REPORT OF ACHIEVEMENTS IS NOW ONLINE.
ANA News

ANA SPEAKS OUT ON BEHALF OF APRNS: LETTER TO THE EDITOR PUBLISHED IN THE NEW YORK TIMES

ANA’s letter to the editor, headlined “The Role of Primary-Care Nurses,” was published in the May 10 online version of The New York Times opinion section. In the letter, ANA President Patton responds to an April 27 front-page article (“Shortage of Doctors an Obstacle to Obama Goals”) that described the Obama administration’s concerns that a shortage of primary care physicians could impede plans to broaden health coverage. In the letter, Patton emphasized that utilizing advanced practice registered nurses (APRNs) is a way of reliving the burdens on the health care system, and is a critical component of health care reform measures that seek to improve access to quality care.

READ THE TIMES’ ONLINE VERSION:
→ http://tinyurl.com/ohlr3g

ANA BRIEFS CONGRESS ON ROLE OF APRNs

From May 14 to June 19, ANA will take part in a series of Capitol Hill briefings on the pivotal role Advanced Practice Registered Nurses (APRNs) play in the nation’s health care system, and the fundamental importance of including APRN practice appropriately in health care reform. As the health care reform dialogue unfolds, ANA will co-host a series of briefings for congressional staff with advanced practice nursing organizations to highlight the practice of Certified Nurse Midwives, Nurse Practitioners, Clinical Nurse Specialists, and Certified Registered Nurse Anesthetists. This APRN briefing series follows ANA’s National Nurses Week briefing on RN practice, which highlighted some of the many settings in which RNs provide care, including schools, operating rooms, and the emergency room.

→ http://tinyurl.com/nb4yp9

ANA SUGGESTS THE INDEPENDENCE AT HOME ACT

The American Nurses Association (ANA) applauds the efforts of lawmakers to bring primary care services offered through registered nurses to Medicare beneficiaries in their homes by reintroducing the “Independence at Home Act of 2009” (H.R. 2560/S. 1131). ANA supports this legislation because it provides patients with care options that enhance individual independence and can lead to a better quality of life. This legislation also smartly recognizes the integral role nurses and nurse practitioners play in the delivery of primary care and helps bring the focus of our health care system back where it belongs – on the patient and the community. Further, the “Independence at Home Act of 2009” would allow Medicare patients with multiple chronic conditions to receive primary care at home in a familiar and comfortable environment. The bill aims to support an interdisciplinary model in which all healthcare providers are able to practice collaboratively and to the full extent of their education and licensure on behalf of the patient.

ANA SPEAKS UP AT CONGRESSIONAL BRIEFING ON HINI INFLUENZA

On May 21, ANA Director of Nursing Practice and Policy Cheryl Peterson MSN, RN, attended a congressional briefing focused on the looming public health workforce shortage and how this shortfall could impact the response to emerging public health threats such as the HINI influenza. During the briefing, which was hosted by the Association of the Schools of Public Health (ASPH), leading public health experts outlined the vital role that local health departments play in protecting the public’s health in instances of response to infectious diseases such as the HINI influenza, and discussed recommendations and strategies to prepare the public health workforce to address this potentially dangerous flu virus. ANA has a long, proud history of supporting public health nurses and the important work that they do. During this briefing Peterson spoke out on ANA’s behalf about the critical, essential role that public health nurses play in promoting and protecting the health of individuals, families, and communities, and the devastating impact the current nursing shortage will have on the nation’s ability to meet the demands of a public health crisis.

LATEST NEWS ON HINI FOR NURSES. VISIT THE SPECIAL SECTION ON THE ANA WEBSITE:
→ http://tinyurl.com/qrtsm8

NURSES HELPING NURSES

Nurses everywhere are indebted to Emily Bourne. In 1922, through a charitable bequest, she created a respite facility for registered nurses that became known as Nurses House. The beachfront home, a stately mansion in Babylon, Long Island, could hold up to sixty residents at any given time. It was often filled to capacity during busy summer months as accommodations were peaceful, restful and provided privacy to nurses that came to stay. As times and needs changed the property was eventually sold, but the funds were used to establish a national fund for nurses in need.

Today, Nurses House, Inc. operates as a charitable organization, run by a nurse staff and volunteer board of directors, offering assistance to nurses throughout the country facing hardship. The mission of Nurses House is to provide short-term assistance to any registered nurse in need as a result of illness, injury, disability, or other dire circumstance. A volunteer group of nurses carefully evaluates the needs of Nurses House applicants and disperses funds to assist with everyday living expenses such as food, medicine, health care, rent, mortgage or utility bills.

In 2008 Nurses House offered over $30,000 in grants to nurses in need, but the need has never been greater. Nurses House depends on contributions from nurses and the nursing community to fulfill its mission of helping nurses.

→ To make a contribution, to request assistance from Nurses House, or to learn more about their work, visit www.nurses-house.org or call 518.456.7858.
Unprecedented Budget Shortfall

The 2009 Legislative Session, lasting from January through late April, ended up being one of the most difficult session in recent years. Prior to session, Governor Gregoire began the state budget development process with a $6 billion dollar deficit. By March, when the House and Senate were proposing their budgets, the deficit had ballooned to nearly $9 billion. Legislators were forced to make difficult decisions about which programs to save and which to cut.

Because education, health and human services receive the bulk of the state’s money, these areas also are most vulnerable to cuts. The final budget includes tuition increases as well as cuts to higher education, a reduction to the Basic Health Program, and the elimination of state funds from the Medicaid General Assistance-Unemployable (GA-U) program among others. Federal funds are available to the state to mitigate the cuts, but reductions throughout state programs were still necessary to balance the budget.

WSNA’s Priorities:

To ensure rest breaks for nurses and enforce limits on mandatory overtime — WSNA worked hard to initiate and push forward HB 1642, HB 1680 and SB 5563. These bills dealt with ensuring uninterrupted meal and rest periods for employees of health care facilities and closing loopholes in current mandatory overtime laws. The bills did not pass the legislature this year. WSNA will continue to work with the Hospital Association, SEIU, UFCW, and the Department Labor and Industries to explore how to support these policies in the future, through legislation or otherwise.

Public health funding and public health nursing — WSNA worked to avoid a potential $48 million dollar cut to public health, helping to reduce cuts to just $4 million dollars for the 2009-2011 biennium. WSNA also worked to include public health nursing as a public health service in the budget bill, inserting language that directs: “The director of the department of community, trade, and economic development shall distribute the appropriations to the following counties and health districts in the amounts designated to support public health services, including public health nursing.”

Nursing education funding — The budget included severe cuts to education. WSNA worked to ensure legislative support for health professions, which includes nursing, as a high-demand field of study and continued funding for health profession scholarships.

WSNA also joined several coalitions to work for and pass bills that support access to care and funding for core health care programs:

Healthy Washington Coalition — WSNA supported the coalition to pass SB 5945 Washington Health Partnership Plan. This health care reform bill aims to expand insurance coverage for Washington families through a Medicaid waiver. The bill passed the legislature and was signed by the Governor.

2,578: NUMBER OF BILLS INTRODUCED IN 2009 AT THE STATE LEGISLATURE

583: NUMBER OF BILLS PASSED BY THE LEGISLATURE

47: NUMBER OF BILLS VETOED OR PARTIALLY VETOED BY THE GOVERNOR

578: NUMBER OF BILLS ENACTED INTO LAW

WSNA Senior Governmental Affairs Advisor, Sofia Aragon, joins Governor Gregoire and other advocates at the bill signing to expand children’s health coverage

Health Coalition for Children and Youth — WSNA supported the coalition to pass HB 2128 Concerning health care coverage for children. Known as the Apple Health for Kids Act, DSHS is to fully take advantage of the federal children’s health insurance program to expand access to care for children. WSNA testified in support and participated in negotiations with legislators and Governor’s staff. The bill passed the legislature and was signed by the Governor.
YOU HELPED MAKE IT HAPPEN!

This year, WSNA launched the new ‘Legislative Action Center,’ a website where nurses could get information and tools to get involved in the issues affecting the nursing profession, your practice and health in Washington. The response was overwhelming and RNs’ voices were heard in record number in Olympia.

5,068 email messages were sent to Legislators and the Governor

You helped make it happen!

Budget Crisis Coalition — WSNA worked with the coalition and legislative leadership to identify revenue approaches with public support to fund programs facing cuts: Basic Health Plan, long term care and nursing homes, hospitals, mental health, health care for children, and public health services.

WSNA also played an active role to shape state health policy to ensure patient safety and promote the important role of nursing in health care:

HB 1808 Creating an interdisciplinary work group with faculty from a paramedic training program and an associate degree nursing program.

The workgroup will review training and curricula to establish course equivalences or skill competencies. WSNA worked to amend the bill to enhance nursing involvement, including representative from WSNA, in the workgroup. The Governor signed the bill.

2SHB 1180 and SB 5282 An act related to the use of bisphenol-A

This bill bans containers made with bisphenol-A designed to hold food and beverages used by children under the age of 3 and sports water bottles made with bisphenol-A. WSNA testified in support of the bill. The legislation did not pass the Legislature.

SHB 1529 Concerning telemedicine

This bill expands the scope of practice for health care assistants to include certain oral medications. WSNA testified on the bill to limit oral medications administered to ensure patient safety and to require a sunrise review of HCA profession. The Governor signed the bill.

SB 5608 Concerning genetic counselors

This bill establishes the genetic counseling profession. WSNA testified to how ARNPs already provide genetic counseling services within their scope of practice and that registered nurses also provide some aspects of genetic counseling. WSNA worked with legislative staff and genetic counseling advocates so that the exclusive use of the title “genetic counseling” and the restriction of the use of similar titles do not prevent ARNPs or RNs from continuing current practice. The bill passed the legislature and has been delivered to the Governor for signature.

SHB 1414 Concerning Health Care Assistants

This bill expands the scope of practice for health care assistants to include certain oral medications. WSNA testified on the bill to enhance nursing involvement, including representative from WSNA, in the workgroup. The Governor signed the bill.

SB 5252 Addressing correctional facility policies regarding medication management

This bill establishes a workgroup to develop a model policy regarding management of medications in jails and training of non-health care practitioner jail personnel who may deliver and administer medications or provide medication assistance to inmates. WSNA testified on the bill to ensure health care provider involvement in creation of the model policy. The bill passed the legislature and has been delivered to the Governor for signature.

Find out more about WSNA’s legislative priorities and our coalition work online at WSNA’s legislative action center: www.wsna.org/legislative-action-center

Thank you for doing your part! Despite an alarming budget deficit and difficult Legislative Session, registered nurses and WSNA were able to move forward on several key issues. With new outreach and engagement tools, we’re strengthening our voice and will continue fighting in Olympia for the issues that matter to registered nurses in Washington.
Rising health care costs, increasing numbers of uninsured and underinsured individuals, and disparities in health care access and quality have created an emerging national consensus that the health care system is broken and must be fixed now. Federal health care reform is on a fast-track. President Obama is awaiting a bill from Congress as early as this fall.

There are currently three bills under discussion in Congress – two in the Senate and one in the House. Each bill takes a different approach to reducing health insurance costs across the board and covering the nearly 50 million people uninsured in our country. Many compromises will be necessary to reconcile these various plans and move towards a consensus on health care reform. Key areas of debate include:

- Whether the government should provide a ‘public option’ in which the government administers a health plan, possibly using Medicare as a model but open to everyone (see sidebar for more information);
- The role and requirements that should be placed on employers to provide insurance for employees;
- How to require individuals to carry insurance;
- Whether to create a new insurance ‘marketplace’ or ‘exchange’ so that consumers can more easily compare costs and benefits of different insurance plans;
- If Medicaid can be expanded to cover more individuals;
- Possible government mandated requirements for insurance which would include offering plans with specific benefits (for example, a set of core benefits that all insurers must offer) and possibly eliminating insurers’ ability to deny coverage for pre-existing conditions;
- The role of evidence based practice, prevention, and public health in ensuring healthier populations. These issues are somewhat less controversial as the Senate, House, and president’s proposed plans include each of these elements to some extent; and
- How to pay for it, who should pay, and how much it will all cost.

WSNA and the American Nurses Association (ANA) are proud to support the goal of quality, affordable health care for everyone in 2009. As frontline health care providers, registered nurses are acutely aware of the consequences when people do not have access or cannot afford quality health care. We know that providing timely and appropriate preventative care will always be our best and most cost effective health care solution. People must have access to primary care and regular, preventive medical care.

Visit www.wsna.org/healthcare to find more information and learn how you can make your voice heard.
A PUBLIC OPTION

Sometimes called the public option, public plan or public insurance option, the debate over whether to include a public option in a new health care system has become one of the most heated topics in the current battle over reform. So what is a public option and why does it matter?

If created, a public option could take many different forms, but it will essentially be a health insurance plan provided by the federal government that would be open to individuals and would compete with private insurance companies. The public plan would be open to individuals regardless of pre-existing conditions and would likely include subsidies or assistance for those unable to afford the full cost.

In addition to providing coverage, the goal of this plan would also be to create more competition in the insurance marketplace and drive down costs. A public insurance plan would also have the ability to negotiate with drug and health care equipment companies to further lower costs for its consumers.

A public option is included in President Obama’s health care plan and some of the bills currently being debated and refined in Congress. Under these plans, businesses and families would have the choice of keeping the insurance that they have or a public health insurance plan. The public option would compete with private insurers to lower costs and keep the insurance industry honest.

There is strong support for the choice of a public health insurance plan. Polling shows that at least 72 percent of people want the choice of a public health insurance plan, with the majority of people in both parties favoring such a solution. Small businesses, community organizations, health care providers, and labor unions support a public option.

Investing now in quality care for all ensures that we will emerge from this downturn with a healthy and vibrant workforce ready to take on the challenge of rebuilding our country’s economy. We cannot afford to wait for meaningful health care reform. We must act now and seize the energy and momentum for change.
WSNA’s Efforts

Discussion with Senator Maria Cantwell on Health Care Reform at UW and SW WA Medical Center

WSNA was represented at a small meeting held by U.S. Senator Maria Cantwell with labor leaders on June 30th in Seattle. WSNA took the opportunity to press the Senator on a strong public option as part of health care reform at the federal level. In addition, WSNA was able to emphasize the importance prevention, maintaining public health services and including advanced registered nurse practitioners in the Senator’s efforts to increase the number of primary care providers.

On July 1, Senator Cantwell held an expert panel discussion on health care reform at Southwest Washington Medical Center in Vancouver, Washington. Panelists included Sofia Aragon, RN, JD, WSNA Senior Governmental Affairs Advisor along with representatives from Group Health Cooperative, Regence, Premera, Legacy Health System, Dr. Dawn Doutrich, Ph.D who is nursing faculty at Washington State University, Providence Centralia Hospital, AARP, and the Free Clinic of SW Washington.

WSNA testified in favor of a nationwide public option for health care access, the importance of supporting prevention and public health, and the critical role that Advanced Registered Nurse Practitioners have played in providing primary care in Washington.

Rally for Health Care Reform – ‘Mothers Leading the Way’

On Saturday, May 30th, WSNA joined over 180 other organizations and thousands of individuals in a rally and march for quality, affordable health care for everyone in 2009. WSNA staff and members joined together at the rally wearing WSNA blue and proudly holding “RNs Care for You” signs.

The theme, “Health Care for All in 2009 – Mothers Leading the Way,” was a powerful message, with mothers front and center during the march and rally. The diverse group of supporters and broad coalition of endorsing organizations at the march displayed energy and enthusiasm for attaining President Obama’s goal of achieving health care reform this year.

WSNA President Kim Armstrong spoke at the rally noting that registered nurses are acutely aware of the problems people face when they do not receive timely and appropriate care. She explained, “The cost of health care in the nation is out of line. But efforts to decrease costs by decreasing reimbursement to those who provide care only decreases the access to health care. We must have Health Care Reform and we Must Have it NOW.”

Senator Patty Murray and Congressman Jim McDermott also addressed the crowd as well as a number of community leaders.

WSNA officially endorsed the rally and its goal of winning quality, affordable health care for everyone in 2009. WSNA was also proud to participate in the planning, promotion and execution of the event.
WASHINGTON STATE UNIVERSITY
FORUM ON THE COMMUNITY HEALTH IMPACTS OF THE ECONOMIC CRISIS

Washington State University Vancouver’s Center for Social and Environmental Justice held an expert and community leaders discussion on Saturday, June 27th to discuss the impact to critical health services as a result of the weak economy.

Sofia Aragon, RN, JD, WSNA Senior Governmental Affairs Advisor, was a member of the panel focused on major policy initiatives and recommendations to address needed health services within the current economic climate. WSNA presented examples of local impact such as the upcoming closure of the Southwest Washington Hospital’s Healthy Steps Clinics which includes nurse practitioners along with information on the organization’s legislative priorities including working with partners to secure the health care services safety net, preserving and enhancing public health and public health nursing, the economic climate’s impact on the nursing shortage, and policy opportunities through federal health care reform.

NEXT STEPS

WSNA has launched a web section on www.wsna.org focused on health care reform. Stay up to date on the latest federal and state efforts for meaningful health care reform, and what you can do to help.

WSNA continues to work with partners such as Health Care for America Now to mobilize members and send the message to the Washington State federal delegation and others that meaningful health care reform is needed.

ANA’S EFFORTS

ANA has long been a supporter of meaningful healthcare reform that assures universal access to high-quality, affordable health care for all people in the United States. ANA’s updated Health System Reform Agenda released in 2008 carries this message into the current critical national healthcare debate, advocating that that health care is a basic human right; that a public health insurance plan option must be created to expand choice and control costs; and that a sufficient and fully utilized nursing workforce is necessary to ensure access to quality care.

ANA is actively working for the inclusion of a public option in any health care reform package and is proudly representing the nursing profession at ongoing healthcare summits and forums, working with lawmakers, the Obama administration, and other stakeholders to find answers and take action.

ANA was on Capitol Hill on June 24th, to testify before the House Ways and Means Committee on health care reform. Donna Policastro, RNP, Executive Director of the Rhode Island Nurses Association spoke on behalf of ANA at Wednesday’s committee hearing, “Proposals to Reform the Health System.” ANA followed up the next day, June 25th, with testimony at a hearing before the House Committee on Energy and Commerce. Kathleen M. White, PhD, RN, CNAA, BC, Chair of the Congress on Nursing Practice and Economics (CNPE) testified on behalf of ANA at the hearing.

For more information about ANA’s efforts, visit www.nursingworld.org.
From April 29th – May 1st 2009, WSNA members gathered at the Seattle Airport Hilton Hotel and Convention Center to network, learn, debate, celebrate and set the direction for WSNA’s future. WSNA’s 82nd Biennial Convention was packed with many education sessions featuring nationally renowned speakers and attendees had a choice of a wide range of offerings including, workplace issues, nursing practice and education, global health policy and health and safety topics. This year, the Nursing Students of Washington State (NSWS) also held their second annual convention in conjunction with WSNA, and enjoyed in sharing many of the WSNA educational sessions and networking opportunities.

Pre-Convention events began on April 29th with an educational workshop for hospital nurse staffing committees and a meeting of the WSNA Statewide Local Units Council. These were followed with an evening wine and cheese “Welcome and Meet the Candidates” reception for early arriving convention attendees – more than 80 nurses attended the pre-convention events. Door prizes, renewed friendships and networking were some of the highlights of this casual evening.

Barbara Dossey, PhD, RN, FAAN, was the keynote speaker at the opening session of Convention on April 30th, speaking on “Florence Nightingale Today: Healing, Leadership and Global Action.” Dr. Dossey spoke again later in the day on “The Nightingale Initiative for Global Health.” Her morning keynote was followed by the WSNA General Assembly and Business Meeting where attendees learned about WSNA’s work and achievements over the previous two years, perfected proposed amendments to the WSNA Bylaws to send to the membership, proposed and approved resolutions, made final nominations for the WSNA elections, and heard progress reports from the Board, Cabinet, Councils and staff.

And of course, there was also time for lots of fun with plenty of food, social time, vendors and networking. Throughout the two and a half day Convention, members and guests browsed the many exhibits and poster sessions and placed their bids on more than 100 exciting items donated for the Washington State Nurses Foundation’s
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(WSNF) silent auction and raffle. Items ranged from a flat screen TV, Nintendo Wii, Seattle Storm gear, wine & cheese baskets, a diamond & sapphire necklace and even a relaxing getaway at the Salish Resort. Thanks to the generosity of the WSNF’s many donors and friends, the auction and a special fundraising session at the Awards reception raised more than $13,300 to support the WSNF’s nursing scholarships and mini-grants programs.

The highlight of Thursday evening was the gala WSNA Awards Reception celebrating and showcasing the 2009 WSNA Honorary Recognition Awards and the Professional Nursing & Health Care Council Awards recipients. Individuals and organizations were honored for their significant contributions to their fellow nurses, to their patients, to the public and to the nursing profession (see separate box for list of awardees).

The Friday morning Keynote speaker was Monique Lambert, PhD, whose excellent and thought-provoking presentation, “Nursing Workflow – Can Technology Really Help,” provided important insight into the many interruptions of nurse’s work and how technology can both add and detract from a nurse’s work load. This was a very popular session and Dr. Lambert has been invited to speak again the WSNA Leadership conference in September. Her ongoing research is an important tool in the battle to help non-nurses better understand the complexity of what nurses do and the importance of involving nurses in selection, development and appropriate application of technology in the delivery of patient care.

After a short break, attendees returned for a Plenary Session by Sharon Eloranta, MD, the Medical Director for Quality and Safety Initiatives at Qualis Health in Seattle, speaking on “Never Events – Is this Nursing’s Opportunity.” Her presentation helped participants understand the important role and opportunity nurses and the profession now has to demonstrate how nurses truly make a difference in quality outcomes, especially as CMS holds hospitals more accountable for quality and safety by not reimbursing for preventable errors.

The morning Plenary was followed by a yummy lunch break with exhibitors, and then two sets of concurrent CE sessions. All of these were well-attended and received outstanding evaluations from the sessions’ participants. The topics included:

- **Social Justice – The Future of Caring**  
  (Kristen Swanson, PhD, RN, FAAN)
- **Continued Competency – Where are We Now?**  
  (Cheryl Peterson, MN, RN)
- **A Panel presentation on Transition into Practice**
- **Preventing and Dealing with Workplace Violence**  
  (Annie Bruck MN, RN, COHN-S)
- **Master Plan for Nursing Education**  
  (Anne Hirsch, PhD, RN)
- **The Nursing Research: Where Are We Now & What’s Next?**  
  (Nancy Fugate Woods, PhD, RN, FAAN)

After the breakout sessions, Convention attendees worked together in small groups to discuss WSNA’s strategic Issues and Priorities and to answer the following questions:

1. **What are the three most important issues facing nursing that you want WSNA to address in the next two years?**
2. **What are the three most important actions you want WSNA to take in addressing these issues?**

Participants shared their ideas, issues, and solutions with each other and provided an opportunity for more discussion about nursing – present and future. There was no lag in the conversation and the time passed very quickly. Input from the session, along with actions from the General Assembly, will be used by the WSNA Board of Directors, the Professional Nursing and Health Care Council, the Legislative and Health Policy Council, and the Cabinet on Economic and General Welfare to update the WSNA Issues and Priorities and will help guide the work of the association during the next two years.

Throughout the Convention, the CE programs, exhibits and work sessions, attendees were treated with many door prize drawings and give-aways – all generously donated by our 2009 convention sponsors and exhibitors.

WSNA would like to thank all of our speakers, sponsors, exhibitors and members who attended the Convention for helping make 2009 one of the best yet! Watch for the dates for the 2011 WSNA Convention in future issues of The Washington Nurse – you won’t want to miss it.
Resolutions and Main Motions passed by the 2009 WSNA General Assembly

Members of the WSNA General Assembly engaged in spirited discussions on several resolutions: one in strong support of achieving permanent funding and support for public health and public health nursing, another supporting improvements to workplace safety precautions and work clothing, and a third, an emergency resolution offered because of the emerging H1N1 pandemic flu outbreak, to strengthen efforts for emergency management preparation and response to disease outbreaks and disasters. Additionally, a main motion was passed urging WSNA to take action to address the severe cuts to health service as a result of the State’s budget crisis.

Additionally, three courtesy resolutions were unanimously approved: one honoring the outgoing Board members, one honoring the WSNA staff and one recognizing and thanking Kim Armstrong, BSN, RN, honoring her for her many contributions and for the last four years of dedicated service and outstanding leadership as President of WSNA. Kim is continuing her association work, currently serving as second Vice-President of ANA and the Secretary of the NFN.

Resolutions #1: Safety Precautions and Work Clothing in the Clinical Environment

RESOLVED. That WSNA strongly support and encourage health care employers to provide and launder health care workers’ clothing worn in the work setting,

RESOLVED. That WSNA, in order to minimize the risk of disease transmission to health care worker’s families, home and community, encourage and support policies that work clothes and shoes not being taken out of the clinical work setting,

RESOLVED. That in order to minimize the risk of disease transmission, WSNA support infection control policies that prohibit health care workers from personally laundering patients’ clothing and belongings outside of the workplace setting,

RESOLVED. That WSNA support workplace health and safety policies that meet CDC recommendations and ensure employer-provided clothing for health care workers is functional, protective and comfortable.

RESOLVED. That WSNA educate employers and nurses about the infection risks of pulling soiled clothing over the face and head when undressing and encourage the provision of clothing that can be removed without contaminating the face and head,

RESOLVED. That WSNA support enforcement of regulations of health care employers to provide a workplace free of recognized hazards and to provide personal protective clothing and equipment that is needed in the workplace;

AND RESOLVED. That the Cabinet on Economic and General Welfare encourage the Local Units to consider various methods to implement the intent of this resolution.
**RESOLUTION #2: ACHIEVING PERMANENT FUNDING AND SUPPORT FOR PUBLIC HEALTH SERVICES**

**RESOLVED.** That WSNA conduct a review of current state and national public health standards and recommendations and develop a WSNA position paper describing the essential components of public health policy and public health nursing consistent with delivery of high quality public health care and nursing practice,

**RESOLVED.** That WSNA, through its lobbying, coalition and public relations efforts, continue to lead and educate the Washington State legislature, local governments and the general public about the critical need for public health and public health nursing and strongly advocate for an adequate and permanent stable funding source for these essential services.

**EMERGENCY RESOLUTION #1: PANDEMIC RESPONSE PREPARATION AND FUNDING**

**RESOLVED.** That WSNA continue to publicize and advocate for public health, public health nursing, and the need for sustainable funding for public health in the State of Washington and the nation, and

**RESOLVED.** That WSNA actively advocate for strengthening hospital funding to support hospital and health system response for emergency management preparation and response, and

**RESOLVED.** That staff consult and collaborate with the newly established WSNA Special Committee on Emergency and Disaster Preparedness to strengthen communication and dissemination of information regarding the American Red Cross and Medical Reserve Corp Emergency Worker Volunteer Programs via the WSNA e-mail Practice Alert system, and

**RESOLVED.** That WSNA continue to consult and collaborate with ANA, other nursing and health care organizations and appropriate State and National agencies to ensure a coordinated nursing response and that WSNA web pages are up-to-date and provide links to appropriate resources and information regarding pandemic infections, emergency preparedness and disease management.

**MAIN MOTION:**

Under New Business, the General Assembly was informed that the Washington State Legislature had just passed a 2009-2011 biennial budget that cuts $770 million in health care funding including stripping 40,000 people from the state subsidized Basic Health Plan. The State budget also:

- cuts hospital reimbursement rates by $75 million
- cuts public health funding by $4 million
- includes a reduction of nearly $200 million in long term care and mental health funding
- will result in an additional 150,000 Washington residents becoming uninsured due to the combine impact of the budget cuts and job loss.

Members of the General Assembly expressed serious concern that these cuts will result in people delaying care and increasing health care costs and impacting ERs and community health centers already overburdened by the growing number of uninsured. It will also lead to a decline in the quality of care for everyone because there will be fewer nurses and healthcare staff, less opportunity for patient education, longer wait times for people who need care, overcrowded emergency rooms, and more difficulty getting necessary follow up care.

As a result, the WSNA General Assembly passed a main motion that requests the WSNA Board of Directors and Staff:

1. **Develop communications and other strategies to increase awareness** of RNs, stakeholders, policy makers and the public of the dangerous impact of the budget cuts,
2. **Explore revenue options** during this budget crisis to fund essential health care programs,
3. **Work with coalition partners** on health care reform and additional health care funding, and
4. **Advocate for health care access** for all residents of Washington State.

Complete texts of resolutions online at www.wsna.org
2009 Washington State Nurses Association Honorary Recognition Awards

**WSNA HONORARY RECOGNITION AWARD – RN CANDIDATE**
In recognition of her life-long commitment and tireless work on behalf of registered nurses and the profession and her distinguished service to WSNA and ANA.

Nancy Fugate Woods, PhD, RN, FAAN

**WSNA MARGUERITE COBB PUBLIC HEALTH / COMMUNITY HEALTH NURSE AWARD**
In recognition of her lifelong contributions and leadership in community health nursing and WSNA.

Karen Bowman, MN, RN, COHN-S

**WSNA JOANNA BOATMAN STAFF NURSE LEADERSHIP AWARD**
In recognition of their leadership and significant contributions to the economic and general welfare of nurses and nursing.

Jeanne Avey, RN and Pamela Newsom, BSN, RN

Above: The Washington Toxics Coalition received the 2009 WSNA Community Partner Recognition Award.


2009 Professional Nursing and Health Care Council (PNHCC) Awards

**BEST PRACTICE AWARD**
Peggy Slider, BSN, RN

**NURSE LEADERSHIP AND MANAGEMENT AWARD**
Barbara Trehearne, PhD, RN

**NURSE EDUCATOR OF THE YEAR**
Janice Ellis, PhD, RN, ANEF

**ETHICS & HUMAN RIGHTS AWARD**
Carol Leppa, PhD, RN

**RESEARCH AWARD**
Butch de Castro PhD, MSN/MPH, RN
2009 WSNA ELECTION RESULTS

JULIA WEINBERG, RN ELECTED WSNA PRESIDENT

Eleven state nursing leaders were elected to two-year terms on the Washington State Nurses Association (WSNA) Board of Directors during an election conducted by a mailed ballot of the WSNA membership in May, 2009. The ballots were counted and certified by the Integrity Voting Systems, Inc. on June 8th. In addition to the elections, WSNA members also overwhelmingly approved the proposed changes to the WSNA Bylaws with 86% “yes” vote. The term of office for the newly elected Board and the amended WSNA Bylaws take effect immediately.

This year’s voting resulted in many close elections, giving renewed credibility to the saying that “every vote counts!” Congratulations to all of the candidates who ran and to those elected. Complete election results, including vote counts for all positions are available at WSNA. The newly elected WSNA Board will make additional appointments to WSNA Councils and WSNA standing committees when they meet on July 31st. These appointments will become official following notification and acceptance of the appointments by the individuals.

JULIA WEINBERG, RN FROM BOW, WA WAS ELECTED TO SERVE AS PRESIDENT OF WSNA. Julia received her Associate degree in Nursing from Everett Community College and has been a registered nurse providing direct patient care for more than 25 years. She is currently employed as a staff nurse in the PACU at the Skagit Valley Hospital where she has held many roles including grievance officer, negotiating team member and co-chair of her local unit. She has held many other association roles over the years, including a term on the Cabinet on Nursing Practice and Education and on the WSNA-PAC Board. Julia has been honored for her hard work with the WSNA Joanna Boatman Staff Nurse Award; the WSNA Cabinet on Economic and General Welfare Local Unit Chair Award; and the District Mentoring of Student Nurses and help with transition from Student to Practicing Nurse award. Julia has also been elected several terms as a WSNA delegate to ANA and the UAN national meetings. Most recently, Julia was elected and served two terms on the WSNA Cabinet on Economic and General Welfare, including Vice-Chair in 2007-2009, and served previously as a member of the WSNA Board of Directors.

In addition to Julia, the following officers and members were elected to the WSNA Board of Directors:

<table>
<thead>
<tr>
<th>POSITION</th>
<th>DISTRICT</th>
<th>NAME</th>
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<tbody>
<tr>
<td>VICE-PRESIDENT</td>
<td>#16, Mt. Vernon</td>
<td>Tim Davis</td>
</tr>
<tr>
<td>SEC/TREASURER</td>
<td>#4, Nine Mile Falls</td>
<td>Verlee “Vee” Sutherlin</td>
</tr>
<tr>
<td>CAB CHAIR</td>
<td>#4, Spokane</td>
<td>Martha Marty Avey</td>
</tr>
<tr>
<td>LEG CHAIR</td>
<td>#6, Yakima</td>
<td>Susan E. Jacobson</td>
</tr>
<tr>
<td>PNHCC CHAIR</td>
<td>#4, Spokane</td>
<td>Sharon “Sheri” Bradley</td>
</tr>
<tr>
<td>AT-LARGE</td>
<td>#7, Wenatchee</td>
<td>Pamela Pasquale</td>
</tr>
<tr>
<td>AT-LARGE</td>
<td>#17, Port Orchard</td>
<td>Ed Dolle</td>
</tr>
<tr>
<td>AT-LARGE</td>
<td>#2, Seattle</td>
<td>Jennifer Graves</td>
</tr>
<tr>
<td>STAFF NURSE</td>
<td>#18, Ellensburg</td>
<td>Judi M. Lyons</td>
</tr>
<tr>
<td>STAFF NURSE</td>
<td>#10, Longview</td>
<td>Jeanne Avey</td>
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Also elected were WSNA Councils, Cabinet and standing WSNA committees and WSNA delegates and alternates to the 2010-2011 ANA House of Delegates. Those elected are as follows:

The newly elected WSNA Cabinet on Economic & General Welfare Members are:

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<tr>
<th>ROLE</th>
<th>DISTRICT</th>
<th>NAME</th>
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<tbody>
<tr>
<td>CHAIRPERSON</td>
<td>#4, Spokane</td>
<td>Martha Marty Avey</td>
</tr>
<tr>
<td>VICE-CHAIR</td>
<td>#4, Spokane</td>
<td>Kathy Ormsby</td>
</tr>
<tr>
<td>SEC/TREASURER</td>
<td>#3, Olalla</td>
<td>Sally Baque</td>
</tr>
<tr>
<td>AT-LARGE</td>
<td>#16, Camano Island</td>
<td>John Tweedy</td>
</tr>
<tr>
<td>AT-LARGE</td>
<td>#4, Spokane</td>
<td>Peggy Slider</td>
</tr>
<tr>
<td>AT-LARGE</td>
<td>#6, Yakima</td>
<td>Pamela O. Rimel</td>
</tr>
<tr>
<td>AT-LARGE</td>
<td>#3, Tacoma</td>
<td>Susan M. Jacobson</td>
</tr>
<tr>
<td>AT-LARGE</td>
<td>#2, Seattle</td>
<td>Pamela Newsom</td>
</tr>
<tr>
<td>AT-LARGE</td>
<td>#3, Olympia</td>
<td>Evelyn Street</td>
</tr>
<tr>
<td>AT-LARGE</td>
<td>#6, Yakima</td>
<td>Lorraine Bethay</td>
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The newly elected WSNA Professional Nursing and Health Care Council Members are:

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<tr>
<th>ROLE</th>
<th>DISTRICT</th>
<th>NAME</th>
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<tbody>
<tr>
<td>CHAIRPERSON</td>
<td>#4, Spokane</td>
<td>Sharon L “Sheri” Bradley</td>
</tr>
<tr>
<td>ADMINISTRATION</td>
<td>#11, Vancouver</td>
<td>Joan M. Caley</td>
</tr>
<tr>
<td>AT-LARGE</td>
<td>#9, Lynnwood</td>
<td>Bonnie B. Sandahl</td>
</tr>
<tr>
<td>EDUCATION</td>
<td>#4, Spokane</td>
<td>Terry Buxton</td>
</tr>
<tr>
<td>ETHICS &amp; HR</td>
<td>#2, Lynnwood</td>
<td>Antwinett O Lee</td>
</tr>
<tr>
<td>PRACTICE</td>
<td>#3, Port Orchard</td>
<td>Felecia Rachner</td>
</tr>
<tr>
<td>RESEARCH</td>
<td>#2, Seattle</td>
<td>Barbara Innes</td>
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Four (4) additional members will be appointed to the PNHCC when the WSNA Board of Directors meets on July 31st.
The newly elected **WSNA Legislative and Health Policy Council Members** are:

<table>
<thead>
<tr>
<th>CHAIRPERSON:</th>
<th>Susan E. Jacobson, District #6, Yakima</th>
</tr>
</thead>
<tbody>
<tr>
<td>AT-LARGE:</td>
<td>Stasia Warren, District #4, Spokane</td>
</tr>
<tr>
<td>AT-LARGE:</td>
<td>Eric Webster, District #3, Tacoma</td>
</tr>
<tr>
<td>AT-LARGE:</td>
<td>Patty Hayes, #13, Olympia</td>
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Three (3) additional members will be appointed to the Legislative & Health Policy Council when the WSNA Board of Directors meets on July 31st.

The newly elected members of the **WSNA Nominations/Search Committee** are:

- Danielle Feist, District #4 Spokane, Chair
- Sally Herman, #16, Mt. Vernon
- Yolanda Pacheco, District #6, Yakima
- Muriel G. Softli, District #2, Seattle

Three (3) additional members will be appointed when the WSNA Board of Directors meets on July 31st.

Elected members of the **Cabinet on Economic and General Welfare Nominating/Search Committee**:

- Patricia Lombard, District #1, Bellingham, Chair
- Anne M. Whiteley, District #6, Yakima
- Betty Blondin, District #3, Tacoma

WSNA Delegates to 2010 and 2011 ANA House of Delegates:

Editor's Note: Following the WSNA elections, WSNA was notified by ANA that WSNSA will be allotted 38 delegate seats for the 2010 ANA House of Delegates. Alternate delegates will be appointed to serve as delegates if needed from the alternate listings in order by the highest number of votes received. Tie votes will be determined by lot.

Elected as **2010–2011 ANA At-Large Delegates** (6)

1. Michelle Huskinson
2. Joanna Boatman, Kalama
3. Edward Zercher, Sammamish
4. Sally A. Herman, Mount Vernon
5. Jean Pfeifer, Tonasket
6. Hanna K Welander, Shoreline

All members in good standing at the time of the election, receiving at least one vote, including Write-ins, are elected as 2010-2011 Alternate At-large Delegates. These names will be retained as possible alternate delegates, providing they also meet the criteria for ANA At-Large Delegate. They are: Jennifer A. Gracia, Seattle, Tara Goode, Ercetta, Jan Bassett, Vashon, Louise Kaplan, Olympia, Sofia Aragon, Olympia, Muriel G. Softli, Seattle, Mara Kieval, Portland, Antzwinnet O. Lee, Lynnwood, Barbara Frye, Shorewood, Anne Poppe, Lake Stevens, Darlene Delgado, Bothell, Judy Huntington, Kent, Louise Shores, Vancouver, Better Perman, Shoreline, Margaret Conley, Lakewood, Mary K. Walker, Willowsbrook, IL, and Sara Frey, Sammamish.

Elected as **2010–2011 ANA Staff Nurse Delegates** (32)

1. Tim R. Davis, Mount Vernon
2. Kathy Ormsby, Spokane
3. Marty Avery, Spokane
4. Judi M. Lyons, Ellensburg
5. John Tweedy, Camano Island
6. Julia R. Barcott, Yakima
7. Michael S. Krashin, Lakewood
8. Julia A. Weinberg, Bow
9. Larry L. Jones, Tacoma
10. Jeanne M. Avey, Longview
11. Sonya Miller, Puyallup
12. Patrick Baron, Blaine
13. Holly Emmett, Tacoma
14. Susan E. Jacobson, Yakima
15. Susan M. Jacobson, Tacoma
16. Pamela O. Rimey, Yakima
17. Karen Tranholt, Auburn
18. David Trevino, Yakima
19. Pamela Newsom, Seattle
20. Yolanda Pacheco, Yakima
21. Evelyn L. Street, Olympia
22. Sally A. Baque, Olalla
23. Gayla M. Bellamy, Yakima
24. Felecia Rachmer, Port Orchard
25. Randy La Fray, Yakima
26. Lorraine L. Bethay, Yakima
27. Anita Stull, Seattle
28. Judith Turner, Fox Island
29. Eric Webster, Tacoma
30. Patricia “Trish” Di Egidio Tobis, Bellevue
31. Kim Armstrong, Olalla
32. Jan Olson, Kelso

All members in good standing at the time of election, receiving at least one vote, including Write-ins, are elected as 2010-2011 Alternate Staff Nurse Delegates. These names will be retained as possible alternate delegates, providing they also meet the criteria for ANA Staff Nurse Delegate. They are: Carlene F. Haynes, Spokane, Catherine Powers, Edmonds, Dave Arden, Belfair, Debbie Stevenson, Graham, Janet Bowman, Spokane, Melissa Goldberg, Ocean Park, Pat Callow-Borges, Burien, Peggy Schmidt, Oak Harbor, Robin Larson, Vancouver, Roni Kelsey, Lynden, Travis Elmoro, Vancouver, and Kathy Kaylor, Spokane.
NSWS ELECTIONS RESULTS

Meet the Board Members and elected Chairpeople for Nursing Students of Washington State (2009–2010).

NSWS is the only statewide student nursing association in Washington State. Formerly known as SWANS, NSWS was developed in early 2007 by dedicated nursing students and faculty from around the state who believe in unifying the voices and philosophies of Washington State nursing students in order to work towards the common goal of betterment and advancement of nursing as a profession.

NSWS membership is open to everyone enrolled in an accredited Washington State nursing school at all levels, nursing school faculty and pre-nursing students.

→ www.wsna.org/nsws

The members of NSWS have selected Safe Drug Disposal as their community service project for 2009–2010.

2009 WSNF SCHOLARSHIP AWARDEES

→ www.wsna.org/wsnf

Lauren Blickle
Seattle Central Community College Nursing Program, Seattle

Allison L. Gienger
University of Washington Nursing Program, Seattle

Heidi Polinder
Whatcom Community College Nursing Program, Bellingham

Viktor Rybachuk
Intercollegiate College of Nursing, WSU, Pullman Campus

Elizabeth Sowers
Seattle Pacific University Nursing Program, Seattle
ADVOCACY IN ACTION

WSNA Registered Nurses throughout the state have united together, standing firmly grounded on our basic principles and values. As registered nurses, we take great pride in our profession and aren’t afraid to demand that our voices are heard. Overwhelmingly, we have delivered a message of hope and confidence: we can deliver quality care, with intelligence and compassion.

Over the past year, WSNA registered nurses have successfully used our voices and collective action strategies to take on the multiple complex issues and challenges. Our Labor Relations program is dedicated to working together with our local unit leaders and registered nurse members to ensure we reach our goals and the best possible outcomes for all.
ISSUE: RESPONSE TO ECONOMIC CRISIS
RESPONSE: SAFE PATIENT CARE IS A MUST!

It is both short sighted and hazardous to underestimate the impact that Registered Nurses have on quality of care and patient safety. Cutting back or laying off direct care staff nurses and nurse leadership is dangerous and will lead to medical errors, poor patient outcomes, nursing injuries, and burnout. Together, we are voicing our concern that these outcomes are simply unacceptable!

Your WSNA local unit officers and local unit leaders are committed to effectively representing you at numerous Labor Management committee meetings. WSNA has been loud and clear about the fact that registered nurses must be a part of the processes and decisions that affect our practices and ultimately influence the financial bottom line. Together, we ensure our employment contracts and day to day work conditions are fair, reasonable, and in the best interest of all.

WHAT CAN YOU DO?

SOMETHING... ANYTHING... EVERYTHING!

Remember the feeling you get when you do that special thing for your patient that even you didn’t think could be done? When you are told "No" the first time you ask for something, but you persist in the best interest of your patient, and get it? When you see a patient you didn’t think would make it, get up and walk out of the hospital? When you hear those simple words, “thank you,” that mean so much!

You already belong to a special group of people — you are a nurse — you can do anything!

UNITED VOICES AND ACTION HELP US ALL MOVE FORWARD

As registered nurses, we know that our communities trust us. Advocating for safe, quality patient care is not just our professional responsibility, it’s the right thing to do!

A single voice becomes much more powerful when it is added to many. As a WSNA member, you have the power of over 15,000 Registered Nurses in Washington State standing beside you. When one of us speaks, we all speak. It’s time to get a buzz going. It’s time to turn up the volume. It’s time for us all to get involved and to use our collective power to make a difference for the better!

HERE ARE A FEW THINGS YOU CAN DO TODAY:

Seek out the protections and the answers you need in order to be the best nurse you can be. • Show your WSNA pride by wearing pins, lanyards, shirts, scrub tops, use pens, badge holders, and water bottles. • Be free of fear and advocate for your profession and your patients. • Don’t wait for someone to spell it out for you – ask the questions! • Educate yourself. • Take advantage of the educational offerings WSNA, ANA, and your district nurses associations provide. • Ask for help! • Come out to rallies and events at your hospital. • Bring your family, your pets, and your friends – these issues affect them too! • Talk about your union on your breaks and lunches. • Read your contract!

Let’s show management that the nurses in Washington State are passionate about nursing, solidarity, and their community!
Advocacy in Action

ISSUE: MISSED MEAL & REST BREAKS
RESPONSE: GOT BREAK?

Research confirms what we already know from our own experiences: nurses working long hours leads to decreased alertness, vigilance, concentration, judgment, mood, and performance. Nurses’ ability to maintain the mental and physical alertness and focus required to provide safe and quality patient care is dependent on the ability to take full, uninterrupted rest and meal breaks. Current practice of claiming that brief interruptions in work activities provide an adequate break is detrimental to patient safety and nurse wellbeing.

Local unit leaders, staffing committee members, nurse reps and WSNA members have spent hundreds of hours learning about and supporting awareness of the dangers of fatigue and missed meal and rest breaks. WSNA is working in the legislature, through collective bargaining, and contract enforcement to ensure that nurses get full rest and meal breaks so that they can remain alert and focused throughout a shift.

PLUGIN! Make sure you are receiving all the information you need to help you get involved. Email WSNA’s membership department at membership@wsna.org and make sure your contact information is up to date. With an up-to-date home email address, you’ll start receiving your local unit e-Newsletter so you can find out what’s happening in your facility and around the state, at your convenience.

ISSUE: IMPLEMENTING THE NEW SAFE STAFFING LAW
RESPONSE: SAFE STAFFING SAVES LIVES

Years of advocacy and outreach paid off in 2008 with the passage of Safe Nurse Staffing Legislation (House Bill 3123). The new law guarantees staff nurse input in hospital staffing planning. WSNA is educating RNs on staffing committees about the law and how to implement it in their facility.

Mandatory subjects of bargaining such as changes in hours, wages and working conditions are not to be discussed in staffing committees. WSNA has worked diligently to ensure that staff nurses are trained to monitor, recognize and redirect when employers are potentially crossing dangerous boundaries that are protected by collective bargaining agreements.
WSNA E&GW Leadership Conference '09

Campbell’s Resort • Chelan, Washington

September 26–29, 2009

Is Your Local Unit Ready for Negotiations? • HIPAA – Grievance Through Arbitration
Preparing for Negotiations: Media Training • Take Action – It’s Time to Turn Up the Heat
Nursing Workflow – Can Technology Really Help? • Truths for Your Future
Labor History: From Coal Miners to Nurses in Kentucky • Crucial Conversations
Our New National Union – NFN President Barbara Crane

Featuring the Annual WSNA Local Unit Awards Banquet:
“Under the Tropical Sun”
2009 E&GW Leadership Conference
Registration Form

First Name ____________________________________________
Last Name ____________________________________________
Informal First Name ____________________________________
Credentials ____________________________________________________________________
Address ________________________________________________________________________
City _______________________________State _________ Zip ________________________
Email ___________________________________________________________________________ 
Years of WSNA Membership _______________________________________________
# of Leadership Conferences Previously Attended _________________

T-Shirt Size
Circle gender and size below

Women’s
XS* S M L XL 2XL 3XL 4XL
Men’s

* Extra-small shirts available in women’s version only

Breakout Education Sessions
Make one selection for each session below

Session 1 (Monday, 2:00pm - 3:30pm)
☐ 1A. HIPAA Grievance / Arbitration
☐ 1B. Preparing for Negotiations: Media Training
☐ 1C. Is Your Local Unit Ready for Negotiations?

Session 2 (Tuesday, 9:30am - 11:00am)
☐ 2A. HIPAA Grievance / Arbitration
☐ 2B. Preparing for Negotiations: Media Training
☐ 2C. Take Action: It’s Time to Turn Up the Heat!

Fees
Attendance Fee: $300
Additional guests at the Awards Banquet:
☐ Yes, I will have _______ guests at $25 each
Total Amount Due to WSNA:
$ _________

Payment
☐ Check / Money Order payable to WSNA
☐ Visa / Mastercard
Card Number
_________ - _________ - _________ - _________
Exp Date _______/ _________
___________________________________________________________________________
Print Cardholder’s Name ____________________________________________________
Cardholder’s Signature 
___________________________________________________________________________

Local Unit
My registration fee is to be paid by _____________________________________________
Local Unit __________________________________________________________________
Signature of Local Unit Chair/Co-Chair 
___________________________________________________________________________

Return this form to WSNA by mail to
575 Andover Park West, Suite 101, Seattle, WA 98188
or fax it to (206) 575-1908.

For questions or special needs, call 206.575.7979 or email wsna@wsna.org.

8.5 continuing nursing education contact hours will be awarded to those conference attendees who are present for the entire event.
The Washington State Nurses Association (OH-231, 8/31/09) is an approved provider of continuing nursing education by the Ohio Nurses Association (OBN-001-91), an accredited approver by the American Nurses Credentialing Center's Commission on Accreditation.

Please note: to receive contact hours for WSNA continuing education, the participants must be physically present for 100% of the content being presented. This includes any discussion, questions and answers that may result from the presentation.
Saturday, September 26, 2009

2:00PM – 6:00PM
Cabinet on Economic and General Welfare meeting

Sunday, September 27, 2009

9:00AM – 12:00PM
Cabinet on Economic and General Welfare meeting

12:00PM – 1:30PM
Early Registration

1:30PM – 6:30PM
Fall Local Unit Council Meeting
All are welcome to attend.

Monday, September 28, 2009

9:00AM – 9:30AM
Welcome

9:30AM – 10:30AM
Truths for Your Future
• Sally Watkins, PhD, RN, Dir. of Nursing Practice, Education & Research
What are the salient truths frequently forgotten, yet sustainable for a lifetime?

10:30AM – 11:00AM
Break

11:00AM – 12:00PM
7 Ways to Blow the Doors off ‘Business as Usual’
• Lorraine A. Seidel, MA, RN, Dir., E&GW Program, NYSNA

2:00PM – 3:30PM
A. HIPAA Grievance / Arbitration
• Kathi Landon, RN, Senior Nurse Representative
• Tim Sears, JD, General Counsel
Hear and discuss a recent discipline case that was an alleged HIPAA violation starting from the initial investigation, the steps of grievance, through the arbitration decision. You will be able to identify the critical elements that produced a successful outcome.

B. Preparing for Negotiations – Media Training
• Anne Tan Piazza, Dir. of Governmental Affairs, Communications, & Membership
• Lillie Cridland, Communications Specialist
Being comfortable talking with the media and having a clear and compelling message are critical elements for a successful contract campaign. WSNA media relations staff will help you learn skills and techniques that you will need to achieve success.

C. Is Your Local Unit ready for Negotiations?
• Debi Bessmer, BSN, RN, Nurse Representative
• Kathy Ormsby, BSN, RN, Co-Chair of Sacred Heart Medical Center Local Unit
Hear one Local Unit’s proactive plan for ensuring they are ready for difficult negotiations. Discuss the methods and strategies the leaders have used to communicate, increase involvement of members and raise awareness of their Local Unit members.

3:30PM – 4:00PM
Break

4:00PM – 5:30PM
Nursing Workflow – Can Technology Really Help?
• Monique Lambert, Principal Investigator of Clinical Practices Research, Digital Health Group, Intel Corporation
It’s not about the technology... It’s about the work that nurses are trying to get done. How can we improve the fit between people, practices, and technology?

6:30PM
Welcome Reception

7:30PM
E&GW Local Unit Awards Banquet
The highlight of the Leadership Conference, when we honor the outstanding nurses who represent WSNA and their fellow nurses in their Local Units.

Theme for this year’s banquet: “Under the Tropical Sun”
Join us for a celebration, a no-host bar, a great meal with good friends, and lots of fun.
Tuesday, September 30, 2008

7:30AM - 8:30AM
Breakfast

8:30AM - 9:30AM
Labor History: From Coal Miners to Nurses in Kentucky
• Sally Baque, RN (Tacoma General Hospital)
• Barbara Frye, BSN, RN, Dir. of Labor Relations
• Jan Bussert, BSN, RN, Nurse Organizer

Learn about struggles of United Mine Workers in the coal mines of Kentucky. What is the status of the labor movement in Kentucky today? Be inspired by a life changing, modern day strike with the Kentucky Nurses Association in 2007, along with WSNA staff and members who walked the picket lines with the incredible Kentucky nurses.

9:30AM - 11:00AM
A. “HIPAA” – Grievance Through Arbitration
• Kathi Landon, RN, Senior Nurse Representative
• Tim Sears, JD, General Counsel

Hear and discuss a recent discipline case that was an alleged HIPAA violation starting from the initial investigation, the steps of grievance, through the arbitration decision. You will be able to identify the critical elements that produced a successful outcome.

B. Preparing for Negotiations - Media Training
• Anne Tan Piazza, Dir. of Governmental Affairs, Communications, & Membership
• Lillie Cridland, Communications Specialist

Being comfortable talking with the media and having a clear and compelling message are critical elements for a successful contract campaign. WSNA media relations staff will help you learn skills and techniques that you will need to achieve success.

C. Take Action: It's time to Turn Up the Heat!
• Jan Bussert, BSN, RN, Nurse Organizer
• Tara Goode, BA, BSN, RN, Nurse Organizer
• Mara Kieval, BSN, RN, Nurse Organizer

Learn how to plan and implement successful rallies, informational pickets, vigils and other fun activities which demonstrate the solidarity and power of your Local Unit.

11:00AM - 11:45AM
Break / Check out

11:45AM - 12:45PM
National Federation of Nurses - Our National Union
• Barbara Crane, RN, President of NFN

Campbell’s Resort is located in the city of Chelan, near the center of Washington State. It is 180 miles east of Seattle and 160 miles west of Spokane. Major airline service is available from Wenatchee, 36 miles south of Chelan.

Contact Campbell’s at 800-553-8225 or 509-682-2561; reference Registration Group Code: WSNA.

From Spokane / Eastern WA
To Chelan via Hwy 2:
1. Take Hwy 2 West to Orondo
2. From Orondo, take Hwy 97 North for 22 miles
3. Turn Left onto Hwy 150, follow for 3.9 miles
4. Continue forward as Hwy 150 becomes Woodin Ave.
5. Campbell’s Resort is on the right (lake side)

From Seattle / Western WA
To Chelan via I-90 / Snoqualmie & Blewett Passes:
1. Take I-90 East to Exit #84 (Wenatchee) at Cle Elum
2. Take Hwy 97 for approximately 35 miles
3. Hwy Ends at Junction of Hwys 2 & 97. Turn Right toward Wenatchee and go approximately 15 miles.
4. Upon reaching Wenatchee, exit onto US 97 Alternate (Northbound)
5. Continue North on Hwy 97 Alternate 35 miles to Chelan
6. Turn Left at Peterson’s Condominiums onto Woodin Avenue
7. Cross bridge; Campbell’s Resort is on the left (lake side)

To Chelan via Hwy 2 / Stevens Pass:
1. Take Hwy 2 East over Stevens Pass
2. Just before Wenatchee, take the Chelan exit onto Hwy 97 Alternate
3. Continue North on Hwy 97 Alternate to Chelan
4. Turn Left at Peterson’s Condominiums onto Woodin Avenue
5. Cross bridge; Campbell’s Resort is on the left (lake side)

Visit us online at www.wsna.org/Leadership
LABOR PROGRAM DIRECTOR

The Washington State Nurses Association (WSNA) seeks a Labor Program Director. A Registered Nurse licensed or eligible for licensure in the State of Washington required with a Masters in Nursing, Labor Relations or equivalent professional degree preferred. At least five years of union experience, including labor negotiations and union leadership or management positions required. Current working knowledge of state and national labor law and regulations, grievance and arbitration procedures and labor policy issues in health care a must. Demonstrated involvement in and commitment to the labor community and professional nursing organizations is necessary. Professional Association background a plus.

The Labor Program Director reports to and is accountable and responsible to the WSNA Executive Director and is a member of the WSNA Executive Staff. The Director provides primary support to the elected 10 member WSNA Cabinet on Economic and General Welfare (E&GW) and directs a staff of 16.

Founded in 1908, WSNA is the professional organization and nurses union representing more than 15,000 registered nurses in Washington State. WSNA effectively advocates for the improvement of health standards and availability of quality health care for all people; promotes high standards for the nursing profession; and advances the professional and economic development of nurses. WSNA is headquartered in Seattle, Washington and has an 11 member Board of Directors and a staff of 40.

A generous compensation and benefits package will be offered. WSNA is an equal opportunity employer.

Submit resume, the names of three references and contact information by August 1, 2009 to:

lshinn@virtualcmg.com
317.815.8860 fax
Linda J. Shinn, CAE
Principal, Consensus Management Group
9584 Cadbury Circle
Indianapolis, IN 46260

NURSING PRACTICE & EDUCATION SPECIALIST


Be a part of our dynamic team. WSNA works to ensure the nursing profession is a thriving and influential component of the health care system now and for the future. We provide leadership, resources and guidance so that every nurse has a safe, successful and fulfilling career.

The Nursing Practice and Education Specialist will facilitate the development, implementation and evaluation of nursing practice, education, and research programs. Job duties will include work with registered nurses, the public, WSNA staff & committees, coalition partners, and government agencies.

AREAS OF FOCUS WILL INCLUDE:

• Raising standards of nursing care through work with nurses, practice committees, etc
• Promoting & managing WSNA’s professional nursing practice and education programs
• Creating communications materials about nursing practice and education for the WSNA website and other WSNA publications
• Identifying significant issues, trends and developments which may impact the practice of nursing

QUALIFICATIONS

Masters in Nursing and at least five years experience in nursing. Teaching experience and adult education background are essential.

Visit www.wsna.org/jobs to apply or for more information.
WASHINGTON'S UNIVERSAL CHILDHOOD VACCINE PURCHASE PROGRAM

From the Washington State Department of Health

Washington's universal childhood vaccine purchase program changed on July 1, 2009. These changes are a result of budget cuts in the state budget for the 2009 – 2011 biennium that was signed by the Governor on May 19th.

The budget directs the Department of Health to:

- Discontinue state funded purchasing of human papillomavirus (HPV) vaccine starting July 1, 2009; and then
- Discontinue state funded purchasing of all other vaccines on May 1, 2010

This means that starting July 1, 2009, children with private health insurance are no longer eligible to receive state-supplied HPV vaccine. You can find a fact sheet about these changes and what health care providers will need to do to prepare online on the DOH website: http://www.doh.wa.gov/cfh/Immunize/documents/5-14-09transhpvpdf

Providers will still order state supplied HPV vaccine at no charge through their local health department from the State Department of Health for:

- **VFC eligible children:** Children eligible to receive HPV vaccine from the state include: children 18 and younger who are Medicaid-eligible, Native American, Alaskan Native, uninsured, and underinsured (have health insurance, but it does not cover vaccines or has a limit on vaccine coverage), and
- **Children in state sponsored health plans** – DSHS (State Children’s Health Insurance Program (SCHIP), Children’s Health Program (CHP), and Apple Health) Health Care Authority – Basic Health Plan (BHP)

These are significant changes. We need your help in working through them to keep children vaccinated. Continued participation in the Washington State Childhood Vaccine Program:

- Allows providers to continue to be the medical home for all children seen in the practice
- Promotes full immunization for all children

As you know, the key to strong immunization rates and disease prevention is to assure children have continued access to vaccine. DOH needs your help to create a new system that works for public and private health and keeps kids protected.

A flyer on the changes will also be included in your vaccine shipments in June and July. A list of Frequently Asked Questions on Changes to Universal Vaccine Purchasing is also available at www.doh.wa.gov/cfh/Immunize/providers/universal-faq.htm

Contact DOH or your local health department with ideas, questions or concerns.

PHONE: 1-866.397.0937  E-MAIL: UniversalChanges@doh.wa.gov

WEBSITE: http://www.doh.wa.gov/cfh/Immunize/providers/universal.htm

WSNA Responds to Swine Flu with Education & Outreach

The emergence of swine flu (H1N1 flu) this spring prompted a number of questions from both nurses and the public. In response, WSNA spearheaded a media partnership with the Washington Health Foundation, Washington State Medical Association, and Washington State Department of Health to educate the public about precautions for preventing the spread of swine flu.

The 30-second ad aired statewide on Northwest Cable News and in the Puget Sound region on King 5 and Kong. Key messages include taking basic hygiene precautions and not crowding emergency rooms or hospitals if symptoms are mild. An information hot line was also promoted so that the public would know where to find up-to-date information on the emerging threat.

In addition to our public media campaign, WSNA also worked to provide resources for our members. We added a new ‘Swine Flu Update’ page on our website with quick information about swine flu and links to further resources for nurses, the public, parents, and more.
Imagine nursing without the high-tech tools of today while wearing nylon stockings and a starched white hat at the same time. Thank goodness that qualification for caring for the ill or the injured no longer includes uniforms. Yet the care and commitment of nurses to their calling remains just as fervent today as it was 70 years ago, when Mercer Islander Myrtle Sherblom Ford began nursing school in Seattle.

Ford, 96, was recently honored at a reception to introduce a new exhibit honoring a century of nursing in Washington state at the Washington State History Museum in Tacoma. She began her life’s work in nursing when she was 19, after graduating from Ballard High School in June of 1931.

In the 1930s, Seattle was in the midst of the Great Depression and undergoing a great deal of change. The huge Denny Regrade project had just been completed, Boeing Field had just opened and Prohibition was still enforced. Penicillin had just been discovered but was yet to be widely used. Ford had been encouraged by her mother, a licensed practical nurse, and a neighbor who was a graduate of the Seattle General Hospital Nursing School, which Ford attended on what is known as Pill Hill.

The rigorous training at Seattle General Hospital was in the Florence Nightingale system (also known as the English system) and the school was located at the First Methodist Church, which still stands at 5th Avenue and Marion Street in downtown Seattle. The nurses lived next door to the church and the hospital was across the street. The nursing school administrator was strict, Ford remembered, but the teaching was excellent. Ford graduated on May 1, 1934, in ceremonies at the First Methodist Church.

After graduation, she cared for TB patients in isolation at the Firland Sanatorium in the Richmond Highlands. In 1936, she worked as an assistant nursing supervisor at Seattle General Hospital. Later, she moved to Swedish Hospital and worked in the office of O.H. Christoffersen, MD, and did private duty nursing at Children’s Orthopedic Hospital, then located on Queen Anne Hill.

She took a few years off when her three children were born, but was called back into nursing to manage Sherblom’s Rest Home in Greenwood after the death of her mother, who had founded the facility. Her mother, Anna Rowley Sherblom, was a Washington pioneer. Born in 1888 in Burlington, Wash., Sherblom was also a member Daughter of the Union Veterans of the Civil War.

For Ford and her fellow nurses, the job was all about cleanliness. There were no antibiotics in those early days, she said.

“We had to keep everything clean. We scrubbed and scrubbed our hands and wore rubber gloves. We were just extra careful.”

The nurses were required to take ongoing classes, even on their days off, she said, and rotated to different hospitals, including Harborview, Children’s Orthopedic, a mental health facility and the University of Washington.

Being a nurse in those days also meant dressing the part. The dress code meant wearing a starched white cap, the emblem of nursing. Each nursing school had its own distinctive cap.

“We were proud to wear them,” Ford said of the caps.

When asked how nurses managed to keep the caps on their heads while making beds or lifting patients, she replied, “We used hair pins, a lot of them. They just stayed on.”
Ford did not have much trouble. Even now, she has thick, curly, enviable hair.

“Being a nurse was a great occupation,” she said. “I enjoyed it. And I had a lot of friends from my class and those in the classes before and after. They were great friends.”

Ford was born in 1912 in tiny Clearlake, Wash., a few miles northeast of Mt. Vernon. She was the third child and the first of two daughters born to her parents. Her two older brothers, one 10 months old and the other 22 months, both died of what Ford recalled was a flu that swept through the region in 1908.

After nursing school, Ford married Paul Ford, a Boeing executive, and they had three children in the 1940s: Sally Brown, who lives on Mercer Island; Jim Ford, who lives in California, and Kathy Ford of Hansville, Wash. The family moved to the Mercerwood neighborhood of Mercer Island in 1955. They were charter members of the Mercerwood Shore Club.

The biggest difference between nursing then and now is the use of antibiotics, Ford said. “We really just had aspirin.”

During the war, she said there were shortages of everything, including antiseptics such as Mercurochrome. Ford remembered being told about a new effective first aid solution called Gentian Violet, used by hospitals for the treatment of serious heat burns and other injuries to the skin. It was used to treat or prevent fungal infections.

“I poured it on everyone,” she said. “It didn’t sting.”

Brown remembers that her mother was the neighborhood’s “designated nurse,” helping children and neighbors who had cuts and scrapes with reassuring words and the purple antiseptic.

“We had purple-colored knees instead of having the usual red stinging solution dabbed on injuries,” she said, adding that her mother used the anti-fungal Gentian Violet on a neighborhood toddler who wandered into some hot coals. It saved his feet from scarring, she said.

Brown remembers her mother mending her dolls with adhesive tape and that she made a Red Cross apron for her when she was 5 years old.

Ford’s helping nature went beyond work and home. She was a nurse volunteer for a neighborhood 25-bed Civil Defense emergency hospital set up in the Maple Leaf neighborhood of Seattle during World War II. A story about the hospital with a photo of Ford ran on the front page of the Seattle Post-Intelligencer. She was an active guild member for Children’s Hospital for many years.

Now living in a retirement community in Bellevue, Ford remains sharp and involved with the doings of her family. She laughs easily and gently corrects her daughter about the facts regarding her life and career. She tracks her grandchildren on her digital photo frame, where her extended family uploads photos and messages.

Ford’s daughter said that she always thought her mother could do anything. And others did, too. When Ford moved from her home on Mercer Island to a retirement community, people found out that she was a nurse, and she would get many health care questions.

Brown remembered bringing her mother a bird with a broken wing, as a child, because “I thought she could fix anything! Usually she did!”

Her mother laughed, “Well, no, not everything!”

This article is reprinted with permission from the Mercer Island Reporter, www.mi-reporter.com. It was originally published on May 6th 2009.
Concerned nursing researchers, educators, practitioners, and advocates have united to focus attention on health and the environment. WSNA is proud to be a founding member of the new Alliance of Nurses for Healthy Environments (ANHE).

Nurses now have a new nursing environmental health organization and a unique and powerful resource with which to engage in environmental health issues. Nurses are greening their curriculum, greening their hospitals, engaging in environmental health research, and advocating for policies at the institutional, local, state, and national level that protect people from environmental health risks and promote a healthy and sustainable world. The ANHE is a new organization of individual nurses and representatives of nursing organizations that are addressing environmental health through nursing and patient education, nursing practice, research, and policy efforts.

ANHE has already unveiled www.e-Commons.org, an exciting new resource available to nurses. “e-Commons” is a revolutionary new website that is being co-created by the world of nurses who are concerned about a wide range of issues related to the environment and human health, including exposures where we live, learn, work, and play. Nurses are encouraged to visit this new web-based tool for nursing.

Several Washington Hospitals Win Environmental Excellence Awards

Project Greenhealth, the nation’s only membership association devoted to environmentally responsible healthcare, has announced its 2009 Environmental Excellence Award winners – and seven Washington hospitals are recipients. Project Greenhealth members include hospitals, healthcare systems, businesses and other stakeholders engaged in the greening of healthcare to improve the health of patients, staff and the environment.

These competitive awards are given within the healthcare sector to institutions for outstanding programs to reduce the facility’s environmental footprint. Awards were presented in 7 categories to more than 140 facilities in the United States.

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<th>ENVIRONMENTAL LEADERSHIP CIRCLE - SUSTAINED MEMBERS</th>
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<td>Legacy Salmon Creek Hospital and Medical Center</td>
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## CONTINUING EDUCATION CALENDAR

### AUGUST 2009:

Regional Anesthesia Conference; Seattle Children's Anesthesiology Department; Seattle, WA; August 28 - 30; Contact Hours: Available; Fee: $50/$75; Contact: Renee Harn at renee.harn@seattlechildrens.org

### SEPTEMBER 2009:

Advanced Cardiac Life Support; United General Hospital; Sedro Woolley, WA; September 11 - 12; Contact Hours: 11.5; Contact: Salena Anderson at (360) 856-7134 or Salena.anderson@unitedgeneral.org

Skills Training in Dialectical Behavior Therapy: The Essentials; Behavioral Tech, LLC; Minneapolis, MN; October 29 - 30; Contact Hours: 12.5; Contact: info@behavioraltech.org

Dialectical Behavior Therapy: Treating the Eating Disordered Client with Multiple Problems; Behavioral Tech, LLC; Cleaveland, OH; September 17 - 18; Contact Hours: 12.5; Contact: info@behavioraltech.org

### OCTOBER 2009:

7th Annual Medical-Surgical Nursing Conference; University of Washington School of Nursing; Shoreline Conf., Seattle, WA; October 1-2; Contact Hours: 6.9-13.8; Contact: C

Dialectical Behavior Therapy; Treating Clients with Borderline Personality Disorder and Substance Use Disorders; Behavioral Tech, LLC; Lake City, UT; October 5 - 6; Contact Hours: 12.5; Contact: info@behavioraltech.org

Skills Training in Dialectical Behavior Therapy: The Essentials; Behavioral Tech, LLC; Des Moines, IA; October 8 - 9; Contact Hours: 12.5; Contact: info@behavioraltech.org

Advanced Cardiac Life Support; United General Hospital; Sedro Woolley, WA; October 9-10; Contact Hours: 11.5; Contact: Salena Anderson at (360) 856-7134 or Salena.anderson@unitedgeneral.org

### DECEMBER 2009:

Skills Training in Dialectical Behavior Therapy: The Essentials; Behavioral Tech, LLC; San Francisco, CA; December 3-4; Contact Hours: 12.5; Contact: info@behavioraltech.org

Dialectical Behavior Therapy: Treating Clients with Borderline Personality Disorder and Substance Use Disorders; Behavioral Tech, LLC; Hartford, CT; December 3-4; Contact Hours: 12.5; Contact: info@behavioraltech.org

## INDEPENDENT SELF STUDY COURSES:

Adult Smoking Cessation; Contact Hours: 2.0; Contact: www.nphealthcarefoundation.org

AIDS: Essential Information for the Health Care Professional; Contact Hours: 7.0; Fees: $55; Contact: D

Animal Assisted Therapy; Bellevue Community College; Fee: $49; Contact: B

Assessing Lung Sounds; Contact Hours: 2.0; Fee $10; Contact: E

Asthma Management; Contact Hours: 8.0; Fee: $30; Contact: E

Breaking the Cycle of Depression; Contact Hours: 14.0; Contact C

Breast Cancer Prevention for Rural Healthcare Providers; Contact Hours: 7.0; Contact C

IMPACT: Web-Based Training in VA Medicine; Contact Hours: 12.4; Contact C

Legal Issues in Nursing; Contact Hours: 4.0; Fees: $120; Contact: D

Lung Volume Reduction Surgery; Contact Hours: 2.0; Fee: $10; Contact E

Managing Type 2 Diabetes; Contact Hours: 1.5; Contact: www.nphealthcarefoundation.org

Management of Persistent Pain; Contact Hours: 1.8; Fee: No Fee; Contact: www.nphealthcarefoundation.org

Medical/Surgical Nursing 2008: Review Course for Practice & Certification; Contact Hours: 50; Contact C

Nurse Grand Rounds; Contact: C
CEARP COMMITTEE RECRUITING INTERESTED RNS

Functions of the Committee

Functions of the Committee are to review and approve continuing nursing education activities, covering a range of topics, for approval of contact hours from a variety of applicants including hospitals, community colleges, universities and commercial entities.

Criteria for appointment

Criteria for appointment include: masters degree in nursing, previous experience in successfully planning continuing nursing education offerings (i.e., writing behavioral objectives, developing evaluations, designing content) for adult learners; member of WSNA; time to review about two applications a month; able to attend two Continuing Education Approval & Recognition Program Committee meetings, and participate in two 1.5-hour teleconferences each year. Volunteer yourself and a friend. This experience provides a valuable needed service to nurses in Washington State. Your careful evaluation of applications will help assure that educational activities meet the standards set by ANCC for continuing nursing education.

Approved CEARP applicants are encouraged to apply given your expertise in completing our applications.

TO LEARN MORE, CONTACT HILKE FABER AT 206.575.7979, EXT. 3005, OR SEND EMAIL TO HFABER@WSNA.ORG.
All WSNA Approved CEARP Providers are invited to get the scoop on the latest 2009 changes to the ANCC Criteria effective October 1, 2009 and to discuss ways to address the issues you face to implement these criteria.

Contact hours will be awarded for successful completion of this activity which requires attendance at the entire event and submission of a completed evaluation form.

The Washington State Nurses Association Continuing Nursing Education Provider Program (OH-231, August 31, 2009) is an approved provider of continuing nursing education by the Ohio Nurses Association (OBN-001-91), an accredited approver by the American Nurses Credentialing Center's Commission on Accreditation.

WHEN: September 12, 2009
9:30 a.m. registration
10:00 a.m. to 4:00 p.m. program

WHERE: Cedarbrook Conference Center
(close to SeaTac; shuttle service available)
18525 36th Ave South
SeaTac, WA 98188
1-866-901-9268

WHO: All approved provider unit staff
(new potential provider applicants welcome)
Space is limited.

COST: $100

Detach and return by mail to WSNA, Attn: Irene Mueller, 575 Andover Park West, Suite 101, Seattle, WA 98188 or fax to (206) 575-1908 or call (206) 575-7979, ext. 0.

Registration Form

First Name ______________________________
Last Name ______________________________
Informal First Name __________________________
Credentials ______________________________
Address ________________________________
City ________________ State _____ Zip ___________
Email ________________________________

Fees
Attendance Fee: $100
Total Amount Due to WSNA: $ ____________

Payment
☐ Check/Money Order payable to WSNA
☐ Visa/Mastercard
   Card Number ____________________________
   Exp Date _______ / _______
   Print Cardholder’s Name ____________________________
   Cardholder’s Signature ____________________________

Return this form to:
WSNA
Attn: Irene Mueller
575 Andover Park West, Suite 101
Seattle, WA 98188
or fax it to (206) 575-1908, or call (206) 575-7979, ext. 0.
HEALTHY WORK ENVIRONMENTS:

RESTORING & RETAINING NURSES IN RECOVERY

Friday
October 23, 2009
8:30am - 4:00pm

WAMU Cedarbrook Leadership Institute
18525 36th Avenue South
SeaTac, Washington 98188

Cost: $100

WHO SHOULD ATTEND
Nurse executives, staff nurses, house supervisors, nurse managers, charge nurses, HR nurses, nurses in recovery, labor reps and policy makers.

• Are you concerned that patient care is being affected by a colleague’s substance use - legal or illegal?
• Do you feel obligated to report a colleague’s performance problem but are not sure how to do it?
• What role does the nursing profession play in reducing stigma of nurses in recovery while protecting the public?

GUEST SPEAKERS
• Northwest Organization of Nurse Executives: Gladys Campbell
• Work Healthy Oregon, Oregon Nurses Foundation: Chris O’Neill
• WA Health Professional Services: Jean Sullivan
• WA State Nursing Care Quality Assurance Commission: Paula Meyer
• Washington Center for Nursing: Linda Tieman, MS, RN

TOPICS
RECOGNIZING & SUPPORTING THE CHEMICALLY-DEPENDENT NURSE
by Jean Sullivan, WA Health Professional Services
• Public Safety
• Nature of Addiction
• Assessment & Placement Including Dual Diagnosis
• Peer & Supervisor Attitudes Toward Recovering Nurses
• Supervisor Competence in Assessment & Intervention
• Importance of Case Management

BUSTING THE MYTHS: ROLE OF NCOAC & MANDATORY REPORTING
by Paula Meyer, WA State Nursing Care Quality Assurance Commission

EXPERIENCING THE CHEMICALLY-DEPENDENT NURSE IN THE WORKPLACE
Nurse Manager and Staff Nurse Panel

Contact hours will be awarded for successful completion of this activity which requires attendance at the entire event and submission of a completed evaluation form.

The Washington State Nurses Association Continuing Provider Program (OH-231, 9-1-2012) is an approved provider of continuing nursing education by the Ohio Nurses Association (OBN-001-91), an accredited approver by the American Nurses Credentialing Center’s Commission on Accreditation.

SPONSORS
Northwest Organization of Nurse Executives, Oregon Nurses Foundation, Washington Center for Nursing, Washington State Nurses Association

Complete this registration form and return to:

WSNA
Attn: Irene Mueller
575 Andover Park West, Suite 101
Seattle, 98188

Informal First Name ___________________________
First Name ____________________________________
Last Name _____________________________________
Credentials _____________________________________
Title __________________________________________
Organization ___________________________________
Home Address ___________________________________
City ____________________________________________
State _______ ZIP ____________________________
Daytime Phone _________________________________
Home E-mail _________________________________

☐ Cash
☐ Check (payable to WSNA)
☐ Local Unit Funds (officer signature required below)
Facility Name _________________________________

☐ MasterCard ☐ Visa
Name on Card ___________________________________
Card Number _________________________________
Exp Date ______________ / ______________

Your signature is required for credit card payments; a local unit officer’s signature is required for local unit fund payments.
Are your membership dues tax deductible?

A common question for the membership department in late winter and early spring of this year was regarding the issue of membership dues and eligibility for income tax deduction. It is never too early to prepare for the next tax season, so here are some questions and answers:

**Question:** Are membership dues deductible as a charitable contribution from federal income tax?

**Answer:** Dues that are payable to WSNA are not deductible as a charitable contribution for federal income tax purposes. However, they may be deductible under other provisions of the Internal Revenue Code.

**Question:** How will I know whether or not my membership dues are deductible under other provisions of the Internal Revenue Code?

**Answer:** The best way to determine the answer to this question is to check with your tax advisor.

**Question:** How can I find out the total amount of dues that I paid in the last calendar year?

**Answer:** The WSNA membership department can provide this information to you, please call us and ask.

**Question:** Can I receive a statement by mail to show the amount of dues that I paid in the last calendar year?

**Answer:** Yes, please call and ask the membership department.

**Question:** How can I find out the total amount of dues that I paid in the last calendar year?

**Answer:** The WSNA membership department can provide this information to you, please call us and ask.

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**Answer:** The WSNA membership department can provide this information to you, please call us and ask.

The membership department may be reached by phone by calling (206) 575-7979, by fax at (206) 838-3099 or by email at membership@wsna.org.

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**REMINDER**

**MEMBERSHIP INFORMATION & EMPLOYMENT STATUS CHANGES**

It is the responsibility of each nurse to notify the Washington State Nurses Association of any change in work status which may include, but is not limited to: name, address, phone number, FTE increase or decrease, leave of absence, medical leave, maternity leave, leaving or joining a bargaining unit. This change must be done in writing either by using a Change of Information Card or sending an email to wsna@wsna.org.

The Cabinet on Economic and General Welfare (CE&GW) policy states: When a nurse is on an unpaid leave of absence, the dues are adjusted to the Reduced Membership Category during the unpaid Leave of Absence period. The accumulated dues payment is to begin within 90 days of return to work. The nurse will have up to twelve months to complete payment of these dues.

It is the responsibility of the nurse to notify WSNA of this change in work status.

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**NURSING PROGRAM**

**RN to BSN degree**

**Master of Nursing**

Course content relevant to your clinical practice.

- Nursing classes 1 day/week
- BSN in Bothell and Mt Vernon (minimum 4-5 quarters)
- MN Friday classes (7 or 11 quarters)

[www.uwb.edu](http://www.uwb.edu)

UWB Nursin@uwb.edu

"Leadership and Learning Are Indispensable to Each Other."

John Fitzgerald Kennedy, 1963

The faculty at the University of Washington School of Nursing (UWSn) in Seattle invites you to lead and learn by enrolling in the Doctor of Nursing Practice (DNP) program.

UWSn is proud to offer the DNP in Community Health – not only does the curriculum prepare for roles in areas such as Policy Analyst, Program Analyst, Nurse Executives and Occupational and Environmental Health Nurse Specialists – the program uses a community health leadership framework to dynamically integrate coursework and clinical internship experiences with emphasis on Communities for Youth, Cross Cultural and Global Health, Healthy Aging, Occupational and Environmental Health and Rural Health.

Distance learning (e-learning) technologies are used in one-third of the courses to allow for flexible learning at home and in classrooms on Saturdays.

To prepare yourself for the future visit: [http://www.son.washington.edu/admissions/](http://www.son.washington.edu/admissions/)
SEATTLE STORM  
SALUTE TO NURSES

Women of Inspiration Night  
Nurses Appreciation Night
SEATTLE STORM vs. INDIANA FEVER  
Saturday, August 22  
7 p.m. at KeyArena

Enjoy $12 reserved group seating exclusively for nurses and their families and friends, plus a pre-game mixer for nurses & nursing students. The first 290 people to purchase tickets receive a second ticket free.

To order tickets, fax this form to 206-281-5817 or mail with payment to: Seattle Storm, Attn: Dan Ferguson, 3421 Thorndyke Avenue West, Seattle, WA 98119.

NUMBER OF TICKETS __________________________ X $12 (reg. $34) = ________

NAME: ____________________________________________

ADDRESS: ___________________________________________ CITY: ______________ STATE: __________

DAY PHONE: (_____) __________________ E-MAIL ADDRESS: ____________________________

CREDIT CARD: VISA  MASTER CARD  AMERICAN EXPRESS  DISCOVER

#: _______________________________ EXP. DATE: __________________________

SIGNATURE: ___________________ DATE: ________________________________

CHECK: Please make payable to SEATTLE STORM
The King County Nurses Association Annual Meeting & Spring Banquet — held May 6 at the Shilshole Bay Beach Club — was a great success.

This year, KCNA honored 10 scholarship recipients and four Shining Star award winners:

**AWARD WINNERS:**

**Pat Greenstreet** began her nursing career at Children’s Hospital and later returned to school to earn her law degree. She is a partner in the firm Chemnick, Moen & Greenstreet, where she works on complex medical malpractice cases. Pat also stays busy with the Washington State Trial Lawyers Association and has been an affiliate faculty member at UW-Bothell for more than 15 years. She teaches Legal and Ethical Issues in Nursing, a course that is always rated as a highlight by the students.

In the late 1980’s, Pat asked the King County Nurses Association (KCNA) Governmental Affairs Committee for assistance in writing an issue briefing to educate nurses and the public about alternatives to disposable diapers and environmental influences on children’s health and safety. Pat continued her involvement with KCNA by serving as a member, and as President, of the Board of Directors. In 1988, KCNA named her Nurse of the Year, and she has stayed active as a member of the Nominating Committee, Program Committee, and currently the Scholarship Committee. Pat also founded the Nurse Legal Consultant Clearinghouse and Nurses Law School.

Pat is a passionate, organized, and inspirational advocate of nursing. She is one of a few nurse-attorneys who maintain strong connections to nursing and her legal background has been invaluable. According to Sue Vermeulen, executive director of KCNA, “Pat is an amazing volunteer on whom I can count for advice and insight. She’s always approachable and is a great supporter of King County Nurses.”

**Chris Henshaw** is Associate Dean and Associate Professor of Nursing in the School of Health Sciences at Seattle Pacific University. She served several terms on the Board of King County Nurses Association (KCNA), including a stint as President. Chris has also served on the KCNA Finance Committee, and is currently serving on the Bylaws Committee, Program Committee, and Scholarship Committee.

Chris is known as a superb teacher; her classes are both relevant and interactive. She has the gift of explaining difficult concepts understandably. Colleagues had this to say about her: “Chris is the quintessential faculty member—strong clinician, excellent teacher, good colleague and a woman with a sense of humor. Who could ask for more? Oh, yes, she loves cats.” Another said, “Chris is compassionate and respectful and appears to love people of all ages, backgrounds, and walks of life. She is able to listen to others in such a way that they feel heard and cared about.”

**Mary Seidel** recently retired from her position as instructor at Seattle University’s School of Nursing. She has two terms on the KCNA Board of Directors, and has been involved with the Program, Mini Grants, Neighborhood Health and Scholarship Committees. Colleagues had the following to say about Mary: “Mary has been a mentor to many nursing educators. She is always willing to help, give advice and be a good listener and friend. Mary’s kindness and genuine caring about people comes through. With students, she cared about them as a whole person, she spent many hours giving clinical students feedback—both strengths and areas of improvement.” Another commented, “I have worked with Mary since 1989 and have learned tremendous amounts from her about staff development, teaching, and being a pediatric nurse. She gives unconditionally to her students and fellow faculty members and is missed at Seattle University.” Another colleague had this to say: “Mary can be characterized as an advocate for nursing students. She always put the good of students first and was diligent in exploring great learning opportunities for them.”

Mary is a storyteller and always shares her ideas and comments. Since retiring, she has been busy getting her house ready to sell and is planning to move to Maine to be near her family.

**Seattle Children’s Hospital** is recognized for achievement of Magnet status (awarded by the American Nurses Credentialing Center for excellence in nursing.) Less than four percent of hospitals in the United States have qualified for Magnet status. Seattle Children’s is the first pediatric hospital in the Pacific Northwest to achieve this distinction, and joins the University of Washington Medical Center as the only Magnet-recognized hospitals in Washington State. Magnet designation was awarded after a rigorous evaluation process that began in February 2005 and included submission of an eight-volume, 30-pound application document, multiple stages of review and a week-long, on-site appraisal conducted by the Magnet Recognition Program.

According to ANCC, research indicates that Magnet hospitals produce better patient outcomes than other hospitals. Independent research also shows that Magnet hospitals consistently outperform their peers in recruiting and retaining nurses, resulting in increased stability in patient care. KCNA is proud to recognize Seattle Children’s Hospital for achieving Magnet status and affirming that their nurses are among the best in the country, exceeding professional standards in nursing education, research, leadership and patient care.
**SCHOLARSHIP RECIPIENTS:**
Lauren Blickle (Seattle Central Community College), Jennifer Brown (University of Washington), Lucie Caslavska (University of Washington), Allison Gienger (University of Washington), Andrew Grossman (University of Washington), Jessica Guenser (Seattle University), Ignace Hounwanou (Bellevue College), Amanda Ibisate (Seattle University), Daniel Moore (University of Washington) and Kelly S. McKittrick (University of Washington).

**Inland Empire Nurses Association**
**DISTRICT 4**

In April, IENA celebrated 100 years of “Caring for Nurses.” Original documents, as well as pictures and memorabilia, were exhibited. The event was catered by Ca’Pear and author Deanna Davis, PhD was the guest speaker. The fun-filled and informational event was well attended with over 80 guests and members present. IENA gave away scholarships totaling over $5410. to members and student nurses. A Lifetime Achievement award was presented to Marilyn Walli along with $100. To view pictures of the event please visit us at http://spokanenurses.org/

We are entering summer with plans being laid for the **October Legislative Reception.** This is an exciting event co-sponsored by WANA, the Washington Association of Nurse Anesthetists. We are looking forward to an exciting evening and the opportunity to speak with local and state legislators about healthcare issues in our communities.

With great regret we **bid farewell** to our IENA President, Theresa Buxton PhD, as she leaves Spokane for new opportunities in Seattle. Until our new President takes office in November, Michele Slider, MSN, the current Vice-President of IENA, will act as President.

**THE 2010 WSNA HALL OF FAME AWARDS**

The Washington State Nurses Association continually seeks ways to encourage all registered nurses to strive for excellence in nursing. The WSNA Hall of Fame is only one of many projects developed by WSNA to support WSNA members who demonstrate the highest standards of their profession.

**CRITERIA:** Each nominee must have demonstrated excellence in the areas of patient care, leadership, education, public service, nurse advocacy, heroism, patient advocacy or clinical practice and for achievements that have affected the health and/or social history of Washington state through sustained, lifelong contributions. The nominees must have been or currently hold membership in WSNA. The nominee may be living or deceased.

Please go to www.wsna.org for the award nomination form. Typed applications must be received by WSNA by September 30, 2009 to be considered for the 2010 Award. Nominees will be notified in January 2010. The award winners will be recognized by the Association, family, friends and nursing colleagues at the Hall of Fame Awards event to be held in the Spring of 2010.

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Develop the management skills you need through a flexible program format while continuing to work:

» Executive Master of Health Administration
» Certificate in Medical Management

University of Washington
School of Public Health and Community Medicine
Department of Health Services
www.depts.washington.edu/mhap
IN MEMORIAM

Nathalie D. Goemare
1923-2009

Nathalie passed away Tuesday, June 9, after a long illness. She was born on November 13, 1923 in Casper, WY. In 1946, she earned a nursing degree from St. Luke's Hospital in Greeley, Colorado while a member of the US Cadet Nurse Corps. She stopped in Seattle in 1947, on her way to a job in Hawaii, and never left. She was a long time resident of the Arbor Heights neighborhood in West Seattle.

She is best known for her devotion to Virginia Mason Hospital. She came to VM in 1947 as an assistant head nurse and retired in 1988 as Nursing Quality Assurance Coordinator. She was Coronary Care Unit manager, and was instrumental in establishing the CCU, the Intensive Care Unit and the Nursing Quality Assurance function at VM. She mentored many medical professionals, including some of those on VM staff today.

She was preceded in death by her husband, George Goemaere and sister, Adeline Doing. She is survived by her sister, Betty Messina of Casper, WY; daughters, Deborah Hayes (William) of Bellevue and Barbara Burke (Michael) of Mercer Island; grandchildren Jeremy Burke (Christie), Leslie Hayes, Lyndsey Hayes, Rebecca Brennan (Sean), Peter Hayes and David Burke; and a great grandchild on the way.

Memorial contributions can be made to the Virginia Mason Foundation, PO Box 1930 Seattle WA 98111.

Joyce A. Moore
1961 – 2009

Joyce A. Moore, 47, of Kelso passed away April 4, 2009, at the result of an automobile accident in Snowville, Utah.

She was born July 10, 1961, in Detroit, Mich., to Roy V. and Jeanne N. (Nieman) Moore. Joyce was a critical care nurse for more than 20 years, traveling to numerous hospitals across the country. Joyce enjoyed reading and walking with her dog, Neo. She will be remembered as a vibrant angel.

She is survived by a son and daughter-in-law, Wells and Lindsay Clay; her father and stepmother, Roy and Esther Moore; two sisters, Cheryle Moore and Deborah Moore; three brothers, Craig Moore, Roy Moore and Mitchell Moore; two grandchildren, Alana and Nolan; and numerous nieces and nephews, including Nichole Davis, her husband Matt and their daughter, Briana, and Tony Moore, his wife, Evelyn and their daughter, Emelia.

Memorial contributions may be made to a local food bank of choice.

Please sign the guest book at www.tdn.com/obits.
Salish Kootenai College is currently accepting applications for Nursing Program Director. This position reports to the Vice President for Academic Affairs and will begin July 1, 2009. The Program Director should be a visionary leader, able to manage growth and change in the ASN/BSN program at Salish Kootenai College. Responsibilities of this position include but are not limited to:

- Dedication to the mission of Salish Kootenai College with emphasis on recruiting and retaining Native American students in nursing
- Providing leadership for the development, implementation, and evaluation of the programs of learning
- Leadership and supervision for faculty and staff activities and responsibilities
- Interacting with potential and enrolled students
- Preparing and administering the department budget
- Fulfilling general administrative and professional responsibilities
- Serve on the Curriculum Committee and work collaboratively with all departments

Successful candidates will hold a Master’s Degree from an accredited institution in nursing required. Doctorate Degree from and accredited institution is preferred or must be completed within one year of hire. Demonstrated experience in the areas of nursing practice, nursing education and nursing administration, is required. Successful teaching experience is also required. The candidate MUST have current Montana Nursing License or be licensed in another state and eligible for Montana licensure upon hire. Experience with program accreditation, Montana State Board of Nursing Regulations and curriculum development preferred.

Other preferred qualifications include the ability to recruit and mentor faculty at all levels; Experience in curriculum development and accreditation; Effective organizational skills; Grant writing skills/fund raising; Understanding of contemporary technology and innovative teaching methodologies; Ability to create an environment and community that supports the school’s faculty and its students.

Interested candidates should complete a SKC application, and submit along with a letter of application, current resume, copy of university transcript(s), and 3 professional reference letters to Dawn Benson, Personnel, Salish Kootenai College, PO Box 70, Pablo, MT 59855. Position open until filled. Salish Kootenai College is an Indian Preference Employer
NEW MEMBERS

Rita C. Abbruzzi, RN
Olamide A. Adeyala, RN
Jean K. Ahrens, RN
Valerie A. Allan, RN
Geoff M. Alling, RN
Julia A. Allmond, RN
Eva J. Alvarez-Medina, RN
Charmayne D. Anderson, RN
Lori H. Anderson, RN
June R. Anderson, RN
Sally A. Andrew, RN
Shawn M. Andrzejczyk, RN
Sophia Aragon, JD, RN
Nicole Andres, RN
Terry A. Arnett, RN
Lindsay N. Ashby, RN
Karrie Austin, RN
Hyunjo Bae, RN
Brenda B. Baker, RN
Sylvia Baldwin, RN
Janet L. Ballard, RN
Matthew D. Barker, RN
Angela N. Barnes
Germaine M. Bartz, RN
Andra K. Battisti, RN
Jeannice M. Beach, RN
Jacqueline C. Beckwith, RN
Susan B. Beeman, RN
Kirsten A. Behnke, RN
Ernest P. Bellavita, RN
Janet L. Ballard, RN
Delores A. Benbow, RN
Paul A. Berlin, RN
Andrea L. Blackburn, RN
Lindsay N. Blake, RN
Daniel J. Blankman, RN
Erica J. Boehme, RN
Tera Lynn Boggs, RN
Jennifer E. Booth, RN
Loan H. Bottom, RN
Matthew D. Boucher, RN
Pamela A. Boucher, RN
Jeff S. Bowman, RN
Gabriela I. Boyle, RN
Patricia L. Bozarth, RN
Debra A. Brateng, RN
Sharon E. Bratton, RN
Stephen C. Braun, RN
Varina N. Breithaupt, RN
Andria Brescia, RN
Elisa N. Bricker, RN
Kathie C. Bright, RN
Tony B. Brinwood, RN
Jenny M. Britt, RN
Joana D. Brooke, RN
Kimberly A. Brotemarkle, RN
Diana J. Brown, RN
Jennifer M. Brown, RN
Melissa M. Browning, RN
Billic A. Brunson, RN
Kari P. Bryant, RN
Christina B. Buckles, RN
Rose Anne Bugay, RN
Ban Yan Bullock, RN
Nicole L. Burbank, RN
Katherine M. Burke, RN
Sandra Burn, RN
Shannon M. Burnett, RN
Patricia G. Butterfield, PhD, RN
Danielle S. Batters, RN
Deborah L. Byrne, RN
Michael A. Cable, RN
Robin B. Cahill-Myers, RN
Misty D. Cahoon, RN
Maria Cristina D. Caida, RN
Nuriana Calkan, RN
Deborah Elizabeth Cameron, RN
Michelle N. Cane-Knightley, RN
Alexa C. Carcel, RN
Lauren N. Cardona, RN
Megan M. Case, RN
Glenn L. Cerena, RN
Joseph P. Chacon, RN
Melanie A. Chambers, RN, BSN
Colby L. Christopherson, RN
Katherine Cichicki, RN
Stephanie R. Clark, RN
Susan M. Clark, RN
Andrew P. Clark, RN
Brenda A. Clawson, RN
Melinda Close, RN
Sarah C. Coad, RN
Shana M. Cobb, RN
Michelle Cohen, RN
Marcelle R. Collier, RN
Cher M. Collor, RN
Abby C. Collins, RN
Lucinda L. Collins, RN
Penn J. Columbus, RN
Chrisy S. Connor, RN
Katherine E. Connors, RN
William E. Cooper, RN
Mary L. Cooper, RN
Nancy J. Corrigan, RN
Tony P. Cowan, RN
Bonnie C. Crable-Reed, RN
Catherine Crawford, RN
Katie Louis Crawford, RN
Jennifer A. Creasman, RN
Christa L. Creekmore, RN
Gavin J. Cregen, RN
Nancy C. Crutcher, RN
Leann I. Cunningham, RN
Amber L. Cunningham, RN
Lisa M. Curt, RN
Brynn R. Darlington, RN
Antha D. Darnell, RN
Imelda M. Darnell, RN
Tanya G. Davenport, RN
Esther A. Davis, RN
Melissa D. Davis, RN
Sandra R. Dean, RN
Mary L. Dean, RN
Michelle A. Deeds, RN
Constance J. DeHaas, RN
Anita R. Dennis, RN
Deanna S. Devaul, RN
Cherine Denise Devine, RN
Kariessa Ditgen, RN
Linda M. Dobkins, RN
Emily J. Donaldson, RN
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Heather N. Downey, RN
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Alma Druzin, RN
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Laura C. Elliott, RN
Grant A. Ely, RN
Andrea Esquen, RN
Kathleen C. Fahey, RN
Matthew A. Fankhauser, RN
Theresa E. Faust, RN
Mary A. Fitterer, RN
Sophia E. Fleischmann, RN
Constance L. Fleming, RN
Girile A. Flores, RN
Collette F. Forchen, RN
Sarah JW Foster, RN
Sungar Foster, RN
Anne M. Foster, RN
Ruth K. Fox, RN
Shauna H. Franco, RN
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Jennifer E. Gemmet, RN
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Jessica A. Gibson, RN
Trevor E. Giesbroecht, RN
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Nona Govella, RN
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