WSNA’S BUSY SUMMER

SETTING STATE & NATIONAL POLICY & PRIORITIES: KEEPING KNIVES OFF PLANES,
SAME-SEX MARRIAGE, SCHOOL NURSES, SUPPORTING SOCIAL SECURITY,
LABELLING FOR GENETICALLY MODIFIED FOODS, ARNP PAYMENT PARITY,
PREVENTING OVERMEDICATION IN SENIORS, FIREARM SAFETY — and more!
Join us at Campbell’s Resort on the shores of Lake Chelan.

As summer draws to a close, join nurses from around the state at Campbell’s Resort, situated on the waterfront, right in the heart of the city of Chelan.

Chelan and the surrounding area are home to a water park, four golf courses, and numerous wineries. The small downtown area, just steps from the resort, features shops, cafes and bars, and a riverfront park.

Washington State Nurses Association
2013 Leadership Conference

Don’t miss WSNA’s annual labor training event at Campbell’s Resort in Chelan, Washington. Nurses from across the state will convene to get an update on the national and state labor scenes, to learn how to be more effective leaders in our own workplaces, to celebrate our successes, and to strategize for what’s coming next.

September 29 – October 1, 2013

www.wsna.org/leadership
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The information in this newsmagazine is for the benefit of WSNA members. WSNA is a multi-purpose, multi-faceted organization. The Washington Nurse provides a forum for members of all specialties and interests to express their opinions. Opinions expressed are the responsibilities of the authors and do not necessarily reflect the opinions of the officers or membership of WSNA, unless so stated. Copyright 2013, WSNA. No part of this publication may be reproduced without permission.

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Information on advertising rates may be obtained on the WSNA website or by contacting the WSNA Business Agent at 206.575.7979. Advertising deadlines are: March 1, June 1, September 1, and December 1. Advertising will be accepted on a first come, first served basis for preferred positions, pending space availability. WSNA reserves the right to reject advertising. Paid advertisements in The Washington Nurse do not necessarily reflect the endorsement of the WSNA Members, Staff or Organization.

CONTRIBUTOR GUIDELINES

Article ideas and unsolicited manuscripts are welcome from WSNA members (300 word maximum). Please submit a typed copy and digital copy (Microsoft Word, or plain text) and include identified relevant photos, a biographical statement, your name, address and credentials. It is not the policy of WSNA to pay for articles or artwork.

ARTICLE SUBMISSION DEADLINES

Spring .................................................. February 15
Summer .................................................. May 15
Fall .................................................. August 15
Winter .................................................. November 15

DESIGNED, EDITED & PRINTED IN THE USA
WSNA staff and elected and appointed leaders represent your interests in a wide variety of meetings, coalitions, conferences and work groups throughout the year, anticipating and responding to the issues the membership has identified as priorities. In addition to many meetings with legislators, regulators, policy makers, other health care and nursing organizations and unions, the following represents a partial listing of the many places and meetings where you were represented during the last three months:

- AFT Orientation Briefings
- Alliance of Nurses for Health Environments (ANHE) Policy/Advocacy Committee
- American Academy of Nurse Practitioners Region X
- American Cancer Society Cancer Action Network
- American Nurses Association (ANA) Board of Directors meeting
- ANA Nursing Practice Network conference calls
- ARNPs United of Washington State
- ARNP Reimbursement Coalition
- Bellevue College Nursing Advisory Board
- Children's Alliance
- Clark Community College Allied Advisory Board
- Collaborative on a Healthy Environment (CHE-WA)
- Comprehensive Health Education Foundation
- Council of Nurse Educators for Washington State (CNEWS)
- Department of Health (DOH) Healthcare Associated Infections Advisory Committee
- DOH Medical Assistant rules writing
- DOH Public Health Emergency Preparedness and Response Joint Advisory Committee
- Department of Labor and Industries (L&I) rule-making on hazardous drug exposure
- Equity in Education Coalition
- L&I Safe Patient Handling Steering Committee
- L&I Safe Patient Handling Conference
- Federal Basic Health Option legislative advisory committee
- Future of Health Care Conference Planning Committee
- Health Care Access Coalition (to maintain access to medications)
- Health Care Without Harm
- Health Coalition for Children and Youth
- Healthy Schools Summit
- Healthy Washington Coalition to Healthy Washington Steering Committee
- Joint Task Force on Education Funding (Legislative Task Force)
- National Association of County & City Health Officials
- National Federation of Nurses (NFN) National Executive Board meetings & National Advisory Board meetings
- NFN National Federation Assembly
- NFN Labor Academy
- NCQAC ARNP Subcommittee
- NCQAC Continuing Competency Subcommittee
- NCQAC Consistent Standards of Practice Subcommittee
- North Seattle Community College Technical Advisory Board
- Northwest Organization of Nurse Executives (NWONE) Spring Conference
- Nursing Care Quality Assurance Commission Meetings (NCQAC)
- Nursing Students of Washington State (NSWS) Board meetings
- Pierce County Career Day
- Prevention Alliance
- Public Health Emergency Preparedness and Response Joint Advisory Committee
- Public Health Roundtable
- Puget Sound Health Alliance and Consumer Engagement Team meetings
- Racial Equity Team
- Rebuilding Our Economic Future Coalition
- Renton Center of Health and Occupational Health Education Labor Advisory Board
- Renton Technical College Allied Health Advisory Board
- School Nurses Organization of Washington State
- Shoreline Community College Nursing Advisory Committee
- South Seattle Community College Technical Advisory Board
- Toxic Free Legacy Coalition
- United Labor Lobby
- University of Washington Continuing Nursing Education Advisory Committee
- Washington Alliance for Gun Responsibility
- Washington Alliance for School Health Care
- Washington Center for Nursing (WCN) Board Meetings
- Washington Chapter of Physicians for Social Responsibility
- Washington Health Foundation Board Meeting
- Washington Patient Safety Coalition Steering Committee
- Washington Regional Action Coalition (WNAC) Steering Committee and Leadership Group
- Washington State Board of Community and Technical Colleges
- Washington State Labor Council (WSLC) Executive Board Meeting
- WSLC Legislative Labor Caucus
- WSLC Political Committee
- WSNA-AFT Joint Nursing Faculty Education Workshop
- Washington State Public Health Association Board meeting
- Washington Toxics Coalition

You Were Represented

Upcoming Events

**SEPTEMBER**

2 Labor Day Holiday Observed - Office Closed
10 WSNA Nurses Night with the Seattle Storm - Key Arena, Seattle, Washington
11 ARNP Coalition Meeting
21 WSNA CE Event: Social Media / Compassion Fatigue / Legal Documentation - Vancouver, Washington
28 Cabinet on Economic and General Welfare - Campbell's Resort, Chelan, Washington
29 Statewide Local Unit Council Meeting - Campbell's Resort, Chelan, Washington
30 - Oct. 1 WSNA Leadership Conference - Campbell's Resort, Chelan, Washington

**OCTOBER**

5 WSNA CE Event: Compassion Fatigue / Legal Aspects of Documentation - Franciscan Education Center, Tacoma, Washington
11 WSNA Finance and Executive Committee Meetings
16 WSNA Annual Staff Planning Retreat - Office Closed
16 – 18 CNEWS – Seattle
24 CEARP Provider Unit Update Meeting
25 CEARP Committee Meeting
26 Nursing Faculty Education CE - Skagit Casino
30 Washington Center for Nursing 10th Anniversary Celebration - Campion Hall, Seattle University, Seattle, Washington
31 Constituent Representative Council Meeting

**SPOTLIGHT EVENT**

WSNA E&GW Leadership Conference
September 29 - October 1, 2013
Campbell's Resort, Chelan, WA
The warm and sunny days of summer are well upon us! I do hope that many of you are planning trips and special picnics to be with friends and family. It’s important to rejuvenate and refresh your mind, body and spirit, preferably while sipping on something cool and refreshing. Perhaps you may do some reflecting on your personal and professional accomplishments over the last few months, thinking about your role as a registered nurses and member of WSNA.

For me, as the out-going president of WSNA, I have so much to reflect on and cherish. Wow, did the time fly by! What a flurry of activity the past four years have been. It seems like just yesterday when I was elected to my first term by you, our membership. As I pause and remember those early days of my presidency, all I can remember is how busy I was learning and growing into the role, striving to meet the expectations I had set for myself and the commitments I had made to you. Throughout my presidency, I have worked to be your voice in as many venues as possible. With all of WSNA’s activism and leadership in our state and across the nation, I have had countless opportunities to make our presence seen and heard. I am proud to have been able to carry your voices, strength and unity to our WSNA members across Washington and to other nurses in the NFN and ANA when it was needed.

It has also been so gratifying to get to know so many of you. In particular, what a pleasure to see the growth of some of the nursing students I met four years ago, from taking on leadership positions in the Nursing Students of Washington State to now being engaged members of our profession. These are our future leaders! I look forward to continuing to serve as a mentor to students and new nurses and helping them discover the ways that WSNA can help them be advocates for themselves and their profession.

The many unity dinners, local unit meetings, and district functions were so helpful to me in those first two years. Not only did I learn so much about what was going on in our state, but I also got to meet amazing nurses and be inspired by the great work that all of you are doing. Thank you so very much for all your help, warm welcomes and your support and willingness to participate with me at so many of the various functions during both of these terms.

One area that I will certainly still be passionately involved in is our Campaign for Patient Safety Reform. Our proposed legislation for safe staffing, uninterrupted rest breaks and tightening loopholes on mandatory overtime are critical safety measures that we must push forward. In each year of both of my terms, we have made progress on these issues in the Legislature. More importantly, I have seen a growing understanding and engagement among our members. Sometimes, the decisions made in Olympia seem very far away from our practice at the bedside, but in the past several years, we have really started to understand that advocating for our patients and patient safety is a task that sometimes requires talking to a Legislator, testifying in Olympia, or telling our coworkers about a new bill. We are just beginning to tap into our political power, and it is an exciting time to be involved. There really is no limit to what we can achieve together.

Another exciting development over the past four years has been the ever-increasing opportunities for nurses to access continuing education. At the start of my presidency, starting an online CNE program was a high priority. It was achieved over two years ago and there are now over a dozen online modules. And have you noticed how many fantastic workshops and seminars WSNA offers these days? On topics like Just Cul...

...ture, Fatigue and Legislative Advocacy, WSNA is crisscrossing the state to provide nurses with education (and also great opportunities for networking and socializing). WSNA has also been very active in working with the Nursing Commission on continuing competency requirements for nurse licensure. They’ve also worked hard to ensure that all of us are aware of these new rules and are ready for enforcement in 2014, providing tools for tracking compliance.

One thing I have learned, evident across all the work that we do, is that our successes have been achieved together. During my second term, I watched as our membership grew, reaching and surpassing 12,000 members - the largest membership number in the history of WSNA and still growing. As I think about this milestone and all that has been achieved together, I think not just of the positive times when we grow and strengthen, but also of the times when we’ve lifted each other up during great stress and difficulty. Many of us had quite a lot of that in the past four years. The comfort that comes from having thousands of nurse friends across the state, standing with you in good times and bad, is priceless.

I like to think that everything we have achieved in the past four years was the result of each and every one of you stepping up in some way – some for the very first time, some continuing the work they’ve been doing for decades. Each of us helping, participating and working so hard to achieve those wins, whether big or small. I also have to thank our WSNA staff who truly do whatever it takes to serve our WSNA members. Both staff and the elected WSNA leadership have been so helpful to me, enabling me to do more and be more for you. What an awesome time this has been!

I’m happy now to be preparing to welcome our newly elected WSNA President and Board. Let us all be ready to help and support them in every way we can, just as I was so graciously greeted when I started my term.

I will be helping in any way I can as our new President and Board get us started up once again. I am also happy
to have recently been elected to both the NFN Board and our WSNA Nominating Committee so that I can continue to serve the interests of WSNA and nurses in Washington.

My parting thought that I would like to once again share with you all is that WSNA and nursing’s future is still for all of us to write. I shared this idea in a past In Focus, and it certainly still holds true today. What we achieve, we do so together. Standing united, let us all help to keep WSNA moving forward into the future. Let’s all get behind our new President and Board and forge this path together. Are you ready? My sleeves are rolled up, and I’m excited to do this work together for our future.

Ready, Set, Go!

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The Washington Nurse

By Susan E. Jacobson, RN
WSNA President 2013-15

Wow! It’s still hard for me to believe that as of a few weeks ago, I became the President of WSNA. I’m thrilled and honored to be a leader in an organization as great as the Washington State Nurses Association.

I sincerely hope I can live up to the expectations of the office and the trust and confidence you have placed in me. I know that I am following in the footsteps of Julia Weinberg, our immediate past president, and many other truly remarkable former presidents who have led WSNA throughout our history. It is an awesome legacy and I will do my very best to continue their example.

For the past two years, I have had the privilege of serving as your WSNA Vice-President and working closely with Julia and the other dedicated members of the WSNA Board of Directors. I’ve known Julia for many years and she has become one of my nursing heroes. She has been involved and fully engaged in all aspects of the work of WSNA and led the association to new heights of achievement through some truly difficult times. So I know I really have huge shoes to fill during my tenure, but I am excited and eager to meet the coming opportunities and challenges and, with your help, we will continue to advance the nursing profession and address important issues for nurses in this State and beyond.

As you read through this and other the issues of The Washington Nurse and the WSNA website, and as you receive WSNA Electronic Newsletters and other communications to members, it becomes very evident how active and involved WSNA members and staff are in so many areas important to nurses, our profession and the patients we serve—WSNA is actively engaged in all areas of nursing practice and education, advocating for nurses at the bargaining table, in workplace and environmental health, in public health, in the state legislature, at regulatory agencies, and working in coalitions with other specialty nursing organizations, unions and professional groups.

WSNA today is a strong, vibrant and effective state nurses association and a leader nationally. It is my hope that over the next two years, we will continue to see WSNA’s membership grow, not only with members for collective bargaining, but with more ARNPs, RNs in education and all practice settings. The implementation of the Affordable Care Act will bring thousands of new patients into the health care system in Washington State. The demand for RNs in all settings will grow, and we will face new challenges and demands in our practice and in the workplace. WSNA needs the expertise and involvement of all nurses to meet the challenges that will face us in our daily practice and workplaces. And we need every member to be engaged by letting us hear your voice, by encouraging others to join WSNA and by continuing to mentor and encourage your colleagues and students.

Every day you are represented by WSNA in activities that truly make a difference in your professional practice and livelihood. As I move about the State as your president, it is my hope to hear from you about the key issues and challenges you are facing and your suggestions for our priorities and how we can better represent you.

I pledge my very best efforts and energy to listen, learn and lead and to keep you all aware and well informed about these activities and what WSNA is doing to represent you. Together we can truly accomplish great things!

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Join WSNA and the Seattle Storm for
NURSE APPRECIATION NIGHT
September 10, 2013.

The Washington State Nurses Association and the Seattle Storm are once again teaming up to jointly promote the nursing profession and WNBA basketball. Mark your calendar for this fun night of basketball and stay tuned for special ticket offers.

SEATTLE STORM vs. MINNESOTA LYNX
KEY ARENA, SEATTLE  TUESDAY, SEPTEMBER 10TH AT 7 P.M.

Visit www.wsna.org/storm for more information
HANDS TO HEAL.
HEARTS TO SERVE.
NURSING: ONLINE

Enrolling Now

Take Nursing to a Higher Level
Our RN to MSN, MSN and DNP online programs help you improve patient care and advance advocacy – right from home. Our respected faculty actively work in the field, making what you learn immediately applicable to your job.

Program Details:
- RN to MSN, MSN, DNP programs
- 30 to 36 credits (depending on degree)
- On-campus immersions with faculty & peers
- Fall Application due: August 1, 2013
ANA Helps Shape Federal Safe Staffing Legislation

In May, ANA applauded the introduction of federal legislation that empowers registered nurses to drive staffing decisions in hospitals and, consequently, protect patients and improve the quality of care. The Registered Nurse Safe Staffing Act of 2013 (H.R. 1821), crafted with input from ANA, has sponsors from both political parties who co-chair the House Nursing Caucus—Reps. David Joyce (R-OH) and Lois Capps (D-CA), a nurse.

Research has shown that higher staffing levels by experienced RNs are linked to lower rates of patient falls, infections, medication errors, and even death. And when unanticipated events happen in a hospital resulting in patient death, injury, or permanent loss of function, inadequate nurse staffing often is cited as a contributing factor.

The bill would require hospitals to establish committees that would create unit-by-unit nurse staffing plans based on multiple factors, such as the number of patients on the unit, severity of the patients’ conditions, experience and skill level of the RNs, availability of support staff, and technological resources.

The safe staffing bill would also require hospitals that participate in Medicare to publicly report nurse staffing plans for each unit. It would place limits on the practice of “floating” nurses by ensuring that RNs are not forced to work on units if they lack education and experience in that specialty. It also would hold hospitals accountable for safe nurse staffing by requiring the development of procedures for receiving and investigating complaints; allowing imposition of civil monetary penalties for knowing violations; and providing whistle-blower protections for those who file a complaint about staffing.

ANA backed a similar staffing bill in the last Congress. This version includes requirements that a hospital’s staffing committee be comprised of at least 55 percent direct care nurses or their representatives, and that the staffing plans must establish adjustable minimum nurse-to-patient ratios.

Additionally, ANA has advocated for safe staffing conditions for the nation’s RNs through the development and updating of ANA’s Principles for Nurse Staffing, and implementation of a national nursing quality database program that correlates staffing to patient outcomes.

To register, visit www.anastaffingconference.org

For more information on ANA’s safe staffing legislative efforts, please visit www.RNAction.org

ANA & ANF TO JOINTLY SPONSOR NATIONAL CONFERENCE ON NURSE STAFFING

Today’s complex, fast-paced health care system demands innovative thinking and fresh approaches to address long-standing nurse staffing issues. That’s why ANA is convening a unique staffing conference, Fostering Innovative Staffing Solutions, to empower nurses to discover, learn, and create inventive solutions to the complex challenge of determining and delivering appropriate nurse staffing.

Co-hosted by the American Nurses Foundation (ANF), the conference will be grounded in the latest research and provide attendees with new tools, strategies, approaches, and other practical solutions to help nurses develop staffing plans that will elevate patient care and foster more efficient, affirming work environments.

The day and a half conference takes place November 8-9, 2013 at the Washington Hilton in Washington, D.C. Conference attendees can expect engaging multimedia presentations from dynamic nurse staffing experts, idea generation activities, and stimulating discussions focused on real-life examples of specific staffing solutions. Attendees will also learn about the latest technological advances in staffing designed to optimize staff, reduce costs, and improve patient outcomes.

In addition to engaging nurses around best practices and innovative staffing strategies and tools, ANA will solicit attendees’ input for an outline of the elements of a business case for staffing. This input will shape the final product.

The 2013 ANA Staffing Conference is targeted to nurses involved in staffing decisions and nurses who may influence staffing decisions, such as CNOs, nurse managers, staff nurses on staffing committees, staffing coordinators, risk managers, and quality assurance managers.

For additional information, please contact ANA by calling 800-274-4ANA (4262) or via email at meetings@ana.org
ANA’s latest breakthrough guide, Safe Patient Handling and Mobility Interprofessional National Standards, is expected to help reduce health care worker injuries and musculoskeletal disorders (MSDs). These injuries, common among nurses and other healthcare workers, are often life-altering and career-ending. What’s more, improper handling of patients is expensive, costing the United States over $7 billion each year in worker compensation costs, medical bills, and staff replacements.

ANA spearheaded the effort to develop national interdisciplinary safe patient handling and mobility (SPHM) standards to be applicable across the care continuum. The resulting document contains eight overarching SPHM standards of care organized into two parts: one addresses the responsibilities of the employer or health care organization, the other those of healthcare workers and ancillary/support staff, with descriptive comments accompanying each set.

The standards begin by establishing a culture of safety though establishing a comprehensive evaluation program. The expectation is the language in the standards can support organizational policy, regulation, and state and federal legislation. The inter-professional national standards are intended for nurses and health care workers in any clinical setting, level of practice, or specialty.

Also in early July, ANA issued a press release applauding the introduction of new federal legislation: The Nurse and Health Care Worker Protection Act of 2013 (H.R. 2480) — a bill to protect registered nurses and other health care workers from costly, potentially career-ending injuries and musculoskeletal disorders (MSDs) caused by manual patient handling, such as lifting, transferring, and re-positioning. Crafted with input from ANA, the bill is sponsored by Congressman John Conyers (D-MI), a long-time champion of safe patient handling and mobility (SPHM) issues.

The legislation, revamped from earlier bills, incorporates key content of the newly published Safe Patient Handling and Mobility Interprofessional National Standards. Among its provisions, the bill would require the Occupational Safety and Health Administration (OSHA) to develop and implement a safe patient handling and mobility standard that will eliminate manual lifting of patients by direct-care RNs and health care workers, and require health care employers to:

- Develop a safe patient handling and mobility plan, and to obtain input from direct-care RNs and health care workers during the process of developing and implementing such a plan;
- Purchase, use and maintain equipment and to train health care workers;
- Track and evaluate injuries related to the application of the safe patient handling and mobility standard; and
- Make information available to employees and their representatives.

To order the Safe Patient Handling and Mobility Interprofessional National Standards publication, go to www.nursesbooks.org

For more information on ANA’s safe patient handling and mobility initiative, visit www.nanasphpm.org

For more information on ANA’s SPHM efforts and to find tools you can use to start your own SPHM program at your hospital or facility, go to www.nursingworld.org/MainMenuCategories/WorkplaceSafety/Healthy-Work-Environment/SafePatient

For more information on ANA’s safe patient handling and mobility initiative, visit www.nanasphpm.org

For more information on ANA’s SPHM efforts and to find tools you can use to start your own SPHM program at your hospital or facility, go to www.nursingworld.org/MainMenuCategories/WorkplaceSafety/Healthy-Work-Environment/SafePatient
ANA Holds Inaugural Membership Assembly

The American Nurses Association (ANA) held its inaugural Membership Assembly Friday, June 28 through Saturday, June 29 in Crystal City, Virginia.

The Membership Assembly (MA) is ANA’s new governing and policy-making body established in 2012, replacing the Biennial ANA House of Delegates and Constituent Assembly. The Membership Assembly brought together representatives from ANA’s constituent and state nurses associations, Individual Membership Division, ANA Board of Directors and ANA’s specialty nursing organizational affiliates to help shape the future of the Association and the nursing profession.

Each Constituent State Nurses association is entitled to bring two elected representatives as voting delegates and their non-voting Executive Director to be seated in the Membership Assembly. The elected delegates cast weighted votes on issues and votes are based on the membership numbers in their state association. WSNA, the largest SNA in ANA, was allocated 42 votes. Julia Weinberg, WSNA President and Susan E. Jacobson WSNA Vice-President and Judy Huntington, WSNA Executive Director served as WSNA’s official representatives. SNAs were also allowed to bring up to ten “Observers.” WSNA Observers included: Tim Davis (Mt. Vernon), Mara Kieval (Portland), Pamela Newsom (Seattle), Muriel Softli (Seattle), David Trevino (Yakima), and Sally Watkins (Gig Harbor).

Using the theme, “A Look into the Future: Advancing the Association; Advancing the Profession,” representatives, invited guests and observers explored pressing nursing and health care issues as part of an environmental scanning exercise to better position ANA to anticipate trends that may impact the nursing profession. The environmental scanning process was also intended to lay the foundation for ANA policies and positions to ensure a stronger nursing presence in the emerging health care delivery system.

As part of the two-day meeting, ANA Chief Executive Officer Marla J. Weston, PhD, RN, FAAN, addressed how ANA has transformed its programs, products and services to better serve nurses – from webinars on building effective leadership skills to the development of groundbreaking, national interdisciplinary safe patient handling and mobility standards.

“I have been a member of ANA for 25 years, but I have come to understand just this year, in a really profound way, what it means to be an association,” Weston said. “An association is defined as people banded together for a special purpose. We are the American Nurses Association, and our special purpose is to promote our profession and improve health for all.”

Assembly representatives discussed the important and sometimes competing interests regarding access to care, care coordination, patient outcomes, and licensure issues. In terms of specific actions, they referred a licensure jurisdiction proposal (related to telehealth practice) back to the ANA Board of Directors. The board
New Program Will Provide a Safe Medicine Disposal System for King County Residents

On June 20, 2013 the King County Board of Health took a significant remaining step towards reducing preventable deaths from drug overdoses by passing a Rule & Regulation to create a drug take-back system for King County residents. The program promotes the safe disposal of unused prescription and over-the-counter medicines, and will be funded and operated by the drug manufacturers who produce the medications.

Under the new program residents may dispose of unwanted or expired medicines in secure boxes located in most retail pharmacies or law enforcement offices throughout King County for no charge. Collected medicines would then be destroyed by incineration at properly permitted facilities. Public Health – Seattle & King County will oversee the program to ensure its effectiveness and safety.

This makes King County only the second jurisdiction in the nation to provide a safe and convenient way for residents to get rid of their unneeded medicines. King County Board of Health Chair Joe McDermott said, “The Board took strong action to close a gap in the comprehensive response to misuse and abuse of medicines.” He further noted that more people die from overdoses due to prescription medicines than from heroin and cocaine combined and that most abusers of medicines get the pills from a friend or relative’s medicine cabinet. In fact, 32% of child poisoning deaths in Washington were caused by someone else’s prescription medication, and 26% were caused by over-the-counter medicines.
NURSING NEWS BRIEFS

Washington Healthplanfinder Will Help Consumers Purchase Insurance

Washington Healthplanfinder offers a new way to find health insurance. It’s a customer-friendly online marketplace where individuals and families can find, compare and enroll in a health plan that fits their needs and their budget. Washington Healthplanfinder provides:

• “Apples-to-apples” comparisons of Qualified Health Plans
• Tax credits or financial help to pay for copays and premiums
• Expert customer support online, by phone or in-person through a local organization or insurance broker

All health plans offered through Washington Healthplanfinder meet strict benefit and quality standards. And all the essentials are covered, including visits to the doctor and emergency room, prescriptions, maternity care and preventive care like cancer screenings and immunizations. In addition, no one will be denied coverage because they are sick or have a pre-existing condition. Finally, most health plans are not allowed to have annual benefit limits and none are allowed to have lifetime benefit limits.

Depending on how much a person earns, they may qualify for a free or low-cost health plan or financial help to lower the cost of premiums and copays.

Help will be offered online, over the phone and in person for those who need additional assistance choosing and enrolling in a health plan. The Washington Healthplanfinder Customer Support Center will be available starting September 1, 2013.

For more information, please visit Washington Connection at www.washingtonconnection.org.

MARILYN TAVENNER CONFIRMED TO LEAD THE CENTERS FOR MEDICARE & MEDICAID SERVICES

ANA and WSNA applauded the confirmation of Marilyn Tavenner, MHA, BSN, RN, as the permanent head of the Centers for Medicare and Medicaid Services (CMS). Tavenner, a former Intensive Care Unit (ICU) nurse, has served as chief executive officer of the Hospital Corporation of America (HCA) and was Virginia’s secretary of Health and Human Resources under former Governor Tim Kaine.

“Tavenner’s nursing expertise, along with her public and private sector experience, will enable her to continue providing the Centers for Medicare and Medicaid Services (CMS) with the leadership needed to guide our health care system during this time of great change,” says ANA President Karen A. Daley, PhD, RN, FAAN. “CMS is an agency that touches the lives of all Americans, through the Medicare, Medicaid, and children’s health insurance programs and other vital functions. With this confirmation vote, CMS is getting a superb leader who understands the need to expand patient access to high quality health care.”

Tavenner joined CMS in February 2010 and became acting administrator in December 2011. Tavenner’s confirmation marks the first time CMS has had a permanent administrator since Mark McClellan resigned in 2006.

GONZAGA LAUNCHED ONLINE NURSING PROGRAMS

Gonzaga now offers a Master of Science in Nursing (MSN and RN-MSN), Second Master’s and a Doctor of Nursing Practice (DNP) degree in the online format with additional campus visits required. Weekends spent on campus in intensive sessions with faculty enrich the student’s learning experience. Rigorous coursework gives graduates a superb sense of self-confidence. Likewise, regional employers have come to expect practice-ready professionals from Gonzaga’s programs.

Gonzaga’s Online Nursing Programs challenge students to become a force for change in their communities. The holistic, Jesuit approach to teaching requires students to think beyond the technical aspects of practice and ponder their purpose in healthcare and in the life of each patient.

5 WASHINGTON STATE NURSES TO BE INDUCTED INTO THE AAN

The American Academy of Nursing (AAN) has selected 5 Washington State nurses among the 172 nurse leaders for induction as Fellows into the AAN during the Academy’s 40th annual meeting on October 19, 2013, in Washington, DC. The WA nurses selected are:

• Maggie Baker, PhD, RN
  University of Washington
• Janiece E. DeSocio, PhD, MN, RN, ARNP
  Seattle University
• Marie Driever, PhD, RN
  Consultant, Self-Employed
• Joachim Voss, PhD, RN, ACRN
  University of Washington
• Danuta M. Wojnar, PhD, RN, MED, IBCLC
  Seattle University

The Academy is composed of more than 2,000 nurse leaders in education, management, practice, policy, and research. The Academy Fellows include hospital and government administrators, college deans, and renowned scientific researchers. With this new class, Fellows will represent all 50 states, the District of Columbia, and 19 countries.

“Selection for fellowship in the Academy is one of the most prestigious honors in the field of nursing,” said Academy president Joanne Disch, PhD, RN, FAAN. “I congratulate all of the new Fellows and look forward to honoring their accomplishments and welcoming them into the Academy.”

Selection criteria include evidence of significant contributions to nursing and health care and sponsorship by two current Academy Fellows. Applicants are reviewed by a panel comprised of elected and appointed Fellows, and selection is based, in part, on the extent the nominee’s nursing careers influenced health policies and the health and well being of all. New Fellows will be eligible to use the credentials FAAN (Fellow of the American Academy of Nursing) after their induction in October. Nurses inducted into the AAN must also be members of the American Nurses Association and their C/SNA.
From May 1-3, nurses enjoyed education sessions, networking, poster sessions, WSNA awards and more during the at-capacity Washington State Nurses Convention at Tulalip Resort. With a record attendance of more than 500 nurses and nursing students, it was a great event, bringing nurses together to discuss the hot topics in nursing today and to plan for the future.

With a full three days of speakers, breakout sessions, and WSNA business meetings, attendees could obtain an entire year’s required continuing education contact hours at the event.

As in previous years, the Nursing Students of Washington State held their Convention in conjunction with WSNA, with many students attending the WSNA Convention and a joint WSNA-NSWS mentoring session before the NSWS Convention on May 4th.

Important WSNA business was conducted at various meetings, including the Local Unit Council meeting, ‘Meet the Candidates’ forum, and WSNA General Assembly business session.

At the WSNA Awards Reception, we celebrated the recipients of the 2013 WSNA Honorary Recognition Awards and the Professional Nursing & Health Care Council Awards. Individuals and organizations were honored for their significant contributions to their fellow nurses, patients, the public and the nursing profession. And the Washington State Nurses Foundation Silent Auction provided an opportunity for attendees to take home something fun while benefitting scholarships for nursing students.
Election Results

WSNA’s Elected Leaders for the 2013-2015 Biennium

Final nominations for the 2013-2015 WSNA Elections were held at the 2013 WSNA General Assembly meeting on May 2, 2013, and a mailed ballot was sent to all members in good standing. The ballots were counted on June 10, 2013 for the proposed WSNA Bylaws amendments and the election of the 2013-2015 WSNA Board, Cabinet, Councils, the two WSNA Nominating / Search Committees, the 2014-17 (4-year) WSNA NFN National Executive Board Director position, the WSNA Delegates to the 2014-2015 ANA Membership Assembly, and the WSNA Delegates to the 2015 NFN National Federation Assembly.

Bylaws Amendments

The proposed WSNA Bylaws amendments were approved by a 93.37% yes vote (66.67% required to pass).

2013-2015 WSNA Board of Directors

President____________________ Susan E. Jacobson, Dist 6, Yakima
Vice-President_____________ Jennifer Graves, Dist 2, Seattle
Sec/Treasurer______________ Judith Turner, Dist 3, Port Orchard
Cabinet Chair______________ Kathy Ormsby, Dist 4, Spokane
Leg Council Chair ________ Ed Dolle, Dist 17, Port Orchard
PNHCC Chair_______________ Jeaux Rinehart, Dist 2, Seattle
At-Large___________________ Susan K. “Sue” Glass, Dist 4, Spokane
At-Large___________________ Vee Sutherlin, Dist 4, Spokane
At-Large___________________ Patricia Di Egidio Tobis, Dist 2, Bellevue
Staff Nurse________________ Evelyn Street, Dist 3, Olympia
Staff Nurse_______________ Ann M. Whitley, Dist 6, Yakima

Sarah Bear was elected to an At-Large Board position, but is not able to serve so she is replaced by Vee Sutherlin who received the next highest votes in that category.

2013-2015 WSNA Cabinet on Economic & General Welfare

Chair_____________ Kathy Ormsby, Dist 4, Spokane
Vice-Chair__________ Julia Rose Barcott, Dist 6, Yakima
Sec/Treasurer_______ Lori Bethay, Dist 6, Yakima
At-Large_____________ Martha “Marty” Avey, Dist 4, Spokane
At-Large_____________ Barbara Bly, Dist 9, Everett
At-Large_____________ Jane Hill-Littlejohn, Dist 2, Seattle
At-Large_____________ Susan M. Jacobson, Dist 3, Tacoma
At-Large_____________ Katherine Powers, Dist 2, Seattle
At-Large_____________ Marcie Turpin, Dist 3, Olympia
At-Large_____________ John Tweedy, Dist 16, Camano Island

2013-2015 WSNA Professional Nursing & Health Care Council

Chair____________ Jeaux Rinehart, Dist 2, Seattle
Administration________ Kim Jo Ward, Dist 4, Spokane
At-Large____________ Pamela Pasquale, Dist 7, Wenatchee
Education____________ Heather Stephen-Selby, Dist 2, Renton
Ethics & Human Rights __ Muriel, Softli, Dist 2, Seattle
Practice______________ Louanne E. Hausmann, Dist 4, Spokane
Research_____________ Antwinett O Lee, Dist 2, Lynnwood
Appointed by Board_____ Lisa Boettger, Dist 16, Mount Vernon
Appointed by Board_____ Renata Bowlden, Dist 3, University Place
Appointed by Board_____ Charles Chumisky, Dist 13, Olympia
Appointed by Board_____ Bonnie B. Sandahl, Dist 9, Lynnwood

2013-2015 WSNA Legislative & Health Policy Council

Chair____________________ Ed Dolle, Dist 17, Port Orchard
At-Large___________________ Justin Gill, Dist 16, Blaine
At-Large___________________ Lynnette Vehrs, Dist 4, Spokane
At-Large___________________ Bobbi Woodward, Dist 4, Spokane
Appointed by Board______ Patty Hayes, Dist 13, Tumwater
Appointed by Board______ Angel Mathis, Dist 2, Seattle
Appointed by Board______ Lynn Nelson, Dist 1, Everson

2013-2015 WSNA Nominations / Search Committee

• Pam Rimel, Dist 6, Yakima
• Julia Weinberg, Dist 16, Bow
• Rosa Young, Dist 2, Seattle

2013-2015 E&GW Nominating / Search Committee

• Judi Lyons, Dist 18, Ellensburg
• Jon Olson, Dist 10, Kelso
• Peggy Slider, Dist 4, Spokane

WSNA Delegates to the 2014-2015 ANA Membership Assembly

• Office of the President (Susan E. Jacobson)
• Marty Avey, Dist 4, Spokane

WSNA Director to the NFN National Executive Board for a 4-year term: Jan 2014- Dec 2017

• Julia Weinberg, Dist 16, Bow

WSNA Delegates to the 2015 NFN National Federation Assembly (6 elected)

Marty Avey and Julia Weinberg were elected as delegates, but both are serving as a WSNA Director on the NFN Executive Board through 2015 and by virtue of that office are automatically a NFN Delegate. As a result, the six WSNA elected delegates to the 2015 NFN National Federation Assembly are:

• Jeanne Avey, Dist 10, Longview
• Martha Goodall, Dist 4, Mead
• Douglas Harper, Dist 2, Mill Creek
• Brenda Shaw, Dist 4, Spokane
• John Tweedy, Dist 16, Camano Island
• Anne Whitley, Dist 6, Yakima
**Resolutions & Motions**

*Members Set Agenda for Next Two Years*

During the General Assembly business meeting, WSNA members passed several bylaws amendments to be sent to the membership for final approval, and approved four resolutions—all with overwhelming support.

The amendments update WSNA’s bylaws to reflect changes made to ANA’s structure and our processes in relation to ANA.

The approved resolutions direct WSNA to work with other groups to:

- support mandatory labeling for genetically engineered foods
- work in coalition to advocate for safe nurse-to-student ratios
- provide leadership in finding ways to prevent overmedication of older adults
- support efforts to ensure that health care practitioners can conduct gun use assessments and provide safety information.

Visit [www.wsna.org/2013-General-Assembly/](http://www.wsna.org/2013-General-Assembly/) to view complete text for all bylaws changes and resolutions.

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**Nightingale Tribute**

The Nightingale Tribute is a way of honoring our nurse colleagues at the end of life’s journey. The Tribute was developed by the Kansas State Nurses Association in 2003 and endorsed by the American Nurses Association in 2005 and by WSNA in 2006. The Tribute has been used increasingly since that time and has been well received by family, friends and fellow nurses. This Tribute is similar to that given by the military, police, firefighters, and others in honoring their colleagues during a funeral or memorial service. Either the family has requested the Tribute or nurses have stepped forward to the family of the deceased, offering the Tribute in the nurse’s honor.

The Nightingale Tribute begins with a short synopsis of the nurse’s career. A creative reading exemplifying nursing follows the synopsis. A white candle is lit and a white rose is placed to honor the nurse after the reading, with the statement, “We honor you this day and give you a white rose to symbolize our honor and appreciation for being our nursing colleague.”

**NEW PRIORITY ISSUES**

- Genetically Modified Food Labels
- School Nurse Staffing
- Overmedication of Seniors
- Firearm Safety

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Alexis Cardinal (1971 – 2012)
Amy Washburn (1978 – 2013)
Anna Katherine ‘Katie’ Keiper (1951 – 2011)
Barbara E. Hughes (1940 – 2011)
Bonnie S. Bishop (2012)
Carines Mae Itechon Klinefeller (1985 – 2012)
Colonel Janice Mano Lehman (1963 – 2012)
Debra Jo (Rose) Franck (1964 – 2012)
Dr. Anne Roe Mealey (1928 – 2012)
Ella Mary Sorestad (1921 – 2013)
Hilda Boerhave Roberts (1917 – 2011)
Jacqueline M. Hensler (1955 – 2011)
Helen Hewitt
Jeanne Quint Benoliel (1919 – 2012)
Joan Beard Stout (1927 – 2013)
Joan Esther McGuire (1924 – 2013)
John Frederick ‘Sam’ Sambhammer (2012)
June E. Hendrix (2012)
Kathleen Lalley (1955 – 2012)
Kathleen Mary Hotchkko (1948 – 2012)
Kathleen Tilley (1953 – 2012)
Kimberly Sue Hiatt (1961 – 2011)
Lois Price-Spratlen (1931 – 2013)
Madeleine Leininger (1925 – 2012)
Margaret ‘Maggie’ Frankovich (2012)
Margaret Mary Fromherz (1917 – 2011)
Marie Breden Chadwell (1922 – 2012)
Mariko Hamano Peckham (1949 – 2013)
Mary Noel Riddell (1924 – 2011)
Patricia ‘Pat’ Hoyt (1929 – 2011)
Sally Rasmusson (1938 – 2012)
Thelma Pegues (1921 – 2012)
WSNA Awards

We honor the outstanding achievements of several of our nursing colleagues and community partners. These awards are given every two years in recognition of significant personal and professional contributions of individuals or groups benefitting the advancement of nurses, the profession and the association.

Community Partner Recognition Award
Alex Truchot of the Washington State Healthcare Safety Council

In recognition of significant contributions made toward advancing nursing and the health and wellness of the Citizens of Washington State.

Alex Truchot is a chemist who has worked for over 25 years to ensure safe workplace environments. For the past five years, he’s worked with nurses to develop strong nurse leadership in health and safety. Alex has been a member of the Washington State Healthcare Safety Council (WSHSC) since 2009 and the President since 2011. WSHSC is a membership organization consisting of nearly 150 individuals and organizations interested in improving safety in healthcare facilities throughout Washington.

WSHSC works diligently to inform health care industry employers and employees on current health and safety issues, trends and new rules and regulations on the horizon to protect the health and safety of workers such as: Safe Patient Handling; the Aging Workforce; the updated Hazard Communications Rule with GHS; and the new Labor and Industries Hazardous Drug Rule. Alex understands the significant role nurses play in the health care industry and has partnered with WSNA and nurses in his work to indentify hazards nurses face every day in the work place along with developing policies, procedures, educational opportunities and other control measures to ensure a safe workplace environment.

WSNA Honorary Recognition Award, Nurse Candidate
Pamela Mitchell, PhD, RN, FAAN

In recognition of her distinguished service to WSNA and ANA and her outstanding support for registered nurses and the nursing profession in Washington State.

Pamela Mitchell is the interim dean of the University of Washington School of Nursing, and professor in biobehavioral nursing and health systems and adjunct professor in the department of health services in the School of Public Health and Community Medicine. She is also the founding director of the Center for Health Sciences Interprofessional Education and co-director of the Research Education Core in the Institute for Translational Sciences. Pamela, who has been at the UW since 1969 when she was an acting assistant professor (part time), continues to teach clinical and translational research methods to the next generation of nurse researchers.

Pamela is known throughout the nursing community as the mother of current practices in nursing care for patients with increased intracranial pressure, such as those with head injury and stroke. She is recognized as a leading researcher in managing recovery from brain injury in both acute and community care settings, and she as authored or co-authored more than 200 peer reviewed journal articles, books or book chapters, and book reviews, abstracts and technical reports.

WSNA Honorary Recognition Award, Lay Candidate
Barbara Bergeron

In recognition of her 45 years of distinguished service to WSNA and ANA and her outstanding support for registered nurses and the nursing profession in Washington State.

Barbara’s official title is Administrative Assistant to the Washington State Nurses Association Executive Director. However, it may be accurate to simply say that she is a WSNA Treasure. She has been in her position since August, 1968, and has contributed greatly to the growth and development of the organization. She is skilled at the now dying talent of taking shorthand, and better yet, she knows where to find not only current information but also events that have happened in the past. She is able to answer questions about nursing to those who call in for information and is able to direct their call to the right person within the organization or refer folks to outside resources.

If no one knows where to direct a call, it goes to Barbara Bergeron because she might know the answer.

Barbara has created the official record of WSNA’s history by taking explicit minutes of all Board, finance and executive committee meetings. She works diligently with the Execu-
tive Director, Board of Directors and staff to make sure that all things that make up the biennial WSNA convention run smoothly. She also works with student nurses on submitting applications to the Washington State Nurses Foundation for scholarships. Barbara will be sorely missed by all when she retires this summer and her shoes will be very hard to fill.

Marguerite Cobb Public Health/Community Health Nurse Award
Barbara Bly, BSN, RN

In recognition of her lifelong contributions and leadership in community health nursing and WSNA.

Barbara began working at the Snohomish Health District in 1979 and has now spent over 30 years with the District, working tirelessly to improve the health of her community. In addition to her passion for delivering care, she also has a steadfast belief in the importance of public health and public health nursing. She knows that prevention is the best medicine, and that for many clients, a public health nurse is the key to preventative health interventions, not only producing the best health outcomes but also saving money in our healthcare system. She is known as a great resource and advocate for public health, ready and willing to share her knowledge with her Snohomish Health District coworkers, other nurses, and the public alike.

During this time, she has remained steadfastly committed to serving her clients, choosing to stay in her position as lead nurse rather than moving into management so she can continue to deliver direct services to the community. She was instrumental in setting up the WIC clinic in Everett for the Snohomish Health District. Her coworkers note her warmth and ability to connect with clients and coworkers.

Joanna Boatman Staff Nurse Leadership Award
John Tweedy, RN, CNOR

In recognition of his leadership and significant contributions to the economic and general welfare of nurses and nursing.

John has been an active contributing member of WSNA since 1990, just a few years after he began working in the OR at Skagit Valley Hospital. John has held many offices in his Local Unit over the years including grievance officer, chair and co-chair. He has also served as a member of several negotiation teams at Skagit Valley, including the highly contentious negotiations in 2011 which garnered the team the Outstanding Negotiation Team Award from the WSNA Cabinet on Economic & General Welfare. John has served on the WSNA Cabinet on Economic and General Welfare and WSNA delegate to the ANA House of Delegates and NFN National Labor Assembly.

John has worked steadfastly for the bargaining unit, making sure that management is following the contract and treating nurses fairly and justly. Whenever and whatever the time, if John was needed for a meeting with one or more nurses and management, you could bet John would be there. During any management meeting, each nurse could be assured that with John present, they would be treated fairly, with dignity and respect. John has been instrumental these past many years in helping to make his hospital a better place to work for nurses, and a better place for patients to come and be cared for.

ANA Honorary Membership Award
Julia Weinberg, RN

Honoring a WSNA member who has held elective district, state or national office and has demonstrated outstanding leadership that contributed to the purposes of WSNA and ANA.

As President of the Washington State Nurses Association for the past four years, Julia has overseen a time of challenges and opportunities. Her personal passion for health care reform led her to be a staunch advocate on behalf of WSNA, nurses across Washington, and our
patients. She has been active and involved in
the local unit for decades, attending meetings
with management, spreading her enthusiasm
for WSNA, serving on negotiations teams and
as a Local Unit officer.

Making an impact beyond just our state,
Julia was an integral advocate and advisor to
both NFN and ANA as they have undergone
major changes that promise to make both orga-
nizations stronger and more relevant to nurses
everywhere. Her leadership and enthusiasm for
bringing WSNA back into the AFL-CIO where
key ingredients to the successful partnership
between AFT, NFN and WSNA this winter.
This work has strengthened the voice for nurses
across this country, making us better equipped
to tackle the challenges our profession faces.

Julia has not been afraid to tackle the big
issues – testifying on staffing before the legisla-
ture, attending education events with our mem-
ers to discuss the dangers of fatigue, speaking
out at rallies and informational pickets, flying
across the state and country to represent WSNA
and nurses’ interest - sometimes doing all of
these things in the same day. She has been
tireless as WSNA President. She is thoughtful
listener who seeks to build consensus and col-
laborate to find the best solutions. Her passion
for nursing is contagious. You could not ask
for a better ambassador for WSNA or for our
profession.

Best Practice Award
Sandy Abernathy, BSN, RN-BC

Sandy is a public health nurse for the Whatcom
County Health Department who exemplified
commitment to her practice and the community
through her work preventing pertussis during
one of the worst outbreaks that our state has
experienced. She was instrumental in procur-
ing 3,000 doses of free Tdap vaccine through the
GIFT program (funded by Sanofi Pasteur) and
worked diligently with community partners,
including three local pharmacies, to administ-
er free vaccine for those individuals who were
parenting or caring for young infants.

Sandy also organized clinics to provide
access to free vaccine in rural areas in our
community, arranged with WIC to refer preg-
nant and parenting families to the clinic for
free vaccine, worked with local obstetricians
to administer vaccine during pregnancy and
nurtured the relationship with the pharma-
cists who were providing access to vaccine for
those who had no other resources. To cap off
her work, Sandy organized a recognition dinner
for the community partners to thank them for
all of their efforts.

Nurse Leadership and
Management Award
Jennifer Graves, MSN, RN

Jennifer began her career in health care more
than 25 years ago in cardiothoracic surgery at
the University of Washington Medical Center
and has worked as a board certified nurse prac-
titioner for two decades.

Jennifer currently works as the Chief Execu-
tive at Swedish Medical Center’s Ballard Cam-
pus, where she is actively engaged in leading all
aspects of medical center operations, and has
spent more than four years successfully revital-
izing the campus through deliberate program
and space enhancements. By employing serv-
ant leadership principles she promotes a safe
and healthy workplace, clinical and workforce
autonomy for nurses, open communication and
positive relationships among the healthcare
team, and exceptional patient care. In addition
to her work as a nurse practitioner, Jennifer has
conducted clinical research and taught in nurs-
ing programs at both Seattle Pacific University
and Northwest University.

Prior to her tenure at Swedish, Jennifer
served on the leadership team at Virginia
Mason Medical Center for nearly a decade,
and after demonstrating a natural affinity for
process improvement activities, she received
one of the first fellowships of its kind and com-
pleted a 15-month intensive training program
in the Toyota Production System as it applies
to health care.
**Nurse Educator Award**  
**Debbie Brinker, MSN, RN**

Debbie is a Clinical Assistant Professor at Washington State University, enjoying her faculty role since 2002. Her teaching experience includes professional development, leadership education, and pediatric clinical and didactic education. She has also co-led a ‘Healthcare in Peru’ inter-professional course for two summers. Debbie is co-chair of the East Region Clinical Placement Consortium, which is partnering with regional consortiums to create best practices in clinical learning opportunities for students.

Debbie has a passion for growing our future generation of nurses with a spirit of inquiry, quest for research and applying evidence in practice. Through her teaching she provides a foundation for nurses to lead and contribute with team members to optimize health and care to patients, families, and populations throughout the world. Debbie currently serves as a faculty advisor for Nursing Students of Washington State (NSWS) where she is recognized as visionary mentor, leader, colleague, and friend.

**Ethics And Human Rights Award**  
**Margarethe Cammermeyer, PHD, RN, Retired Colonel, United States Army Reserves**

Born in Oslo, Norway, Grethe became a United States citizen in 1960. In 1961, she joined the Army Nurse Corps as a student, eventually earning a master’s degree in 1976 and a Ph.D. in 1991. Responding to a question during a routine security clearance interview in 1989, she disclosed that she is a lesbian. The National Guard began military discharge proceedings against her, and on June 11, 1992, she was honorably discharged. Grethe filed a lawsuit against the decision in civil court, and in June 1994, a judge ruled that her discharge and the ban on gays and lesbians serving in the military were unconstitutional. She returned to the National Guard and served as one of the few openly gay or lesbian people in the U.S. military until her retirement in 1997.

During her military career, Grethe challenged policies that discriminated against married women, and married women who became pregnant. Her story drew national attention since she was nationally recognized as a specialist in neuroscience nursing, was Veterans Administration Nurse of the Year in 1985, had earned the Bronze Star for Service in Vietnam, was Chief Nurse of the Washington National Guard, and had earned a PhD in Nursing Science.

**Nurse Researcher Award**  
**Marie-Anne Sanon, PHD, RN**

Marie-Anne is currently a post-doctoral fellow at the University of Michigan, School of Nursing. She earned her PhD with a specialty focus on occupational health as a Centers for Disease Control (CDC)-National Institute for Occupational Safety and Health (NIOSH)-Education Research Center (ERC) Fellow from the University of Washington, Seattle. Dr. Sanon’s program of research focuses on optimizing the health of workers in the United States, specifically immigrant workers in service industries. Her work thus far has contributed significantly to nursing science including study of community and nurses’ exposure to bacteria when nurses’ uniforms are worn outside of the workplace – WSNA’s first published research initiative.

Through her future theory-driven and community-based interventions, Marie-Anne’s goal is to address the social determinants of health and wellbeing among the immigrant workforce, particularly those experiencing chronic diseases. Marie-Anne also will continue to dedicate her scholarship to advance the nursing field through research, service, teaching and preparing the future nursing workforce.
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Active Minds Changing Lives
AA/EO Institution
One on the Run

Helene Neville is a nurse, author, and a mom who began a very special 1,600 mile border-to-border run on May 1, 2013, at the International Peace Arch, traversing Washington, Oregon and California to end at the international border crossing in Tijuana, Mexico. Along the way, she stopped by the 2013 Washington State Nurses Convention.

On May 1, 2010, after surviving cancer and three brain surgeries, Helene began “One on the Run”—a record setting 2,520-mile run across America, starting at Ocean Beach, California and ending at Atlantic Beach in Jacksonville, Florida. Like a super hero, she ran the equivalent of a full marathon every 24 hours—a mind-blowing 25 miles a day on foot, day in and day out—for 93 days. She carried with her the book she had authored, Nurses in Shape: The Right Dose, and stopped at thirty hospitals along the way to encourage nurses on the healthcare frontlines to get in shape and set the example for their patients.

In 2011, Helene was diagnosed with T-cell lymphoma and faced her fourth cancer battle. But that didn’t stop her from embarking on another remarkable quest, to transect the nation from Canada to Mexico. On May 1, 2013, at age 52, Helene began her second cross country journey to inspire nurses.

Helene ran not just to realize her own dreams, but to inspire others to realize theirs. She ran from the Canadian Border to the Mexican Border to inspire hope, health and goodwill. She planned to cover the route in 45 days. And on this run, Helene carried the ashes of her brother who had passed away suddenly earlier in 2013. He had always wanted to participate in Helene’s incredible adventures along the highways of America, and her posthumous tribute allowed him to do just that.

“Helene is a member of the Missouri Nurses Association who now resides in Las Vegas,” explained Jill Kliethermes, MSN, RN, FNP-BC, Chief Executive Officer of the Missouri Nurses Association. “I was so inspired by Helene’s story and how it aligned with ANA’s new Healthy Nurse Program of empowering nurses to become stronger role models, advocates and educators. When I realized that Helene’s route and timing would coincide with the Washington State Nurses Convention in Tulalip, Washington, I called Judy Huntington, WSNA’s Executive Director, to see if WSNA could lend some visibility and support.”

Together they devised a secret strategy. On May 3, 2013, Judy surprised the nearly 600 nurses at the convention with Helene’s story, and then introduced her to the crowd. Helene told stories from her journeys and the wild success she’d enjoyed as the media had accompanied her throughout her journey.

Part of Helene’s aim was to draw attention to the America that most of us don’t notice. Along her run she dropped in at hospitals for both planned and impromptu meetings with nursing staffs and patients, often to standing ovations.

Forty-five days and fifteen hundred miles after starting her run in Canada, Helene crossed the finish line on Saturday, June 15, 2013 at 9 a.m. “When you are truly doing what you love, the sense of purpose is immense, and absolutely nothing seems impossible” she said.

She plans to transect America two more times in the opposite direction, and hopes eventually to replace her running shoes for dress shoes that will someday carry her into public office.

In the meantime, Helene, along with a few nurse friends she has met through her journeys, has also launched a National Nurses Health Institute, which will hold its first meeting October 11-12, 2013, and will include a National Nurses Half Marathon and 5K. Missouri’s Jill Kliethermes will be among the fifteen speakers at the inaugural multidisciplinary conference. Attendance at the October conference awards attendees continuing education contact hours, and anyone advocating for a healthier nation is welcome.

There are several free downloadable walking and running training guides, as well as supplemental nutrition and fitness information, at: www.NationalNursesHalfMarathon.com www.facebook.com/nationalnurseshalfmarathon www.NationalNursesHealthInstitute.com

To Follow Helene and keep up with her unstoppable progress go to www.OneOnTheRun.com
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Many paths lead to a future as a nurse practitioner, scientist, educator, or leader. Find yours.

MASTER of NURSING (MN)
DOCTOR of NURSING PRACTICE (DNP)
PhD in NURSING


Master of Nursing
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Washington Nurses Help Set National Policy

WSNA Nurses Active in NFN National Federation Assembly

The NFA is the governing body of NFN and the elected delegates represent the 34,000 collective bargaining members of the NFN Nursing Labor Organizations (NLOs) which are the NFN member State Nurses Associations that make up the NFN. The NFN NFA meets every two years to consider resolutions, proposed amendments to the NFN Constitution, if needed, and to elect officers.

Delegates to the second Biennial NFN National Federation of Nurses Assembly (NFA) met on May 18 and 19, 2013 in Arlington, Virginia, and accomplished a great deal of work in a short time: electing a new President and Secretary, defining position statements through the passage of Resolutions, amending the Constitution and networking with fellow nurses whose NLO collective bargaining programs bring strength to all in the profession. The actions taken will provide guidance to the NFN Board as they set the NFN goals and priorities for the next two years.

Each NLO is allocated delegates based on membership size. WSNA is entitled to send 6 elected NFN Delegates to the NFA. The 2013 WSNA elected delegates were: Kathy Ormsby, WSNA E&GW Cabinet Chair (Sacred Heart, Spokane), John Tweedy (Skagit Valley, Mt. Vernon), Michelle Van Pelt (Skagit Valley, Mt. Vernon), Judi Lyons (Kittitas Valley, Ellensburg), Martha Goodall (Holy Family, Spokane) and Sonja Miller (Tacoma General, Tacoma). Also attending the NFA meetings were Judy Huntington, WSNA Executive Director, who provided staff support to the delegates, and Julia Weinberg, WSNA President and Susan E. Jacobson, WSNA Vice President and NFA alternate delegate, who attended as observers.

WSNA delegates were very active at the NFA, introducing three resolutions and co-sponsoring several others. The three resolutions sponsored by WSNA were: Support of Same Sex Marriage, Support of Social Security and Support of Keeping Knives off Planes. This last resolution came about at the request of the Flight Attendant’s union following a presentation at the Washington State Labor Council two days before the NFN meetings began. The Governmental Affairs Director for the national flight attendants union addressed the NFA and thanked us for our support of this important workplace health and safety issue. WSNA and NFN nurses lobbied this issue when they went to Capitol Hill the next day and just recently we have learned that the TSA proposal to allow knives on planes was withdrawn under the public pressure created by this campaign. What a powerful effect we can have when nurses stand up with our brothers and sisters in other unions on important workplace safety issues that affect us all.

Continued
copies of all the NFN resolutions go to: www.nfn.org/nfn-resolutions and scroll down to “Adopted in 2013.”

Amendments to the NFN Constitution
The proposed amendments to the NFN Constitution (initially adopted in 2008) were approved by the 2013 NFN delegates. These were both editorial (language clarification) and substantive in nature. The amendments will now go back to the NLOs for ratification by each NLO E&GW Cabinet and following ratification, the Constitution will be updated with the amendments and the document will then be made available at www.nfn.org.

Election of NFN Officers
Secret ballot elections were held for the offices of NFN President and NFN Secretary for four-year terms. WSNA extends congratulations to Steve Rooney, RN, who was elected to the position of NFN President. Rooney, an Intensive Care nurse practicing at the St. Charles Medical Center in Bend, Oregon, is also the current President of the Oregon Nurses Association. Rooney succeeds WSNA member, Barbara Crane, the founding president of the NFN.

Vicky Byrd, RN was elected to the position of NFN Secretary. Byrd has practiced both as a Pediatric and an Oncology certified nurse at St. Peters in Helena, Montana for 25 years. She is the current President of her bargaining unit, Local 13, and has variously served as past president, treasurer negotiating committee member of her Local, as well as E&GW Chair and E&GW Board Liaison of the Montana Nurses Association. Byrd succeeds WSNA member, Kim Armstrong, founding secretary of the NFN and Past president of WSNA.

Both Rooney and Byrd will serve four-year terms and join the current NFN officers, Vice-President Julie Shuff and Treasurer Rose Marie Martin. This team of leaders, along with the National Executive Board, will lead the NFN into the new developing partnership with the AFT.

The next meeting of the NFN National Federation Assembly will be held in May, 2015.

Growing Leaders
NFN’s Annual Labor Academy

In celebration of NFN’s recent affiliation with the American Federation of Teachers, the NFN Labor Academy’s theme this year was ‘Building a Stronger Future Together: Unleashing our Potential.’ NFN members joined speakers from across the country in Arlington, Virginia, May 19-22 to attend educational lectures and workshops on issues of critical importance to nurses, including: healthcare reform, staffing, collective bargaining, legislative advocacy and quality patient care.

WSNA members attending included: Renata Bowlden (Tacoma General Hospital), Julie Forkan (Skagit Regional Hospital), Susan E. Jacobson (Yakima Regional), Christiana Natarajan (Overlake Hospital in Kirkland), Mariah Niemi (PeaceHealth Southwest in Vancouver), Rhonda Shrivastava (Spokane Regional Health District), Terry Surratt (Tacoma General Hospital), Zak Thatcher (United General), John Tweedy (Skagit Regional Hospital) and Cheri Wilcox (PeaceHealth St. Johns in Longview). Judy Huntington, WSNA Executive Director provided staff support to the WSNA attendees.

WSNA was also well represented among the presenters with WSNA Executive Director of Nursing Practice, Education and Research, Sally Watkins, presenting on ‘Creating a Culture of Safety’ and the importance of a just culture for nurses and patients. WSNA Assistant Executive Director of Governmental Affairs & Operations, Anne Tan Piazza, presented on the ‘Hero’s Narrative Project’ and WSNA’s efforts to engage nurses and change the dialogue around safe nurse staffing.

The opening Academy reception was followed by a viewing of the film Escape Fire: The Fight to Rescue American Health Care, setting the tone for the discussions to follow. Academy topics included the Patient Protection and Affordable Care Act, what it means and why it matters and its impact on nurses and patients; measures to safeguard one’s professional license; strategies for creating a culture of safety; patient safety reform legislation; lateral violence in the workplace; overcoming the pitfalls of bargaining; and
Steve Rooney is the New President of NFN

Stephen Rooney, RN, of Oregon was elected as the new President of the National Federation of Nurses (NFN) on May 17, 2013 during the NFN’s National Federation Assembly.

Rooney, who practices as an Intensive Care nurse at St. Charles Medical Center in Bend, Oregon and has served as the elected President of the Oregon Nurses Association (ONA) for the past 3 years, will be the second President of the NFN. Rooney succeeds Barbara Crane, RN, of New York. Crane served as the President of the NFN since 2008 and is its founding president.

Rooney said, “Working with my colleagues from Washington, Montana, Ohio and Oregon to advance the mission of the NFN is one of the great honors of my life. I am humbled by the support of my colleagues and am excited to be a part of this historic union, a national union that holds among its most sacred values openness, transparency, respect for state autonomy and collaboration.”

The NFN and its four member states recently voted to affiliate with the American Federation of Teachers (AFT), one of the largest unions of professionals in the United States. Rooney will play a key leadership role in forging the details of the historic partnership between the NFN and AFT.

“Nurses and teachers face enormous challenges and opportunities; the implications of the Affordable Care Act on the scope of our nursing practice and on the delivery of care throughout our nation, the creation of strong and sensible health care policies for all and, my greatest priority as we move into the next stage of our evolution, working with AFT to organize and expand the reach, voice and influence of this national union I am so proud to be a part of.”

AFT Secretary Treasurer Lorretta Johnson spoke on the theme “Building a Stronger Future Together: Unleashing Our Potential,” reflecting NFN’s recent affiliation with the AFT.

During a Lobby Day on Capitol Hill, nurses met with legislators to advocate on issues both urgent and ongoing, particularly surrounding quality health care, as well as the need for national staffing legislation.

In their evaluations, participants scored the NFN’s 4th Annual Labor Academy to have been more successful than ever. The next NFN National Labor Academy will be held in conjunction with the AFT Professional Issues Conference and will be held at the Baltimore Hilton May 7-10, 2014 in Baltimore MD.
DURING DIFFICULT NEGOTIATIONS, WSNA NURSES STOOD UP FOR THEIR PATIENTS AND REFUSED TO BE SILENCED
At **Sacred Heart Medical Center** in Spokane, we took to the streets on June 4th for informational picketing. During tense negotiations, WSNA launched the ‘Spokane Loves Our Nurses’ campaign with television commercials, a Facebook page, and a website where members of the public can share their stories about how Sacred Heart RNs have made a difference in their lives. The campaign is about making sure that the hospital puts patients over profits during their negotiations with nurses—the caregivers at the bedside. With whistles and constant honks of support from passing cars, the Sacred Heart nurses certainly made their presence known. Affordable health care is at stake, and we all know that for patients to receive great care, nurses need to be taken care of too.

On May 29th, dozens of nurses from **PeaceHealth St. Joseph Hospital in Bellingham** boarded a bus and made the five hour trip to Vancouver, WA to bring their concerns straight to PeaceHealth headquarters. They were met in Vancouver by WSNA nurses from other PeaceHealth facilities, concerned community members, supporting Oregon Nurses Association members, and friends in the labor community. Nurses are fighting to keep their sick time intact, so they can stay home when they’re ill or need to take care of a family member. They are also pushing for staffing language that takes into account patient acuity and intensity, while also working to defend their health care benefits. In addition to rallying and picketing at PeaceHealth headquarters, a delegation of nurses went into the building to deliver over a thousand signatures on a petition calling on PeaceHealth CEO Alan Yordy to step forward with a fair contract.
TEAM WSNA.

September 29 - October 1

Washington State Nurses Association
2013 Leadership Conference
### SUNDAY, SEPT 29

<table>
<thead>
<tr>
<th>Time</th>
<th>Event</th>
<th>Location</th>
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<tbody>
<tr>
<td>12:00 p.m.</td>
<td>Early Registration</td>
<td>Stehekin Foyer</td>
</tr>
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</table>
| 1:00 p.m. - 5:00 p.m. | Fall Local Unit Council Meeting  
All are encouraged to attend. | Stehekin Ballroom |

### MONDAY, SEPT 30

<table>
<thead>
<tr>
<th>Time</th>
<th>Event</th>
<th>Location</th>
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<tbody>
<tr>
<td>7:15 a.m. - 8:15 a.m.</td>
<td>Breakfast</td>
<td>Centennial Ballroom</td>
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<tr>
<td>8:15 a.m. - 9:00 a.m.</td>
<td>Welcome and Introductions</td>
<td>Stehekin Ballroom</td>
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</table>
| 9:00 a.m. - 10:30 a.m. | Nurse Power!  
Harnessing the Power, the Passion, and the Pride of Nursing  
Donna Cardillo, RN, MA | Stehekin Ballroom |
| 10:30 a.m. - 11:00 a.m. | Break / Visit the Vendors                                   | Stehekin Ballroom |
| 11:00 a.m. - 12:00 p.m. | Power in Partnership: Our National Union  
Randi Weingarten, President, AFT (invited) | Stehekin Ballroom |
| 12:00 p.m. - 1:00 p.m. | Lunch                                                        | Centennial Ballroom |
| 1:00 p.m. - 2:00 p.m. | ACA & Its Impact on Bargaining  
Amy Clary, Research Associate, AFT (Research & Strategic Initiatives Dept) | Stehekin Ballroom |
| 2:00 p.m. - 2:30 p.m. | Break / Visit the Vendors                                   | Stehekin Ballroom |
| 2:30 p.m. - 4:00 p.m. | Education Sessions  
A  
**Hitting a Home Run With Your Local Unit**  
Jan Bussert, BSN, RN, WSNA Nurse Organizer  
Tara Goode, BA, BSN, RN, WSNA Nurse Organizer  
B  
**Presenting and Messaging to the Crowd!**  
Anne Tan Piazza, Asst. Executive Director of Governmental Affairs & Operations, WSNA  
Lillie Cridland, Communications Specialist, WSNA  
C  
**Practice Makes Perfect: Winning Grievances**  
Pat McClure, RN, Nurse Representative, WSNA  
Hanna Welander, BSN, RN, Nurse Representative, WSNA  
D  
**Coach Training for Local Unit Officers**  
Terri Williams, RN, Nurse Representative, WSNA  
Ed Zercher, BSN, RN, Nurse Representative, WSNA | Stehekin Ballroom |
| 4:00 p.m. - 4:30 p.m. | Group Photo  
Wear Your WSNA T-Shirt! | TBA |
| 4:30 p.m. - 6:00 p.m. | Break / Visit the Vendors                                   | Stehekin Ballroom |
| 6:00 p.m. - 7:00 p.m. | Welcome Reception                                            | Terrace           |
| 7:00 p.m. - 9:00 p.m. | Awards Banquet  
Our Teams are All-Stars!  
Wear your sports team or athletic gear. | Stehekin Ballroom |

### TUESDAY, OCT 1

<table>
<thead>
<tr>
<th>Time</th>
<th>Event</th>
<th>Location</th>
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<tbody>
<tr>
<td>7:30 a.m. - 8:45 a.m.</td>
<td>Breakfast</td>
<td>Centennial Ballroom</td>
</tr>
</tbody>
</table>
| 8:45 a.m. - 9:15 a.m. | Greetings from the NFN  
Lorraine Seidel, CEO, National Federation of Nurses | Stehekin Ballroom |
| 9:15 a.m. - 9:45 a.m. | Labor Council and Partnerships—Winning the Game!  
Lynne Dodson, Secretary/Treasurer, Washington State Labor Council | Stehekin Ballroom |
| 9:45 a.m. - 10:15 a.m. | Break / Check Out                                             | Stehekin Ballroom |
| 10:15 a.m. - 11:15 a.m. | Campaign for Patient Safety  
Anne Tan Piazza, Asst. Executive Director of Governmental Affairs & Operations, WSNA | Stehekin Ballroom |
| 11:15 a.m. - 12:00 p.m. | Our Future is Ours  
Judy Huntington, MN, RN, Executive Director, WSNA | Stehekin Ballroom |
Join us at Campbell’s Resort on the shores of Lake Chelan.

As summer draws to a close, join nurses from around the state at Campbell’s Resort, situated on the waterfront, right in the heart of the city of Chelan.

Chelan and the surrounding area are home to a water park, four golf courses, and numerous wineries. The small downtown area, just steps from the resort, features shops, cafes and bars, and a riverfront park.

LOCATION
Campbell’s Resort
104 W Woodin Ave, Chelan, WA 98816

Chelan is located near the center of Washington State, just 180 miles east of Seattle and 160 miles west of Spokane. Major airline service is available from Wenatchee, 36 miles to the south.

ACCOMMODATIONS
To make room reservations, contact Campbell’s at 800.553.8225 or 509.682.2561, and reference registration group code: WSNA.

Note that room cost is not included in event registration fee.

Rooms can also be reserved through the Campbell’s website at www.campbellsresort.com.

Get more information about things to do in the area, driving directions, and more at www.wsna.org/leadership.

Join us at Campbell’s Resort on the shores of Lake Chelan.

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2013 Leadership Conference Registration

First Name
Address
City State Zip
Informal First Name
(Non-work) Email Address
Phone
Credentials (RN, MN, BSN, etc)

PAYMENT

☐ Check / Money Order payable to WSNA
☐ Visa / MasterCard

Card Number ___________________________ / ___________________________
Exp Date

Cardholder Name
Cardholder Signature

☐ Local Unit Funds

Local Unit
Signature of Local Unit Chair
Washington State continues to slowly recover from the Great Recession. With revenue dependent on consumer consumption and real estate appreciation, state revenues continue to fall short and cannot keep up. At the beginning of session, there was an estimated $900 million deficit for the upcoming 2013-2015 budget period.

Intensifying the budget debate, the Washington State Supreme Court in the McCleary decision held that the State is not fulfilling its obligation to adequately fund the K-12 system. An estimated $1 billion must be invested into the system, bringing the state budget gap to $2 billion dollars this session.

The power structures in the State Senate changed dramatically when Senators Rod- ney Tom (48th district) and Tim Sheldon (35th district), both Democrats, joined with the Republican Caucus to form the Senate Majority Coalition. The Coalition’s voting block changed the rules in the Senate, making Rodney Tom the Majority Leader and Tim Sheldon President Pro Tempore and Chair of the Rules Committee, a powerful determiner of which bills get heard on the floor.

While revenue forecasts increased during session, increased caseload costs in state programs and federal sequestration continue to add more stress uncertainty to the budget. All of these factors amounted to an updated deficit of about $1.3 billion for the legislature to solve.

Budget Highlights

Medicaid expansion will be implemented. Receipt of available federal funds will save the state about $300 million dollars. On an interesting note, the budget contains language that would terminate Washington’s participation in the Medicaid expansion if federal dollars fall below the level specified by Congress in July of 2013 to avoid additional state expenditures.

The Health Benefit Exchange will get about $40 million dollars in funding, and House Bill 1947 was passed, giving authority to the Exchange to establish state revenue sources.

ARNP parity for Medicaid expansion is addressed. The Health Care Authority is to increase reimbursement rates to independent nurse practitioners to Medicare levels from July 2013 to December 2014.

Funding is provided for the Department of Health from the Medicaid Fraud Account for the Prescription Monitoring program and to integrate the program with the electronic coordinate care system for ERs.

The Hospital Safety Net Assessment passed, avoiding $250 million dollars in cuts to hospitals.

To appropriately fund K-12 education, $1 billion is invested on McCleary.

Additional funding is provided for the Health Care Authority and the Office of the Superintendent of Public Instruction to increase the number of school nurses and fund integrated outreach and school nurse services. The HCA and OSPI are to work together to develop recommendations by December 2, 2013 on how to accomplish this.

Higher education is given an overall 6% increase in funding, avoiding tuition increases.

Three Sessions Before Budget Deal is Reached

While a normal long session typically ends in early April, the 2013 session was extended for two additional 30-day sessions, with the Legislature not completing the budget until June 30th. WSNA worked through the budget debate and focused on the following major issues:

- Will the legislature pass any revenue to avoid growing the budget gap?
- Will nursing students continue to experience rising tuition?
- Will health reform be implemented through the Medicaid Expansion and the Health Benefit Exchange?
- Will nurse practitioners receive parity in pay with physicians for primary care services under health reform?
- What policy bills will continue to be debated?

Passage of a budget on June 30th narrowly avoided a government shut-down. It was a rollercoaster ride for state employees. In the last week of June, they received 30-day lay-off notices in the event a state operating budget does not pass. Many were relieved when the Governor sent communications on a Thursday that a budget deal was reached and state workers could expect to report to work on Monday.

Revenue & Policy Bills

- The Senate passed Senate Bill 5882, containing 17 new tax breaks totaling $11.2 million for the 2013-15 biennium. However, it imposes a sunset date on all of them and requires most of them to be reviewed by the Joint Legislative Audit and Review Committee. One particular exemption, a wood products hog fuel exemption extension also included a claw-back provision that would require repayment of the tax benefit if the wood products facility receiving the exemption closes. Labor lobby advocates have
been working for years to impose “claw-back” provisions on tax exemptions that fail to demonstrate a benefit in the future.

• Senate Bill 5843, the tax exemption transparency and accountability legislation that the Revenue Coalition worked with Sen. Tom to introduce, includes requirements for intent language, measurable outcomes, and expiration dates on ALL new or extended tax preferences, including those included in this legislation. WSNA is on the steering committee for the revenue coalition.

• House Bill 1971, the telecommunications industry’s tax parity bill, repeals a number of taxes and fees on telephones, and replaced those with a uniform state and local sales tax, which had not been previously paid by all types of telephones. Now, home phone lines and wireless phones alike will pay the tax. This generates $110 million for the biennium.

• Legislation was passed to address the “Bracken decision,” which would have created a gap in state funds due to a Supreme Court decision on the estate tax. This closes an additional $480 million for the biennial budget.

• The Legislature chose not to continue a set of Business and Occupation taxes, foregoing an estimated $500 million in new revenue.

• House Bill 1947 passed, assuring funding for the Health Benefit Exchange.

### Significant Bills That Passed

#### Washington Center for Nursing

**(HB 1343)** This bill removes the expiration for the additional $5 surcharge imposed on registered nurses and licensed practical nurses. With bipartisan support, the bill passed the legislature. This will allow for the continued funding of the Washington Center for Nursing.

#### Nursing Care Quality Assurance

**(HB 1518)** This bill provides for permanent semi-independence of the Nursing Care Quality Assurance from the Department of Health. As a result of a three year pilot project, the NCQAC completed investigations against nurses more expediently, granted licenses to qualified applicants more rapidly (in some cases within a day), and timely raised licensure fees to hire additional staff for more efficient operations. Because of these positive outcomes, WSNA was in strong support of the bill. The legislation also provided for the semi-independence of the Medical Care Quality Assurance Commission and pilot status for the Chiropractic and Pharmacy Boards.

#### Medical Assistant Scope of Practice

**(HB 1515)** By request from Podiatrists, Optometric Physicians, and the Medical Association, this bill expands the medical assistant scope of practice. Registered MAs can now prepare patients for, and assist with, routine and specialty examinations, procedures, treatments, and minor office surgeries. Minor surgeries are limited to use of local anesthetic. Registered MAs can also perform moderate complexity tests, and administer eye-drops, topical ointments, and multi-dose vaccines. Certified MAs can perform moderate complexity tests and administer multi-dose vaccines. Supervision of Certified MAs that administer IVs medications are required to be under direct supervision by a provider, including registered nurses. The WSNA and ARNPs United of Washington State worked to assure patient safety by proposing language that limited tasks by medical assistants in accordance with their education and training. The Department of Health held a hearing regarding administrative rules for medical assistants and WSNA continued to bring concerns forward. Final rules are scheduled to go into effect July 1, 2013.

### Patient Safety Reform Makes it Far in the House

The **Patient Safety Reform package**, which was priority legislation for WSNA, included three bills that were introduced in the House of Representatives:

• **(HB 1095) Nurse staffing practices at hospitals.** Creates minimum statewide staffing standards, building on the work of currently existing staffing committees.

• **(HB 1152) Meal and Rest Breaks for hospital employees.** Requires uninterrupted meal and rest breaks for registered nurses and a limited list of hospital techs providing direct patient care.

• **(HB 1153) Mandatory Overtime for Employees of Health Care Facilities.** Narrows the use of pre-scheduled on-call for emergency procedures.

All passed House policy and fiscal committees, but none were brought to a vote by the House before the cut-off date for bills to pass that chamber.
Administration of Medication in Schools

School aged children are at risk as schools continue to have a shortage of school nurses to administer needed medications. Two controversial bills passed the legislature this year raising concerns about medication administration safety in schools. WSNA continues to partner with the School Nurses of Washington State to educate legislators on appropriate levels of nurse staffing in schools as well as the school nurses’ role in connecting children to mental health, preventative services, health insurance coverage, and reducing the negative impact of health disparities to learning in schools.

**Epinephrine Autoinjectors**  
(SB 5104) This bill allows schools to maintain a supply of epinephrine autoinjectors in schools. When a student does not have an epi pen or a prescription for an epi pen on file, the school nurse or designated trained school personnel may use the school’s supply to respond to an anaphylactic reaction. The bill establishes liability immunity for school employees if a student is injured or harmed due to the administration of an epi pen. School employees may file a written letter of refusal to use epi pens. The School Nurse Organization of Washington State supported this bill after these amendments.

**Nasal Sprays**  
(HB 1541) Allows school employees to administer nasal sprays, including the seizure medication Midazolam, which requires nursing assessment during administration. The WSNA worked with the School Nurses of Washington to educate legislators about the dangers of this drug and that the Nursing Care Quality Assurance Commission is currently examining administration of seizure medications in schools. This bill passed the legislature, and the Governor did not exercise his option to veto.

Other Legislation & Issues

**Estheticians**  
(HB 1779, Kirby) *Creates a new level of esthetician, a master esthetician.* This provider’s scope of practice includes the use of lasers, light, and ultrasound under the supervision of a physician, ARNP, or physician’s assistant. WSNA and ARNPs United anticipate being involved in rule-making to implement this legislation.

**Continuing Competency Exemption**  
(SB 5092) *Provides an exemption from continuing competency requirements for registered nurses in Washington who seek advanced nursing degrees.* The current continuing competency rules for nursing already includes exceptions. WSNA worked with the Nursing Commission to amend the bill to avoid any conflict. The bill passed the legislature. The NCQAC has updated their online “Frequently Asked Questions” concerning continuing competency to include information pertinent to nurses attending an academic program.

**Firearms Debate**  
WSNA partnered with the Washington Chapter of the American Academy of Pediatrics, the Washington Public Health Association, and Washington Alliance for Gun Responsibility to push for meaningful gun safety legislation. WSNA supported two bills—one requiring universal background checks for all gun sales and the other encouraging safe storage of firearms. Neither passed, but we continue to be engaged on this issue.

**Higher Education**  
WSNA joined a panel of health care experts in a House Higher Education and Workforce Development Committee work session entitled the Needs of the Health Care Industry. We provided information on the nursing shortage, its causes, and strategies to grow the nursing workforce. The presentation also included support for reauthorization of the Washington Center for Nursing, ensure workplace conditions that promote long careers, recruitment and retention efforts for nursing faculty, and increasing available slots and tuition assistance for nursing students.
WGU Washington Partners with Washington State Nurses Association

As part of the partnership, WSNA members and employees are entitled to the following benefits:

- A 5% tuition discount

WGU Washington is great for nurses:

- Regionally and CCNE accredited
- No set class times—study anywhere and at any time
- Affordable, flat-rate tuition
- Personalized support through one-on-one mentoring

Programs begin the first of every month. Your future can start right now!

Washington.WGU.edu/wsna 1.800.579.0169
School Nurses Articulate Practice & Policy Priorities

About 25 people attended an informal dialog session at the WSNA Convention to discuss the state of school nursing in Washington State and to help develop strategies for strengthening the practice by partnering with WSNA.

Through a moderated discussion, the top priority identified by the group was to improve Washington State’s school nurse-to-student ratio. Washington State, averaging one nurse for every 2,031 students, is currently ranked 43rd among states in the nation. The group’s stated preference was to work toward ensuring that a school nurse is present in every school in Washington State every day. At a minimum, the group would like to bring Washington State into alignment with the 1:750 (well student) ratio recommendations made by the Centers for Disease Control, National Association of School Nurses, and the American Academy of Pediatrics.

Another area of concern identified by the group is the erosion of school nurse practice and student safety due to increasing legal and regulatory mandates that force nurses to delegate complex medications requiring nursing assessment to unlicensed assistive personnel (UAP). This trend is only getting worse, with recent passage of Amended House Bill 1541. This new law not only allows school nurses to delegate intranasal Midazolam to students experiencing life-threatening seizures, but also may put school nurses in the position of needing to train UAP who may be selected by non-nurses. This bill is in violation of the Nurse Practice Act because the practice it permits requires nursing assessment, which according to law cannot be delegated. To prevent the continued erosion of the Nurse Practice Act and safe nursing practice, the group concurred that addressing the root cause of insufficient staffing is the necessary course of action to take.

To address the staffing crisis, the group identified funding for school nurse positions as a key strategic priority. Researching existing and potential funding streams in collaboration with multiple stakeholders was discussed as a starting point.

After the roundtable session, WSNA membership voted to pass a Child Health Initiative, which directs WSNA to help “establish and maintain a coalition whose purpose shall be to advocate for policy and legislative changes to secure recommended nurse-to-student ratios; and to establish secure funding for school nurse-to-student ratios.”

The recently adopted legislative budget contains a proviso to provide $50,000 in funds to the Health Care Authority and the Office of the Superintendent of Public Instruction to develop recommendations for funding integrated school nursing and outreach services. Due to the diligent work of WSNA staff and lobbyists, a Senate budget proposal that would have effectively dismantled OSPI’s School Nurse Corps (SNC) was averted. The SNC will continue to provide critical regional and state level nursing infrastructure for children at school, as well as direct school nursing services to 143 school districts in the State of Washington.
22 PATIENT SAFETY STRATEGIES

Making Health Care Safer II, an Updated Critical Analysis of the Evidence for Patient Safety Practices encourages the adoption of 22 patient safety strategies that are proven to be effective. The new report from the Agency for Healthcare Research & Quality (AHRQ) emphasizes evidence about implementation, adoption and the context in which safety strategies have been used. This helps clinicians understand what works, how to apply it and under what circumstances it works best so it can be adapted to local needs. The report also identifies gaps where more research can propel patient safety efforts even further.

Enough evidence exists that health systems and institutions can move forward in implementing these strategies to improve the safety and quality of health care.

After analyzing 41 patient safety practices, an international panel of patient safety experts identified 22 strategies that are ready for adoption.

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<th>Strongly Encouraged</th>
<th>Encouraged</th>
<th>Highly Encouraged</th>
<th>To learn more about the report, visit <a href="http://www.ahrq.gov/research/findings/evidence-based-reports/makinghcsafer.html">www.ahrq.gov/research/findings/evidence-based-reports/makinghcsafer.html</a></th>
</tr>
</thead>
<tbody>
<tr>
<td>1. Preoperative checklists and anesthesia checklists to prevent operative and postoperative events</td>
<td>2. Bundles that include checklists to prevent central line-associated bloodstream infections</td>
<td>3. Interventions to reduce urinary catheter use, including catheter reminders, stop orders, or nurse-initiated removal protocols</td>
<td>6. Multi-component interventions to reduce pressure ulcers</td>
</tr>
<tr>
<td>13. Documentation of patient preferences for life-sustaining treatment</td>
<td>14. Use of informed consent to improve patients' understanding of the potential risks of procedures</td>
<td>15. Team training such as TeamSTEPPS</td>
<td>16. Medication reconciliation</td>
</tr>
<tr>
<td>17. Rapid response systems</td>
<td>18. Practices to reduce radiation exposure from fluoroscopy and computed tomography scans</td>
<td>19. Use of surgical outcome measurements and report cards, such as the American College of Surgeons National Surgical Quality Improvement Program</td>
<td>20. Utilization of complementary methods for detecting adverse events/medical errors to monitor for patient safety problems</td>
</tr>
<tr>
<td>21. Computerized provider order entry</td>
<td>22. Use of simulation exercises in patient safety efforts</td>
<td></td>
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</table>
Medical Assistants

*House Bill 1515 Further Increases Their Scope of Practice*

**Establishing the medical assistant scope of practice in statute has (so far) been a five year effort, and the culmination of several pieces of legislation. While many nurses have worked with medical assistants over the years, the MA credential did not exist in law until 2011.**

Many medical assistants have instead had a Health Care Assistant credential that allowed them to perform certain tasks. Medical assistants are now subject to the Uniform Disciplinary Act, providing greater patient protection. The Health Care Assistant credential will “sunset,” or phase out. The Medical assistant law and related administrative rules went into effect July 1, 2013.

Registered nurses are included in the list of delegating health care practitioners. (Others are physicians, osteopathic physicians, podiatric physicians, advanced registered nurse practitioners, physician assistants, and optometrists.) For nurses who work with medical assistants and other assistive personnel, it continues to be important for the nurse to assess whether to delegate a task based on demonstrated competence, education, and training, and not simply because a medical assistant is allowed a task under law. When tasks are appropriately and safely delegated, this supports the goal of a nurse practicing at the top of his or her license.

**What the Legislation Does**

House Bill 1515, sponsored by State Representative Eileen Cody, mainly expands the scope of practice for registered medical assistants. This was at the urging of podiatric physicians and optometrists who employ unlicensed assistive personnel. Registered medical assistants are now allowed to prepare patients for and assist with routine and specialty examinations, procedures, treatments, and minor office surgeries. Minor surgeries are limited to those using no more than local anesthetic. In addition, registered MAs can also perform moderate complexity tests, administer eye-drops, topical ointments, and multi-dose vaccines. Certified MAs can now also perform moderate complexity tests and administer multi-dose vaccines.

Only Certified MAs can administer other medications in addition to vaccines.

The medical assistant statute will be codified in law under RCW 18.360. To accompany the statute, the Department of Health developed and passed administrative rules to further delineate the medical assistant scope as well as education, training, and allowable tasks. This can be found in the Washington Administrative Code, WAC 246-827.

There are two major categories of medical assistants: Certified and Registered. Certified Medical Assistants are further defined by area of practice. There are the Medical Assistant-Certified, Medical Assistant-Phlebotomist, and Medical Assistant-Hemodialysis Technician.

Certified Medical Assistants are those who have completed a medical assisting program and passed an approved certification exam within the last five years. Registered Medical Assistants have no formal training and have acquired skills on the job. Their scope of practice is significantly more limited. In particular, the only medications they are allowed to administer are vaccines and optometry medications.

WSNA, ARNPs United of Washington State, Group Health Cooperative, and nurse leaders from dozens of other facilities worked to propose language for both the legislation and the rules which limit the scope of medical assistants and ensure patient safety. The underlying theme is that appropriate tasks must only be performed after demonstrated competence, education and training. The statute clearly prohibits medical assistants from exercising clinical judgment, including nursing judgment.

The overall intent of the law is to allow medical assistants to perform noncomplex tasks.

**WSNA Contributed Heavily to the Development of the Rules**

We worked to include language requiring a high standard for delegation and supervision. The law requires that “The task, if performed improperly, would not present life-threatening consequences or the danger of immediate and serious harm to the patient.” The only variance is for Medical Assistant-Hemodialysis Technicians. They are can perform the task if it is not likely to present life-threatening consequences. This is consistent with national standards for hemodialysis technicians.

Medical assistants must demonstrate competency before performing new tasks within their scope of practice.

Because the statute grants a medical assistant an interim practice permit up to a year, regardless of whether the individual passes an exam, the rules require an MA to notify their employer...
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The WSNA Continuing Competency Record Keeper Kit helps you keep track of the documents verifying your compliance with NCQAC licensure renewal requirements.

The kit is flexibly designed to allow you to create the solution that best fits your unique needs. Select the tab dividers that are pertinent to your practice/education, and use them with the folder to create a customized kit for storing all the important documents that verify your compliance with Washington State’s continuing competency requirements.

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upon failure of an exam. This gives the employer an opportunity to terminate or appropriately modify the scope of duties of a Certified MA candidate who has not been able to demonstrate minimum competency by passage of a certification exam. However, there remain concerns that patients will have prolonged exposure and risk to medical assistants who have not passed the certification exam but are allowed to practice under the interim permit. In contrast, regulations do not allow registered nurses to continue practicing as nurse technicians upon failure of the NCLEX-RN.

Most of the concerns put forward by the nursing community focused on medication administration. The Department of Health is allowed to limit medications based on risk, class, or route through rules. We strongly urged the Department to incorporate the Institute of Safe Medicine Practice List of High Alert Medications. Despite this, Certified Medical Assistants are only prohibited from administering Schedule II controlled substances, chemotherapy agents or experimental drugs. But this is still an improvement over prior DOH proposals.

Working with the Pharmacy Association, we urged the exclusion of intravenous medications. In response, the legislation requires that medical assistants be under direct supervision of a health care practitioner when administering IV medications. In addition, the DOH rules prohibit medication administration through central lines.

A second major area of concern is in regard to allowing Certified Medical Assistants-Phlebotomists to perform arterial invasive procedures. Working with the Respiratory Care Association, we argued to prohibit medical assistants from performing arterial invasive procedures because these specialized blood draws are not typically in the Certified Medical Assistant curriculum and continuous assessment is needed. The legislature did not agree with prohibiting this procedure in statute. However, the Department of Health responded with more prescriptive rules, requiring successful completion of a phlebotomy program through a regionally or nationally accredited postsecondary school or college, and a requirement to file an attestation with the DOH from the supervising health care practitioner. As a result, if a Certified Medical Assistant does not receive this training, he or she would have to obtain an additional Certified Medical-Assistant-Phlebotomist credential.

Based on feedback from the nursing community, significant concerns remain. Together with Group Health Cooperative, we proposed limitations on the administration of anesthetic agents for procedural sedation. The Department did not impose limitations in the rules.

**Implications for Supervising and Delegating Health Care Practitioners**

Both the medical assistant statute and the Department’s administrative rules have language regarding the responsibilities and accountability of the health care practitioner and medical assistant.

The statute directs a health care practitioner to delegate when, at his or her best determination:

- The task is within the health care provider’s scope of licensure or authority
- The task is indicated for the patient
- The appropriate level of supervision is used and no law prohibits the delegation.

Further, a medical assistant may only accept delegated tasks when:

- The task can be performed without requiring the exercise of judgment based on clinical knowledge (this refers to medical or nursing judgment)
- The results of the task are reasonably predictable
- The task can be performed without requiring complex observation or critical decision
- The task can be performed without repeated clinical assessments
- The task, if performed improperly, would not present life-threatening consequence or the danger of immediate and serious harm to the patient. As mentioned earlier, there is a slightly different standard for Medical Assistant-Hemodialysis Technicians.

The overall intent of the law is to allow medical assistants to perform noncomplex tasks.

**Based on feedback from the nursing community, significant concerns remain.**

**Remain Vigilant**

It is important for nurses to remain vigilant when supervising or delegating to medical assistants.

- Know your facility policies regarding scope of practice. A facility is allowed to narrow the scope of practice for any health profession.
- The competency of an MA to perform any task is as important as documented training and education.
- If you have concerns about the appropriate use of an MA’s skills, voice your concerns.
hurricane  blizzard  earthquake  flood  terror  attack  tornado  volcano  natural disaster

Be prepared for the unexpected. Get a WSNA Emergency Preparedness Kit.

Standard Kit $34.99

- 8 Datrex Emergency Drinking Water Pouches
- 1 Datrex packet of 9 food bars
- 1 Thermal Blanket - 84” x 52”
- 2 Air-activated 12-hour body / hand warmers
- 1 Hooded Poncho
- 3 Trash Bags
- 2 12-hour light sticks
- 2 zip baggies
- 1 flashlight with 2 D cell batteries
- 1 Whistle
- 1 deck playing cards
- 1 pair leather palm gloves
- 1 sling bag
- 1 hygiene pack (1 tissue packet, 3 moist towelettes, 1 biohazard water bag, 1 n-95 dust mask, 2 sanitary napkins, 1 zip baggie)
- 1 first aid pack (3 2”x2” gauze pads, 1 5”x9” abdominal pad, 10 plastic strip bandages, 1 roll Kendall tape, 3 antiseptic towelettes, 2 antibiotic ointments, 1 pair vinyl gloves, 3 alcohol wipes)

First Responder Kit $49.99

- 16 Datrex Emergency Drinking Water Pouches
- 1 Datrex packet of 18 food bars
- 1 Thermal Blanket - 84” x 52”
- 2 Air-activated 12-hour body / hand warmers
- 1 Hooded Poncho
- 3 Trash Bags
- 2 12-hour light sticks
- 2 zip baggies
- 1 flashlight with 2 D cell batteries
- 1 AM/FM radio
- 1 Whistle
- 1 deck playing cards
- 1 pair leather palm gloves
- 1 sling bag
- 1 hygiene pack (1 tissue packet, 3 moist towelettes, 1 biohazard water bag, 1 n-95 dust mask, 2 sanitary napkins, 1 zip baggie)
- 1 first aid pack (3 2”x2” gauze pads, 1 5”x9” abdominal pad, 10 plastic strip bandages, 1 roll Kendall tape, 3 antiseptic towelettes, 2 antibiotic ointments, 1 pair vinyl gloves, 3 alcohol wipes)

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WSNA, ARNPs United of Washington State Join Forces to Enact Payment Parity

Healthy ARNP Practices Mean Healthier Patients

As Washington State heads full throttle toward health reform, WSNA continues to work toward ensuring burgeoning patient health needs and access to care will be fully met, in part by strengthening practices of advanced registered nurse practitioners (ARNPs). Recent events affecting ARNP practices provide both challenges and opportunities for this work.

The major challenge for ARNP practices—and threat to patient access to care—lies in lack of full parity for ARNPs. Nurse practitioners are not reimbursed at the same rates for providing the same services as their physician colleagues. And at the worst possible time, as hundreds of thousands of newly insured Medicaid patients will enter the health care system, Premera Blue Cross instituted a 15 percent reimbursement reduction to ARNPs providing primary care in community settings in Washington State. The implications for this reduction are potentially staggering for public health outcomes, health disparities, and for the viability of nurse-led primary care clinics. Nearly half of nurse practitioners work in private offices or clinics, and 83% of them spend all or most of their time providing primary care (Office of Financial Management, 2012). The need for such services—particularly in rural and underserved areas where nurse practitioners have a higher presence than other provider groups—is expected to significantly increase as newly insured health reform beneficiaries seek health care services starting in January 2014.

The Premera reduction took effect March 1, 2013. Initially, ARNPs reported that the reduction applied not only to office visits, but also to related supplies and equipment. Due to diligent follow-up work, Premera reversed this part of the reduction, stating that effective May 31, reimbursement reductions will not apply to covered supplies, drugs, laboratory and radiology services, immunizations, durable medical equipment, orthotics, and prosthetics—even if billed by an ARNP. Work also is under way to make this reversal retroactive.

The next step in the road to parity is to have Premera reverse the rest of its decision—one that it says was made to better align its policy with that of Medicare, which established a reimbursement fee schedule for “mid level practitioners” at 85% of the medical fee schedule back in 1997.

Work is well under way in regard not only to addressing the blatant inequity of Premera’s recent decision, but also in terms of acquiring parity for ARNPs from all insurers. ARNPs United of Washington State (AUWS) and WSNA have joined forces to explore legislative, political, and regulatory strategies to ensure that the nearly 6,000 nurse practitioners in Washington State are equitably reimbursed. Such parity will lead to healthier ARNP practices, in turn boosting patient health and access to health care.

WSNA and AUWS have good reason for optimism. In June, the Oregon State House of Representatives passed HB 2902B, requiring private insurers to reimburse primary care and mental health nurse practitioners, physicians, and physician assistants at the same rates when performing the same work and billing under the same codes. It is only a matter of time until Washington State joins its sister to the south in standing as a model of progress and excellence in patient care.

It is only a matter of time until Washington State joins its sister to the south in standing as a model of progress and excellence in patient care.

ARNPs whose practices are adversely affected by the Premera rate reduction are encouraged to file a complaint with the Office of the Insurance Commissioner.

http://goo.gl/PsPtob

ARNPs United of Washington State (AUWS) is following this issue closely. You may read its reimbursement position statement and contact the organization for further guidance to help ensure that all Washington residents have access to quality health care.

http://goo.gl/XpFsP6
**CONTINUING EDUCATION CALENDAR**

**APRIL 2013**

Wound Management Education Program - Summer/Fall 2013 Online/Onsite Certificate Program for Registered Nurses: University of Washington School of Nursing Continuing Nursing Education; August 14 - October 17, 2013 • UW Tower; Contact Hours: 130; Fee: $3795/$3795; Contact: www.uwcne.org

**SEPTEMBER 2013**

Enhancing Medical-Surgical Nursing Practice (Fall Course): University of Washington School of Nursing Continuing Nursing Education; September 9 - November 17, 2013; Total Contact Hours: 90.0; Fee: $795; Contact: www.uwcne.org

Growing People Potential 2013: An Institute for Managers and Supervisors; September 25-27, 2013; Dolce Hayes Mansion, San Jose, CA; September 25-27, 2013; Fee $1,000; Total Contact Hours 13.0; Contact: Cardia Services via www.cardiaservices.org/training/events/gpp2013.html

**OCTOBER 2013**

Update in Medical Surgical Nursing 2013: University of Washington School of Nursing Continuing Nursing Education; October 10-11, 2013 • Online/Shoreline Conference Center; Contact Hours: 14.1; Fee: $375; Contact: www.uwcne.org

Wound Management Fundamentals Course - Fall 2013: A Certificate Program for Healthcare Professionals: University of Washington School of Nursing Continuing Nursing Education; October 21 - December 6, 2013 • Online/Shoreline Conference Center; Contact Hours: 30.0; Fee: $95/$955; Contact: www.uwcne.org

Advanced Practice in Primary and Acute Care: University of Washington School of Nursing Continuing Nursing Education; October 31 - November 2, 2013; Washington State Conference Center; Contact Hours: 20.6; Fee: $425; Contact: www.uwcne.org

**NOVEMBER 2013**

Wound Care Update 2013: Considerations for Diverse Populations: University of Washington School of Nursing Continuing Nursing Education; November 14-15, 2013 • Lynnwood Conference Center; Contact Hours: 14.3; Fee: $395; Contact: www.uwcne.org

Immediate Response: Essential Skills for Urgent Clinical Situations; University of Washington School of Nursing Continuing Nursing Education; November 19, 2013; Shoreline Conference Center; Contact Hours: 7.2; Fee: $295; Contact: www.uwcne.org

**INDEPENDENT STUDY COURSES**

Dementia - Dementia in Older Adults; Contact Hours: 7.5; Fee: $195
Depression - IMPACT: Online Training for Depression Care Management; Contact Hours: 17.5; Fee: $50
Domestic Violence - Domestic Violence Recognizing and Responding to Victims; Contact Hours: 2.0; Fee: $20
Ethics - Ethics as a Compass: A Model for Dealing with Complex Issues in Patient Care; Contact Hours: 7.7; Fees: $195
Ethics Related to Nursing Practice; Contact Hours: 9; Fees: $200
Foot Care for the Older Adult; Rainier Medical Education Programs; Contact Hours: 6.5; Contact: www.RainierMedEd.com
Geriatric Health - Geriatric Health Promotion Lecture Series; Contact Hours: 78 Hours: $460; 1.5 Fee: $50
Health Assessment and Documentation; Contact Hours: 20; Fees: $150
Hepatitis - Hepatitis Case Studies; Contact Hours: 5
High Cholesterol Pt. 1: Western Medicine; Contact Hours: 7; Fee: $50; Contact: www.healthcmi.com
High Cholesterol Pt. 2: Chinese Medicine Theory; Contact Hours: 4; Fee: $50; Contact: www.healthcmi.com

**CONTACTS**

A. Intercollegiate College of Nursing
   Washington State University
   College of Nursing
   Professional Development
   2917 W. Fort George Wright Dr.
   Spokane, WA 99224
   509.324.7321 or 800.281.2589
   www.icne.wsu.edu

B. MedicalSpanish.com
   Ken Ryan
   PO Box 190913
   Anchorage, AK 99519
   keninakaska@gmail.com
   www.medicalsSpanish.com

C. University of Washington School of Nursing
   Continuing Nursing Education
   Box 359440
   Seattle, WA 98195
   206.543.1047
   CNE@UW.Edu
   www.uwcne.org

Medical Spanish for NPs, Physicians and PAs - Course A; Contact Hours: 25
Medical Spanish for NPs, Physicians and PAs - Course B; Contact Hours: 25
OTC Advisor: Advancing Patient Self-Care; Contact Hours: 17.0; Contact: www.nphealthcarefoundation.org
Pharmacology - Clinical Pharmacology Series; Contact Hours: 7 - 8.0; Fee: $195 / 175
Pharmacology - Adult/Geriatric Drug Therapy; Contact Hours: 7 - 8.0; Fee: $195 / 175
Pharmacology - Neuropsychotropic Drug Therapy; Contact Hours: 7 - 8.0; Fee: $195 / 175
Pharmacology - Women’s Health Drug Therapy; Contact Hours: 7 - 8.0; Fee: $195 / 175
Pharmacology - Prescribing Scheduled Drugs; Contact Hours: 10; Fee: $195
RN Refresher Course; Fees Theory: $500; Health Assessment and Skills Review: $500; Clinical Placement for Precept Clinical Experience: $400
The Pain Management Dilemma; Contact Hours: 1.5; Contact: www.nphealthcarefoundation.org

Wound Academy - Course 1 (Wound Assessment & Preparation for Healing); Fee: $40; Contact Hours: 4.3
Wound Academy - Course 2 (Lower Extremities and Pressure for Ulcers); Fee: $60; Contact Hours: 6.8
Wound Academy - Course 3 (Dressing Selection & Infection); Tuition: Fee: $30; Contact Hours: 2.5
Wound Academy - Course 4 (The Role of Collagen in Wound Healing); Tuition: Fee: $30; Contact Hours: 2.5
Wound Assessment and Documentation; Fee: $60; Contact Hours: 2.0
Wound & Ostomy; Fee: $60; Contact Hours: 2.0

**The Washington Nurse** SUMMER 2013 www.wsna.org
The Washington Nurse
SUMMER 2013

Stopping Incivility in the Workplace
New WSNA Continuing Education Course Online

Uncivil behaviors—eye-rolls, put-downs that masquerade as helpful criticism, and subtle but unmistakable emotional jabs—foment full-blown bullying and can sow the seeds of workplace discontent, causing suffering for nurses and resulting in substandard care for patients.

• Learn how and why incivility is significant to the nursing profession
• Identify key factors that enable incivility
• Identify two techniques for promoting workplace civility

By identifying uncivil behaviors early, bullying in the workplace can be prevented. Take this educational module to earn .5 Continuing Nursing Education contact hours, and to make your work environment safe and civil.

Find this and other courses online at www.wsna.org/cne

CEARP Committee Seeks Additional Members

This volunteer opportunity provides a valuable and needed service to nurses in Washington State. Your careful evaluation of applications will help assure that educational activities meet the standards set by ANCC for continuing nursing education.

Functions of the Committee are to review and approve continuing nursing education activities, covering a range of topics, for approval of contact hours from a variety of applicants including hospitals, community colleges, universities and commercial entities.

Criteria for appointment to the committee include: a masters degree in nursing; previous experience in successfully planning continuing nursing education offerings (i.e., writing behavioral objectives, developing evaluations, designing content) for adult learners; member of WSNA; time to review about two applications a month; and the ability to attend two Continuing Education Approval & Recognition Program Committee meetings, and to participate in two 1.5-hour teleconferences each year.

Approved CEARP applicants are encouraged to apply given your expertise in completing our applications.

To learn more, contact Hilke Faber at 206.575.7979, ext. 3005 or send email to hfaber@wsna.org.

Fall Workshops

VANCOUVER
Saturday, September 21, 2013
8:00 am - Noon
Red Lion at the Quay, Vancouver
$15 WSNA Members / $30 Non-members

Social Media, Employee Beware
Hanna Welander, BSN, RN, Labor Representative for Collective Bargaining, Washington State Nurses Association

Compassion Fatigue
Sally Watkins, PhD, RN, Assistant Executive Director, Nursing Practice, Education & Research, Washington State Nurses Association

Legal Aspects of Documentation
Margaret C. Holm, JD, RN, Nurse Consultant, Nursing Care Quality Assurance Commission

3 Total Contact Hours
Registration is on-site, but please email us in advance at irene@wsna.org so that we can ensure there is adequate food and seating for the event.

PIERCE COUNTY
Saturday, October 5, 2013
8:30 am - Noon
Tacoma
(Cost TBA)

Continuing Competency
Sally Watkins, PhD, RN, Assistant Executive Director, Nursing Practice, Education & Research, Washington State Nurses Association

Legal Aspects of Documentation
Margaret C. Holm, JD, RN, Nurse Consultant, Nursing Care Quality Assurance Commission

3 Total Contact Hours
For more information, visit www.piercecountynurses.com

Washington State Nurses Association CNEPP (OH-231, 9/1/2015) is an approved provider of continuing nursing education by the Ohio Nurses Association (OBN-001-91), an accredited approver by the American Nurses Credentialing Center’s Commission on Accreditation.
In 1996, the Washington State Nurses Association established the WSNA Hall of Fame to recognize and honor the achievements of Washington State Registered Nurses who have made significant lifetime accomplishments in the nursing profession. WSNA continually seeks ways to encourage all registered nurses to strive for excellence in nursing and the WSNA Hall of Fame is the highest level of recognition that WSNA bestows on WSNA Members to recognize and support those who demonstrate the highest standards of their profession.

Criteria: Each nominee must have demonstrated excellence in the areas of patient care, leadership, education, public service, nurse advocacy, heroism, patient advocacy, and/or clinical practice and for achievements that have affected the health and/or social history of Washington State through sustained, lifelong contributions. The nominees must have been or currently hold membership in WSNA. The nominee may be living or deceased.

Go to www.wsna.org/Hall-of-Fame and download and complete the nomination form (Word format), attach documentation to support the award criteria, include a photograph of the nominee, and return to:

WSNA
Attention: Hall of Fame
575 Andover Park West, Suite 101
Seattle, WA 98188

Typed nomination forms must be received at WSNA by November 15, 2013, to be considered for the 2012 Award.

Nominees will be notified in January, 2014.

2014 WSNA Hall Of Fame Awards
Open Nominations Until November 15th

1996
Betty Anderson, RN, BSN, M.Ed
Betty Harrington, RN, BSN, M.Ed
Janet Holloway, MA, RNC
Katherine J Hoffman, RN, MN, PhD
Minerva Blegen Sathe, RN
Myrtle Warneke, RN

1998
Marguerite Cobb, MN, RN
Dolores “Deo” Little, MN, RN
Mary Ann Thimmes, MN, RN

2000
Mary Lee Bell, MPA, BSN, RN-C
Joanna Boatman, RN
Shirley M Gilford, BSN, RN
Muriel G Softli, MPA, MEd, BSN, RN
Frances Terry, MN, ARNP
Elizabeth R Thomas, BSN, ARNP

2002
Eunice Cole, RN, BSN
Barbara Thoman Curtis, RN
Rosa Franklin, RN
Patty Longstreet Hayes, RN
Margarita Prentice, RN
Louise Shores, RN, EdD

2004
Marjorie Batey, PhD, RN, FAAN
Bobbie Berkowitz, PhD RN, FAAN
Janice Ellis, PhD, RN
Beverly M. Horn, PhD, RN, FAAN
Erin King, RN, MN
Jeanne Quint Benoliel, PhD, RN, FAAN

2006
Pat Greenstreet, BSN, JD, RN
Barbara Innes, EdD, RN
Paul Kunkel, MS, RN
Frank T. Maziarski, CRNA, BSN, MS, CLNC
Lois Price-Spratlen, MN, PhD, RN, CNS, FAAN
Susan Wilburn, BSN, MPH, RN

2008
Anne Foy Baker, RN
Etta B. Cummings, RN
Sister John Gabriel, RN
Evelyn Hall, RN
May S. Loomis, RN
Anna R Moore, RN
Lillian B Patterson, RN
Elizabeth Sterling Soule, RN

2010
Mary Bartholet, MS, RN
Anna Mae Ericksen, RN
Verna Hill, MN, BSN, RN
Louise Kaplan, PhD, MN, ARNP
Margaret M. Ouchi, MN, RN
Thelma Pegues, RN, BSN

2012
Helen Behan, MN, RN
Helen Kuebel, MSN, RN
Frankie T. Manning, MSN, RN
Maureen B. Niland, PhD, MS, BSN, RN
Gretchen Schodde, MN, ARNP, FNP-BC
Beverly Smith
Fostering Tomorrow’s Careers

Congratulations to the following students who have been awarded scholarships by the Washington State Nurses Foundation.

ACADEMIC YEAR 2011-2012

- **BSN Students $1,000 each:** Amy Nolan and Christopher M. Washington
- **ADN Students $1,000 each:** Sumi Kim, Bambie Samone Fontana, and Aleksandra Abney

ACADEMIC YEAR 2012-2013

- **Doctoral Student $2,000:** Jennifer Caputo
- **BSN Students $1,250 each:** Elmira Jangi Khatounabad, Timothy Mathis, Charrisse Timbol, and Brittany Van Winkle
- **ADN Students $1,250 each:** Jane Hemmen and Andrew Jason Worley

ACADEMIC YEAR 2013-2014

- **Masters Students $2,000:** Teresa Johnson
- **BSN Students $1,750 each:** Codie Barker, Laura J. Bradford, and Cameron Good
- **ADN Students $1,250 each:** Katy Larpenteur and Laura J. Bradford

The primary goal of the Washington State Nurses Foundation is to advance our profession and facilitate nursing’s contribution to the health of the community. WSNF was established in 1982 to award grants and nursing scholarships, and to support educational advancement for the future of nursing. Contributions to WSNF are tax-deductible and are used for the clinical, literary, scientific and educational advancement of the nursing profession.

In Memoriam

Joan Beard Stout
1927 - 2013

Joan Beard Stout, born in Port Angeles on July 11, 1927 to Elmer and Elinor (Olts) Beard, passed away May 7, 2013 at 11:52 p.m., with her daughter Barbara Hiatt and granddaughters Angella Hartung and Alicia Steele holding and comforting her.

A graduate of Clover Park High School, Joan went on to study nursing at Deaconess Hospital, graduating in 1947. After becoming a registered nurse, Joan returned to the Tacoma area, working as an instructor of obstetrical nursing at Tacoma General Hospital. Always inquisitive as well as determined to achieve, Joan stretched herself and entered the Pacific Lutheran College’s School of Nursing. She was awarded her Bachelor of Science in Nursing on January 27, 1956. Joan was a proud recipient of a Federal scholarship that allowed her to be one of the first 100 nurses in the United States to earn a master’s degree.

While studying at the University of Washington, she was recruited by the World Health Organization to be a professor of nursing at the University of Alexandria, Egypt. As a full professor at the age of 32, Joan enjoyed the responsibility of establishing the curriculum and teaching methods for Egypt’s first four-year school of nursing.

In 1962 Joan, with her young daughter Barbara and mother Elinor, returned to the United States and embarked on her career with the Veterans Administration (VA). Beginning as a ward supervisor at the Chillicothe, Ohio hospital, Joan worked her way up the career ladder, retiring in 1987 as Chief of Nursing Services at the American Lake VA Hospital. During her career with the VA she was assigned to hospitals in Livermore, California; Boise, Idaho; Topeka, Kansas; and Beckley, West Virginia before making her way back home to Tacoma to be with cousins and friends.

She left her mark at each of these hospitals with improved nursing procedures and creative life-saving techniques. Family lore credits her with the creation of the “crash cart.” When defibrillators became portable, Joan borrowed a cart from the building maintenance crew, and loaded it with a defibrillator and all the necessary medications and instruments needed to treat a heart attack victim. She named her portable creation a crash cart because of the sound it made when rushing through the swinging ward doors. While the same creative use of this newly developed portable device undoubtedly took place at many hospitals throughout the United States at the same time, Joan was recognized by the Livermore VA Director for her ingenuity.

In retirement she spent many enjoyable hours volunteering with the Washington State Historical Society’s Research Department, researching and cataloging hundreds of artifacts. She was honored as their Volunteer of the Year in 2007. She also spent hundreds of hours doing volunteer work for the Group Health Cooperative, an organization she believed represented the best possible business model for delivery of quality medical care to a community.

Her love of travel led Joan to have many enjoyable tours, both national and international, with her cousins Margi and Ellen, and friends Betty and Charlie. A voracious reader, inquisitive intellect, and continual student, Joan enjoyed traveling, taking classes, watching major league baseball, spending time with friends, and being involved in social activism, especially efforts that involved the improvement of women’s lives. A collector of art and books, Joan defined her life through her actions grounded in respectful intentions. Joan made a positive and lasting impression on almost everyone she met.

For those who wish to honor Joan, the family asks that donations be made in her name to the Washington State Historical Society. The family wishes to thank the...
health care staff at Franke Tobey Jones for their loving and devoted care of Joan for the past six and a half years.

**Mariko Hamano Peckham**
1949 - 2013

Mariko passed away at Providence Regional Medical Center Everett in Everett, WA, surrounded by her family, on Thursday, March 14, 2013.

Mariko was born in Otaru, Japan to Shingo and Hideko Hamano on February 3, 1949. Mariko moved to the United States in 1970. Mariko eventually settled in Yakima, WA, where she lived from 1979 until 2005. In 2005, she relocated to Mukilteo, WA in order to be closer to her family. She obtained her Associate in Arts & Science degree from Yakima Valley Community College and her Bachelors of Science in Nursing degree from Washington State University.

Mariko worked as a Registered Nurse at Providence Regional Medical Center Everett and, while in Yakima, at Providence Yakima Medical Center.

Mariko loved her family and friends and enjoyed spending considerable amounts of time with them. In addition, she loved to travel, especially with her family and friends. She will be sorely missed by all.

She is survived by her son, Sam (Danielle), Chatham, NJ; daughter, Angela, Burien, WA; brother, Eiji (Ukea) Hamano, Sapporo, Japan; sister, Michiru Akagi, Osaka, Japan; granddaughters, Devyn Peckham, Madeline Peckham and Olivia Peckham; and two nieces and one nephew.

She is preceded in death by her father, Shingo; mother, Hidako; and former husband, James.

To leave online condolences or remembrances please visit www.evergreen-fh.com. In lieu of flowers memorials may be offered to the American Cancer Society, P.O. Box 22718, Oklahoma City, OK 73122-1718.

A special thank you goes out to Providence Regional Medical Center Everett and the wonderful care and comfort provided in her final days.

**Lois Price-Spratlen**
1931 - 2013

Dr. Lois Price-Spratlen died at The Terraces Healthcare Center (Skyline at First Hill) from complications of multiple myeloma. She is survived by a loving family that includes her husband of nearly 61 years, Thaddeus H. Spratlen, five children (Pamela, Patricia, Paula, Khalfani, and Townsand), nine grandchildren, three great-grandchildren along with many other relatives, close friends and colleagues. A private family inurnment is pending for later in April.

A public celebration of Lois’ life and memorial service will be scheduled on the University of Washington campus during the summer. In lieu of flowers or other gifts now or later, donations in her memory and recognition of service to others should be sent to Mary Mahoney Professional Nurses Endowed Scholarship, PO Box 22003, Seattle, WA 98122-0003.

Most of Lois’ academic career was at the University of Washington where she became Prof. of Psychosocial Nursing, Ombudsman for Sexual Harassment (1982-2009) and University Ombudsman (1988-2009). She was the first woman, African American and nurse to serve as University Ombudsman. Some of her many professional credentials and honors included national board certification as a psychotherapist; election in 1999 as a fellow in the American Academy of Nursing (FAAN); induction into the Washington State Nurses Association Hall of Fame in 2006; and being named a 2013 recipient of the Gretchen A. Schodde Lifetime Achievement Award by the Association of Advance Practice Psychiatric Nurses, Seattle, WA for her “creativity, vision, devotion, and inspiration to others while providing outstanding services and leadership in healthcare.”

She was very proud of authoring the book African American Registered Nurses in Seattle: the Struggle for Opportunity and Success (2001). The personal stories of these nurses include accounts of their education, employment and other personal and professional experiences with discrimination in the area. This book will have lasting value for those who desire to understand the lives of these extraordinary women.

Her University and community service activities as well as honors included chairing the King County Board of Ethics and serving on other boards such as Group Health Cooperative and the Metropolitan Seattle Urban League. In 2005, she received the Samuel E. Kelly Distinguished Alumni Award from UW Multicultural Alumni Partnership (MAP) for her life-time contributions to diversity. A related honor was receiving the Martin Luther King, Jr. Community Service Award in the UW Health Sciences in 2006.

She retired in 2009 and was named as Professor and Ombudsman Emerita. Part of enjoying her retirement years involved supporting the development of young people through the Mary Mahoney Professional Nurses Endowment and MAP.

At the time of her death Lois was working on a book about her practice and service as academic ombudsman. She emphasized prevention and education as being essential elements in effectively helping to resolve and manage conflicts and disputes.

Those who knew Lois will remember her many talents, generosity, style, strength and willingness to help others.

**Joan Esther McGuire**
1924 - 2013

Joan Esther McGuire, who was the driving force behind the 2003 restoration of Seattle’s 100-year-old Immaculate Conception Church and who, in a 30-year career as Director of Nursing Services at Northwest Hospital in Seattle, oversaw the development of the city’s first in-hospital hospice for terminally ill patients, died on Wednesday, May 29, following a short illness. She was 88.

Joan arrived at Immaculate Conception Church as a volunteer in 1975. By that time, the church had fallen into disrepair, the victim of neglect, vandalism and urban flight. In 1998, she was promoted.
by the Archdiocese of Seattle to Parish Life Coordinator at Immaculate, a role she held for seven years.

Using her skills as an organizer, fundraiser and activist, she led the restoration of Immaculate, a significant event in Seattle’s constantly evolving Central District. The 2003 reopening of the restored church was hailed by a grateful Archdiocese and parishioners and covered by The Seattle Times.

A devoted Catholic from birth, Joan served as a volunteer for multiple Seattle parishes for more than five decades. She was an activist for parish programs for children and undertook many acts defined by the Archdiocese as Corporal Works of Mercy.

As Director of Nursing Services at Northwest Hospital, Joan made significant strides in improving work conditions and recognition of nurses as an integral part of patient care within the hospital.

A positive force, and voice, for improving patient care, Joan developed a child-bearing project at Northwest Hospital where families could participate in the birthing process. She also developed an in-hospital hospice for terminally ill patients. Both of these projects were the first of their kind in Seattle.

In 1995, Joan received the Katharine M. Bullitt Award from the Alliance for Education as “Volunteer of the Year” based on her work with teen mothers at John Marshall Alternative High School.

Gracious and humble in the face of her successful charitable work, Joan would count among her greatest accomplishments the raising of her seven children.

Joan D’Andrea was born in Ellwood City, Pennsylvania in 1924. She graduated from Providence School of Nursing, Beaver Falls, Pennsylvania, in 1946 and received additional education in nursing and women’s health at University of Pittsburgh and Duquesne University, Pittsburgh, Pennsylvania, 1946/1947.

She was preceded in death by her husband of 39 years, Martin Justin McGuire, who died in 1993, and her eldest son, John, who died in 1991. She is survived by her daughter Mary Roberts, married to Fran Robbins; son Mark, married to Patricia Raskin; son Patrick, partnered to Shawn Shirey; son James; son Richard, married to Sharon; and daughter, Letitia Lee. She also is survived by six grandchildren (Donald Roberts, Justin Roberts, Kyle McGuire, Megan McGuire, Erik Westfall, Alex Westfall), and one great-grandchild, Carter Westfall.

Should friends desire, memorial contributions may be made to Catholic Community Services of Western Washington, Office of Mission Resources, 100 23rd Avenue South, Seattle, WA 98144, a community organization Joan supported throughout her lifetime.

Ellen M. Rosbach, MN, RN
1933 - 2013
Ellen Marie (Messenger) Rosbach was born April 12, 1933, in Birch Creek, Montana. One of 10 children, Ellen grew up in Dillon and Butte, Mont., Bucoda, Wash., and Centralia, WA. She attended Centralia Junior College and graduated from the University of Washington with a bachelor of science in nursing in 1955. In 1969, she earned a masters in nursing from the University of Washington and began teaching nursing at Lower Columbia College in 1970. She retired in 1993. Ellen served on the Washington State Board of Nursing and the National Nursing Accreditation Board. She was an active member of WSNA throughout her career.

In addition to being a nurse, Ellen was a dedicated and loving wife, mother, grandmother, sister and daughter who enjoyed creating delicious meals, organizing family get-togethers, gardening and playing cards and dominos. She married Ronald L. Rosbach Aug. 26, 1956. He survives her. Also surviving are three sons, Greg (Tammy), Dennis (Tim) and Chris (Dorenda); and two granddaughters, Ashley (Nick) and Whitney (Jordan).

Ellen passed away from Alzheimer’s disease on June 27, 2013. Her family is grateful to the kind and loving staff members at Canterbury Gardens for their support. Ellen was a member of Rose Valley Friends Church, 1437 Rose Valley Road in Kelso where her memorial service was held on July 7, 2013. In lieu of flowers, memorial contributions may be made to the Lower Columbia College Foundation, 1600 Maple St., P.O. Box 3010, Longview, WA 98632.

Amy Elizabeth Washburn
1978 - 2013
Amy Elizabeth Washburn passed away, April 11, 2013 after a courageous battle against cancer. She never gave up. Amy was an amazing person admired by so many and she leaves a large void. Amy was born June 2, 1978 to Ron and Julie Stewart. Amy was a bright a vibrant child with a strong sense of self and ambition.

She grew up in Bellingham attending and graduating from Sehome High School with her sights on becoming a nurse at an early age. Amy was always compassionate with her family and friends and wanted to show compassion towards people in need. Amy was so excited to get into UW Nursing School and begin her journey in helping others. In 2001, Amy graduated from UW with her BS in Nursing. She began her career at St. Josephs Hospital then became the school nurse for Lummi Nation Schools, and then found her niche at the Whatcom County Health Department.

She had great passion for the work she was doing and felt that it was her calling. Many of her colleagues have commented about her warm smile, laugh, and her kindness. She was truly a remarkable nurse.

Right after high school Amy met, Merritt Washburn (Duffy) and fell in love. Amy and Duffy dated for 6 years before they were married on July 14, 2002. They celebrated their 10-year anniversary last summer. Amy and Duffy enjoyed camping, skiing, and taking their yearly trip over to the Gorge to watch Dave Matthews.

Amy’s true love of being a mother came true on August 10, 2006, her angel, Rylie Grace Elizabeth was born. Amy was an inveseted mother who thoroughly enjoyed her time with Roo. August 8, 2011 Spencer Liam joined the family, Amy’s miracle baby boy. She loved her children so much.

Continued ›
Amy and Duffy loved to go on walks, play at the park or just run their Saturday errands as a family together.

Amy was survived by her husband, Merritt Washburn, daughter Rylie, son Spencer, grandma Mary Brough (Bill), parents Ron and Julie Stewart, sister Allison Mitchell (Tyler), brother Tim Stewart (Angela), numerous aunts and uncles, nieces and nephews.

Amy was a passionate, determined, courageous, giving, loving, loyal and genuine person. She cared more for others than for herself and spent her life advocating for others. She is missed, but will never be forgotten.

Amy’s family would like to thank all that showed her love and support, especially her doctor (William Rubin) and nurses from hospice. In lieu of flowers, donations can be made to saving accounts for Rylie and Spencer at WECU.

Gayle Thronson, RN
1951 - 2013
(reprinted with permission from The Flurries, the quarterly newsletter of the School Nurses of Washington State)

The essential things are invisible to the eyes and must be regarded with the heart

The School Nurse Corps (SNC) Nurse Administrators had the privilege of working collaboratively with Gayle initially as a colleague at ESD 113 (1998-2002) and then when she joined the Washington Office of Superintendent of Public Instruction (OSPI) in 2002 as Health Services Program Supervisor. Her years in school nursing in both the Forks and Olympia school districts and at ESD 113, and her pursuit of knowledge in leadership and administration, provided her with a solid background as she moved into a position of leadership at OSPI. All who worked with Gayle over the years appreciated her friendship, sense of humor, integrity, and dedication to our profession, and we miss her very much.

Gayle provided leadership and expertise in the development and implementation of school health policies and programs that have promoted and improved student well-being. She authored and co-authored multiple guides, manuals, and training documents to support school nurse practice and student safety. Publications school nurses are most familiar with include, Guidelines for Care of Students with Diabetes (2005); Uniform Staff Training Policy: Students with Asthma (2008); Guidelines for Care of Students with Life-Threatening Food Allergies (2008); Guidelines for Care of Students with Anaphylaxis (2009); and Guidelines for Implementation of School Employee Training on HIV/AIDS and Other Bloodborne Pathogens (2011).

Data-driven decisions, evidence-based school nursing practices and the foundational research behind quality school nursing were professional commitments to which Gayle subscribed with passion. In her efforts to promote school nursing research, she was pivotal in providing a state level “trainer of trainers” program, entitled “Improving Practice Through Measuring Outcomes.” Gayle was instrumental in the development of the SNC’s “Student Asthma Outcomes Project” (2008-2010), which was designed to improve school nurse practice and results showed the impact of focused nursing interventions on students with asthma.

The research was presented at the 2010 American School Health Association’s annual meeting.

With an OSPI colleague, Gayle helped craft an innovative and now nationally recognized program demonstrating positive academic and attendance outcomes from school nursing case management for children at health and academic risk. Gayle was committed to a collaborative approach to student health. She modeled this in her collegial relationships on OSPI projects including Coordinated School Health (CSH) grant participation. She encouraged SNC Nurse Administrators to inform school nurses about CSH and saw school nurses as leaders in the CSH approach.

Gayle was a thinker, contemplative and thoughtful. In the midst of turmoil, she could reflect and see humor. Her sense of humor, collaborative leadership style, and school nurse practice knowledge were fueled by her deep caring and compassion for students and her profession. During the months of her illness, it became increasingly evident how much her wisdom, experiences, breadth and depth of knowledge, understanding of issues, and leadership had been present at the helm.

Over the years, Gayle worked tirelessly to keep school nurses, administrators, and policymakers informed of important school health issues and proposed legislation that would impact schools and students. She was an active member of School Nurse Organization of Washington (SNOW), serving as its President prior to her OSPI tenure. During her years at OSPI, she served on SNOW’s Board of Directors. Gayle frequently presented at state and national conferences representing the school nurse voice in advocating for the health and safety of students and for school nurses providing critical services in schools. All these efforts she did with a quiet, compassionate and determined strength. Gayle’s leadership will be greatly missed as we move forward in our school nursing practice, individually and as a profession.

Donations may be made to the Cholangiocarcinoma Foundation (www.Cholangiocarcinoma.org).

King County Nurses Association

KCNA Celebrates 110 Years
More than 130 nurses and nursing students joined King County Nurses Association to celebrate its 110th Anniversary, Thursday, May 9 at the Shilshole Bay Beach Club. It was a remarkable evening, including presentation of Shining Star nurse awards, introduction of 2013 scholarship recipients, and silent and live auctions (100% of proceeds to the Scholarship Fund). The weather and view were beautiful, the buffet meal delicious and the atmosphere festive. Auction bidding was active, netting a total of $9,601 and bringing total scholarship fundraising for the year to $18,346!

2013 Shining Star Awards
This year’s KCNA Shining Star award went to:

Nathaniel Swartz
Seattle Children’s Hospital

Nathaniel holds degrees in nursing and social work, and has been an acute care nurse at Seattle Children’s since 2010. He specializes in neurologic, gastrointestinal, urologic and orthopedic patients. Nathaniel is both a leader and a mentor on the surgical unit, and an active patient and family advocate. He provides exemplary care, and thrives on caring for medically complex children. Additionally, he is a popular preceptor among nursing students and new hires.

The Public Health Reserve Corps
Although the Public Health Reserve Corps (PHRC) mission is disaster support, they also provide ongoing public health support to the community. They currently have 150 RN’s and 14 ARNP’s in their volunteer corps and many of them are KCNA members. In 2012, their volunteers donated more than 400 hours serving the homeless and uninsured communities through Union Gospel Mission, Recovery Café, St. Vincent de Paul and the Nickelsville homeless community.

2013 Scholarship Recipients
KCNA is pleased to support the future of nursing through scholarships to deserving nursing students in King County. Since 1993, KCNA has awarded a total of $232,250 to 158 students! This years recipients include: (advanced degree candidates) Jane Chung, Ryna Hansen, Ellen S. Meyer, Sunniva Zaratkiewicz, all from University of Washington; and (basic degree candidates) Adrianna Bernal, University of Washington; Alexandra Dennis, Seattle University; Marcus Engley, Shoreline Community College; Vaani Ganeson, University of Washington; Kari Hocker, Shoreline Community College; Kristina Ieronimakis, Seattle University; Jessa Labasan, Tacoma Community College; and Jelina Nguyen, University of Washington.

2013 Election Results
The results of the 2013 election are in! The newly elected Board members are: Angel Mathis (President), Janice Ellis (Treasurer), and Lori Cross, Deborah Greenleaf, Maureen Niland, Anne Poppe, and Joey Shyloski (Members at Large). Nominating Committee members are Erin Arkin, Jayne KauzLoric and Pardeep Sahota.

Inland Empire Nurses Association

My fellow colleagues and IENA members,

It has been a very busy spring for IENA. We had a great presentation by WSNA on the “Culture of Safety” in March that was well attended at the Red Lion Skyline Ballroom. We are already planning on our March 2014 CE event, “Empowering Nurses.” The date is pending, but we will keep you posted and hope you will attend.

Our annual Spring Gala on May 6th honoring nurses was also well attended. Our speaker was Maggie Myers, CRNA, MAE, Program Director of the Sacred Heart Medical Center/Gonzaga University School of Nurse Anesthesia. Maggie’s “Ethics” presentation involved audience participation with three case studies. It was enlightening to hear all the different perspectives on the various ethical issues.

At the Spring Gala, the following Lifetime Achievement Award and Annual Scholarship winners were honored:

Alicia Steed, BSN, RN-BC
Lifetime Achievement Award

As a Nurse Educator in the Department of Educational Services at Providence Sacred Heart Medical Center, Alicia is the most tenured and experienced cardiac nurse educator. She functions in many nursing roles including nurse clinician, teacher, mentor, facilitator, collaborator and consultant for Providence ministries and the Spokane Community. Alicia’s cardiac experience is legendary. One of the most popular classes she developed was Rhythms without the Blues. She can help anyone learn and understand cardiac dysrhythmias, even being asked to teach new physicians because they understand rhythms better from her than the MD teaching program. In the late 70s and 80s when TPA treatment became available, Alicia took on the role as an outreach educator for the Cardiac Emergency Network, promoting emergency cardiac care to rural hospitals. Alicia has been instrumental in promoting interdisciplinary education in the hospital setting, working collaboratively with medical resi-
Rhianna Brady
WSU BSN Student
Pursuing a nursing career has been Rhianna’s goal as soon as she started her first job as a caregiver for developmentally disabled individuals. As a single mother of two, she attended nursing school, followed by a Certification in Gastroenterology. She then completed training to care for patients with mechanical hearts and heart transplantation. Continuing to learn and expand her skills are important to Rhianna. She is currently working in an Advanced Cardiac Care Unit and hopes to move into a Cardiac Intensive Care Unit. With two years experience of ICU experience, her ultimate goal is to pursue a career as a Certified Registered Nurse Anesthetist.

Rebecca Clark
Chamberlain College BSN Student
After having the opportunity at age 12 to be a Candy Stripper at Sacred Heart Medical Center, Becky knew she wanted to be a nurse. At that time, she was instilled with an understanding that her role in caring for patients was very important in helping them to wellness. She achieved her dream of becoming an RN in 1991. However, her ultimate goal was to earn her BSN, which she will finish in June 2013. For almost 13 years, Becky has worked as a Radiology Nurse, obtaining her specialty certification in 2004. However, she is eager to move on to another specialty and is considering Wound Care. Becky has been a nurse for nearly 37 years and still loves her profession because she can help people in body, mind, spirit, and soul.

Christiana Link
Spokane Community College, RN ADN Student
Christiana plans to complete her ADN degree in June 2013. She is taking prerequisites for the WSU BSN program and hopes to start this online program in January 2014, completing it within 18 months to pursue her DNP. Christiana is an advocate for organizations such as IENA and believes that lobbying efforts benefit the profession and are crucial to the industry as well as the safety and security of patients. She plans to become more involved in her local organization when she finishes school and enters the nursing workforce.

Local Unit Chair “Dinner on Us”
On June 3rd, we had our Local Unit Chair Annual “Dinner on Us” in the Safari Room at the Davenport Tower. This gives the IENA board the opportunity to hear what the Local Unit Chairs want and need from IENA. Educational offerings, issues, and concerns are some of the topics discussed. We are always brainstorming on how to get more nurses involved in their professional organization. We are all busy and have many commitments in our lives, but those who serve their local organization enjoy the networking opportunities and are rewarded by contributing to the local nursing organization.

Legislative Reception
October 17, 2013
Save the Date of October 17 for the Annual Legislative Reception at the Red Lion Skyline Ballroom. This is a fantastic opportunity to hear from candidates and legislators and voice your concerns regarding nursing in our community.

Have a happy and safe summer!
Vivian Hill RN, CNOR
IENA President
v VBhill88@gmail.com
MEMBERSHIP INFORMATION & EMPLOYMENT STATUS CHANGES

It is the responsibility of each nurse to notify the Washington State Nurses Association of any change in work status which may include, but is not limited to: name, address, phone number, FTE increase or decrease, leave of absence, medical leave, maternity leave, leave of absence due to illness, or any change in work status which may include, but is not limited to: name, address, phone number, FTE increase or decrease, leave of absence, medical leave, maternity leave, leave of absence due to illness. The accrued unpaid leave of absence is to begin within 90 days of return to work. The nurse will have up to twelve months to complete payment of these dues. It is the responsibility of the nurse to notify WSNA of this change in work status. When a nurse is a member of the Washington State Nurses Association, the nurse is responsible for notifying WSNA of any change in work status which may include, but is not limited to: name, address, phone number, FTE increase or decrease, leave of absence, medical leave, maternity leave, leave of absence due to illness. The accrued unpaid leave of absence is to begin within 90 days of return to work. The nurse will have up to twelve months to complete payment of these dues. It is the responsibility of the nurse to notify WSNA of this change in work status.

New Members

WHATCOM COUNTY
Casillas, Anna
Cervantes, Monica
Dirk-ayport, Holly
Gerrol, Kristyn
Judy, Sarah
Kropp, Bryana
Lochridge, Angela
Melillo, Kelly
Much, Cynthia
Pennington, Valerie
Ribeiro, Susannah
Saunders, Shaun
Shrode, Stephanie
Simpson, Hannah
Sone, Albert
Suess, Christine
Sullivan, Laurie
Tucker, Erin
Wiebe, Hilda
Wood, Justin

KING COUNTY
Abadilla, Catherine Julia
Addison, Chelsea
Alcedo, Elena
Anderson, Jennifer
Anderson, Krista
Arca, Aurea
Asinas, Angelica
Blackman, Jennifer
Boyd, Maia
Bowlan, Laura
Brennan, Catherine
Paradise, Jennifer
Buckhorn, Sarah
Cornett, Jerry
Coulter, Cynthia
Cooper, Andrea
Corbel, Kristyn
Cousins, Elizabeth
Cotter, Jennifer
Crook, Collin
Curllar, Kathryn
Curry, Douglas
Cusieri, Veronica
Davis, Ann
Davis, Jamielle
Deem, Nancy
Degele, Hiwot
Delgado, Christopher
DeVaucouleurs, Rose
Diana, Matthew
Dougherty, Maura
Dunbar, Jane
Dunbar, Kim
Duque, Ashley
Earl, Jennifer
Eastman, Christa
Eastman, Sherry
Edwards, Diane
Elizabeth, Angela
Elmore, David
Eller, Corrie
Elliot, Laura
Estefanos, Selam
Fairhead, Catherine
Federer, Margaret
Fischer, Cara
Fitch, Jessica
Floresca, Sheena
Forg, Krista
Ford, Chelsea
Foss, Joseph
Foss, Joseph
Foster, Janie
Foushee, Lyndsey
Frederickson, Tessa
Fredrick, Grace
Freitas, Sarah
Gardner, Shannon
Garis, Vickie
Garza, Josephine
Ghirri, Aarati
Gillespie, Leonard
Glover, Sarah
Gould, Maxi
Graham, Laura
Guzman, Fides
Hackler, Lisa
Haigh, Heidi
Hall, Tamika
Han, Jenny
Hanks, Samantha
Harrington, Melissa
Hatfield, Jeanine
Hawk, Heather
Henriksen, Elaine
Henry, Kellee
Hepler, Barbara
Hernandez, Arthur
Herrling, Robbie
Hibbard, Angeliki
Hill, Bryan
Hinckle, Sarah
Holm, Ashley
Hotka, Christina
Hyland, Naomi
Ivanova, Nadezhd
Jensen, Glamour
Johannsen, Kristina
Johnson, Amber
Johnson, Jody
Johnson, Rachel
Johnston, Nigel
Jones, Stacey
Juliano, Annalyn
Kane, Judi
Keenan, Tia
Kellett, Abby
Kelly, Katrina
Kennedy, Amy
Kight, Kimberly
Kim, Diane
Kim, Migiou
Kim, Yourie
Koehler, Jennifer
Kopicky, Ginger
Kubo, Mary Ellen
Kutrich, Paul
Kutker, Kara
Lane, Matthew
Langbehn, Justine
Laverriere, Katherine
Lebo, Sarah
Lindley, Megan
Lindsay, Amanda
Livingston, Carolyn
Livingston, MaryKay
Luke, Stephanie
Lundgren, Richard
Madenwald, N. Darlene
Madsen, Corey
Maler, Kenneth
Mandigo, Heather
Manley, Michael
Maronek, Jennifer
Martin, Greta
Martinez, James
Martinez, Jody
Matney, William
Maynard, Amelia
Maynard, Amelia
McCabe, Sara
McCarron, Aisling
Mccorkell, Colleen
McCoy, Kelly
McCadden, Sarahann
McGilvray, Ross
Mchey, Patrick
McLean, Janan
Merritt, Adrienne
Miller, Carrie
Morfin, Vidal
Murphy, Christine
Nampinga, Reginah
Nash, Stephanie
Nawaz, Saalihah
Negron, Ashley
Nguyen, Lindsey
Nikema, Emmanuel
Nugent, Elizabeth
Odoh, Chika
Odo, Rosemary
Oines, Brianne
Olsen, Lauren
Olsen, Tiffany
Oomen, Netra
Osborne, Bridget
Pecoraro, Jeffery
Peterson, Ann
Peterson, Stephanie
Picciotti, Jill
Porter, Brittny
Pottatrz, Jilly
Puna, Gelineau
Rahmun, Chloe
Raschko, Michele
Renick, Christine
Renkema, Megan
Rhoads, Jeri
Ritz, Kathleen
Robbins, Kurt
Robins, Arna
Robinson, Kristy
Roody, Anne
Ro, Brianna
 Roxburgh, Julie
Sacks, Liisa
Sankeykiewicz, Agnieszka
Saville, Darla
Sawyer, Corrine
Scherting, Jennifer
Scott, Torian
Sedgemoore, Lauren
Selander, Beth
Severance, Chris
Sherman, Sari
Shiaw, Alikhu
Shorten, Victoria
Shrestha, Binisha
Singh, Anora
Sohal, Sharanjeet
Steen, Brian
Steinbach, Andrea
Steinke, Ashley
Strickland, Kailen
Sztaba, James
Ta-asan, Kathryn Marie
Tan, Kelsey
Tanner, Robin
Taylor, Kinan
Tedeschi, Lisa
Testerman, Stephanie
Troye, Amanda
Trotter, Kathryn
Upenieks, Valda
Valley, Julie
Verberne, Jodi
Viscon, Anthony
Walker, Marie
Walling, Katrina
Wesonga, Saraha
Westman, Erica
Williams, Bianca
Williams, Cari
Williamson, Atfon
Wilson, Jennifer
Wilson, Mary
Wilson, Megan
Yusope, Aishah
Zheng, Tao

PIERCE COUNTY
Adams, Ross
Ahn, Aimee
Aller, Stephanie
Anderson, Catherine
Anderson, Kirsten
Anderson, Maranatha
Anikusko, Larisa
Armstrong, Danielle
Arnold, Andrea
Arnold, Karen
Barnes, Joseph
Bayard, Nicole
Beausath, Stephanie
Bess, Kristina
Bickford, Heed
Biddle, Jennifer
Bosanco, Christine
Brewer, Sabrina
Brown, Erin
Burns, Dawnette
Camacho, Roseanna
Canady, Katherine
Chang, Christine
Chang, Joy
Cho, Jennifer
Choe, Joanna
Chu, Jia Mei
Collins, Rebecca
Compton, Katie
Conder, Sharon
Cooper, Jessica
Daniel, Jennifer
Douglas, Donovan
Drafford, Shonte'
Edvalds, Amber
Elkins, Nicole
Engen, Michael
Farley, Vanessa
Farmer, Bianca
Fernandez, Teresa
Forbes, Pamela
Fritz, Jonathan
Fuentebella, Delia
Fujita, Leah
Garrison, Laura
Gatlin, Christopher
Gilbert, Yavonne
Gilmore, Nicole
Gimse, Stephanie
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Kintner, Jovlyn
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Koskie, Kathleen
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Lee, Dong Jin
Lee, Kevin
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Mccary, Martha
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More, Laura
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Yang, Leaunn
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Chan, Jessica
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Edington, Katherine
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Hapgood, Pamela
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Kochis, Kendis
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Rodriguez, Monica
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Hanson, Kayla
Hoskinson, Holly
Koetje, Michelle
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Lewis, Stacie
Martin, Heather
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Polk, Shannon
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Tischer, Jane
Uy, Zuriel
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Zeidner, Kristina

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Kittitas County
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Dinneh, Sarah
Patrick, Rebecca
Roth, Timothy

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